



The esoteric knowledge is for the people who desire the Love, the Nearness and the Realization of God without caring for the damsels and the Paradise itself.
Gohar Shahi

As all religions worship the same God, His Holiness carries a great grief and concern for the hatred, discrimination, that originate by misunderstanding the religions. He works relentlessly toward the goal of all communities coming together by recognizing the Unity of God, and has devoted his entire life to this end.

His Holiness says:

"All religions are from one God. Religion is like the vehicle, which takes you to the destination. You can become lost if you are consumed with religion, and forget God,- the

destination."

"In order to recognize, and to be able to approach the essence of Allah (God), learn spirituality (Ruhaniyat), no matter what religion or sect you belong to"

Spirituality (Ruhaniyat) is a way to achieve the Love of God. Spirituality is to facilitate the transformation of the physical heartbeat by chanting the personal Name of God (Allah). When God (Allah) enters the heart, only then will we be able to find that Love and find peace within our hearts.

In essence, the message of His Holiness Gohar Shahi is the Love of God.

Practices

God wishes to see you also, but you are unaware, unmindful or ill fated. What people look at (face), you wash it every day with soap, apply cream (to it), and trim beard, but have you ever washed what God will look at? (The heart). Gohar Shahi

"All the souls are made from the Light of God, though their environment and their communities are separate."

Revive heartbeat with three simple way of producing light.....works
miraculously.....

To be sure of the Straight Path, it is better that you are guided by the Light (of God) also.

"Where Ishq (passionate love)
(The Saint Sultan Bahu)



takes over, the Faith does not know"

The method of producing Light.

In prehistoric times, stones were rubbed together to make fire and a spark can also be produced by rubbing two metals together. Now, the electricity is produced from water. Similarly, electric energy is produced by the friction of the blood inside the body. In every human being, there is approximate half volts of electricity to keep the body energetic. As the heartbeat slows in old age, this reduces the electricity in the body and also the energy level. The heartbeat has to be made vibrant. Some do this by dancing, others by sports and exercise, and yet others by meditating and yet others by meditating and chanting the Name of God (Allah)..



When the heartbeat becomes faster, then by chanting the Name Allah Allah, try to synchronize it with the Name Allah with every heartbeat. Alternatively, try to synchronize Allah with one heartbeat, and Hu with the other. Some times by placing your hand on the heart and by feeling your heartbeat, try to synchronize the Name Allah. At times, synchronize it with the speed of the pulse and imagine that Allah is entering into the Heart.

The chanting of Allah Hu is better and intensely effective. But, if anyone has an objection on Hu or a fear of chanting Hu, then instead of the deprivation, synchronize Allah Allah with vibrations. It is beneficial for the aspirant in litany, remembrance and invocation to physically remain as clean as possible because:

"disrespectful are unfulfilled and the respectful are fulfilled."

The first method for producing Light



Write Allah on a paper in black ink, and exercise this as long as you wish on a daily basis. The Word 'Allah' will hover over the eyes from the paper one day. Then with concentration, attempt to transpose the Word from the eyes to the Heart.

The second method for producing light:

Write Allah on a zero watt bulb in yellow. While you are awake or just before going to bed, concentrate and try to absorb it into the eyes. When it appears or hovers on the eyes after a few days, try to transpose it to the Heart with concentration.

The third method for producing light:

This method is for those people who have *Kamil Murehid* (Universal Guides) who do help with their chain and relation.

Sitting in the seclusion, imagine that your index finger is a pen. Using your finger with your concentration, try to write Allah on your Heart. Call upon your Universal Guide that he too holding your finger, writes Allah on your Heart. Continue this exercise everyday, until you see Allah inscribed on your Heart.

In the first and second methods, the Name Allah becomes inscribed on the Heart, just as it is generally written or seen. When it begins to synchronize with the heartbeat, it slowly starts to glitter. In the synchronized method, the assistance of the Universal Guide is provided, and it is seen and well written and shining on the Heart right from the beginning.

Many Prophets and Saints come into the world. Just for the sake of testing this during *Dhikr* (meditation), if you feel it appropriate, concentrate or call upon all of them sequentially. While concentrating on any Prophet or Saint, if your heartbeat increases or if you feel an improvement, it means that your destiny (spiritual fruitage) lies with that Prophet or Saint. Select him for your concentration because every Saint is connected to a Prophet. Indeed that Prophet is not exoterically living.

The spiritual fruitage of every believer is with anyone of the Saints. The exoteric life of the Saint is a precondition. Sometimes a very fortunate person is gifted with Celestial Spiritual Grace by an esoteric Universal Master who is not living, but this is very rare; However, the Saints not living in the human Realm can provide worldly grace and assistance to people from their tombs. This is known as Owaisi Spiritual Grace.

The recipients of such grace often get entangled in their visions and dreams because the Universal Guide providing the assistance is transcendent, and so too is the Satan. As such, the recognition of the two becomes difficult.

Along with the spiritual grace, the knowledge is important, as such a living Saint is more appropriate. If the spiritual grace is without knowledge, that person is known as a Majzoob (Absorbed in Divine Meditation).

A person (Saint) having spiritual grace and knowledge is known as a Mehboob (the Beloved). Through his knowledge, the Beloved provides worldly assistance as well as the Spiritual Grace, whereas Majzoob provides worldly assistance with his unusual practices of shouting obscenities and poking people with wooden sticks.

If any Prophet or Saint appears but does not help or assist you, then put Gohar Shad to the test.

You may belong to any religion, there is no condition in this respect as long as the individual is not eternally ill-fated.

His Holiness was born in the Indian sub-continent on 25th November 1941, in a small village of Gohar Shah in the district of Rawalpindi. His mother is "Fatimi" a descendant of the Prophet Mohammed's daughter Fatima. She is of Sa'daat lineage (descendant of the Prophet Mohammed) as she was the daughter of one of the (paternal) grandsons of Syed Gohar Ali Shah. The father of His Holiness is the descendant of one of the (maternal) grandsons of Syed Gohar Ali Shah and his grandfather was linked to the Mughal family.

His Holiness was attracted towards the tombs of the Saints from an early age. The father of His Holiness states that His Holiness used to disappear from the age of five or six years, only to be found sitting next to the tomb of the Saint Nizam-Uddin Auliya (in Delhi) on searching for him. His father further states that he felt as though His Holiness (at young age) was talking to the Saint Nizam-Uddin Auliya. This was at a time when the father of His Holiness was settled in Delhi.

He spent most of his youth searching for God. His Holiness took initiations and practiced traditional Sufi paths but his frustration grew every day. At the age of 34, His Holiness on the guidance of a divine spirit, quit world and spent three years on a spiritual retreat in the mountains of Sehwan Sharif (Holy town of the Great Saint Lal Shabaz Qalander, Sindh, Pakistan) and in Laal Bagh (nearby jungle famous for spiritual retreat). He went through intensive retreat, several life and death experiences, revelations and enlightenments. His Holiness did experienced the evil and divine spirits everyday as part of his education, especially the tricks of Nafs (ego). Sarkar Gohar Shahi often talks about his three years in the wilderness, and consider them as best part of his life.

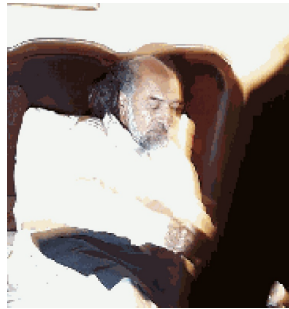
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Countless individuals have turned to God benefiting from his teachings. His spiritual healing cured countless incurable patients. People, healed from drug abuses, crimes, emotional disorders and past abuses, turned to God.

Some orthodox theologians (the Mullahs) and the enemies of the Saints, disliked him. Twisting the meaning in some of his books and interpreting them in their own ways, accused him of blasphemy, thus rendering a death sentence for him. A petrol bomb was thrown in his Manchester's residence. There was an attack with hand grenade during the discourse at his home in Kotri, Pakistan. A high price tag was put on his head in Pakistan. He was the subject of entrapment through five serious but false allegations.

Previous Government of Pakistan was fully involved conspiring against His Holiness. The biased journalism defamed him on a large scale. Eventually, after many investigations and hearings, the courts dismissed all the cases against him, declaring the allegations false. The well organized orthodoxy continued their evil plan. In conjunction with corrupt police they filed four more cases

after the court decisions. Why they are doing this? What is the purpose behind all this frenzy? Obviously, they wanted to defame him, a strategy that will keep people away from listening the voice of the Heart, the home of the Beloved.



**A few excerpt from a open letter to
Chief Executive, General Pervaiz Musharraf by
Pierre Sané, Secretary General of Amnesty International**

On blasphemy cases

“The fact that death threats, fatwas calling for the murder of dissidents or non-believers and most killings of members of minority members have not been criminally prosecuted has led some sections of the community to believe that the state sanctions such actions. “

About Judicial system



“The independence of the judiciary has not only been weakened by interference from outside; it has also been undermined by the bias of individual judges.”

“In more recent years, the respect for the judiciary has suffered by rulings which are widely seen in Pakistan to be politically biased.”

About Police



“Police have arbitrarily arrested and detained people, either on their own account or in connivance with political actors. In this process they have either completely ignored procedural safeguards relating to arrest and detention or they have used series of blind FIRs [Information Reports, complaints registered in police stations which do not name a suspect] to arbitrarily detain people for long periods of time. “

For complete letter click [Pierre Sané, Secretary General of Amnesty International to Chief Executive.](#)

“When blasphemy and other religious cases are brought to court, extremists often pack the courtroom and make public threats about the consequences of an acquittal. As a result, low level judges and magistrates, seeking to avoid a confrontation with, or violence from, the extremists, often continue trials indefinitely, and those accused of blasphemy often are burdened with further legal costs and repeated court appearances. “

Complete report:

[Annual Report on International Religious Freedom, 1999.](#)

Court decision on first out of three blasphemy cases

On March 2000, His Holiness was sentenced 92 years imprisonment by the Anti-Terrorist Court on blasphemy charges. Gohar Shahi was out of country.



Facts on unfair trial

What You Can Do

Become better informed.

*

Pray for Gohar Shahi, his devotees and all others who persecuted. Pray for their physical and spiritual strength. Pray for the children. Pray as to how God would have you intercede on their behalf.

*

Tell others, do not let the deeds of darkness continue secretly.

*

If you are a broadcaster make sure your listeners are kept abreast of these issues.

*

Write letters to express your concern to the authorities. Three ways are described below. You can participate as you wish.

Help End The Persecution..... What You Can Do..... Get Informed____Get Involved____
Time Is Of Essence.....

Suggest this site to your friends

A) Letter Writing: You may please read details of the on going persecution, and then write your Senator/Congressman expressing your concern and urge them to raise voice on this specific issue at diplomatic level with the authorities in Pakistan.

Contact Your Senator

Contact Your Congressman

B) Writing Letter to diplomats.

If you wish to write to foreign diplomats in US, they should be directed to those countries and leaders that have diplomatic and economic relations with Pakistan. These include the United Nations, member nations of the European Union, particular, Germany, France, Great Britain and

Italy, Muslim and Arab nations, the Russian Federation and Japan. In your letters, you should make the following points:

*

Request them for their involvement on this important moral, religious and human rights issues.

*

Ask them to raise their specific concerns over the grave situation of Pakistani government officials, diplomats, biased journalists, and business people.

*

Ask them to urge Pakistani government officials for independent judicial inquiries to investigate blasphemy charges against His Holiness Gohar Shahi, and his followers.

*

The trial should be fair and open to observers from the diplomatic community, non-government organizations, the media and other interested parties.

Contact Information

C) Writing letters. Letters to the authorities of Pakistan can be a very powerful tool. When someone from Western countries write to the government conditions often improve. If authorities believe that no one cares, the victims may be persecuted more severely.

Contact information:

Chief Executive

Foreign diplomats



Fight Against Corrupt Religious Leaders. Help Document Blaphemy Abuses

"The religious Scholar conjures to be near God, and that he is saved because he has the knowledge and the Scriptures inside him. Then why does the religious Scholar give his verdict to others that they will go to the Hell, when every Muslims possesses some knowledge and memorizes many verses of the Scriptures? Think! Who sells knowledge? Who yells? Who slanders the Saints?. Who is envious, arrogant and stingy? Certain intention in the heart and something else on the tongue, one word in the morning and a different word at night, who presents lies as Truth and Truth as lies?. If you are far from these things, then you are the vicegerent of the Prophet and it is then disrespectful to even turn one's back to you. " Gohar Shahi

Latest News

Given the extremely sensitive nature of this situation, The followers of His Holiness Gohar Shahi in London, England, are organizing a peaceful demonstration to draw attention of the authorities on this humanitarian matter.

Protest against the Abuses of
SECTION 295 (PPC) - (Blasphemy
Laws in Pakistan)

R.A.G.S is an international organization, consisting of membership from all religions and races. Pursuant to section 295 of the Pakistan Penal Code and based upon personal enmity and religious hatred, the authorities in Pakistan and fundamentalist religious groups have conspired, and without proper investigation, they have instigated hundreds of false cases resulting in court sentences being passed and forcing many to leave the country.

The authorities in Pakistan and the general public must be concerned with this issue of improper investigation of allegations of Blasphemy and the continuous abuse of the Blasphemy Laws (295-A/B/C). It has spared nobody as a result of the abuse of section 295. Christians, Hindus and even leaders of Muslim organizations have been sentenced by the courts and false cases are continuously being instigated.

When Ayub Masih was given the death sentence, Bishop John Joseph of Faisalabad died

committing suicide by shooting himself (in protest) outside a court in Sahiwal. Hindu leader Narain Das was remanded in custody after a case was filed against him under section 295 in a Mirpur Khas court in an attempt to make him the subject of a court sentence.

In addition to the spiritual leader His Holiness Gohar Shahi, Ahmadi leader Mirza Tahir, Shi'a scholar Ja'afar Jatoi and many other Ahmadi, Shi'a and Muslim leaders have been involved in false cases pursuant to section 295 and have either been imprisoned or have been forced to flee the country. It must be remembered that it is only one religious group is attempting to eradicate all other groups in order to gain the power and dominance.

To begin this international protest we intend to demonstrate outside the United Nations office and the Pakistan High Commission in London. Those people wishing to participate in this protest are requested to contact us immediately on the telephone numbers given below so as a date can be fixed.

We Demand:

#

Pakistani government officials for independent judicial inquiries to investigate blasphemy charges against Holiness Gohar Shahi, and his followers.

The trial should be fair and open to observers from the diplomatic community, non-government organizations, the media and other interested parties.

The sentences be upheld in the event of cases being proven and in the absence of evidence false accusers and witnesses be punished severely.

Contact Information:

E-mail: zafar1es@hotmail.com, younus38@hotmail.com

Telephones: 0771-408-1900, 0794-6451450, 0786-762-7589, 0783-337-4251.

Help End The Persecution..... What You Can Do..... Get Informed____Get Involved____
Time Is Of Essence.....

Those, who are exoterically pious but esoterically dark, are the cause of the mischief in the religion and are the successors of the Satan. It is mentioned in a Prophetic tradition, "Be fearful of and stay away from the ignorant priest (Scholar) whose tongue speaks the knowledge but whose heart is ignorant (and dark)." Gohar Shahi

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His Holiness Sarkar Gohar Shahi Divine Light in the Dark



Message

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New
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[Sign Guest book](#)
[View Guest Book](#)

Thank you for visiting home page of American Sufi Institute (dedicated site).
After visiting home page should you have any questions, feel free to ask .



E-mail your questions to His Holiness Gohar
Shahi.

Come back again, as this site is developing periodically

**Please visit " Religion of God" and learn unique
perspective of inner growth and development - how to
achieve inner peace and love by discovering ourself.**

Since June 6, 2000

Last updated March 2, 2002

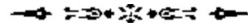
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The method of producing Light.

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Who is Holiness ?



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His Holiness was attracted towards the tombs of the Saints from an early age. The father of His Holiness states that His Holiness used to disappear from the age of five or six years, only to be found sitting next to the tomb of the Saint Nizam-Uddin Auliya (in Delhi) on searching for him. His father further states that he felt as though His Holiness (at young age) was talking to the Saint Nizam-Uddin Auliya. This was at a time when the father of His Holiness was settled in Delhi.

He spent most of his youth searching for God. His Holiness took initiations and practiced traditional Sufi paths but his frustration grew every day. At the age of 34, His Holiness on the guidance of a divine spirit, quit world and spent three years on a spiritual retreat in the mountains of Sehwan Sharif (Holy town of the Great Saint Lal Shabaz Qalander, Sindh, Pakistan) and in Laal Bagh (nearby jungle famous for spiritual retreat). He went through intensive retreat, several life and death experiences, revelations and enlightenments. His Holiness did experienced the evil and divine spirits everyday as part of his education, especially the tricks of Nafs (ego). Sarkar Gohar Shahi often talks about his three years in the wilderness, and consider them as best part of his life.

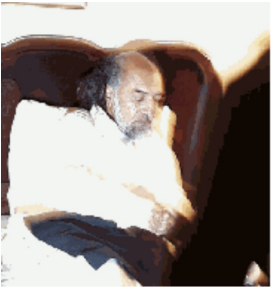
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More "Who is Holiness" will be posted here soon



"According to the dictionary, tolerance means accepting others' views, beliefs, and practices without prejudice. It means that the views, beliefs, and practices of others don't have to change or threaten our own. It means not allowing ourselves to be affected negatively by others' choices, but recognizing that they are not our choices." Hazeldon

Persecution

Due to War Against
Fundamentalist We
Support Government of
Pakistan and Hope that
after the victory
Government sincerely
will reconsider our
demand of amending
Blasphemy Law to
prevent abuse of the law.

Help End The
Persecution..... What You
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▶ [Facts on unfair trial](#)

Muhammad Ishaque Khera, a young devotee of Sarkar
Gohar Shahi is serving 17 years imprisonment by the
Anti-Terrorist Court at DG Khan, Punjab, Pakistan on
blasphemy charges.

President of the spiritual
movement and three supportive journalist were
convicted, each 27 years of imprisonment by the Anti-
Terrorist Court in May 2000. All victims of false
blasphemy case are underground.

▶ [AI report on persecution of a journalist?](#)

Currently 49 cases are under trial in various
Anti-Terrorist Courts against devotees of the spiri-
tual movement. ▶ [Details](#)

[What is Blasphemy Law \(295-C PPC\) of
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Complete report:

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Poorly written Blasphemy Law 295 (PPC) serving in advantage of the corrupt officials and religious leaders.

Pakistan Penal Code (PPC) Blasphemy Sections

295. Injuring or defiling place of worship, with intention o insult the religion of any class. Whoever destroys, damages or defiles any place of worship, or any object held sacred by any class of persons with the intention of thereby insulting the religion of any class of persons or with the knowledge that any class of persons is likely to consider such destruction, damage or defilement as an insult to their religion, shall be punished with imprisonment of either description for a term which may extend to two years, or with fine, or with both.

295-A. Deliberate and malicious acts intended to outrage religious feelings of any class by insulting its religion or religious beliefs. Whoever, with deliberate and malicious intention of outraging the religious feelings, of any class of the citizens of Pakistan, by words, either spoken or written, or by visible representations insults or attempts to insult the religion or the religious beliefs of that class, shall be punished with imprisonment of either description for a term which may extend to ten years, or with fine, or with both.

295-B. Defiling etc. of copy of Holy Qur'an. Whoever willfully defiles, damages or desecrates a copy of the Holy Qur'an or of an extract therefrom or uses it in any derogatory manner or for any unlawful purpose shall be punishable with imprisonment for life.

COMMENTARY

Act of defiling or desecrating if done consciously and deliberately with or without the intention to damage and destroy the honor, respect and greatness of a person in the eye of public in general or with the purpose to satisfy one's own feelings shall be a willful act bringing the case within the purview of S. 295-B P.P.C.

Appraisal of evidence. Defilement. Prosecution witnesses travelling in the bus were strangers to the accused having no reason to level false allegations against him. Accused had been taken into custody in the bus when he was uttering derogatory language for the Holy Qur'an and produced a copy of it from the bag with a pair of shoes placed by him in his feet in the bus. Accused had been proved to be mentally fit and was apprehended on the spot with the recovered articles. Prosecution witness were truthful and inspired confidence. Conviction and sentence of accused were upheld in circumstances.

(i) Keeping copy of Holy Qur'an in a bag with a pair of shoes and that too in the feet would be defilement of Holy Qur'an punishable u/s. 295-B. defilement would be presumed and proved when it was done voluntarily without lawful excuse. In such case, it would not be necessary for prosecution to prove that accused acted willfully.

(ii) Physical dishonor of Holy Qur'an would constitute offence u/s. 295-B. word "defile" in Section 295-B is not confined to spiritual disrespect but also includes physical disrespect like placing Holy Qur'an with pair of shoes.

Defilement. Disrespect, if willful, shall be covered by the definition of "defilement" constituting an offence under Section 295-B PPC.

Intent of Section 295-B PPC. Physical respect of the Holy Qur'an and spiritual feelings with its teachings can not be separated from each other.

"spiritual respect" and Physical respect". Distinction. Spiritual respect is a matter of understanding of an individual with reference to his knowledge and wisdom which is not common, but to show physical respect and honor to the Holy Qur'an is a legal, religious and moral duty of person. Spiritual respect and honor is a matter of an individual relating to his thinking whereas physical honor and respect is a matter of his visible action.

Word defiles" as used in section 295-B PPC. Meaning, import and extent of its application.

Words "willfully defiles" occurring in Section 295-B PPC. Meaning.

295-C. Use of derogatory remarks, etc., in respect of the Holy Prophet. Whoever by words, either spoken or written, or by visible representation, or by any imputation, innuendo, or insinuation, directly or indirectly, defiles the sacred name of the Holy Prophet Muhammad (Peace be upon him) shall be punished with death, or imprisonment for life, and shall also be liable to fine.

COMMENTARY

Invitation Cards was meant for Mirza Ghulam Ahmed not controverts by Qadiani. Held: There were reasonable grounds for believing that accused Qadiani had committed offence u/s 295-C which fell within prohibitory clause of Section 497 disentiing accused Qadianis to bail.

Help End The Persecution
See What You Can Do



What You Can Do

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- Become better informed.
- Pray for Gohar Shahi, his devotees and all others who persecuted. Pray for their physical and spiritual strength. Pray for the children. Pray as to how God would have you intercede on their behalf.
- Tell others, do not let the deeds of darkness continue secretly.
- If you are a broadcaster make sure your listeners are kept abreast of these issues.
- Write letters to express your concern to the authorities. Three ways are described below. You can participate as you wish.



[Suggest this site to
your friends](#)

A) Letter Writing: You may please read details of the on going persecution, and then write your Senator/Congressman expressing your concern and urge them to raise voice on this specific issue at diplomatic level with the authorities in Pakistan.

[Contact Your Senator](#)

[Contact Your Congressman](#)

B) Writing Letter to diplomats.

If you wish to write to foreign diplomats in US, they should be directed to those countries and leaders that have diplomatic and economic relations with Pakistan. These include the United Nations, member nations of the European Union, particular, Germany, France, Great Britain and Italy, Muslim and Arab nations, the Russian Federation and Japan. In your letters, you should make the following points:

- Request them for their involvement on this important moral, religious and human rights issues.
- Ask them to raise their specific concerns over the grave situation of Pakistani government officials, diplomats, biased journalists, and business people.
- Ask them to urge Pakistani government officials for independent judicial inquiries to investigate blasphemy charges against His Holiness Gohar Shahi, and his followers.
- The trial should be fair and open to observers from the diplomatic community, non-government organizations, the media and other interested parties.

[Contact Information](#)

C) Writing letters. Letters to the authorities of Pakistan can be a very powerful tool. When someone from Western countries write to the government conditions often improve. If authorities believe that no one cares, the victims may be persecuted more severely.

Foreign diplomats

C. Sample Letter
Sample Letter -doc
Sample Letter.htm

B. Sample Letter
Sample Letter -doc
Sample Letter -htm

A. Sample Letter
Sample Letter -doc
Sample Letter -htm

Amnesty International Letter Writing Guideline

Important Contact Information

France:

His Excellency Francois V. Bujon
Embassy of France
4101 Reservoir Road, NW
Washington, DC 20007
fax: (202) 944-6166

Germany:

His Excellency Juergen Chrobog
Embassy of the Federal Republic of Germany
4645 Reservoir Road, NW
Washington, DC 20007
fax: (202) 298-4249

Italy:

His Excellency Ferdinand Salleo
Embassy of Italy
1601 Fuller Street, NW
Washington, DC 20009
fax: (202) 483-2187

Japan:

His Excellency Kunihiro Saito
2520 Massachusetts Avenue, NW
Washington, DC 20008
fax: (202) 328-2187

Russia:

His Excellency
Yury Viktorovich Ushakov
Embassy of the Russian Federation
2650 Wisconsin Avenue, NW
Washington, DC 20007
fax: (202) 298-5735

United Kingdom:

His Excellency Sir Christopher Meyer
3100 Massachusetts Avenue, NW
Washington, DC 20008
fax: (202) 588-7870

The U.N.

His Excellency Kofi Anan
United Nations Secretariat
New York, NY 10017
fax: (212) 963-4879

The Vatican:

His Excellency The Most Reverend Gabriele Montalvo
Apostolic Nunciature of the Holy See
3339 Massachusetts Ave. NW
Washington, DC 20008
(202) 337-4036

His Excellency The Most Reverend Archbishop Renato R. Martino
Mission of the Holy See to the United Nations
20 East 72nd Street
New York, NY 10021
fax: (212) 370-9622

Pakistan

Foreign Mission of Pakistan, E-mail address



New Book !!!

Religion of God



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Persecution

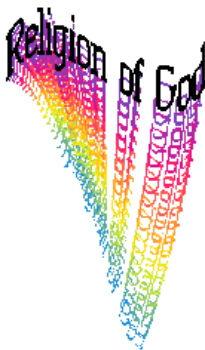
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1. If you follow a religion but are devoid of the Love of God, then those people who do not follow a religion but have the Love of God are better.

2. The Love is connected to the Heart. When the Name of God *Allah* is synchronized with the heartbeat, it travels through the bloodstream to the veins, reaches the entities, and awakens them. Then the entities are rejuvenated and enter into the Love of God.

3. Any Name of God in any language is worthy of respect, but the original Name of God in *Syriac* language is *Allah*. This is the language of the Celestial Entities. It is by this name that the Angels call upon God and it is attached to *Kalima* (Motto) of every Prophet.

4. Any individual who is sincerely searching for God on land or in the sea is also worthy of respect.

5. Many Adams came into this world at the same time and in different places. All the Adams were made in the world with clay from this world except the last Adam who is buried in Arabia. He was the only one made in the Paradise with the clay which was also from the Paradise. With the exception of this Adam, the Angels did not prostrate before any other Adam. Satan became the enemy of the descendants of this Adam.

6. There are seven entities in the human body. They are connected to different Celestial Spheres. They are connected to different heavens, and are further related to different functions within the human body. If they are strengthened with the Light, they resemble the person they are in, and travel to many places at the same time. They can travel to the gatherings of Saints and Prophets, and even talk with God and behold Him.

7. Every human being has two religions. The first is the religion of the body that ceases to exist after death. The second is the religion of the Soul, which has existed since the primordial time (the Love of God). It is by this religion that a human being is exalted.

8. Superior to all the religions is the Love of God and superior to all types of worship is beholding God.

9. The information pertaining to the origin of man, the animal, plant and natural world.

10. What type of entities existed before the command of God "Be"? Who is the dog that was exalted as Hazrat *Qitmir* and will go to the Paradise? Who are those people who declared their Faith in the primordial time?

**What is the Servant's secret (reality) that cannot
be found in this book?**

For information and research, you must read this book.

About the Book

The Book 'The Religion of God' provides guidance to both, religious as well as non-religious folks. The noble author unveils a vivid picture of the primordial event, walking us from pre-existential infinity to post-existential infinity, passing through phenomenal existence. His Holiness discourses, "Soul has no religion. The religion is with physical body. It ends when physical body dies. Soul's religion is the Divine Love; God's Religion is Love." The author recognizes religion as a vehicle to access God, discouraging the dogma (dark side of the religion), thus becoming a victim of the sectarian doctrine. The Book focuses on the objectivity (God), unfolding the spiritual discipline and meticulously showing step-by-step guidelines to enlightenment. The author stands for what he preaches, and provides spiritual help to those who seek it. His energies work miraculously. He does not initiate per say, rather blesses the seekers with the Divine energies, which guide them.

His Holiness was born in Pakistan in a home with rich spiritual heritage, and Sufism is at the core of his teachings. Though he did not receive much formal education, yet speaks of what is true, right and lasting. He openly preaches 'the Love of God', and says, **"Above the religion, is the Love of God."** Fundamentalists regarded this as a threat to their vocation. Consequently, His Holiness has to face such challenges from religious and political corners every day.

The tone and language in the Book reflect spirituality that surrounds his path. The Book references the sayings of eminent Sufi Saints as evidence. We will add at a later date a brief introduction of each referenced Saint, and the explanation of the Sufic terminology; however, we will not add bibliography, as the author presented the Book as it was revealed to him. An addition of a few paragraphs or chapters in the Book can be anticipated in future. We encourage you to ask us questions related to the subject, which may help in understanding the Book better.

Muslims are more than one billion in the world today. A number of revolutionary movements exist in Islamic world. Unfortunately, their followers are relentlessly engaged in militant activities against other Muslim sects or Non-Muslims, thus killing others the only way to the Heaven. Waging war against every one opposing their dogma is the sole answer to such factions on the existing problems. Their leaders are polluting the present environment by spreading fear and hatred to their selfish ends. The bitterness and hatred have led to an explosive situation in South Asia today, bringing closer to nuclear holocaust. With the exception of a few Sufis, there is not a single organized movement in Asia today or even in the entire Muslim world professing love instead of hatred among human beings. The reason is obvious: a lack of wisdom on the part of leadership, and consequent ignorance of the followers. But, His Holiness and his follower are breaking the ground and writing a new chapter in history. His Holiness is indeed a ray of hope in the darkness and a ray of hope for the future. The present task, being carried on by His Holiness, is not easy, rather a dangerous one. The history on persecution of Sufis bears witness that the Saints were executed on uttering what His Holiness is openly preaching today. Then, the question is how His Holiness continues to survive? The answer is simple: Allah (God) desires so. The divine spirits are continuously at work through His Holiness. He had been seen at more than one location at the same time helping the needy and also blessing people in dreams. His facial images are appearing on sacred places, speaking to people, and miraculously healing sick, thus giving enormous inspiration and strength to his followers (the strength needed to cope with the adversaries of religious dogmatism). His followers firmly believe that he is the Promised One, the Imam Mehdi.

Fundamentalists surmise that His Holiness is evil, and he can not be the foretold Mehdi. They assert that Imam Mehdi is supposed to be an Arab, who will unite Muslims, and lead a world war for grand victory and complete domination. But, we do believe that Imam Mehdi will destroy the enemies (of God) by making them friends. 'The Religion of God' discusses about Imam Mehdi, the task of Imam Mehdi, how the believers will recognize him, and also the unfolding events in end-times.

The vision of His Holiness is an everlasting friendship –a spiritual one, not political. The friendship sprouts in the heart when God comes into the heart. How God comes into the heart, that is what the Book is all about? We are making the entire Book available on Internet. The Seekers may take advantage of whatever their hearts accept from the Book. May God guide us all the way to His beatific Vision.

In the end, we would like to acknowledge and extend our gratitude to Mir Liaqat Ali, who worked extremely hard, and did an excellent job rendering the Book from Urdu to English. We extend deep appreciation to hundreds of thousands of the followers of His Holiness for the unwavering commitment to the mission, and support in publishing and distributing the Book. Lastly, our prayers go out to the victims, and their beloved families, who are under relentless persecution in Pakistan because of 'the Religion of God'.

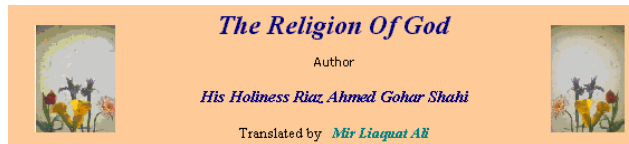
Best wishes.

American Sufi Institute (ASI)

[The Religion of God](#)



[To Print the Book.doc](#)



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Introduction

The religions, which are based on the Heavenly Books, are authentic as long as the respective Scriptures have not been altered.

Religions: The Boats and the Scholars are like navigators. If either one is defective it becomes impossible to reach the destination; However, the Saints do take even the damaged "boats" (people) safely to the shore. The imperfect and the broken hearts flock around the Saints for this reason.

Superior to religion is the Love of God, which is essence of all religion and an illuminating guide in the Path.

There are four parts of knowledge. Three parts are of the exoteric teachings, and also one part is the esoteric that was spread by *Khidr (Vishnu Maharaj)*.

The Love of God is the only way for the Nearness to God. The Dogs are better than an individual whose heart is empty of God, as dogs love their master and achieve the nearness of their master. Otherwise an 'unclean' dog and a divinely ordained human cannot be 'compared.

If you desire the Paradise and its damsels, worship abundantly so as to reach the highest of the Heavens.

But, if you are searching for God, you must learn spirituality also, so that while staying on the Straight Path, you can access the Essence of God.

Riaz AhmedGohar Shahi

Man from the Beginning to the End

When God willed to make the Souls, he said, "Be", and the Souls came into existence. In front of God and near Him were the Souls of the Prophets. Behind them in the second row, were the Souls of the Saints, and in third row the Souls of the Believers, and behind them were the Souls of ordinary human beings. Thereafter, the Souls of women came into being beyond the eye could see. Then behind them were the animal spirits, then the botanical spirits, and then such mineral spirits that did not possess any strength of movement. On the right side of God, there were the Souls of the Angels, followed by the Souls of Damsels. They were unable to see the Face of the Lord. As the Angels were on the right side of God, they were also unable to see the Face of the Lord. Behind them were the souls of angel-like entities, which later came into the world and assisted the Prophets and the Saints in their work. On the left side of God were the souls of the other form of the invisible elf-like Satanic entities; then other evil spirits which later came into the world and aided the Satan in his work.

The Souls on the right and the left sides, and the Souls, which were very far away, could not see the Manifestation of the Lord. The Jinns, the Angels, and women could talk with the Lord, but they are unable to see Him as such.

There was a fireball in the Terrestrial Sphere. It was commanded to cool, it then fragmented and its pieces spread in space forming our solar system. The Moon, Mars, Jupiter, the Earth, and the stars are all the fragments, and the Sun is the remainder of the fireball. The Earth became coal and cinder. The mineral spirits (the spirit which bonds and solidifies atoms and particles) were sent to the Earth as a result of which the cinder solidified and turned into stone. Then the botanical spirits were sent to sprout trees and plantation in the rocks.

Thereafter, animals appeared from the animal spirits coming to the Earth.

God did ask all the souls, "Am I your Lord?" All the souls acknowledged and prostrated. Also, the spirits of the rocks and the trees did prostrate, as is mentioned in a verse of the Holy Scripture.

Then God displayed an illusionary world and its pleasures to test the Souls and said if any one desires, go forth and obtain them. A multitude of souls turned their faces away from God and leapt towards the illusionary world, thus the Hell was written for them as their destiny and final abode. Then God showed a vision of the Paradise, which was better than the first sight and a place for the worshippers and the obedient. Many souls leapt towards this vision and the Paradise was written for them as their destiny. Many souls were unable to make a decision, and they were then placed between the Merciful Lord and the Satan. After coming into the world, such Souls became trapped and their destiny lay with whomever they became attached to.

Many souls remained beholding the Manifestation of God, and did not desire the world, nor the Paradise. God loved them and they loved God.

After coming into the world such Souls abandoned the material world, became ascetics and lived in the jungles for the sake of God.

To serve the Souls and for their pleasure, eighteen thousand types of creatures came in existence: six thousand in the Sea, six thousand on the Land, and six thousand in the Air and the upper Celestial Spheres.

Then God created seven grades of the Paradise and seven grades of the Hell.

The seven heavens are: *Khuld, Daar-us-Salaam, Daar-ul-Qaraar, Adan, al-Mawa, Naeem, and Firdos*.

The seven hells are: *Qam, Salsab, Nakeen, Hakeen, Jahannam, Jahannum and Hawiyya*.

speaks to the Angels.)

All religions believe that whosoever God chooses, He can send to the Hell or to the Paradise. If the Soul were sent straight to the Hell right in the Primordial time, it would have complained as to what crime it had committed? Then God would have said that you turned your face away from Me and chose the world instead. The Soul would then say, "It was only an intention, but not action."

Adam, who is also known as *Shankarji*, was made out of the clay from the Paradise. The Human Soul and other Spiritual Entities were put into it. When the body of Adam was made, Satan spat at Adam in jealousy and the saliva dropped at his navel. The bacteria in the saliva then got mixed in the body. The Satan is from the Jinns. It is mentioned in a Prophetic tradition that when a human being is born, a Satanic Jinn is also born with it at the same time. The human body was made of clay to house sixteen spiritual entities along with the Whisperer (*Khannas*) and four birds (spiritual).

From the left rib of Adam, a matter emerged resembling a woman in appearance. A Soul was then placed in it, and she then became Eve. Thereafter, Adam descended from the Heaven to Sri Lanka and Eve descended at Jeddah. This was the origin of the Asian race, thus continuing the descent of remaining souls to the Earth. For the education, training, and the elevation of the Souls, the religions were created as schools. According to their destiny, as written in the primordial time, some souls were given religions and others remained without a religion.

The Souls loving God also came into the world, some came into the homes of the Muslims, others into the homes of the Hindus, yet others into the homes of the Sikhs, the Christians or the Jews. They searched for God through their respective religions. This is the reason; the Elect in every religion adopted asceticism. Some Muslims say that asceticism is not in Islam. This tenet is not true. Prophet Mohammed did also go to the Cave of Hira.

Sheikh Abdul-Qadir Jilani, Khawaja Moin-uddin Ajmeri, Data ali Hajvayri, Bari Imam, Baba Farid, Shahbaz Qalander and many others were all eminent Saints and only after adopting asceticism did they achieve their magnificent and elevated spiritual status. Such people then became a means of religious propagation.

The origin of man in the world

After the human sperm enters the womb, the Mineral Spirit arrives enabling the blood to gather. Then the fetus grows in the womb with the Botanical Spirit. After a period of four months, the Animal Spirit enters in the womb. They are called the Terrestrial Spirits. After birth, the Human Soul arrives along with the other Spiritual Entities, which are the Celestial Spirits.

If a child dies in the womb a few moments before birth, there is no funeral for the child, as it was not a complete human. Should a child die a few moments after the birth, then its funeral service is mandatory. Due to the arrival of the Human Soul, along with the spirit of the Self (the Ego) with its companion faculties located at navel point. If the Mineral Spirit is strong, the Man prefers to live in the mountains. Similarly, due to the Botanical Spirit, the Man develops affection for flowers and trees. Further if the Animal Spirit is dominant within a person, a love for animals and the behavior similar to that of animals develops. Generally referred to as the Ego, the Self resembles a dog in appearance. When this is the dominant force, that person develops a dog-like behavior and affection for dogs. When the Spiritual Entity *Qalb* (the Heart) is awakened, the human being is angelic in nature.

After an individual's death, the Celestial spirits, which are particular to each body, return to the Celestial Spheres. The Terrestrial Spirits including the Self (the Ego) have no part in the Day of Judgement. The Terrestrial Spirits, allocated to individual bodies, are reallocated from one body to another, as they have no connection with the Hereafter.

The Purified Self, however, remains in their graves, continues worshiping, and assisting people. Just as the Prophet Mohammed on the 'Night of Ascension' passed the grave of the Prophet Moses and saw him engaged in meditation, and when Prophet Mohammed reached the Celestial Spheres, he saw that the Prophet Moses was present there also.

The ones with dominant Self (Ego) are evil and collaborate with the Satan in self-defense. They enter into other bodies and hurt people. They are evil spirits and according to the Bible, Jesus used to cast out evil spirits from those who were possessed.

The Terrestrial Spirits including the Self remain in the world whereas the human Soul is sent either to *Illiyin* (High Places) or to *Sijjin* (where the evil and wicked souls are confined till the Final Judgement). The remaining Spiritual Entities inside the human body, if they are spiritually illuminated, go to *Illiyin*; otherwise, they are wasted in the graves. Because of the Self, the Man became impure.

According to the Famous Saint *Bhulle Shah*, " the Self (Ego) made us impure, we were not impure from the beginning." It was to purify the Self (the Ego) that the Books, the Prophets, and the Saints were sent down.

Sometimes the Man was frightened by the Hell, and other times encouraged by the incentive of the Paradise. By practicing various austerities such as meditation, worship, and fasting, the efforts are made to reform and improve, and only then the individual is entitled to enter the Paradise. Many people purified and illuminated themselves through transcendental knowledge, thereby becoming the Friends of God.



The entity Nafs (The Self or the Ego)

There is a satanic bacterium, located at the navel point. All the Prophets and the Saints sought refuge from its mischief. Its diet consists of phosphorous and unpleasant odors, which is also available in bones, coal, and dung. Every religion stressed the bathing after sexual intercourse because the unpleasant odor is released from the sweat pores. Also, drinks and animals with unpleasant odors are also prohibited for human consumption.

In the primordial time all the Souls in front of God up to and including the Mineral Spirits, became acquainted and united with each other.

Due to the Mineral Spirit, the Man built homes from rocks. Also, due to the Botanical Spirit the Man made roofs for his home with wood from trees. He also benefited from the shade of the trees that provided clean oxygen. The Animal Souls, which were in the rear came into the world, became animals which were made lawful for human consumption. Birds, which were in the same category, were also made lawful.

On the left side of God, the Jinns and the Satanic elf-like creatures were made and behind them were another form of evil spirits which eventually became the Enemies of God.

The animal, botanical, and mineral spirits, which had appeared behind these evil spirits, became the enemy for the Man. The mineral spirit of this category, sent to the world, became coal and ash.

Gases released by them became harmful to man. Due to the botanical spirit of this category dangerous, and thorny vegetation and man-eating trees came into existence.

Due to the animal spirit of this category, (left side of God) wild and man-eating animals came into being. Birds related to this group were declared unlawful for human consumption due to their hostility towards human being. They are recognized by the fact that they eat their food by holding it with their claws.

The Souls on the right side were to serve human beings as the message-bearers and helpers. The human being was endowed the most, and appointed as His Vicegerent. It is now man's choice, efforts and destiny either to accept Vicegerency, or to reject it.

The spirit of the Self leaves the body in dream. It takes on the appearance of the person and wanders in the satanic gatherings. The Self has a mate in the Whisperer (*Khannas*), which resembles an elephant and sits between the Self (at the navel) and 'Qalb' (which is close to the Heart). *Khannas* helps out the Self in misguiding the Man.

In addition, four spiritual birds attach themselves to the four Spiritual Entities inside the human body to misguide the Man.

Of these four birds, the cockerel attaches itself to *Qalb*, dominating the Heart with lust. With the meditation of the Heart (*Qalb*), does the cockerel eventually become purified to distinguish between the lawful and the unlawful. Only then do the awareness and the appreciation of what is lawful and unlawful develop in a person. *Qalb* in this state is called *Qalb-e Salim* (the Sound Heart).

Attached to the Spiritual Entity *Sirri* is a crow. It brings greed. Similarly, with *Khaffi* is a peacock, which creates envy, and with *Akhfa* is a pigeon that comes with stinginess. The nature of the birds forces greediness and envy upon the Spiritual Entities until they are not spiritually illuminated. It was these four birds that were taken out of the body of Abraham.

They were purified and returned to his body. After death, the birds inside the Purified Man make their home in the trees. Many people make bird-like sounds after spending a few days in the jungles.

These birds then become attached to these people and help them with some healing.

An important Anecdote:

The spirit of the Self is connected with the Satan.

The five Spiritual Entities inside the breast are respectively connected with the five *Rasul* (Messengers).

The Spiritual Entity Anna located in the head is connected with God.

Similarly the relation of the human body is connected with *Kamil Murshid* (the Universal Master).

When the Man does not connect to certain Spiritual Entity, he deprives himself of the respective Spiritual Grace and Bounty.

1.The spiritual entity *Qalb* (the Heart)

Prophecy and knowledge relating to this was granted to the Prophet Adam



The lump of flesh (the Heart) is called 'dil' in Urdu and fawad in Arabic. The Spiritual Entity with the Heart is *Qalb*. In a Prophetic tradition, "There is a difference between the Heart." Our solar system is terrestrial. Besides, there are other Realms and Spheres such as Malakut (the Realm of Angels), Ankabut, Jabrut (the Realm of Divine Compulsion), Lahut (the Realm of Divine Nature), Wahdat (the Realm of Unity) and Ahdiat (the Realm of Divine Oneness).

The Terrestrial Realm (Nasut) existed before the explosion of the fireball and its entities were already present then. The Angels came in existence with the command 'Be' along with the souls. But the Archangels and the Spiritual Entities (which are placed inside the human body at birth) preceded the formation of our solar system. Later on, many planets were inhabited, but subsequently some of these life forms became extinct, and the others are awaiting their destruction. The Archangels and the Spiritual Entities (of the human body) were brought in existence seventy thousands years before the command "Be". Of the spiritual entities, God placed the Heart (*Qalb*) in " the Realm of Love". *Qalb* is the medium for establishing a relation between God and the Servant, and for receiving guidance and inspiration.

The worship, and done by the spiritual entities, reaches the highest realm, the Throne of God through

The meditation of Qalb is from within and its vibrating rosary is within the human skeleton (the heartbeat). The People who failed to achieve the meditation of the Qalb in this lifetime will be regretful, even though they would be in the Paradise. As God stated regarding those who will go to the Paradise whether the inhabitants of the Paradise think that they will be equal to those who are elevated (reached higher realms by practicing the spiritual disciplines and becoming illuminated) because the ones with the meditation of Qalb will enjoy its pleasures even in the Paradise when their Qalb will be vibrating with the Name of Allah.

The physical worship ceases to exist after death. The people whose Qalb and other spiritual entities are not strong with the Light of God are afflicted and distressed in their graves and their spiritual entities are wasted away. Whereas the illuminated and strong spiritual entities will go to Illiyyin (High Places). On the Day of Judgement, a new body will be given, and the illuminated Spiritual Entities along with the human Soul will enter that body. The people, who taught their spiritual entities meditation, whereby the entities chanted the Name of Allah in this life time, will find them continue with this meditation even in the Hereafter. They will continue to be elevated and exalted there. The "blind of heart" (not illuminated) in this lifetime will be "blind of heart" there also, As this world is the place of action and effort, thus becoming stagnant in the Hereafter.

Besides the Christians and the Jews, the Hindu religion also does believe in these Spiritual Entities. The Hindu Faith refers to them as *Shaktian* and the Muslims knows them as *Lata'if*. Qalb is located two inches to the left of the heart. This Spiritual Entity is yellow in color. When it is illuminated, the person sees yellow color in his eyes. Many practitioners of alternative medicine use the colors of these spiritual entities to heal people.

Often people take their heart's word (inner feeling) as truthful. If the Hearts were indeed truthful, then why are all the people of the Heart not united?

Qalb of an ordinary person is in a sleeping or unconscious state and it does not possess any awareness or right understanding. Due to the dominance of the spirit of the Self (the Ego), and the Wispere (*Khannas*), or due to the individual's own simple-mindedness the Heart can err in judgements. Placing trust in a sleeping Qalb is foolish.

Only when the Name of Allah does vibrate in the Heart does a distinction of Right and Wrong and Wisdom follow. It is called *Qalb-e-Salim* (the Sound Heart). Then the increase in the meditation by Qalb of the Name of *Allah*, its direction changes towards God. It is called *Qalb-e Minib* (the Repentant Heart). This heart can prevent the person from the sins, but it can not make a right decision. When the theophany (*Tajally*) of God begins to fall on the Heart, it is called *Qalb-e-Shahid* (the Witnessing Heart).

A Prophetic tradition:

"The Mercy of God descends upon a broken heart and a dilapidated grave."

When the heart reaches this stage, one must accept whatever it indicates because due to the theophany (*Tajally*), the Self (the Ego) becomes completely purified and at peace too. God is then nearer to that individual than his jugular vein.

God then says, *"I become his tongue with which he speaks and I become his hands with which he holds."*

2.The Human Soul

Prophecy and knowledge relating to this was granted to the Prophet Abraham

The spiritual entity 'Soul' is on the right side of the breast. It is awakened by the meditation and contemplation on it. Once it becomes illuminated, a vibration similar to the heartbeat is felt on the right side of the breast. Then the Name of God, Ya Allah is matched with the vibrating pulse. There are now two spiritual entities meditating inside the human body, this is advancement in rank and is higher than just the meditation of Qalb. The Soul is a light red in color and when it is awakened, it is able to travel to *Jabarut* (the World of Divine Compulsion). Anger and rage are attached to it that burn away and turn into Majesty.

3.The spiritual entity Sirri (The Secret)

Prophecy and knowledge relating to this was granted to the Prophet Moses

This spiritual entity is to the left of the center of the breast. This is also awakened and illuminated by the meditation with the Name of God *Ya Hayyu, Ya Qayyum* and by contemplation. Its color is white. In the dream state or by "transcendental meditation" it journeys to Lahut (the Realm of Divine Nature). Now there are three spiritual entities meditating within a person and its status is higher than the other two.

4. The spiritual entity Khaffi (The Hidden)

Prophecy and knowledge relating to this was granted to the Prophet Jesus

This is to the right of the center of the breast. It too is taught the Name of God *Ya Wahid* by meditation. It is green in color and it can reach *Wahdat* (the Realm of Unity). Due to the meditation of four entities one's status is further increased.

5. The spiritual entity Akhfa (The Deeply Hidden)

Prophecy and knowledge relating to this was granted to the Prophet Mohammed

This entity is located at the center of the breast. It is awakened by meditating on the Name of God, *Ya Ahad*. It is violet in color and it too is connected to that veil *Wahdut* (the Realm of Unity) behind which is the Throne of God.

the Saints. Thus, there became ten parts of this knowledge. The Saints in turn passed this knowledge on to the Elect.

The exoteric knowledge is connected to the physical body, the spoken word, the terrestrial Realm and the Self (the Ego), and is for the ordinary man. This knowledge is contained in the exoteric Book that has thirty parts. The transcendental knowledge was also given to the Prophets by revelation brought by Gabriel, and it is known as the transcendental Holy Scripture for this reason.

Some Chapters of the Qur'an, were abrogated later. The reason for this was that the Prophet Mohammed would utter openly what was meant for the Elect only. Later this knowledge was esoterically transmitted from one saint to another, and now it is disclosed in the books.

6.The spiritual entity Anna

This Spiritual Entity is inside the head and is colorless. The meditation on the Name of God *Ya Hu* is its culmination. This spiritual entity, when illuminated, stands in the Presence of God, and communicates with Him. This is the Station of the passionate Lovers of God. Beside this, some Elect are granted other spiritual entities, for example *Tifl-e-Nuri* or *Jusse-Tofiq-e-Ilahi*. The spiritual status of them is beyond understanding.

With the spiritual entity *Anna*, God is seen in the dream.

With the spiritual entity of *Jusse Tofiq-e-Ilahi*, God is seen in the "physical meditating state" when the Spiritual Entity itself leaves the human body and transcends to the Essence of God.

Those possessing the spiritual entity *Tifl-e-Nuri*, see God while they are fully conscious.

They are called *Naib-Allah* (the Deputies of God) in the world. They can either occupy anyone by worship and austerities, or by their Glance raise any one to *Maqam-e Mahmood* (the Station of Praise and Glory). In their sight, the spiritual grace pours out to the Muslims, the Infidel, the Living, and the Dead without distinction. Just as a thief became a Pole (a Saint) by a glance of *Sheikh Abdul-Qadir Jilani* or *Abu-Bakr Havari* and *Manga* the thief became Peer (Saint) by the glance of such individuals.

The five Apostles were given knowledge of the five Spiritual Entities respectively and in sequence of their appearance, as such spirituality continued to grow. With whichever Spiritual Entity you practice meditation you will be connected to the corresponding Apostle and become worthy of receiving the respective Spiritual Grace.

Whichever spiritual entity receives the theophany, the Sainthood granted to that spiritual entity would be connected to the corresponding Prophet's spiritual grace.

The access to seven Realms and the elevated spiritual status in the seven Heavens is through these spiritual entities.

The functions of the spiritual entities inside the human body

The entity *Akhfa* (The Deeply Hidden): A person is able to speak due to the Spiritual Entity *Akhfa*. A person may have a normal tongue but will be dumb without this faculty. The difference between human beings and animals is due to this faculty. At the time of birth, if *Akhfa* was unable to enter the body for any reason, then the respective Prophet designated for the rectification would be called upon to treat the condition, and then the dumb would start to speak.

The entity *Sirri* (The Secret): A person is able to see due to the spiritual entity *Sirri*. If it does not enter the body, the person is blind from birth. The respective Prophet had the duty to return the spiritual entity into the body, and then the blind would start to see again.

The entity *Qalb* (the Heart): A person is like animals, unacquainted, far from God, miserable and purposeless without the spiritual entity of *Qalb* in the body. Returning this entity into the body was the task of the Prophets also.

The miracles of the Prophets were also granted to the Saints as marvels, as such even the impious ones and the transgressor became close to God. When the respective spiritual entity is returned by any Saint or Prophet, the deaf, the dumb and the blind are healed.

The entity *Anna*: When the spiritual entity *Anna* fails to enter the body, a person is regarded as insane even though all the parts of the brain seem functioning normally.

The entity *Khaffi* (The Hidden): In the absence of the spiritual entity *Khafi*, a person is deaf, even if the canals of ears are wide open.

These conditions can be caused by other defects in the body also, and are curable. But there is no cure for inborn defect until a Prophet or a saint intervenes.

The entity *Nafs* (The Lower Self or the Ego): A person's heart turns towards with the material world due to Spiritual Entity *Nafs*, and towards God with the Spiritual Entity *Qalb*.

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الله

The word 'Allah'

The Syriac language, which is spoken in the Celestial Spheres, is the language in which the Angels and God address each other. Adam Safi-Allah spoke this language in the Paradise. Adam and Eve came into the world and settled in Arabia. Their children also spoke the same language. As a result of their descendants spreading in the world, this language sprouted into Arabic, Persian, Latin and into English. Thus, God was called by different Names in different languages. As Adam lived in Arabia, there are many words of the Syriac language, which are still found in the Arabic. God addressed the Prophets, Adam as Adam Safi-Allah, Noah as Nuh Nabi-Allah, Abraham as Ibraheem Khalil-Allah, Moses as Musa Kalim-Allah, Jesus as I'sa Ruh-Allah and Mohammed Rasul-Allah. All these Kalima (Mottos) in Syriac language were written on the "Guarded Tablet" before the arrival of the Prophets in this world. This is why the Prophet Mohammed said; "I was a Prophet even before I came into this world."

Some people think that the word *Allah* is a name given by the Muslims, but this is not so.

The Prophet Mohammed's father's name was *Abd-Allah* at a time when Islam did not even exist. Prior to the advent of Islam, the Name *Allah* was called with Kalima of every Prophet. When the Souls were brought in existence, the first name on their tongue was Allah and when the Soul entered the body of Adam, it said *Ya-Allah*, and entered the body. Many religions understand this enigma and chant the Name Allah and others deprive themselves of the Name because of their doubts and suspicions.

"Any Name, which alludes to the Lord, is worthy of respect"

In other words it directs towards God. But, the multiplicity of the Name of God diversified them. Every letter of the alphabet has a separate numeric value. This is also a Celestial Knowledge. The numeric values are related to all of the Creation. Occasionally the numeric values do not synchronize with the astronomical calculations, as such the man is worried. Many people go to the astrologers and experts of this knowledge, and have charts prepared based on the stars. They name their children on this basis.

An arrangement of the letters of Arabic alphabet, for example (a, b, j, d,) (1, 2, 3, 4) when added has the numerical value ten. Similarly, every name has a separate numeric value. As God has been given so many different Names causing a conflict among the numeric value of different Names. If all the people called upon God by the same Name despite different religions, they would all be united inwardly. Then they too like Nanak Sahib and Baba Farid would say:

"All the souls are made by the Light of God, though their environment and their communities are separate."

The Angels, who are assigned the tasks in the world, are also taught the languages of the people of the world. It is important for the followers of every Prophet that they chant and declare *Kalima* (the Motto) of their Prophet, which was granted by God to the Prophet at the time for the recognition, spiritual grace and purification of his people. The declaration and recital should be in the same method and in the language of their Prophet.

The entry of any individual into any religion is subject to the condition that the individual accepts and declares *Kalima* of the Prophet of that religion. Just as the verbal vows are a condition for any marriage. Entry into the Heavens has been made subject to the declaration of *Kalima* (Motto) of the Prophets. In the western world many Muslims and Christians have no knowledge of their Prophet's *Kalima*. Furthermore many followers do not even know their Prophet's original name (in the original language of the Prophet).

The people, who only verbalize *Kalima*, require their good deeds on their part. The followers, who do not declare it, are refused entry to the Paradise. Those individuals, in whose Hearts the affirmation of *Kalima* is rooted in, will enter Paradise without any accountability. The Celestial Scriptures, whichever language they were revealed in, and if they are in the original form, are a means to finding God. The adulterated texts and the translations, just as adulterated flour is harmful for the stomach, have become harmful, and the followers of the one religion and the one Prophet are divided into so many sects.

To be sure of the Straight Path, it is better that you are guided by the Light (of God) also.

The method of producing Light

In prehistoric times, stones were rubbed together to make fire and a spark can also be produced by rubbing two metals together. Now, the electricity is made from water. Similarly, electric energy is produced by the vibrating heartbeat and by the friction of the blood inside the human body. In every human being, there is approximately one and a half volts of electricity to keep the body energetic. As the

electricity in the body and also the made vibrant. Some do this by dancing, others by meditating and yet others by



heartbeat slows in old age, this reduces energy level. The heartbeat has to be others by sports and exercise, and yet others by meditating and chanting the Name of God

Allah. When the heartbeat becomes faster, then by chanting the Name Allah Allah, try to synchronize it with the Name Allah with every heartbeat. Alternatively, try to synchronize Allah with one heartbeat and Hu with the other. Some times by placing your hand on the heart and by feeling your heartbeat, try to synchronize the Name Allah. At times, synchronize it with the speed of the pulse and imagine that Allah is entering into the Heart.

The chanting of Allah Hu is better and intensely effective. But, if anyone has an objection on Hu or a fear of chanting Hu, then instead of the deprivation, synchronize Allah Allah with vibrations. It is beneficial for the aspirant in litany, remembrance and invocation to physically remain as clean as possible because:

"disrespectful are unfulfilled and the respectful are fulfilled."

The first method for producing Light:

Write Allah on a paper in black ink, and exercise this as long as you wish on a daily basis. The

About Muraqba (transcendental meditation or Vigilance) **(Literally. journey. Meditation in which the soul leaves the human body)**

Without awakening the spiritual entities (Lata'if/Shaktian) and without attaining spiritual strength and prowess, many people try to engage in Muraqba. They either fail to reach the meditative state, or become the object of the satanic modalities. This type of meditation is for illuminated people, whose spiritual entity of the Self has been purified and 'Qalb' has been cleansed. The practice or attempt at this type of meditation is foolish for ordinary folks no matter what type of physical worship is used to achieve this. To collect and gather the strength of the Soul and the spiritual entities and then to travel to a place is what is known as Muraqaba.

Sainthood is the one-fortieth part of Prophecy

Every dream, meditative journey, inspiration or revelation of a Prophet is authentic, and does not need affirmation. Only forty out of a hundred dreams, meditative journeys, inspirations and revelations of the Saints are accurate, the remaining sixty percent are inaccurate, requiring transcendental knowledge for affirmation.

God cannot be understood without knowledge

The lowest type of meditative journey starts only after awakening the spiritual entity Qalb. This is impossible without first achieving the meditation of Qalb (meditation with the vibrating heartbeat synchronized with the Name Allah). It takes one jerk or shake to bring the person out of this meditative state and back to consciousness. *Istikharah* (seeking to obtain the Divine Favors, looking into the Holy Scripture or judging from the omens) is also connected to Qalb.

The next stage is the meditative journey of the Soul. It takes three jerks or shakes to return a person back to normalcy from this meditative state. The third stage of the meditative journey is done by the Spiritual Entity Anna and the soul together. The soul travels along with the spiritual entity *Anna* to Jabarut (the World of Divine Compulsion) just as the Archangel Gabriel accompanied the Prophet Mohammed to *Jabrut*. The people, who are in this meditative state, are sometimes even taken to be buried in their graves and they are unaware of this happening to them. Such a meditative state and journey was taken by *Ashab-e-Khulfa* (the Companions of the Cave) and they remained asleep in the Cave for more than three hundred years. When this meditative state and journey was undertaken by Sheikh Abdul-Qadir al-Jilani in the jungle, the occupants of the jungle would regard the Sheikh as dead, and would take him to a grave for burial. But the meditative journey would break just before the burial (the Sheikh would return to consciousness).

The recognition of inspiration and revelation from God

When the Man has awakened and illuminated the spiritual entities in the breast and is worthy of receiving theophanies (*Tajalliat*) then God communicates with him. God has absolute power and can do as He pleases and thus communicates with any Man in any way fit, but He has set a special method for His recognition so that His friends can be saved from the deception of the Satan.

Firstly, the text in the Syriac language appears on the Seeker's heart and its translation is seen in the language of the seeker's mother-tongue. The text is white and shiny and the eyes close automatically and look at the text (internally). The text then passes Qalb and moves towards the spiritual entity *Sirri* as a result of which it shines even more. Then the text moves towards the spiritual entity, Akhfa and from here it shines more and then moves onto the tongue. The voice then spontaneously starts to repeat that text.

If this inspiration is from the Satan, then an illuminated heart will dull the text and if the text is strong and prominent then the Spiritual Entities *Sirri* or *Akhfa* destroy that text. Further if due to the weakness of the spiritual entities the text does arrive at the tongue, then the voice will prevent it from being spoken into words.

This inspiration is for special types of Saints, whereas in respect of ordinary Saints, God sends messages to them through the Angels or other Souls. When the Archangel Gabriel accompanies the special and inspired text, this is known as revelation, which is confined to the Prophets only.

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Who is the Paradise for?

Some people, who are eternally destined to go to the Hell, attempt to be worthy of the Paradise by practicing worship and good deeds, but they are rejected in the end like the Satan because stinginess, arrogance and envy are their inheritance.

There is a Prophetic tradition that one who has even the tiniest amount of stinginess, envy and arrogance cannot go to the Paradise.

People of the Paradise, even if they are not worshippers are recognizable. They are soft-hearted and sincere, free from greed and envy. They are generous. If they do engage in worship, they can attain a very exalted position. God creates opportunities and excuses for their salvation. There are others in between and have a continuing record of their good and bad deeds.

Further, there are those who are the Elect. They loved God in the Primordial time. Such souls are not concerned with the Paradise or the Hell, and they renounce everything for the Love of God. With the discipline of heart-meditation and the Mercy of God, they illuminate their Souls and achieve the Vision and the Sight of God. The highest Paradise Firdos is reserved for them.

A Prophetic tradition declares for them:

"there are some people who will go to the Paradise without any accountability".

An explanation

The Souls, which were shown the illusionary vision of the world in the Primordial time, the world was written as their destiny. They came into the world and made a valiant effort to attain the material wealth. They stole, robbed, bribed and even overlooked crimes like usury and even rejected the Uniqueness of God.

There were some souls among them, who adopted religion and worship to reach the Paradise, but this turned out to be fruitless as in the case of the Satan, as some become blasphemers or a religion (or sect) disliked by God, became an obstruction in their way.

The other souls who had chosen the Paradise in the Primordial time, they did their worldly chores but gave priority to the practice of worship and austerities. They were motivated by the damsels and the servants of the Paradise and ran back and forth to their places of worship and were successful in getting to the Paradise. But then in this category, there were some that remained lazy in their attitude towards worship. Because the Paradise had been written in their destiny, some opportunity helped them; However, they did not achieve that status in the Paradise that was achieved by the Pious ones. It was in respect of such people, God said, " Do these people understand that we will place them along with the Pious ones", as there are seven levels of the Paradise?

Ordinary people are guided by the Prophets, the Books, the Gurus and the Saints. It is essential for them to have a religion and a declaration of Faith. The Elect manages to receive the graceful Sight of God without a Religion or a Book. In other words, he is guided by the Light of God. It is stated in the Scripture that:

"Those that God chooses, God guides with the Light".

It is said that in order to enter the Paradise it is essential to have a declaration of the Faith. It is not these bodies but the Souls that will enter the Paradise. Then these souls can declare their Faith at some stage when they reach the Realm of the Vision or they may do this after death, just as the souls of the Prophet Mohammed's parents and uncle were granted the declaration of the Faith. Furthermore there are the Elect of the Elect who declared the Truth in the Celestial Spheres before coming into the world.

The Prophet Mohammed stated that he was a Prophet even before he came into the world. These were the words of the Soul of the Prophet Mohammed and could only have been addressed to the Souls at the time as the body was given to the Prophet Mohammed only after physically coming into the world. An explanation of this is that there are leaders only if there are the nations to be led and there are Prophets only if there are followers, otherwise there is no need as such.

Then such people (the Saints) are sent into different religions, some in the appearance of Baba Farid and others in the appearance of Guru Nanak. The Souls that find God do not look at the religions, rather they seek those who have access to God and join them. Ghose Ali Shah, a (Muslim) Saint wrote in "*Tazkira Ghausia*" that he even received the Spiritual Grace from Hindu Ascetics. The Muslim theologians failed to understand this enigma, thus rendering a death penalty for Ghausi Ali Shah. They further stated that if any Muslim house had his book, it should be burnt; However, this book survived, and is found in India and Pakistan and is still popular and revered.

Some nations accepted their Prophets and others rejected them. To the Nations rejecting them, God nevertheless sent the Prophets according to their religion. They taught their nations the ways to save them from sin. Further, by using their own methods of worship, rituals and customs, the Prophets tried to turn their direction of the followers towards God by teaching peace and the Love of God. If they were not sent then, today all the religions would be thirsty for each other's blood. These Souls (Guides) who are in the world, are assisted and guided by Khidr (Vishnu Maharaj) who knows the secret of every religion.

Who is Taqwa (Piety or God-Fearing) for?

Ilm-ul-Yaqin (The Lore of Certainty):

Such people are materialistic and base their belief on hear-say. They have certainty by the way of knowledge. Their Faith rests on what they hear from others. Whatever they get is not by God-fearing but by their earnings through toil and labor, which is either Halal (the Lawful), or Haram (the Prohibited).

Any ul-Yaqin (The Eye of Certainty):

Though such people have renounced the world, they continue to interact with others. Their focus in life and the Heart are inclined towards God and they are often shown Celestial Visions. Their station is that of the Sight and the Vision. They too earn by lawful means and any thing unlawful hurts them.

Haqq ul-Yaqin (The Truth of Certainty):

Their station is that of arriving at the Truth. In other words they have been elevated to a High Status by God. They come within the Grace and Mercy of God. They are known to have abandoned the world. Even while living in the world they refrain from both lawful and unlawful enterprises. If they were to go and sit in the jungle, God would provide for them. This is the Station of God -Fearing . Although the novices talk about God-Fearing, but they are not successful.

Taqdir (the Destiny)

There are two types of destiny:

- 1) Azal (the Eternal or the One Bound to happen)**
- 2) Maollaq (Conditional or in Abeyance)**

Some people say that when the sustenance is already written in our destiny, why the wandering around and the effort for it?

Makhdoum Jahaniyan stated that the wandering and the effort made for the sustenance has also been written in our destiny.

For example a flower's Vase has been placed for you on the roof (This is Azal). In order to get the Flower Vase you have to go up the stairs on to the roof (This is Maollaq-Conditioned), which is within your power. It is for this conditional part that there will be accountability on the Day of Judgement and not in relation to what was written down in Azal. When you went on to the roof you would collect what was written for you in your destiny. If you were lazy and did not get to the roof then you would be deprived of it. On the other hand, if someone else, in whose destiny there is no flower Vase manages to get on to the roof by the stairs or by some considerable effort, then he would still be deprived of.

The third category of the souls

The third category of the souls, who chose neither the world, nor the Paradise, only beheld the Manifestation of the Lord in Primordial time. They came into the world and sacrificed everything in search of God. Many gave up their kingdoms and remained hungry and thirsty in the jungles in search of God. There were others who sat in the rivers for many years. After succeeding,, they were known as Wali Allah (the Friends of God). God assigned them to different positions and duties, and they became a remedy and a means of hope for those destined to the Hell.

Just as the famous poet Iqbal mentions in one of his sonnets:

"That even the of destiny is altered by the Graceful Glance of the Godly"

It is absolutely necessary for this reason that the Terrestrial Souls, (which reappear in every lifetime), physically meet a spiritual teacher or Guru in every lifetime. As the spiritual teacher of the previous lifetime or the ancestral teacher became free of his physical body (gave up the physical body he had at the time).

This is similar to when a previous Prophecy is removed and exempted after the arrival of an Apostle. Just as the Prophet Moses (*Mus'a Kalim-Allah*) was an Apostle and all the Prophets that came after Moses, their religions were abrogated after the arrival of the Prophet Jesus (*Is'a Ruh-Allah*).

Further, the religions of the Prophets that came in between the Prophet Jesus and the Prophet Mohammed, all their religions were also abrogated upon the arrival of the Prophet Mohammed but the validity of the religious system of every Apostle continued and still continues today. This includes *Adam Safi-Allah*, (Adam), *Ibrahim Khalil-Allah* (Abraham), *Mus'a Kalim-Allah* (Moses), *Is'a Ruh-Allah* (Jesus) and *Mohammed Rasul-Allah*, and every Saint's Sainthood is from their Authority and Grace.

As the five spiritual entities inside the human body are linked respectively to the five Apostles, and their Prophecy and Spiritual Grace and Power will remain until the Day of Judgement for this reason.

When it is said that a person will not enter the Paradise unless that person has declared

the Faith of one of the Apostle. For this reason, the Prophet Mohammed stated, "I have not come to reject the Books of the Apostle or their Religion but I have come to reform," because the Books had been altered and adulterated.

The Silsilah (chain) of Adam Safi-Allah continues even today. The ones, who practice only the Heart Meditation, who praise the Name of the Lord and humble themselves, repent and try to remain free of sins, are all conforming to the original or first religion, the first Prophecy and the first type of worship.

A Ghouse (head-saint in our human sphere) and every Saint's spiritual category is attached to (and presided over) by one or the other Prophets who in turn are spiritually linked in this way to *Adam Safi-Allah*.

The reviver Mujjadid Alf-Sani stated that his spiritual category and designation was linked to Moses, whereas a chain of Qalander (a type of libertine Dervish) is linked to Jesus. Sheikh Abdul-Qadir Jilani was related to a category, which was connected to the Prophet Mohammed.

Think for a moment to which Adam do you belong?

It is mentioned in some Inspired Books that fourteen thousand Adams have come into the world. Some one said that Adam Safi-Allah was the fourteenth and the last Adam. There have indeed been many Adams in this world. When Safi-Allah was being made of clay, the Angels said (to God) that he too would go into the world and cause mischief. In other words the Angels were aware of the actions of the earlier Adams, otherwise how could they have known what God was making and what he (Adam) would do.

On the "Guarded Tablet", there are inscribed different *Kalima* (Mottos), different mantras, different Names of God, various verses and even the magic enchantment, which was taught to people by the Angels *Harut* and *Marut*. Both the Angels are hanging upside down in a well in the city of Babul in Egypt as part of their punishment.

Every Adam was taught a language. Thereafter the Prophets were sent to the nation of that Adam for its guidance. It has therefore been said that one hundred and twenty five thousand Prophets have come to the world, whereas *Adam Safi-Allah* was the last on the Earth six thousand years ago. If a Prophet were sent every year then there would have been six thousand Prophets only.

Some time later, these nations were destroyed due to their transgression. Archeological evidence found the ancient cities later and also the ancient languages, which are not understood by anyone. Some nations were drowned in flooding, others survived in the other Lands also.

Lastly, *Safi-Allah* was made- better than his predecessors, and sent to Arabia and many major Prophets emerged from his offspring. Many languages of the other Adams remained among the surviving nations. When the last Adam came he was taught Suryani (*Syriac*) language. Some of his descendants migrated to distant Lands and met with ancient peoples. Some immigrants liked the regions, the fertile land, thus they settled down with the ancient people.

The *Syriac* language was spoken in Arabia and then the intercourse with various nations evolved into Arabic, Persian, Latin, Sanskrit and the English language. On different islands, there were people living who were the descendants of different Adams. Of them, there was one Adam who was a gypsy, and his descendants survived to this day, resulting in the discovery of many nations.

The people of remote islands were unaware of each other and long distance travel by sea was not possible by the means of small boats. Columbus was successful in making an Ocean Liner and was the first man to reach America. He reached the land and saw people with red skin and thought that he arrived in India.

They were the red Indians (native Americans), and are still found in North Dakota. I asked an Indian Tribal Chief if he knew who his Adam was. He replied that according to their belief their Adam was in Asia, the wife's name was Havva (Eve).

He further stated that according to their historical records their Adam (of the great Sioux Nation) appeared from a mountain in South Dakota (Black Hill). The mountain place is marked even now.

It is said that the English and the Americans are light-skinned due to the cold climate, this is not so. There were descendants of a dark-skinned Adam, who were also present in these regions but they did not develop light skin. Therefore this is the main reason that the color, the appearance, the temperament, the intellect, the languages and diet of human beings differ. The descendents of Adam Safi-Allah remained in the Middle East, this is why the people in Middle East are alike in appearance.

It is said that *Adam Safi-Allah (Shankar Ji)* descended in Sri Lanka. He migrated to Arabia, settled down there and his grave is still there. If this is the case then who, discovered his foot prints in Sri Lanka, and preserved to this day? This means that (prior to his descent) there was some community living there.

The Saints and the Prophets were no longer sent to the nations that were destroyed. The survivors of these nations were deprived of the exalted ones and went astray some time later.

As foreign lands were discovered, the Saints from Asia moved there and taught the locals, their respective religions. Today we see that the Asian religions have spread all over the world. Jesus was from Jerusalem, Moses was from *Bait-ul Muqqaddas* (the seat of earlier Revelations) and the Prophet Mohammed was from Mecca, whereas Noah and Abraham were also from Arabia.

Dominator) and turned away from Him in disgust. They disobeyed any Command of God and started to say that there is no such thing as the Lord and that a human is no more than an insect, and that the Paradise and the Hell are just the figments of the imagination. At the time of Moses, there was a nation, which was transformed into apes (as punishment by God). They moved to Europe. The pregnant women, now apes, gave birth to human babies. They still exist today and say themselves that they are the descendents of the apes.

The nation that was transformed into bears, moved to the jungles of Africa. The pregnant women of the time were carrying human babies. They gave birth and the race survived. They are known as Mamm. They have long hair on their bodies, the majority of them are female and abduct people. They cannot be influenced or reformed by any religion, but they conceal their private parts by using leaves due to their human nature.

Another Adam, was punished for a thousand years for some mistake. He was transformed into a snake. His nation survived to this day in the form of a special snake. It can transform into a human being a thousand years after birth and is known as Ruha.

It is mentioned in the History that Alexander the Great passed through a jungle for hunting and saw a beautiful woman crying. He asked as to who she was. She replied that she was the princess of China and she was hunting with her husband when a lion attacked and ate her husband and that she was then alone.

Alexander asked her to return with him as he would make the arrangements for her return to China. The woman said her husband died, and how she would save face on her return to China. Alexander took her home and married her.

Some months later, Alexander developed a pain in his stomach. He tried every cure for it but to no avail. His illness worsened, and the doctors too gave up. A snake charmer also came to treat him. He called Alexander to one side and told him that he could treat him with some conditions, and that if he did not cure Alexander in a few a days, Alexander could have him executed. The snake-charmer advised Alexander to, have some pudding made for that night with plentiful salt in it. Further that both Alexander and his wife should eat plenty of pudding and that Alexander should lock their room from inside so that neither of them could leave the room. He further advised that Alexander should not sleep but pretend to be asleep so that his would believe that he was in fact sleeping and that there should not be drop of water in the room. Alexander did likewise.

During the night, his wife became thirsty and discovered that there was no water in the pot, she then tried to open the door and saw it locked. She looked at her husband and felt that he was fast asleep. She then transformed into a snake, went out through a hole, drank some water, returned in the form of a snake and then transformed back into a woman. Alexander watched all this. In the morning, he related it to the snake-charmer, who told Alexander that his wife was a snake which transformed after thousand years and that she was the cause of the pain in his stomach.

This woman was then taken to the sea on the premise of sight-seeing and she was thrown into the water. The place, where she was thrown, exists today, and is known as the barrier of Alexander.

Their race still exists in the world. Ordinary snakes do not have ears but this type of snake has ears. It is not known which Adam's descendants are locked in the mountains of China and Dhul-Qarnain (the King with Two Horns) built a stonewall to prevent them from entering this region. They have very long ears. They place one beneath them and cover themselves with the other. They are known as Gog Magog .

The science discovered many regions, but many more are yet to be discovered. Behind the Himalayas there are "snowy humans" and there are many humans in the jungles too and apart from them, no one knows their language. They too worship as taught to them by their Adam and in order to survive they have a tribal system. In addition to these Continents, there are many other Lands and Planets such as the Moon, the Sun, Jupiter, Mars and so on. Adams inhabited these planets also. Some of them have been destroyed by stopping the supply of oxygen and in others cases by a total destruction of the Land.

Still There is human life on Mars and there is a fiery life form inhabiting the Sun

Our scientists have not yet been able to reach Mars, whereas the Martians have visited the Earth on numerous occasions and have taken people back with them for experimentation. They are scientifically more advanced and their inventions are superior to ours. Even if our satellites and scientists reach Mars, they will not be able to escape once they are captured by the Martians.

God abundantly endowed one Adam with the knowledge. On the basis of their knowledge, his descendants used to reach Baithal Mamoor (the Realm where God communicates with Angels and assigns them various tasks in the form of Commandments). They were able to hear, whatever command God gave to the Angels. One day the Angels said God that This nation had become an impediment in the affairs of the Angels. Further that when the Angels came down into the world to implement their task, they would have already an antidote to the task of the Angels.

God then commanded the Archangel Gabriel to go and test them. A twelve year old boy was grazing a few sheep when Gabriel approached him and asked, "Do you possess any knowledge?" The boy replied, "ask me?" Gabriel then asked the boy to tell him where Gabriel was at that time. The boy closed his eyes and then said that he (Gabriel) is not in the Heavens. Gabriel then asked, "where is he?" The boy replied that he (Gabriel) was not on any land either. Gabriel asked, "then where is he?" The boy opened his eyes and said,

Then God commanded the Angels that this nation be drowned by the flooding. The people heard this command and homes made homes of metal and glass. Then they were destroyed by an earthquake. At that time, the region was known as Kaalda. It is now Greece.

Those people with their Spiritual Knowledge then, and our scientists with their scientific knowledge now, are interfering with God's affairs. In order to instill the fear into human beings a small disaster has been instigated and for the complete destruction, an Asteroid, sent towards the Earth, is expected to hit the Earth in about twenty to twenty five years. When it does, that will be the Last day of the Earth. A part of that Asteroid has fallen on Jupiter within the last two years. Our scientists are aware of this.

They are, therefore, wishing to move to the Moon or some other planet. As such, there have even been a plot bookings on the Moon, when they know that life cannot be supported on the Moon as there is no oxygen, water or vegetation. What is the purpose of all the frenzy? As far as research is concerned, what benefit has humanity derived by reaching the Moon or Jupiter? Has any medicine or prescription been discovered for longevity, or has a "cure" been found to prevent death?

Even if we reached the Mars, the difference in our atmosphere (Oxygen) and theirs, would make our life on the Mars impossible.

All the wealth, being squandered in this regard, is going to waste. If the United States and Russia spend it on the poor, then everybody would be better off. The differences among human beings have led to the creation of atomic bombs and weapons of mass destruction to destroy each other, when the world will be destroyed without the bombs anyway.

Too many souls were created in the Celestial Sphere

The souls of those closest to God were in the front row in the Primordial time. The ordinary souls were sent to the world among the nations of the Adams, some of whom (Adams) were made from black, some white, some yellow and others with red clay. They were taught the knowledge by the Archangel Gabriel and the Angels Harut and Marut.

When Adams were made from clay on the Earth, then the Jinns would at the right opportunity enter the bodies of those Adams and their offspring, and try to entrap them in their Satanic hold. Then the Prophets and Saints of that nation and the knowledge taught by them would become a means of alleviation. Countless Adams were made in pairs (with their female partners) and procreation commenced. Sometimes a woman was created on her own (without an Adam), and she would bear children subject to the Command of God "Be".

These people too exist in the world. Only the women are the tribal leaders. As they are the offspring of women only, they believe that God is female. They also believe that they are the progeny of the Angels as their (female) Adam procreated children without a man. This custom continues among them even today. The women of these tribes bear children by anyone and later marry any other person, and do not regard this improper.

The declarations by the Souls, their destiny and their spiritual class would determine the types of Adams that would be sent. The respective souls would then descend (after these Adams had been sent). This is the reason why no special religion was formulated for these souls. Even when the Prophets were sent among them, a few accepted them. They did the opposite of what the Prophets taught and instead of worshiping God, they worshipped the Moon, Stars, the Sun, the Trees, Fire, and even started to worship snakes.

Finally, *Adam Safi-Allah* was made in the Paradise of the clay from the Paradise so that he would surpass all (the previous Adams) in magnificence and excellence and be protected from the Satanic Entities as they did not have access to the Paradise. The Satan was from the Jinns and was distinguished because of his vast knowledge and abundant worship. The Satan became the leader of the Angels. He spat on the body of Adam out of envy. The saliva, a Satanic type of bacterium, entered Adam's body and it is known as 'Nafs' (the Lower Self, the Ego), which was inherited by the progeny of Adam. As such, the Prophet Mohammed said, **"When a human being is born, a Jinn is also born with the human being at the same time."**

There is a difference between the Angels and the Archangels

The Angles exist in *Malakut* (the Realm of the Angels). They came in existence at the same time as the Souls did. The Spiritual Entities, which are in the next higher realm *Jabarut* (the Realm of Divine Compulsion, the World beyond form), are known as the Archangles, which existed even before the command "Be".

God commanded the Angels to prostate before Adam Safi-Allah. No Adam was made in the Paradise before, nor did the Angels prostate before. *Azazeel*, (the Satan) objected and refused to prostate, he was then cursed and became the enemy of the progeny of *Adam Safi-Allah*.

Whereas the nations (of previous Adams) did not suffer from his enmity, as the evil Jinns were enough to deceive them and lead them astray.

As the Satan was the most powerful of all the evil Jinns, he trapped the progeny of Adam Safi-Allah by teaching them such crimes as a result of which the other nations started to dislike these Asians. Due to the magnificence of this Adam, these people were guided by God. They had access to God in such a way (Godly) and became so magnificent that the other nations were amazed.

Further, the greatest of the Celestial Books, the Old Testament, the New Testament, the Psalms of David and the Qur'an were revealed to them. Due to the teachings, spiritual

The Soul of Adam had not yet been placed in his body, when the Angels understood that he was being made for the world because the human made from clay would only be for the Earth. Then by some pretense he was sent to the Earth. Though the Eternal Act is by God, yet the humans get blame for things. If Adam was sent to the world without accusation he would have come into the world and done nothing but complain. Why would he have wept and sought forgiveness?

A soul, which is destined to go to the Hell, if born in a home without religion then it is called an infidel and a liar. Such people deny God, and are the enemies of the Prophets and the Saints. They are arrogant, hard-hearted and take pleasure in hurting the Creation of God. They remain away from the religion after having come in it. Such a soul if it is born into a religious home, it is known as a hypocrite.

These people abuse and slander the Prophets and Saints and are mischief within the religion. Their worship is useless just as the worship of the Satan. Their religion attempts to take them towards the Paradise, but their destiny pulls them away towards the Hell.

As they are deprived of the spiritual assistance and help of the Prophets and the Saints, they are easily deceived by the Satan, and the spirit of the Self (which mislead them into believing) that they possess vast amounts of knowledge. They worship abundantly and that there is no difference between them and the Prophets. They then without considering their spiritual reality feel that they consider themselves like the Prophets and believe that the Saints depend upon them. They deny spirituality and the existence of the miracles, and only accept the qualities that they possess themselves. They even reject the miracles of the Prophets, dismissing them as magic. They believe in the power of the Satan, but it is difficult for them to accept the power of the Prophets and the Saints.

The Soul that is destined to go to the Paradise, if it is sent in a non-religious home or in an unclean environment, it is regarded as disabled. It is possible for such a soul to be forgiven and saved. It is such souls who try to find the Straight (illuminated) Path, and try to get out of the "quicksand" by looking for the aid and assistance of the Saints. They are soft-hearted, humble and generous.

The soul which is destined to go to the Paradise, if it is in one of the Celestial Religions or in a religious home, then it is regarded as Sincere and Faithful. They find the Nearness of God and become entitled to His inheritance by their worship and austerities.

In Tasawuf (Mysticism) spiritual entity Qalb is important

Some people repeated a litany of the sacred words, others played sports, some others danced, yet others built and knocked down walls and others exercised, all tried to increase the vibration of their heartbeat and then tried to synchronize the name Allah with heartbeat. Then the Name of God Allah slowly reached all the Spiritual Entities (inside the body).

Others without going into the depths of this knowledge initiated such people. They started to dance to the chanting of *Allah, Allah*. They did not understand the concept of the Heart meditation and also failed to synchronize the Name, Allah with their heartbeat. Nevertheless their animal spirit, whose nature is to jump around, did become acquainted with the Name of God. Similarly the botanical spirit (in a person) also becomes strong and acquainted by chanting the Name Allah, accompanied with music. Music is the food for the Botanical Spirit.

In the United States an experiment was carried out, whereby the crops were exposed to the music. Two portions of the same crop were planted on a similar tract of lands. One part of the crop was exposed to the music day and night, and the other part was not. The crop exposed to the music was better in quality and appearance than the crop without the music.

Nafs, the spirit of the Self, is very dangerous. Even after it has been purified (illuminated) it is a pretender and likes music and rhythm. Some people tried to attract the spirit of the Self by singing, thus directing its direction towards God. Others chanted and synchronized the name Allah with their guitar music. If nothing else, at least their ears were engaged in worship.

I met a guitar player who told me a story, "In my spare time, I play the guitar and chant Allah Allah with the music and sometimes when I wake up, I hear a similar melody of Allah Allah inside me." Such people became better than the other pre-occupations, in other words (better than) the people who simply jump around and sing and play but they did not achieve any Sainthood status. Nevertheless, such people do possess an inclination and yearning as seekers and if they (become attached) to a Universal Master they do reach some spiritual station.

The Muslims and the Sufis in other religions attempted in many different ways to absorb the Name of God within themselves. An action that turns one towards God and increases the Love of God is not improper.

A Prophetic statement, **"God does not look at the actions, but looks at the intentions."**

The people who follow the orthodox theologians regard this as blamable and wrong as they become satisfied and nourished by following *Shariah* (the Laws). But those people who want to advance from following the Laws to the Love of God, or those who do not follow the written laws, why are such people prevented from adopting an alternative?

The Religion of God

All the religions in this world were established through the Prophets, whereas before this, was the Love, the Lover and the Beloved. The Souls, which were in the Nearness, the Effulgence and the Love of God in the Primordial time, were in the Religion of God, which is the Love of God, and in the Upright Religion. When they came into this world, they sacrificed their life and limb in the search of God.

This Knowledge was confined to the Elite at first, now it has reached even the common people through spirituality.

In a Prophetic tradition, one of the companions of the Prophet Mohammed stated, **"I received two types of knowledge from the Prophet Mohammed, "I have told you about one, and if I tell you about the other you would kill me"**

When the Saint Shah Shams took the dry Books out of the well (full of water), The Saint Maulana Rumi asked:

"What is this?"

Shah Shams replied:

"This is the knowledge that you know not"

When Moses asked God

"Is there any more Knowledge?"

God replied:

"Go to Khidr"

(A mystical figure, possessing the secrets of the esoteric knowledge)

The prayer of every worshipper:

"God, show me the Straight (illuminated) Path

The Path of those upon whom you have bestowed your favors."

The poet Iqbal states:

"What would the pitiful scholars know of this"

The Souls, which have been exalted since the Primordial time, are those which God loves and they love God, and did praise the Lord in the world. For example, Jesus said in the cradle, "I am a Prophet", although Gabriel had already given the glad tidings to Mary prior to the birth of Jesus.

In respect of Moses, Pharaoh had the knowledge of the prediction that a child would be born to certain tribe, and would be the cause of his destruction, and would be very exalted in the Sight of God. The Prophet Mohammed also said, "I was a Prophet even before I came into the world."

**"There are many loving and eternal souls (Godly)
present in different religions and in different bodies"**



In the End Times

God will send a "special soul" into the world, who will search for these loving souls and gather them and remind them that they once did love God. No matter any religious or non-religious body they are in, they will testify his call, and gather around him.

He will grant these souls a very special "Name of the Lord", which will travel from the spiritual entity Qalb to the Soul. Then the Soul will meditate and chant that "Name". That "Name" will produce a new fervor, a new energy and a new love. With its light, the relation of the Soul with God will connect again.

The meditation of Qalb is the means for the meditation of the Soul. The worship meaning *Salat* (Prayer) and the Fasting are the means to the meditation of Qalb. Once a person's soul starts to meditate and chant the Name of God, then he is from among those people, who no longer fear the Just Balance or the Day of judgement. The more advanced meditation and worship than that of the Soul are the precursors to the Lofty Stations.

The ones, who are moving from the meditation of Qalb to the meditation of the Soul, have already entered the Religion of God, or will soon enter. They are not guided by the Books but by the Light, and are free of sin due to this. Having heard of this or inspite of putting in their efforts, if they are still deprived of this, they are not included in this *Silsilah* (chain). If some one thinks himself in this *Silsila* or imitates without the meditations of the Heart and the Soul, he is an Imposter.

- **The way for the salvation of the ordinary people is worship and religion.**
- **The way for the guidance is the Celestial Books (Scriptures).**
- **The way for (obtaining) Intercession is the Prophecy and the Sainthood.**

Some Muslims do not believe in the Intercession (*Shifa'ah*) of the Saints. When (it is known) that the Prophet Mohammed directed his companions to go to Owais Qarni and ask him to pray for the salvation of the Ummah (the followers of the Prophet).

The Religion of the Souls

The Love of God and the recognition of those in the Religion of God:

"Into which all the rivers merge, is known as the sea".

**"Into which all the religions merge and become one,
is the Love of God and the Religion of God".**

"Where the four religions meet" (the Saint Sultan Sahib)



The preliminary recognition (signs of those in this religion)

When the meditation of both, the Heart and the Soul commences, either by worship, or by the Glance of a Universal Master, in both instances the person is eternally Godly (destined to be thus from the Primordial times). The person develops a dislike for the sins and even if a sinful act is committed, regrets it deeply and thinks of the ways to prevent the recurrence.

Imam Mehdi will reform all religions

Just as after the Prophet Mohammed (the Seal of the {Prophets}), the revivers came along in Islam and revived their religion according to the environment. Similarly, on the arrival of *Imam Mehdi*, the revival will end. According to (the needs of) all the religions, *Imam Mehdi* will instigate his own revival. It is mentioned in some books that he will establish a new religion. If anyone worshiped his entire life but at the end he opposed *Imam Mehdi* and Jesus, (who will come back into the world, Jesus with his physical body and the Mehdi with the "terrestrial spirits") then he is bound for the Hell like *Bilyam Bawar* and is cursed like the Satan. (*Bilyam Bawar* was a man at the time of Moses, opposed Moses, and will go to the Hell in the form of a dog.

If anyone spent life living like a dogs in this world, but in the end helped and assisted Mehdi and Jesus, then he will go to the Paradise. Just as the dog *Qitmir* (who was exalted only by sitting in the company of the "Companions of the Cave" and will go to the Paradise). Some sects and religions say that I'sa (Jesus) died and that his tomb is in Afghanistan. This is incorrect. In Afghanistan there is the tomb of an Elder by the name I'sa. What would be the purpose of the burial when transportation was primitive at the time and it would have taken months to travel (to Afghanistan)? Some ask how was Jesus was raised to the Celestial Sphere? We ask how did Adam descend from the Heavens? Further, the Prophet *Idris* (Enoch) is still physically living in the Paradise and *Khidr* and the Prophet *Elias* still live in the world and did not die yet.

The grandson of the grand *Sheikh Abdul-Qadir Jilani*, *Hayat al-Ameer* is six hundred years old (and is still alive). His grandfather Sheikh directed him not to die until he met *Mehdi* and give his salutations. The Saint Shah Latif was given the title Bari Imam by him (*Hayat Al-Ameer*). Close to Murri, (in Pakistan) is a place known as Bara Koh, the signs of the sitting place (the retreat of Hayat Al-Ameer) are still preserved there.

The punishment for physical crimes is the imprisonment, a fine or the death penalty once. If any person is on the path of the Spiritual Poverty then the punishment is *Malamah* (the Blame) and the punishment for esoteric sins or crimes is very severe. A person who slanders another, as punishment his spiritual rewards are transferred to the person who was the object of the slander. Further, greed, envy, stinginess and arrogance destroy any rewards written (on the person's record). If a person has any Light inside him, this is confiscated if that person insults, abuses or begrudges any Prophet or Saint, just as Sheikh San'aan insulted the grand *Sheikh Abdul-Qadir Jilani* and his visions and marvels were confiscated from him.

There is a story about Saint Bayazid Bostami. When he came to know that a certain man was insulting him, the Saint granted a regular stipend for him. The man continued to insult the Saint and also to receive the stipend. Then one day, the man's wife scolded him that he should either stop taking the stipend, or stop insulting the Saint. As such, the man started to praise the Saint. When the Saint found out that the man started to praise him, he stopped the stipend. The man came to the Saint and asked that when he had insulted the Saint he was paid regularly and than why the payment was stopped.

The Saint replied, "At first, you were my employee and because of your slander my sins were being washed away, and I was paying you for that service in return, and for what should I pay you now? "

The above-mentioned sins are connected with Nafs-e-Ammarah (the Commanding Self or the Lower Self) which is aided by the Satan. Whereas piety, generosity, forgiveness, patience, gratitude, humbleness and Anwar-e Ilahi (the Graceful Theophany) are related to Qalb-e Shaheed (the Witnessing Heart), whose helper is Wali (the Saint), Murshid (the Master).

As long as there is still Nafs-e Ammarah (the Demanding Self or the Ego), the Light of any Holy Word will not be rooted in the Heart (Qalb), even if that person has memorized such words and verses, as he is still considered to be just a parrot. When this Self changes to Nafs-e Muthmayinna (the Tranquil Self), anything impure inside him exits, then he is illuminated. In order to purify the spirit of the Self, you must search for a Purifiers, who are people designated by God and are on this (spiritual) duty. The cleanliness of the exterior of the physical body is done with water whereas the inner cleansing is with the Light. Without being cleansed a person is impure and dirty. A clean body is worthy of worshiping God, whereas a clean heart is worthy of receiving the Graceful Theophany (*Tajalli*). Only then do the Holy Scriptures guide the People. The Quran says Hudal-lil-Muthaqin (the Guidance is for the Purified ones). Otherwise the people of the Scriptures turn against each other and become enemies. The Reviver Mujaddid Alf-Sani wrote in his letters that those people are not worthy of reciting the Holy Qur'an who are in Nafs-e Ammarah (the Lower Self) and that the novice must first purify himself by *Dhikr-e -Qalb* (the Meditation of the Heart), Once illuminated, then recite the Holy *Qur'an*.

There is a Prophetic tradition that some people read the Holy Scripture and the Scripture curses them. The Saint Bhulle Shah stated that there are those who deceive others, and yet carry the Scriptures under their arms.

The theologian conjures that he does his worship and vigilance for God, and that he is very near to God. After worship he asks God for good health, a long life, material prosperity, the damsels and the palaces in the Paradise. Think! Have you ever prayed and asked God that you wish nothing but only God?.

The religious Scholar conjures to be near God, and that he is saved because he has the knowledge and the Scriptures inside him. Then why does the religious Scholar give his verdict to others that they will go to the Hell. when every Muslims possesses some knowledge and

slanders the Saints?. Who is envious, arrogant and stingy? Certain intention in the heart and something else on the tongue, one word in the morning and a different word at night, who presents lies as Truth and Truth as lies?. If you are far from these things, then you are the vicegerent of the Prophet and it is then disrespectful to even turn one's back to you.

Allama Iqbal said:

Looks like a Reciter (of the Scripture), but is the Scripture (himself) in reality

If you are lost in the characteristics mentioned above, then you are the one described by the wolf who said that if he had indeed eaten Joseph then may he be raised as a religious Scholar of the "fourteenth century" (Islamic, our present time.)

The Straight Path

1. Those, who are exoterically pious but esoterically dark, are the cause of the mischief in the religion and are the successors of the Satan. It is mentioned in a Prophetic tradition, "Be fearful of and stay away from the ignorant priest (Scholar) whose tongue speaks the knowledge but whose heart is ignorant (and dark)."

2. When Batin (the esoteric aspect) is well but not zahir (the esoteric), they are *Majzoob* (the Enraptured), disabled, stagnant or solitary.

"Those who have lost their senses in passionate Love, then what for the accountability on the Day of Judgement."

(Taryaak-e-Qalb, by His Holiness Gohar Shahi)

Majzoob are a problem for *Shariah* (the Law); However, they are in the Nearness with the God. The elevated ones are affirmed, but the imitators are the Imposters. They treated such dignitaries as Benazir and Nawaz Shariff during their reign with obscenities and poking them with wooden sticks. Can you treat this way to anybody in power? But then, this is restricted to *Majzoob*, not others.

3. Those whose outer and inner faculties are illuminated, do engage themselves in following the Law as well as practicing *Qalb* meditation.

They are Alim-e-Rabbani (Godly Priests) and the Inheritors of the Pulpit and the religion of the Prophet. When a person's physical and spiritual aspects unite and become as one, he is known as Naib Allah (the Vicegerent of God). If he performs a pilgrimage spiritually, he is rewarded as if he performed physically and rewarded even more. The worship (Salat) by such souls is considered as a physical worship (but superior in reward). If they worship physically, it is elevated in the spiritual Realm. It is these people whose bodies are in one place and the souls are in another place. In the faculty of Faqr (the Spiritual Poverty), they are also known as *M'aaraf* (Gnostics). Whereas for Ashiq (the passionate Lover of God), the Vision and the Sight of God are enough. Some people say that one cannot see God. The knowledge of beholding God began from the Prophet Mohammed. According to Abu Hanifa (the eminent Muslim Imam) he has seen God ninety-nine times. Bayazid Bostami (The Muslim Saint) said that he has seen God seventy times. The Sight of God is achieved by the spiritual entity Anna (which is in the head) and you are unaware of the meditation and the teachings of Anna.

Wali (The Friend of God)

Some people regard a person to be Wali (the Friend of God) due to his revelation, marvel and graces. But, if you are disheartened with any of his acts or religion then rather than insult or abuse him, it is better to stay out of his path. Who knows? He (the Saint) may be exalted in the Sight of God. A person may be Sheikh Baqa (an Elite, who survived after annihilation in the Path) or some Laal Shahbaaz or a Khidr or Sai Baba or Guru Nanak or Bhulle Shah or a person may be an eternal Lover of God (all eminent spiritual figures).

A Revolutionary Message from Gohar Shahi to the Entire Humanity

"A Muslim says that I am the best of all, whereas the Jew says that his status is better than that of the Muslim, the Christian says that he is better than both and even better than all other religions because he is from the followers of the 'Son of God' (Jesus.)"

Gohar Shahi says:

"The best and most exalted person is the one, who has the Love of God in his heart, even if he has no religion."

"The verbal chanting, praise and worship is the proof of obedience and submission to God, whereas the practice of Qalb meditation is the way to the Love of God and Access to God."

"The appointed ones (for the Godly work) are endorsed and the imitators are the infidels."

"The one who claims a false Prophecy is an infidel."

One who falsely claims Sainthood is close to infidelity. Wali (the Saint) literally means a Friend (of God) and it is a condition of friendship that a person has at least met and talked to his

have to do and they are not for you."

Every worshiper prays and asks God that he be guided on the Straight Path of those who were favored by Him. When his soul reaches Baithul Mamoor (the Realm of Spiritual Appointments), it is the real worship, which continues even after death. Similar to when the souls of all the Prophets worshiped in the Dome of the Rock in "the Night of the Ascension". Further it is important to strictly follow *Shariah* (the Law) till one reaches the Vision of God.

Of course, God has created a change for better for the lazy and sinful ones. The meditation of Qalb is an atonement for their sins and the lack of worship. At some point, this meditation could take them to be the Lovers of God and enlighten the souls.

When you have missed your prayers (Salat), practice the chanting of the Name of God Allah while standing, sitting and even while you are on your backs. (The Scripture)

The nearness, the allegiance, the spiritual grace and the prayers of Saints can become a means of good fortune for the sinners and can even save them from the Hell. Just as, when the Prophet Mohammed directed his companions to Owais Qarni with the instruction that he pray for the salvation of the sinners of the followers of the Prophet. Generosity, practicing austerities, and martyrdom can also become a means of penance and salvation.

God also likes humility, repentance and the weeping of a person. As a result of these measures, God forgave even a person as Nasooh who used to assault dead women and steal their shrouds (Scripture.)

One day Jesus asked Satan, "Who is your best friend?" Satan said, "A pious one who is stingy." Jesus inquired as to why and the Satan replied that such a person's stinginess destroys all his good deeds. Jesus then asked the Satan as to who was his worst enemy to which the Satan said, "A generous sinner." Jesus again inquired the reason, to which the Satan replied "that person's generosity washes away all his bad deeds."

The love of the servants and the Creation of God, the Truth and the Justice are the means for the Mercy and the Grace of God.

The famous scholar Iqbal, a young boy at the time, was returning from school one day, when he saw a bitch following him. He climbed up the stairs (of his house) and she continued looking at him in sorrow. He thought she was hungry. His father had left him a pancake. He gave her half the pancake, which she ate immediately after which she stared at him again in sorrow. He then gave the other half of the pancake to her as a result of which he remained hungry for the rest of the day. At night, his father had a dream that God liked the good deed of his son and exalted him with the Grace of God.

While hunting, Sabaktgeen took a doe (a baby deer) from the jungle and he saw that its mother was following behind his horse. He stopped and saw that the deer stopped too and turned its face towards the sky. Sabaktgeen noticed tears in her eyes. Then he freed the doe. Thereafter, Sabaktgeen was showered with so much Mercy and Grace of God that he used to often weep over the Name of God.

Maulana Rumi stated:

"A moment in the company of a Saint is better than a hundred years of sincere worship."

There is a Holy Tradition that relates:

"I become his tongue with which he speaks, I become his hands with which he holds." (In relation to the Saints.)

Abu Zarr Ghaffari states:

"The people will recognize a Saint on the Day of the Judgement, and say to God that they had provided water for his ablution. A voice will be heard, 'forgive him'. Another will say to God that he had clothed or fed the Saint and it will be said, 'Forgive him also'. Countless individuals will be forgiven because of the Saints".

Allah's wrath is not beheading for a day for the ones who wage war against Him, they are cut off from the Faith (in this world), and for the entire Afterlife in the Hell, they will be painfully be healed everyday.

Similar to Bilyam Bawar, who was a very learned theologian and a devout, as he became the enemy of Moses he was sent to the Hell.

**People say that you find the Lord through Ibadah (worship)
We say you find the Lord through the Heart**

The worship is a way to purify the heart. If the worship did not do it, then you are far away from the Lord. A Holy tradition states, ***"God does not look at the actions or at the faces, but He looks at the intentions and the hearts."*** Certainly, the worship can take you to the Paradise, but the Paradise too is far away from the Lord.

"The esoteric knowledge is for the people who desire the Love, the Nearness and the Realization of God without caring for the damsels and the Paradise."

According to the Scripture:

God makes them meet any Wali (Saint), Murshid (Master).

When God favors a servant because of his certain coquetry, He glances at him with affection. His Glance with affection effaces the sins of the servant, including the ones sitting in his company. The Friends of the Lord, 'the Companions of the Cave', were sleeping or were on a 'meditative journey', and God cast glancing at them with affection, and their companion dog will go to the Paradise becoming *Hazrat Qitmir*. When *Sheikh Farid* came in a Glance of God, a shepherd sitting by was also illuminated.

When God favored *Abu al-Hassan Kharqani* liking some of his coquetry, a course of mutual

people how Beneficent God is, nobody would prostrate Him again.

God then said to the Sheikh, ***"Do this, don't you tell (about Us), We won't tell (about you) either."***

When Zaid was presented (before Prophet Mohammed) for the third time charging him of consuming alcohol, the companions of the Prophet cursed him for repeating the same crime. The Prophet then said, "Do not curse Zaid, as he loves God and His Beloved. ***The ones, who love God and the Prophet, can not go to the Hell."***

Indeed God loves all His Creation, and looks after them. He even provides for the inept insect inside the stone.

Just as disobedient children are punished and severed, similarly He becomes *al-Qahhar* (the Dominator) for the disobedient and the arrogant.

Believe this: God wishes to see you also, but you are unaware, unmindful or ill fated. What people look at (face), you wash it every day with soap, apply cream (to it), and trim beard, but have you ever washed what God will look at? (The heart)

There is a prophetic tradition:

"For every thing, there is a cleanser, and the cleanser of the hearts is the meditation on the Name of God."

"Pure (platonic) love is also connected with the heart. The ones, who simply utter 'I love you', are deceitful."

"Love is not done, it happens with whomever enters the heart."

"To have God into the heart, there is contemplation, meditation of Qalb, and Allah's Wali (a Saint)."

":The engine of a vehicle does not take us to our destination at its own without the relevant parts of the vehicle."

"Similarly, Salat (the Prayers) is imperfect without first mortifying the Self and purifying Qalb."

"If you think that your (ritual) payer is perfect without these essentials, and that you have achieved the Paradise. Then why do you call others infidels, apostates, and hell-bound when they too pray? The only difference is that the people are riding on different wagons (religions and sects), whereas they are the same inside (dark). There is a difference of the creed only, which will remain in this world, and only the souls inside will go forth."

"There is a prayer on the tongue yet obscenity, greed, and envy in the heart; this is called a ritual Salat (a prayer in appearance only). The common folks remain (falsely) content with it, and continue to be the victims of sectarianism. They preach the religion causing mischief within. For example: you followed certain sect (a set of rituals) for ten or fifteen years practicing its worship, then you changed to a new sect considering that right. This means that the first sect you followed was false. A false worship is not acceptable (to God). In other words, you wasted the ten or fifteen years of worship that you did. It is also possible that the new sect you join is false too. In that case you lost your past and your future worship. When the blindfold was removed, one found himself at the same spot like the circling Buffalo."

Instead of wasting your life, it would be better if you find a Universal Guide (a Saint).

The tenets of His Holiness Gohar Shahi

"Place the pious ones and the worshipers of all the religions in a row, ask God, "which of them would you like to see?"

Just as your eyes spot a shining star, whether it be Mars or Mercury or a nameless star, similarly God looks at shining hearts whether they be in a religion or not."

"Without love of the Beloved O' Sachal, what is belief and what is disbelief?"

"In search of God, you run to the Temples, the Churches, and the Mosques, etc. Is there a proof in the History that anyone ever saw God sitting in a place of worship? O' innocent, the dwelling-place of God is your heart. Bring God into your heart, then you will see the places of worship, and the worshipers run towards you. The Saint Bayazid Bastami said, "I circumambulated Ka'aba for long time, and when God came inside me, Ka'aba is circumambulating me for long time". These places of worship are the places of recompense, whereas the Heart is home. You will call God in the places of worship, while God will call you in the Heart."

"Nowhere in the destiny of the intellectual is a delight of passion

It is the lovers who squander away everything

Allah Allah by doing, you will not find God

It is those of God who make you meet God."

"Every religion maintains that its Prophet is most eminent. This tenet was the cause of wars among 'the People of the Scripture'. It is better you reach the gathering of the Prophets through spirituality (illumination), only then will you find out the ones in that Realm and their ranks."

Friends!

It was for this time that God mandated:

Sayings of His Holiness Gohar Shahi:

"The Terrestrial Spirits of all human beings are re-incarnated many times in other bodies. The Souls of the pure ones (illuminated) go into the bodies of the Pure. The Terrestrial Soul of Prophet Mohammed was held for Imam Mehdi. Just as any separate part of the Prophet Mohammed's body (hand or leg) can be said the jewel of Amina's eyes (the Prophet's mother), similarly it can be said about any part of Celestial Soul of Prophet Mohammed that it is the son of Abd-Allah, and the jewel of Amina. The Souls of Ahl-e Baith (the Prophet's household) are included in the Prophet's family."

An important Point:

Mahdi means the one who will guide.

Mehdi means the one of the Moon (Whose face will appear in the Moon).

[As in the names Mehnaz (a Beauty), and Mehtaab (Beautiful as the Moon)].

Mohammed Younus al-Gohar

Important note:

God addressed every Prophet by a special name, which became a means of recognition and *Kalima* (the Motto) for the followers of the Prophet. These names were in God's own *Suryani* (Syriac) language. By its declaration, one enters *Ummah* (community or nation) of the Prophet. A three-time declaration is obligatory. After entering the nation of a Prophet, one becomes purified to the extent of its litany. At the time of affliction (in life), it rescues. It also helps reduce the reckoning in the grave. Even the declaration of *Kalima* (the Motto) is a condition for entry into the Paradise.

Every follower should memorize *Kalima* (the Motto) of the Prophet, and chant it day and night as much as possible. You can read the Scripture in your language for guidance, but the recitation in original language brings more spiritual grace in the worship.

Kalima (the Mottos) of the Prophets

Kalima of the Christians:

LA ILAHA ILLALLAH I'SA RUH-ALLAH.

There is no deity but Allah; Jesus is the Soul of God.

Kalima of the Jews:

LA ILAHA ILLALLAH MUSA KALIM-ALLAH.

There is no deity but Allah, Moses speaks with God.

Kalima of the followers of Abraham:

LA ILAHA ILLALLAH IBRAHIM KHALIL-ALLAH.

There is no deity but Allah; Abraham is the Friend of God.

Kalima of the Muslims:

LA ILAHA ILLALLAH MOHAMMED RASUL-ALLAH.

There is no deity but Allah; Mohammed is the Messenger of God.

The Hindu and Sikh are a link of the religion of Adam and the religion of Noah. The custom of idol worship started in the Hindu faith due to Adam's reverence for *Hijr-e-Aswad* (the Black Stone). The survivors on Noah's ark propagated (their beliefs) after reaching India, and their Gurus also received spiritual grace from *Khidr* (*Vishnu Maharaj*). In their prayers (benediction), the Hindus call Adam as *Shankerji*, *Shivji*, *Mahadev*, and *Kidr* as *Visnu Maharaj*, *Krishanji* and *Ramji*. A sect among Hindus reveres *Fathima* invoking with expressions such as *Durga Mai*, *Laxmi Devi* and *Matha*. They also call Eve as *Parvathi*. Guru Nanak taught a litany to his followers, "*Ishwar, Allah are Your Names, You are Ram, You are Rahim too.*"

A follower of any religion may have certain language of his own, but *Kalima* (the Motto) in Syriac language (of God) is for the recognition and salvation. The chanting of the Name of God and *Rasul* (the Messenger) is necessary at least (33) times morning and evening for the common folks. To be protected from worldly hardship, it must be done (99) times a day or as much as possible. To avoid calamities (in life), it must be (5000), (25,000) or (72,000) times a day. It can be done in one sitting. The ultimate figure is (125,000) times a day.

In order to purify the heart and to efface the dark patches of sins (on the heart), (there is a discipline of chanting) with every breath, while inhaling *LA ILAHA ILLALLAH*, and then concentrate on the Heart while exhaling. In acquiring the Love and the Friendship of God, there is another method that is difficult without a Favor of God. As described in this book, the heartbeat is regarded as a rosary, and only the Pure Word *Allah* is synchronized with every heartbeat. Practice this daily as much as possible. Some aspirants acquire this by concentration and others without concentration also, yet others do it after reviving (illuminating) their *Qalb* and the Soul, when this meditation can start automatically all the time.

The chanting of *Awliya* (the Friends of God) is (72,000) times daily, whereas the chanting of *Ashiq* (pure Lover of God) reaches up to (125,000) times. If the spiritual entities (inside a person) also engage in chanting, then this invocation is beyond the reckoning of the Angles (*Karaman Kathibeen*).

Some on land, some on the Celestial Throne

(Taryaak-e-Qalb by *Riaz Ahmed Gohar Shahi*)

Besides the Name *Allah*, the followers of Religion should try to absorb the Name of their Prophet also onto the heart, so that the Name *Allah* is balanced. In the states of ecstasy, absorption or majesty, continue repeating *Kalima* (the Motto) of the Prophet until that state no longer exists. Further, visualize a spiritual guide, whom you have personally seen, so that the guide's spiritual power inscribes the Name *Allah* onto your heart. God has the knowledge of the servant as to who holds his destiny (a share of spiritual grace) or if it exists at all. During the practice of this discipline, the aspirants should visualize the names of the five *Rasul* (the Messengers) in sequence, and visualize any Saint also they have personally seen, and trust. Then, whosoever you belong to will speak inside you. In other words, your direction, love and the Heart will incline towards him.

The people of the Scriptures (*Ahl-e Kitab*) were gathered on one platform in the past. Eating and drinking together and marriages among them were permitted. Similarly in our present time, *Ahl-e-Dhikr* (the people possessing the meditation of the Name *Allah*) will unite. The people of the Scriptures were gathered temporarily, as the Scripture was on their tongue, and lost the touch later. But the unity among *Ahl-e Dhikr* will be permanent because the Name *Allah*, and Its Light will be present in the blood and the Heart. A disease that enters the bloodstream once, or when love for someone roots in the Heart, it is difficult to let it out. Water is a common commodity, while its friction transforms into electricity; the milk is churned into butter. Similarly, a litany of the original verses of the Celestial Books generates Light. A litany of the verses and the attributive Names (of God) generate attributed Light. Its access is up to the Angels, and is by virtue of mediation. This is the station of *Wahdat al-Wujud* (the Unity of Being). But, the access of the Light by the litany of the Name of the Essence (*Allah*) is to the Essence, which is without mediation, and is related to *Wahdat ash-Shuhud* (the Unity of Contemplation).

Many people revere, believe, and love the Prophet and Saints of their religion, but they possess malice, perverseness, and enmity towards the Prophets and Saints of other religions. Such people cannot attain any status from God, because whom they reproach are also from among the Friends of God, and assigned by the Will of God to different religions and nations.

A few Eyewitness Events of the Loving souls

An event of an eternally (favored) soul:

Once I was passed through a jungle in the United States at about midnight, I noticed a man rumbling in prostration in front of a tree; I returned there an hour later; he was still in the same position. I approached him, and stopped. He raised his head feeling my presence, and said, "Why did you disturb me?" I replied, "I am also searching for God, but how could you find God through a tree. You will be better off searching for the Lord through any religion." He said, "I do not know the original languages of the Bible, the Qur'an or other Celestial Books, and I am not satisfied with their translations either, as there are serious contradictions therein. Therefore, it cannot be believed that one God sent them. In one book it says that *Jesus* is my Son, whereas in another Book He does not have a Son. I have wasted a lot of time and my life in their study. I have now adopted another approach: this tree is so beautiful, this means that God loves it, and may be my access to God will be through it." This (man) was some eternal loving soul, who was in search of God by his own intellect. Can such people, who are called 'disabled', go to the Hell? They are dogs, extolled as *Qitmir*, whereas *Qitmir* did not have any religion. (A dog, which was exalted by God, will go to the Paradise).

An experience of Miss Katherine of Arizona:

She said, "Angela (a friend) initiated me with *Qalb* meditation. She said that if I felt the Name of God (*Allah*) vibrates in my heart within seven days, I should consider myself accepted by God. Otherwise, my life was useless. After seven days of effort, I did not feel any vibration. I agonized over it one night, and beseeched with God humbly and earnestly. That same night the meditation of the Name *Allah* started to vibrate inside me, and continued for three years." Katherine does not concede growing old but a healthy lifestyle. Similarly, she does not acquiesce in religion but in His Love. She says that the Love of the Lord is increasing in her heart with this meditation, and that this is enough for her.

A meeting with a Hindu Guru:

I was in the mountains of *Sehwan* at the time. Sometimes I used to visit the tomb of the Saint *Laal Shabaz*. I noticed a man sitting in the corridor outside the tomb, and many people of the Hindu Faith gathered around him in affection. I asked, "who is this holy man?" They said that he was a Hindu Guru, enlightened too, and their wishes reached the Saint *Laal Sai* through him, and were fulfilled. Many Muslims also respected him.

Passing a hill one-day, I saw the same man prostrated in front of an idol, rumbling something. The next day, when I met him at the tomb; I told him that I did not understand why an enlightened person like him would worship an idol made of clay. He replied that he did not believe the statue to be any God either, but it was his belief, which was written in the book (of Muslims) also that God created man in His own image. For this reason, he carved many images and worshiped them hoping that one might resemble God. He said to me "you are enlightened too, tell me what does God look like, which statue resembles the face of God so that I absorb that image onto my heart?"

My age was about sixteen or seventeen years. One day I was reciting a Holy chapter at the tomb of Saint *Baba Gohar Ali Shah* (one of my ancestors). When a tall man with an appearance of a dervish came in front of me and said, "you are doing the impossible?" He was saintly in appearance, so I remained silent, but I thought that he was some Satan, who was stopping me

to recite the Holy chapter vocally as I was advised; I would then be silent waiting my heart to recite it; I would then hear it coming from my heart. One day I was joyfully practicing it, when the same man came in the same appearance and said, "Now, you are 'reciting' the Holy Scripture."

"A cure is not found till the medication goes into the stomach

Nothing is achieved till the Scripture of God descends into the Heart

He read this poem:

Verbal declaration everybody does, Heart recitation do but a few

Heart affirmation is done by lovers, what would our verbalizing friends know."

After I had completed my prayers in the Mosque of *Data Darbar*, I noticed that an elderly man was tidying the shoes of the worshipers. I felt that this man was only tidying shoes, and did not say his prayers (*Salat*). While leaving, I said to him, "As you did not say your prayers, what do you hope to gain by tidying shoes?" He said, "I have not prayed my whole life, and what hope of forgiveness can I now have in this old age for the missing prayers? I have a ray of hope that among all these people, there would be at least one Friend of God; the Friend of God or God himself would be happy with this act." I told him that there was no act greater than the prayer. He then retorted, "There is nothing greater than the Friend (God), only if one could make Him happy." Three years later, when my spiritual seclusion ended, one day I journeyed (spiritually) to a gathering of the Prophets, and saw the same man sitting at the feet of the Beloved. I then remembered this couplet:

***The sinful reached the Holy Court
The devout and chaste stood watching***

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A Personal Introduction of His Holiness Riaz Ahmed Gohar Shahi

His Holiness was born in the Indian sub-continent on 25th November 1941, in a small village of Gohar Shah in the district of Rawalpindi. His mother is "*Fatimi*" a descendant of the Prophet Mohammed's daughter *Fatima*. She is of *Sa'daat* lineage (descendant of the Prophet Mohammed) as she was the daughter of one of the (paternal) grandsons of *Syed Gohar Ali Shah*. The father of His Holiness is the descendant of one of the (maternal) grandsons of Syed Gohar Ali Shah and his grandfather was linked to the Mughal family.

His Holiness was attracted towards the tombs of the Saints from an early age. The father of His Holiness states that His Holiness used to disappear from the age of five or six years, and used to be found sitting next to the tomb of the Saint Nizam-Uddin Auliya (in Delhi) on searching for him. His father further states that he felt as though His Holiness (at young age) was talking to the Saint Nizam-Uddin Auliya. This was at a time when the father of His Holiness was settled in Delhi.

In March of 1997, Gohar Shahi visited India and (during his visit) he went to the tomb of the Saint Nizam-Uddin Auliya. On the direction (spiritual) of the Saint *Nizam-Uddin Auliya*, the attendant of the tomb, Islam-Uddin Nizami (a descendant of the Saint Nizam-Uddin Auliya) honoured His Holiness by placing a "turban of honour" on his head, close to the headside of the resting Saint.

From an early age whatever His Holiness uttered, would happen and his father would fulfil every request and demand of His Holiness for this reason. His father says "Gohar Shahi, as is the daily routine, comes into the lawn every morning, and upon his arrival I stand up out of respect for him." He states that Gohar Shahi gets upset at this, and says that as he is my son, he is embarrassed by this and that I should not stand up in this way. I say to him on every occasion, "It is not to you, but because of what lives inside you, I stand up out of respect."

The headmaster of the primary school in the village of Nuri says, "I was known in the area as a strict teacher and I used to chastise unruly children." He (Gohar Shahi) would arrive at the school late and whenever I was angry and wanted to punish him, I felt as though someone had taken hold of my stick, and in this way I would start smiling.

Comments made by the family and friends of Gohar Shahi

"We have never seen him fighting, arguing with any person or beating up on any person and if ever a friend would be angry with him and come to fight with him he would just laugh."

The wife of His Holiness states:

"In the first instance, he is never angry, and if he is angry, it is very rare and this is usually relating to some obscene matter." In relation to the generosity of His Holiness, she says, "In the morning when he goes to the lawn his pockets are full (with money) and when he returns his pockets are empty."

He gives all the money to the needy and when I need some money he makes a face, and this upsets me. Then she looks at his innocent face and reads the couplet:

He is very generous at the Heart; he sits having given away everything.

The sons of His Holiness Gohar Shahi and their views about him

"Our father loves us dearly and takes a good care of us but whenever we ask for money he gives us a very small amount and says that we will waste it. It is then that we ask him to make us Dervish too, or give us some money."

The mother of His Holiness Gohar Shahi and her views

As a child, if he did not go to school or (later in life) if he suffered a loss in his business, I would criticize him but he never raised his head in response. A Saint, Kakka Mian from the village of Shams would say, "Don't curse Riaz, whatever I see inside him, you are unaware of it."

He is such a sympathizer for others that if he heard a bus had broken down eight or ten miles away, he would have food prepared for them and taken it himself on his bicycle.

A close friend of His Holiness Gohar Shahi, Mohammed Iqbal of Fazoliyanh

Mohammed Iqbal states that they (His Holiness and Iqbal) would sometimes walk across

He would walk on the path ignoring the ants when (His Holiness) would walk around and in the mud to ensure no harm came to the ants. When His Holiness was accused of murder, Qudoos Sheikh of the crime branch came to investigate. The locals told him that in their view, Gohar Shahi would never have killed a mosquito let alone the murder of a human being.

An Aunt of His Holiness Gohar Shahi

At the time I was a student in the Eight Grade. One day my Aunt who was religious and a keen worshipper (who possessed envy and greed which is commonly found among the religious and the worshippers) said that everything else was right about me except that I did not say my prayers. I said to my Aunt that the prayer was a gift sent to God and I did not want to adulterate my prayer with stinginess, arrogance, envy and grudge and send it to God. I told her that I would pray when my prayer was proper and right (unadulterated) unlike people like her who say their prayers and at the same time commit grave sins like back-biting, slander and falsely accuse others.

His Holiness Gohar Shahi talks about his childhood

"From the age of ten and twelve, I used to talk to the Lord while in the Dream State and I was able to see the Realm of Communication and Commandments, but I was unaware of its reality. After the completion of my spiritual seclusion when the same communication, visions and sights came again, their reality became clear."

I had an Uncle in the army who used to visit brothels. As his family would object to this, on one occasion he took me with him so as his family would not suspect (his intentions). I had no understanding of brothels and prostitutes, he would give me some tea and biscuits (leave me waiting) and would go inside the brothel himself. He would tell me, "this is an office for women." A few days later my heart was upset with this place, when my Uncle said to me, "they are women and God made them for this purpose," in other words, he tried to involve me also. My Uncle's words disturbed me. I was unable to sleep due to the heaviness then suddenly I fell asleep.

I then saw a large round elevated stage and I was standing under it. I heard a loud voice from above it saying, bring him forth and I noticed that two men who had a hold of my Uncle brought him forward. They pointed towards him and indicated that he was the one. The voice was heard again and said beat him with the metal bars, upon which the men started beating him. He then screamed and wailed and continued to scream, and eventually his face turned into that of a swine. The voice then said, "if you became involved with him then you would be treated in the same way." I then repented, sought forgiveness after which I woke up with these words on my tongue, "my Lord I repent, my Lord I repent" and the effects of this dream remained with me for many years.

The next day when I was travelling towards my village on a bus, I noticed that some thieves were attempting to take a cassette player from a taxi. The driver shouted at them as a result of which they took out their knives attacked and killed him. Our bus witnessed this scene and stopped. The thieves then saw us and escaped. The driver died in agony before our eyes. I thought in my mind that life could not be trusted. I slept that night and heard this poem echoing inside me: "Forgive all my errors, I have come and fallen at your (Holy) court."

The whole night passed weeping. Some time after this event, I renounced the material world and went to the tomb of the Saint *Jaam Dataar*. I did not find any solace there and my brother-in-law brought me back to the material world (home.)

At the age of thirty four the Saint Bari Imam appeared in front me and said, now was the time for my return to the jungle. After three years of spiritual seclusion, when I achieved something I returned to the tomb of the Saint *Jaam Dataar*. The Saint (came out of his tomb) and appeared in front of me. I said to him that if he had accepted me (initiated me) when I first came to him I would have been spared the material life (that I had lived before I went to the jungle.) The Saint replied, "It was not your time then."

A few facts about the esoteric personality of His Holiness Gohar Shahi

At the age 19, the spiritual entity *Jussa-e-Tofiq-e-Ilahi* was attached (to His Holiness.) It remained for a year and (His Holiness) he tore away his clothes wrapped a piece of clothes around his waist and went to the jungle of *Jaam Dataar* due to its effect. The said spiritual entity was given for a temporary period of time. It disappeared for fourteen years and then it was this spiritual entity that was responsible for his return to the jungle of Laal Bagh in 1975.

At the age of 25, the "spiritual entity of Gohar shahi" was exalted and made the Commander in Chief of the spiritual forces as a result of which His Holiness was protected

The spiritual entity *Jussa-Tofiq-Ilahi* and the spiritual entity *Tifl-e-Nuri* are spiritual entities which are very special and far superior to the Souls, the Angels and (ordinary) spiritual entities. The former like the Angels have a direct connection with God and their station is Ahadiat (the Realm of Divine Oneness).

At the age of 35, on the fifteenth night of the month of Fasting in 1976, a spiritual seed (entity) of light, was placed in *Qalb* of His Holiness. Some time later for education and training (His Holiness) was called to many different Realms and Spheres. On the fifteenth night of the month of Fasting in 1985, that spiritual seed of light transformed into the spiritual entity *Tifl-e-Nuri* and it was completely handed over (to His Holiness) as a result of which His Holiness was honored in the highest and most superior "gathering of the Prophets" and the crown of glory was placed on his head.

Reasons for celebrating the days of "Appointment and Ordination" of His Holiness Gohar Shahi

On the 15th of the Fasting month in 1977, the process of special inspiration (communication) from God started. The promise of *Radhia-Mardhia* was made by God (acceptance of each other's Will) and His Holiness was exalted.

In 1978, His Holiness came to Hyderabad and the process of guidance and teaching started, and before our eyes this message spread all over the world. The Hearts of thousands of individuals are meditating with the Name of God Allah and thousands of individuals had the Name Allah inscribed on their hearts and they were able to see the Name written on their Hearts.

Thousands of individuals achieved (illumination) "vision of the graves" (whereby they were able to see into graves) and "vision of the Prophets gatherings" (whereby they were able to attend the most superior Prophetic gathering.) His Holiness has cured thousands of people with terminal diseases.

After receiving teachings and guidance from His Holiness Gohar Shahi, the People from all religions, every nationality and race started to find the Love of God and started to reach the Essence of God.

"By God! I too am from amongst those people on whose Hearts

The Name Allah is beautifully written and shining."

Sheikh Nizam-Uddin, Maryland, U.S.A.

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Fight Against Corrupt Religious Leaders. Help Document Blaphemy Abuses



"The religious Scholar conjures to be near God, and that he is saved because he has the knowledge and the Scriptures inside him. Then why does the religious Scholar give his verdict to others that they will go to the Hell, when every Muslims possesses some knowledge and memorizes many verses of the Scriptures? Think! Who sells knowledge? Who yells? Who slanders the Saints?. Who is envious, arrogant and stingy? Certain intention in the heart and something else on the tongue, one word in the morning and a different word at night, who presents lies as Truth and Truth as lies?. If you are far from these things, then you are the vicegerent of the Prophet and it is then disrespectful to even turn one's back to you." *Gohar Shahi*

Latest News

Given the extremely sensitive nature of this situation, The followers of His Holiness Gohar Shahi in London, England, are organizing a peaceful demonstration to draw attention of the authorities on this humanitarian matter.

Help End The
Persecution.....
What You Can
Do..... Get
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Time Is Of
Essence.....

Message

Practices

Who is
Holiness ?

Persecution

What You
Can Do

New
Book !!!

Latest News

Those, who are exoterically pious but esoterically dark, are the cause of the mischief in the religion and are the successors of the Satan. It is mentioned in a Prophetic tradition, "Be fearful of and stay away from the ignorant priest (Scholar) whose tongue speaks the knowledge but whose heart is ignorant (and dark)." *Gohar Shahi*

Protest against the Abuses of SECTION 295 (PPC) - (Blasphemy Laws in Pakistan)

R.A.G.S is an international organization, consisting of membership from all religions and races.

Pursuant to section 295 of the Pakistan Penal Code and based upon personal enmity and religious hatred, the authorities in Pakistan and fundamentalist religious groups have conspired, and without proper investigation, they have instigated hundreds of false cases resulting in court sentences being passed and forcing many to leave the country.

The authorities in Pakistan and the general public must be concerned with this issue of improper investigation of allegations of Blasphemy and the continuous abuse of the Blasphemy Laws (295-A/B/C). It has spared nobody as a result of section 295. Christians, Hindus and even leaders of Muslim organizations have been sentenced by the courts and false cases are continuously being instigated.

When Ayub Masih was given the death sentence, Bishop John Joseph of Faisalabad died committing suicide by shooting himself (in protest) outside a court in Sahiwal. Hindu leader Narain Das was remanded in custody after a case was filed against him under section 295 in a Mirpur Khas court in an attempt to make him the subject of a court sentence.

In addition to the spiritual leader His Holiness Gohar Shahi, Ahmadi leader Mirza Tahir, Shi'a scholar Ja'afar Jatoi and many other Ahmadi, Shi'a and Muslim leaders have been involved in false cases pursuant to section 295 and have either been imprisoned or have been forced to flee the country. It must be remembered that it is only one religious group is attempting to eradicate all other groups in order to gain the power and dominance.

To begin this international protest we intend to demonstrate outside the United Nations office and the Pakistan High Commission in London. Those people wishing to participate in this protest are requested to contact us immediately on the telephone numbers given below so as a date can be fixed.

We Demand:

- Pakistani government officials for independent judicial inquiries to investigate blasphemy charges against Holiness Gohar Shahi, and his followers.
- The trial should be fair and open to observers from the diplomatic community, non-government organizations, the media and other interested parties.
- The sentences be upheld in the event of cases being proven and in the absence of evidence false accusers and witnesses be punished severely.

Contact Information:

E-mail: zafar1es@hotmail.com, younus38@hotmail.com
Telephones: 0771-408-1900, 0794-6451450, 0786-762-7589, 0783-337-4251.



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NEIGHBORHOODS

MAKING OF

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Poorly written Blasphemy Law 295 (PPC) serving in advantage of the corrupt officials and religious leaders.

Pakistan Penal Code (PPC) Blasphemy Sections

295. Injuring or defiling place of worship, with intention o insult the religion of any class. Whoever destroys, damages or defiles any place of worship, or any object held sacred by any class of persons with the intention of thereby insulting the religion of any class of persons or with the knowledge that any class of persons is likely to consider such destruction, damage or defilement as an insult to their religion, shall be punished with imprisonment of either description for a term which may extend to two years, or with fine, or with both.

295-A. Deliberate and malicious acts intended to outrage religious feelings of any class by insulting its religion or religious beliefs. Whoever, with deliberate and malicious intention of outraging the religious feelings, of any class of the citizens of Pakistan, by words, either spoken or written, or by visible representations insults or attempts to insult the religion or the religious beliefs of that class, shall be punished with imprisonment of either description for a term which may extend to ten years, or with fine, or with both.

295-B. Defiling etc. of copy of Holy Qur'an.

Whoever willfully defiles, damages or desecrates a copy of the Holy Qur'an or of an extract therefrom or uses it in any derogatory manner or for any unlawful purpose shall be punishable with imprisonment for life.

COMMENTARY

Act of defiling or desecrating if done consciously and deliberately with or without the intention to damage and destroy the honor, respect and greatness of a person in the eye of public in general or with the purpose to satisfy one's own feelings shall be a willful act bringing the case within the purview of S. 295-B P.P.C.

Appraisal of evidence. Defilement. Prosecution witnesses travelling in the bus were strangers to the accused having no reason to level false allegations against him. Accused had been taken into custody in the bus when he was uttering derogatory language for the Holy Qur'an and produced a copy of it from the bag with a pair of shoes placed by him in his feet in the bus. Accused had been proved to be mentally fit and was apprehended on the spot with the recovered articles. Prosecution witness were truthful and inspired confidence. Conviction and sentence of accused were upheld in circumstances.

(i) Keeping copy of Holy Qur'an in a bag with a pair of shoes and that too in the feet would be defilement of Holy Qur'an punishable u/s. 295-B. defilement would be presumed and proved when it was done voluntarily without lawful excuse. In such case, it would not be necessary for prosecution to prove that accused acted willfully.

(ii) Physical dishonor of Holy Qur'an would constitute offence u/s. 295-B. word "defile" in Section 295-B is not confined to spiritual disrespect but also includes physical disrespect like placing Holy Qur'an with pair of shoes.

Defilement. Disrespect, if willful, shall be covered by the definition of "defilement" constituting an offence under Section 295-B PPC.

Intent of Section 295-B PPC. Physical respect of the Holy Qur'an and spiritual feelings with its teachings can not be separated from each other.

"spiritual respect" and Physical respect". Distinction. Spiritual respect is a matter of understanding of an individual with reference to his knowledge and wisdom which is not common, but to show physical respect and honor to the Holy Qur'an is a legal, religious and moral duty of person. Spiritual respect and honor is a matter of an individual relating to his thinking whereas physical honor and respect is a matter of his visible action.

Word defiles" as used in section 295-B PPC. Meaning, import and extent of its application.

Words "willfully defiles" occurring in Section 295-B PPC. Meaning.

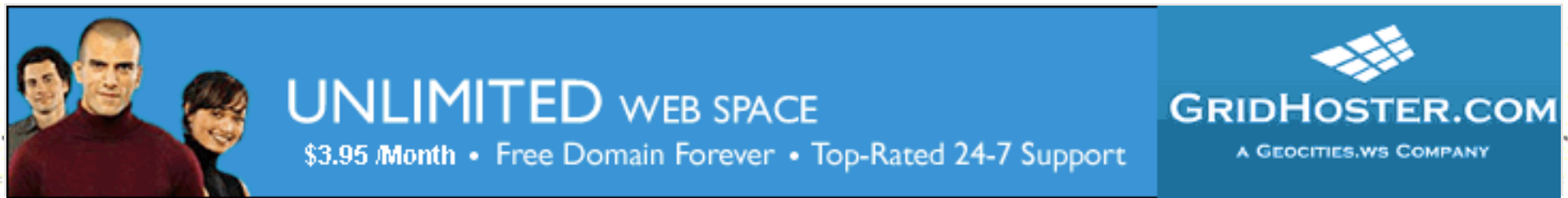
295-C. Use of derogatory remarks, etc., in respect of the Holy Prophet.

Whoever by words, either spoken or written, or by visible representation, or by any imputation, innuendo, or insinuation, directly or indirectly, defiles the sacred name of the Holy Prophet Muhammad (Peace be upon him) shall be punished with death, or imprisonment for life, and shall also be liable to fine.

COMMENTARY

Printing of Darood on Marriage Invitation Cards by Qadiani. Assertion that Darood on Marriage Invitation Cards was meant for Mirza Ghulam Ahmed not controverts by Qadiani. Held: There were reasonable grounds for believing that accused Qadiani had committed offence u/s 295-C which fell within prohibitory clause of Section 497 disentitling accused Qadianis to bail.

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God wishes to see you also, but you are unaware, unmindful or ill fated. What people look at (face), you wash it every day with soap, apply cream (to it), and trim beard, but have you ever washed what God will look at? (The heart).

Gohar Shahi

Practices



"All the souls are made from the Light of God, though their environment and their communities are separate."

Revive heart

To be sure of the Straight Path, it is better that you are guided by the Light (of God) also.



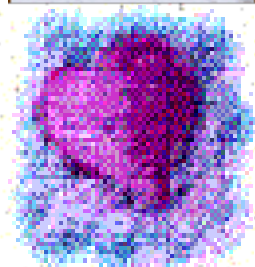
The method of producing Light.

In prehistoric times, stones were rubbed together to make fire and a spark can also be produced by rubbing two metals together. Now, the electricity is produced from water. Similarly, electric energy is produced by the beating of the heart and by the friction of the blood inside the body. In every human being, there is approximately half volts of electricity to keep the body energetic. As the heartbeat slows in old age, this reduces the electricity in the body and also the energy level. The heartbeat has to be made vibrant. Some do this by dancing, others by sports and exercise, and yet others by meditating and yet others by meditating and chanting the Name of God (Allah).



When the heartbeat becomes faster, then by chanting the Name Allah Allah, try to synchronize it with the Name Allah with every heartbeat. Alternatively, try to synchronize Allah with one heartbeat, and Hu with the other. Some times by placing your hand on the heart and by feeling your heartbeat, try to synchronize the Name Allah. At times, synchronize it with the speed of the pulse and imagine that Allah is entering into the Heart.

The chanting of Allah Hu is better and intensely effective. But, if



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anyone has an objection on Hu or a fear of chanting Hu, then instead of the deprivation, synchronize Allah Allah with vibrations. It is beneficial for the aspirant in litany, remembrance and invocation to physically remain as clean as possible because:

"disrespectful are unfulfilled and the respectful are fulfilled."

The first method for producing Light



Write Allah on a paper in black ink, and exercise this as long as you wish on a daily basis. The Word 'Allah' will hover over the eyes from the paper one day. Then with concentration, attempt to transpose the Word from the eyes to the Heart.

The second method for producing light:

Write Allah on a zero watt bulb in yellow. While you are awake or just before going to bed, concentrate and try to absorb it into the eyes. When it appears or hovers on the eyes after a few days, try to transpose it to the Heart with concentration.

The third method for producing light:

This method is for those people who have *Kamil Murshid* (Universal Guides) who do help with their chain and relation.

Sitting in the seclusion, imagine that your index finger is a pen. Using your finger with your concentration, try to write Allah on your Heart. Call upon your Universal Guide that he too holding your finger, writes Allah on your Heart. Continue this exercise everyday, until you see Allah inscribed on your Heart.

"Think! Have you ever prayed and asked God that you wish nothing but only God?."

Gohar Shahi

everyday, until you see Allah inscribed on your heart.

In the first and second methods, the Name *Allah* becomes inscribed on the Heart, just as it is generally written or seen. When it begins to synchronize with the heartbeat, it slowly starts to glitter. In the synchronized method, the assistance of the Universal Guide is provided, and it is seen and well written and shining on the Heart right from the beginning.

Many Prophets and Saints come into the world, Just for the sake of testing this during *Dhikr* (meditation), if you feel it appropriate, concentrate or call upon all of them sequentially. While concentrating on any Prophet or Saint, if your heartbeat increases or if you feel an improvement, it means that your destiny (spiritual fruitage) lies with that Prophet or Saint. Select him for your concentration because every Saint is connected to a Prophet. Indeed that Prophet is not exoterically living.

The spiritual fruitage of every believer is with anyone of the Saints. The exoteric life of the Saint is a precondition. Sometimes a very fortunate person is gifted with Celestial Spiritual Grace by an esoteric Universal Master who is not living, but this is very rare; However, the Saints not living in the human Realm can provide worldly grace and assistance to people from their tombs. This is known as Owaisi Spiritual Grace.

The recipients of such grace often get entangled in their visions and dreams because the Universal Guide providing the assistance is transcendent, and so too is the Satan. As such, the recognition of the two becomes difficult.

Along with the spiritual grace, the knowledge is important, as such a living Saint is more appropriate. If the spiritual grace is without knowledge, that person is known as a Majzoob (Absorbed in Divine Meditation).

A person (Saint) having spiritual grace and knowledge is known as a Mehboob (the Beloved). Through his knowledge, the Beloved provides worldly assistance as well as the Spiritual Grace, whereas Majzoob provides worldly assistance with his unusual practices of shouting obscenities and poking people with wooden sticks.

If any Prophet or Saint appears but does not help or assist you, then put Gohar Shahi to the test.

You may belong to any religion, there is no condition in this respect as long as the individual is not eternally ill-fated.



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"Where Ishq (passionate love) takes over, the Faith does not know"
(The Saint Sultan Bahu)

Who is Holiness ?



His Holiness was born in the Indian sub-continent on 25th November 1941, in a small village of Gohar Shah in the district of Rawalpindi. His mother is "*Fatimi*" a descendant of the Prophet Mohammed's daughter *Fatima*. She is of *Sa'daat* lineage (descendant of the Prophet Mohammed) as she was the daughter of one of the (paternal) grandsons of *Syed Gohar Ali Shah*. The father of His Holiness is the descendant of one of the (maternal) grandsons of Syed Gohar Ali Shah and his grandfather was linked to the Mughal family.

His Holiness was attracted towards the tombs of the Saints from an early age. The father of His Holiness states that His Holiness used to disappear from the age

Message

Practices

Who is
Holiness ?

Persecution

What You
Can Do

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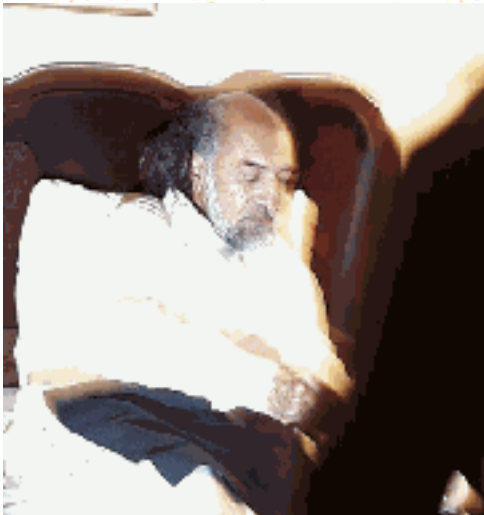
of five or six years, only to be found sitting next to the tomb of the Saint Nizam-Uddin Auliya (in Delhi) on searching for him. His father further states that he felt as though His Holiness (at young age) was talking to the Saint Nizam-Uddin Auliya. This was at a time when the father of His Holiness was settled in Delhi.

He spent most of his youth searching for God. His Holiness took initiations and practiced traditional Sufi paths but his frustration grew every day. At the age of 34, His Holiness on the guidance of a divine spirit, quit world and spent three years on a spiritual retreat in the mountains of Sehwan Sharif (Holy town of the Great Saint Lal Shabaz Qalander, Sindh, Pakistan) and in Laal Bagh (nearby jungle famous for spiritual retreat). He went through intensive retreat, several life and death experiences, revelations and enlightenments. His Holiness did experienced the evil and divine spirits everyday as part of his education, especially the tricks of Nafs (ego). Sarkar Gohar Shahi often talks about his three years in the wilderness, and consider them as best part of his life. He returned to the world on the Commandment of God. Contrary to his expectations, he had to go through humiliation and rejections. In first four years of preaching the message, only four people favorably. Then, gradually

young seekers accepted his teachings. He turned the Hearts of several hundred thousands people towards the Remembrance and the Love of God. The followers of all religions invited His Holiness Gohar Shahi to the Mosques, the Temples, and the Churches to speak and to receive his grace in the form of Qalb (the Heart) meditation. Countless individuals have turned to God benefiting from his teachings. His spiritual healing cured countless incurable patients. People, healed from drug abuses, crimes, emotional disorders and past abuses, turned to God.

Some orthodox theologians (the Mullahs) and the enemies of the Saints, disliked him. Twisting the meaning in some of his books and interpreting them in their own ways, accused him of blasphemy, thus rendering a death sentence for him. A petrol bomb was thrown in his Manchester's residence. There was an attack with hand grenade during the discourse at his home in Kotri, Pakistan. A high price tag was put on his head in Pakistan. He was the subject of entrapment through five serious but false allegations.

Previous Government of Pakistan was fully involved conspiring against His Holiness. The biased journalism defamed him on a large scale. Eventually, after many investigations and hearings, the courts dismissed all the cases against him, declaring the allegations false. The



well organized orthodoxy continued their evil plan. In conjunction with corrupt police they filed four more cases after the court decisions. Why they are doing this? What is the purpose behind all this frenzy? Obviously, they wanted to defame him, a strategy that will keep people away from listening the voice of the Heart, the home of the Beloved.

More "Who is Holiness" will be posted here soon





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His Holiness R. A. Gohar Shahi

(Author)

The Religion of God

وَرَأَيْتَ النَّاسَ يَدْخُلُونَ فِي دِينِ اللَّهِ أَفْوَاجًا (القران)

Surely, You shall see flocks of Human races enter the Religion of God. (Qur'an)

The Religion of God

The Concealed Secrets of God

Copyrights of the Holy Scripture are reserved

The Holy Scripture "Religion of God" is a gift for the people

Who love and search for God.

Note for Zakireen

(Followers of His Holiness Gohar Shahi)

Convey this Holy Scripture to righteous, fair-minded people and those in search for God .

Hypocrite (Predestined) will attempt to destroy it.

Many people have tried to tamper with the Original TEXT of the Divine Scripture only seek the Copy Released by Mehdi Foundation International.

Compiled by

Younus AlGohar (UK)

Amjad Ali (UAE)

Mehdi Foundation International

Contacts:

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mfi_uae_im05@yahoo.com

Tel: (+44) 79 0000 2676

Foreword

It is a very responsible thing to translate the Holy Scripture from its original language into modern speech. Translating the Holy Scripture means rendering into another language the thoughts and sayings of His Holiness Gohar Shahi.

The Holy Scripture “Religion of God” is a long awaited and divine medicine for the restive hearts and dormant souls. The fundamental concept of the book is Divine Love. Love for all and hatred for none.

The translator of the Holy Scripture, Mir Liaquat Ali (of United States of America), whose fear and love of Divine Author (His Holiness Gohar Shahi) of the Holy Scripture, feels towards Him a special responsibility to transmit his thoughts and declarations as accurately as possible. Mir

Liaquat Ali also feels a responsibility towards the searching readers who depend upon a translation of the inspired word for their everlasting salvation and enlightenment. The reader of this Holy Scripture will realize that these teachings benefit all human beings. It will spring hope from human breast for an eternal life. It will also help you judge the personality of the Author and His Manifestation.

The appearance of the Images of His Holiness on the Moon, the Sun, the Mars and various other places, have already been verified by many organizations. It also signifies His Grandeur and Majesty.

People belonging to different religions and faiths, having enlightened through His spiritual Grace, and having found His images on the Moon, the Sun, the Mars, in Temples, in Hajre Aswad (Muslims sacred place in Mecca), have known Him to be the Promised Messiah, the Awaited Mehdi and Kalki Avatar.

We are very happy and satisfied to present this Divine Gift to the aspiring hearts. This book is also available online at www.goharshahi.com

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Tel: (+44) 79 0000 2676

Preface

After the Images of His Holiness Gohar Shahi, appearing in the Holy Black Stone in Mecca, the Moon, the Sun, and Shiv Temple and at various locations, Muslims and non-Muslims think and believe His Holiness to be the Awaited Mehdi Kalki Avatar and the Messiah. Many religious books foretell His advent.

We invite you to examine Him. For research, please contact us. You may also recognize him through His Books.

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His Holiness RA Gohar Shahi

This is the Gohar Shahi, who spent three years in a spiritual retreat in the mountains of Sehwan and Lal Bagh for the prosperity of Divine. His Holiness shunned the world for Union with God. Then by the Command of God only He returned to the world.

He enlightened the hearts of thousands of people with the invocation of God, and inspired a large number of people towards Divine Love. Members of all faiths and religions invited His Holiness for lectures on spirituality to their places of worship mosques, temples, and churches in order to acquire the teachings of heart-invocation.

He enlightened the hearts of thousands of people with the invocation of God, and inspired a large number of people towards Divine Love. A large number of men and women repented and gave up sinful deeds, and inclined towards God. His Holiness cured numerous people with incurable diseases through His spiritual healing.

Then, God manifested His Face on the Moon. Later His

Image appeared in the Holy Black Stone (now fitted in, Kaa'ba, Mecca). His fame spread in the four corners of the globe. Mullahs, deprived of the spiritual insight, and those Muslims who begrudge saints, disapproved of His Holiness Gohar Shahi. Misusing the writings in His Books they issued verdicts of disbelief and death against his Holiness Gohar Shahi. They threw a petrol bomb at His residence in Manchester, and they once threw a hand grenade on Him while He was addressing a spiritual gathering in Kotri, Pakistan. A huge amount of money was set aside as a bounty on His Head.

In Pakistan, they instigated against His Holiness five false cases, very sensitive in nature. Due to Nawaz Shareef, the former prime minister of Pakistan, the Provincial Government of Sind also became involved. Of those cases, two consist of murder, one of possession of illegal arms and another of illegal possession of land. They also caused to register a case of illegal detainment of a woman in America. Yellow journalism left no stone unturned in trying to defame and dishonour him. Finally, after hearing and thorough investigation, acquitted all the cases declaring them false. The God thus continued to save His friend from all calamities.

**Report of the cases instigated against His Holiness
Gohar Shahi,
by Sindh High Court**

ORDER SHEET
IN THE HIGH COURT OF SINDH HYDERABAD

Cr.B.A.No.159 of 1999.

APPELLANT
DEFENDANT
PLAINTIFF/DEBTOR
APPLICANT

VERSUS

RESPONDENT
DEFENDANT
OPPONENT
JUDGEMENT DEBTOR

Serial
No.

Date

Order with signature of Judge

1. FOR ORDERS ON MA NO.238/99.(If granted).
2. FOR ORDERS ON MA NO.239/99.
3. FOR ORDERS ON MA NO.240/99.
4. FOR HEARING.

18.03.1999.

Mr.Qurban Ali Choochan Advocate for the applicant
Mr.Behadur Ali Baloch A.A.G.

1. Granted.
2. Granted subject to all just exceptions.
3. Granted as the bail application No.88/99 has also been moved by the present applicant.
4. Learned counsel submits that the present bail application has been moved seeking bail before arrest of the applicant/accused with regard to his alleged involvement in crime No.18/99 for which an F.I.R. was lodged on 16.03.1999 by Police Station City at Hyderabad. It is alleged that the applicant on the day of incident viz. 19.02.1999 in the day

(3)

time produced a T.T. Pistol bearing No.BBP-13410 of 30 bore and licence bearing No.5105339 dated 04.02.1999 issued by District Magistrate Sanghar in the name of accused Mohammad Nadeem who has been nominated in crime No.10/99 pending with Police Station City Hyderabad. Thereafter upon verification by the police authorities it transpired that the said licence was a forged one and was not issued in the name of accused Mohammad^{Nadeem}/. The F.I.R. was accordingly registered against the applicant U/s.420, 468, 471 PPC read with Section 13-D Arms Ordinance.

Learned counsel submits that the lodging of the FIR is a further attempt by the political and religious foes of the applicant to have him implicated in xxx false and concocted case, as earlier attempts have failed and in two other cases the applicant was granted bail before arrest by this Court. Learned counsel submits that for all the offences above mentioned the maximum sentence is seven years along with fine and consequently do not come within the prohibitory clause of Section 497 Cr.P.C. The learned counsel vehemently argued that unless this bail application is granted and the applicant is given protection by this Court he would be immediately arrested by the police as he has been prevented from approaching the trial Court for seeking bail.



(6)

memo of this application. In the first instance, it appears that nowhere in the FIR it is mentioned as to why the applicant/accused visited the Police Station City on 19.02.1999 along with the weapon in question and its licence. Secondly, no reasons have been given in the FIR as to why the same was lodged after almost one month of the day of incident. In the earlier bail application No.88/99 I have granted interim protective bail to the applicant on the basis that the FIR in the said case appeared to have been lodged due to enmity and jealousy between the applicant and religious sects as well as political parties. The lodging of the FIR in the present case also appears to have been motivated by the same factors.

In the circumstances, the applicant is granted pre-arrest bail in a sum of Rs.1,00,000/- in the form of security or cash and P.R. bond in the like amount to the satisfaction of Additional Registrar of this Court. Notice to A.A.G. for 24.03.1999.

5. Today I have received a pamphlet allegedly from the applicant seeking justice from the Prime Minister of Pakistan regarding his persecution at the hands of various ~~xxxx~~ religious sects and Ulemas. Although the pamphlet has not been signed by the applicant, copies have been forwarded to all High Courts of Pakistan as well as Supreme



(3)

Court of Pakistan and others. At the end of the pamphlet a threat has been extended to the Government that unless the applicant/accused request is acceded to the Government will soon crumble by hidden spiritual forces. In my view if at all this pamphlet has been either issued by the applicant or his supporters and sent to this Court, it amounts to unlawful interference in the administration of justice and may be taken up as a contempt matter. In these circumstances, let a notice be issued to the applicant inviting his comments on the pamphlet, a copy whereof to be sent along with the notice



CERTIFIED BY THIS COPY
SUPERINTENDENT
22/3/99

SD/- SARFARAZ J USMANI
JUDGE

Gr.Bail Application No. 179/1999.

No *2009* Dt. *22/3/99*

Copy Forwarded to the Sessions Judge Hyderabad for information and compliance. He is informed that surety has been furnished on behalf of the abovesaid applicant before the Additional Registrar of this Court in the sum of Rs. 100,000/- vide Bond No. 5823 and P.R. Bond No. 5824 dated:- 22.3.1999.

COPY TO THE APPLICANT ABOVE NAMED.

[Signature]

(GHULAM MUSTAFA CHANNA)
DEPUTY REGISTRAR
HIGH COURT OF SINDH CIRCUIT COURT
HYDERABAD

His Holiness Gohar Shahi continues to be trapped in false cases due to sectarianism

Failure to the previous false cases, the Satans (Mullah's) instigated yet another false and logical case of (PPC-295, claiming to be a Prophet), against His Holiness Gohar Shahi. The Mullah's also achieved the favour of the elite of the Government. Even Rafique Tarar, the former President of Pakistan became partial due to sectarian bias. As a result, being under pressure the judge of Anti-Terrorist Court announced the verdict against His Holiness Gohar Shahi. God willing, this false case will be acquitted in either High Court or Supreme Court.

Introduction by R.A. GOHAR SHAHI

1. The religions which are established through heavenly Books are authentic as long as they were not altered.
2. Religions, the Boats and the Scholars are like navigators. If either one is defective, it is impossible to reach the destination; however, the Saints do take even the damaged 'boats' safely to the shore. People with religious incapacity flock around the Saints for this reason.

3. Superior to religion is the Love of God which is the Essence of all religions, whereas the Light of God is an Illuminating Guide in the way.
4. Three segments of the knowledge of the Outer, and one segment of the knowledge of the Inner is to be traced that was spread by Khidr (*Vishnu Maharaj*). Divine Love alone is the Way for Nearness to God . Dogs are better than an individual whose heart is empty of God , as dogs love their master, and by love alone they achieve the nearness of their master, otherwise an `unclean` dog and a Divinely Ordained human cannot be compared.
5. If you desire the Paradise and the virgins of the Paradise, worship a lot to reach the highest of the Heavens.
6. However, if you are in search of God , you must learn spirituality also, so that while staying on the established Divine passage, you may obtain Union with God .

Man from the Beginning to the End

When God willed to make the souls, He said, “Be” (Amar-e-Kun), and innumerable souls came into existence. In front of God and near Him, were the souls of the prophets. In the second row, were the souls of the

saints and in third row, the souls of the believers; and behind them were the souls of ordinary human beings. Thereafter, the souls of women came into being beyond the eye could see. Then behind them, appeared animal spirits, then the Botanical Spirits, and then such the Mineral Spirits that did not possess any strength of movement.

On the right side of God, there were the souls of the angels, followed by the souls of the virgins of the Paradise. They were unable to see the Face of the Lord. This is why the Angels were also unable to see the Lord. Behind them, were the souls of Muakkel (angel-like creature), which later came into the world in order to assist prophets and the saints. On the left side of God , were the souls of the jinns, followed by infernal spirits, and then evil spirits, which aided the Satan in his work after coming into the world.

The souls on the right and the left side, and those beyond the eyesight could not see the Manifestation of the Lord (in the primordial time, (Azal) the time when souls were created).

For this reason, jinns, the angels, and women can talk to the Lord but they cannot see Him.

There was a fireball in the Terrestrial Sphere. It was commanded it to cool; then its fragments spread in the space (forming our solar system); the Moon, the Mars, Jupiter, the Earth, and the stars are all its fragments; and the Sun is the remainder of the fireball. The Earth became

all ashes. The Mineral Spirits (the spirits which bond and solidify atoms) were sent down to the Earth for consolidating it into stone. Then, the Botanical Spirits were sent down to sprout trees and plantation in the rocks. Thereafter, animals appeared from animal spirits coming to the Earth.

God did also ask all the souls, “Am I Your Lord?” All souls affirmed and prostrated (in response), meaning, the spirits of the rocks and the trees did prostrate too, as mentioned in a verse of the Holy Scripture: (وَالنَّجْمُ وَالشَّجَرُ) (يَسْجُدَانِ)

Then in order to test the souls, God made an illusionary world and its pleasures, and asked, if anyone is desirous of it (the world), go forth and obtain. A multitude of souls rushed forth towards the illusionary world turning their faces away from God. The Hell was written for them in their fate. Then, God showed a scene of the Paradise, which was better than the first sight and a place for the obedience and the servitude. Many souls leapt towards it, and the Paradise was written in their fate. Many souls were unable to make a decision, and they were then, suspended between the Lord (*Rehman*) and the Satan. These were the souls who became trapped in between (the two) after coming into the world, whoever gripped on them they became theirs.

Many souls remained beholding the Manifestation of God, without the desire of the world or the Paradise. God loved them, and they loved God. After coming into the

world, such souls abandoned the (material) world for the sake of God, and made their abode in the jungles.

To serve the needs of the souls and for their pleasure, eighteen thousand types of creatures were brought in existence: six thousand in the Sea, six thousand on the Land and six thousand in the Air and Celestial Spheres.

Then God created seven types of the Paradise and seven types of the Hell.

The seven heavens are:

(Khuld, Daar-us-Salaam, Daar-ul-Qaraar, Adan, al-Mawa, Naeem and Firdaus.)

The seven hells are:

(Saqr, Saeer, Nutaa, Hutama, Jaheem, Jahanum and Hawia)

All the enumerated names are of *Suryani* language, the language in which God addresses the Angels.

All religions believe that God may send whosoever He wishes to the Hell or to the Paradise. Had He sent any soul straight to the Hell (in the primordial time), it would have complained as to what crime it had committed?

Then, God would say, you turned your face away from Me, and chose the world instead. The soul would say, “It was only a foolish decision, but not action.” Thus, the souls were sent into this world to settle the reasoning.

Adam, who is also known as Shankar Jee, his body was made from the clay of the Paradise. Besides the human soul, some other spiritual souls were placed in it. When the body of Adam was being made, the Satan spat (at him) in jealousy, and the saliva dropped at the navel point. The bacteria in the saliva entered his body. The Satan is from the nation of the jinns. It is mentioned in a Prophetic Tradition that when a human being is born, a satanic jinn is also born along with it. A body is mere a house of clay which inhabits sixteen creatures in it along with the whisperer (Khannas) beside which there are four other (spiritual) birds.

A matter emerged from the left rib of Adam in the form of a woman. A soul was then placed in it, which became Eve. Thereafter, Adam was expelled from the Heaven to Sri Lanka, and Eve descended at Jeddah. Through them, started the origin of the Asian race, continuing a gradual descent of remaining souls to the Earth. The religions were created as Schools for the education, training and the grading of the souls. According to their fate in the Beginning of the creation “The Day of Azal”, some souls remained in religions and others without a religion.

The predestined loving souls came in this world too, some came into the homes of the Muslims, and others were born into the homes of Hindus, yet others into the homes of the Sikhs, the Christians, etc. They exerted to search for God through their respective religion. This is the reason; the Elite in every religion adopted asceticism.

Some people ascribe that asceticism is not in Islam; this belief is wrong; Prophet Mohammad too would go to the Cave of “Hira”. Sheikh Abdul Qadir Jilani, Khawaja Moeen-ud-Din Ajmeri, Data Ali Hajweri, Bari Imam, Baba Farid, Shahbaz Qalander etc, acquired the elevated spiritual status only after asceticism and the propagation of the religion occurred through them.

The Origin of Man in the World

Soon after a human cell settles in the womb, the Mineral Spirit arrives enabling the blood to gather. Then, the foetus grows in the womb with the Botanical Spirit. The animal spirit is inserted in the womb after four months through which the foetus moves in the womb. They are called “the Terrestrial spirits”. After birth, the human soul arrives along with other spiritual souls, which are called Celestial Soul.

If a child dies in the womb a few moments before birth, there is no funeral for it, as it was an animal. Should a child die a few moments after the birth, then, its funeral service is obligatory due to the arrival of human soul along with the spirit of the Self (the Ego) with its companion faculties settled at navel point. Due to the Botanical Spirit in the human beings, they develop inclination for flowers and trees. If the Mineral Spirit is

strong, the human prefers to live in the mountains. Due to the dominance of animal spirit, a fondness of animals and behaviour like that of animals develops. Nafs (a Satanic Jinn) resembles a dog in appearance. With its dominance human being develops a dog-like behaviour and affection for dogs. With the awakening of the soul of Qalb, a human become like an angel.

After death, the Celestial souls return to the Heaven, they (Celestial souls) are allotted to one particular body.

Whereas the Terrestrial spirits including Nafs are left behind in this world. The Terrestrial spirits consecutively continue to transfer from one body into another and then into a third body because they are not related to the Day of Judgement. However, a purified Nafs, being in the graves, extend spiritual benevolence to masses, and they, by themselves also remain engaged in servitude. As Prophet Mohammad, on (the Night of Ascension) passed by the grave of Prophet Moses, and saw him engaged in worship in his grave. When Prophet Mohammad reached Celestial Sphere, he saw Prophet Moses was present there too. The dominant Nafs of wicked people join the Evil Forces for the survival. They harm people entering into their bodies. They are called Evil Spirits.

According to the Bible, Jesus used to cast out evil spirits (from those who were possessed). After death, the Terrestrial spirits and Nafs remain in this world, human souls either in 'Il'liyeen or Sij'jeen and Lata'if (The Souls of the human breast), provided they are enlightened, they

too go to ‘Il’liyeen, otherwise they (Lata’if) are wasted in the grave. On account of Nafs, human became impure.

As Bullhay Shah said, “It is Nafs which made us impure; otherwise we were not impure in the Beginning.”

To purify Nafs, the Books were descended, the Prophets and saints came. The Man was sometimes frightened from the Hell, and other times aroused with the greed of the Paradise. By austerities, worship, and fasting, the efforts were made to tame it, and managed to deserve the Paradise. Many people even managed to purify Nafs by virtue of Spiritual knowledge, and they became Friends of God.

The Mention of Nafs

It is a Satanic Bacterium; navel point is its abode. All the Prophets and Saints sought refuge from its mischief. Its diet is phosphorus and bad odour, which is also found in bones, coal and cow dung. All religions underlined the need for a thorough bathe after an intimate sexual intercourse because unpleasant odour releases through skin-pores during sexual activity. Drinks and the meat of animals with unpleasant odours are prohibited for human consumption.

All the souls in front of God up to and including the Mineral Spirits became acquainted and united with each other in the Beginning of the creation “The Day of Azal”. Due to the presence of the Mineral Spirit in their body, human beings made their houses with stones, and due to the presence of the Botanical Spirit in their body they made roof for the houses with wood of trees. They benefited from the shades of the trees that also provided pure oxygen. The animal souls from rear, came into the world and became animals, which were made Lawful for human consumption. Birds of the same category were also made Lawful.

On the left side of God, jinns and evil spirits (auxiliary spirits that assist the interests of the Satan) were made, and behind them, were infernal spirits that became the enemies of God later on. The Animal spirits, botanical spirits, and the Mineral Spirits which appeared behind these infernal spirits antagonized humans. The Mineral Spirits of this category became coal and ash on arrival in this world, whose gases were harmful to humans.

Dangerous and thorny vegetation and man-eating trees came into existence due to the Botanical Spirits of this category. Due to animal spirits of this category, (on the left side of God) man-eating animals and beasts came into being. Birds related to this category too, were declared Unlawful for human consumption due to their hostility towards human being, and whose recognition is that they eat their food by holding it with their claws. The right side

souls were made as the workers, message-carrier and helpers for humans. Having endowed with most magnificence, human being was appointed as His vicegerent. It is now the human's accord, effort and fate either to accept vicegerency or to reject it.

Nafs leaves the body in dream, takes on the appearance of the person, and wanders in satanic gatherings of jinns.

Nafs, along with the whisperer (Khannas) which resembles an elephant, settles between the Nafs (at the navel) and Qalb (which is close to the heart), and collaborates with Nafs in misguiding human being. In addition, four Spiritual birds also cling to the four souls of the human breast in order to misguide human being, the cockerel clings itself to Qalb due to which lust dominates on Qalb. With the Invocation of Qalb, the cockerel become purified (martyr cockerel) to develop awareness for distinguishing the difference between the Lawful and the Unlawful. Qalb, in this state is called Qalb-e-Salim (the Secured Heart).

Attached to the Sirri (spiritual soul) is a crow, causing race for desire and with Khaffi (spiritual soul) is a peacock creating envy, and with Akhfa is a pigeon, which brings stinginess. Their nature compels greed and envy upon the souls of the human breast till the souls are not enlightened. It was these four birds, which were taken out of the body of Abraham, purified, and returned to his body. After death, the birds of the purified people make the trees their abode. Many people make birds-like voices

after spending a few days in the jungles. These birds become acquainted with them, and become helpers in their common type of healings.

An important Anecdote

Nafs relates to the Satan.

All the five Souls of the human breast respectively relate to the five Grand Prophets. Anna relates to God.

Similarly, the body is related to Perfect Spiritual Guide.

Whichever soul is not connected to the one it is related to, is deprived of and indifferent to its spiritual benevolence.

1. The Soul of Qalb

Its prophecy and knowledge was granted to Prophet Adam

The fleshy heart is called ‘Dil’ in Urdu and ‘Fawad’ in Arabic. The spiritual soul, attached with the heart is called, the Soul of Qalb. Prophet Adam received its prophecy and knowledge. Prophetic Tradition a heart is different from Qalb in nature. This world is known as Nasut (the Terrestrial realm). Besides this, there are other realms, such as Malakut (The realm of Angels), Ankabut (The Realm of God's Throne), Jabrut (The

Realm of Souls “Station of Gabriel”), Lahut (The realm of Nothingness), Wahdat (The Realm of Divine Unity) and Ahdiyat (the realm of Divine Oneness).

These Realms already existed before the explosion of the fireball in Terrestrial Realm of Nasut, and souls belonging to them also existed. The angels were created at the same time as souls were. But, The Archangels and the souls of the human breast (Lata'if) were already existent in these upper realms. Later on, many planets were inhabited by creatures in the Terrestrial realm. Some of these life forms were eradicated and some others are still waiting. The Archangels and the souls of the human breast (Lata'if) were created seventy thousand years before the command “BE”, related to souls. From these souls, Qalb was kept in the Station of Love. Verily! Through this soul of Qalb, a human may spiritually be connected with God. It serves like a telephone operator between God and a human being. It also serves as the recipient of Dalil (Reason) and Il'ham (Revelation).**(Foot Note:- A Dalil is always accompanied by Il'ham. Il'ham is not authentic, and if it is not accompanied by a Dalil)**

The worship of the souls of the breast reaches the Empyrean of God through Qalb. However the Qalb by itself cannot go beyond the Realm of Malakut, its destination is Khuld. Within it, is its worship, and its method is to be found within the human skeleton. Those, deprived of its worship would regret (in the Heaven) because God said, “Whether the dwellers of the Paradise

think they will be equal (in reward) with the Pious ones”? Because those with Enlightened Soul of Qalb, they would continue to be engaged in Dhikr Allah (remembrance of God) even in Paradise. **(Foot note:- *khuld is the lowest grade of the Paradise*).**

The physical worship ends at death. The Souls of the breast (of those) who did not empower and enlighten them with Divine Energy, they would either remain weakened in the grave or they may be wasted therein, whereas the enlightened and strong Lata'if (Souls of the breast) would enter the place of Il'liyeen After the Day of Judgement, when new substitute bodies would be given, these souls of the breast along with human soul enter the bodies of immortal saints who manage to have seen God whilst in Nasut. Those who taught their souls of the breast to engage in God-invocation in this world, would continue to perform the same hereafter. Their grade would continue to be elevated even hereafter and those who are blind by heart here in this world, they would continue to be the same even hereafter, as this world is designated to be the place of practice and they will be stagnant in hereafter.

Besides, the Christians and Jews, Hindu religion also affirm the existence of the souls of human breast. Hindu's know them of Shaktiyaan, while Muslims call them "Lata'if" . Qalb, is located two inches away towards left of the heart, it is yellow in colour. One feels yellowish light in eyes upon its awakening. Even many Aamil (*The*

Practitioners of the Holy Scriptures who gain control over its secrets of usage) utilize the colours of the souls of the breast to cure the diseases.

Most people consider their heart to speaketh the truth.

Why aren't they united in the truth if all the hearts speaketh the truth? A common human being possesses an immature heart (Qalb-e-Sanobar), and does not possess any awareness or correct understanding. Due to the dominance of Nafs and Khannas, or simplicity, this type of heart errs in judgement.

Relying on an immature heart is a folly. It gains awareness and intelligence between the right and wrong, as God-invocation revives the heart. At this stage, it is known as Qalb-e-Saleem (The Secured Heart). Thanks to abundance of God-invocation, its direction is steered towards God, it is now known as Qalb-e-Muneeb (*The heart-Directed-towards God*). Such a heart can ward a person off the vices; however, it lacks power of decision. When the theophanies (Tajalliyat) of God begin to fall on the heart, it is called Qalb-e-Shaheed (the Witnessing Heart).

A Prophetic Tradition relates, "Divine Merciful Sight falls upon impaired hearts and graves." At this moment, undoubtedly, submit to whatever comes from heart, as Theophanies turn Nafs also into Mutma'inna (*Divinely Content Self*). God is then nearer to him than his jugular vein. Herewith does God declare: "I then become his

tongue through which he speaks, and I then form his hands with which he grasps".

2. The Human Soul

Its prophecy and knowledge was granted to Prophet Abraham

The human Soul is on the right side of the breast. It is awakened by loud God-invocation and visualization of the Name of God '*Ya Allah*'. Then, a vibration similar to the heartbeat is felt on the right side also. The Name '*Ya Allah*' is invoked upon it. As this stage, two souls of the breast now start to engage in God-invocation, and this is higher in rank than the invocation of Qalb. The colour of Soul is dark red and it gains access to the Realm of Jabrut, the Place of Jibrael (Gabriel). Anger and rage serve as its neighbours, which turn into Majesty by Divine Heat.

3. The Soul of Sirri

Its Prophecy and knowledge was granted to Prophet Moses

This soul is from the centre towards the left of the breast. It is awakened by loud God-invocation and visualization

of the Name of God. '*Ya Hayyu, Ya Qayyum*'. Its colour is white. Through Dreams and Spiritual Journey, it reaches to the Realm of Lahut. Now three Souls are invoking within a person and this is higher in rank than the other two.

4. The Soul of Khaffi

Its Prophecy and knowledge was granted to Prophet Jesus

This soul is from the centre towards the right of the breast. It too is taught the Name of God '*Ya Wahid*' through loud God-invocation. Its colour is green. It reaches to the Realm of Wahdat (*The Realm of Unity*) Now, with the invocation of four souls of the breast, the rank (is) further elevated.

5. The Soul of Akhfa

Its Prophecy and knowledge was granted to Prophet Mohammed

This soul is located in the centre of the breast. The loud invocation of the Name of God '*Ya Ahad*' is its intermediary. Its colour is violet. It too is related to that

Veil of Wahdat behind which is the Throne of God. The Esoteric knowledge of the five Spiritual Souls of the human breast was respectively granted to the five Grand Prophets. One-half knowledge of each soul of human breast reached from Prophets to the Saints. Thus, there became ten parts of it. Then, the Elite received the benevolence of this knowledge from the Saints. The Knowledge of Zahir (*Exoteric*) worship by Body and affirmation by tongue relates to the Realm of Nasut (*Terrestrial world*) and Nafs, this is for ordinary type of human beings and this knowledge is contained in the Exoteric Book that has thirty parts. Ilm-e-Batin (*the Knowledge of the Souls*) was also revealed onto the prophets through Wahee (*Revelation*). This is the reason why it is also known as the Batini Qur'an (Inner-Scripture). Many chapters of the Qur'an were abrogated later. The reason for this was that at times Prophet Mohammed uttered involuntarily in common people, which was meant for the Elite only. Later on, this knowledge continued from the souls of the breast to the souls of the breast in chain of sainthood and now, this knowledge is being made available and common through Books.

6. The Soul of Anna

This soul is inside Head and is colourless. Its Elevation lies in the invocation of the Name of God, *Ya Hu*, and this is the only soul which having gained strength, appears before God without veils, and communes with Him. This is the place of God-Lovers. Besides this, some of the God's favourites are also conferred on them Special Spiritual Souls such as the Divine Body of (Tifle-e-Noori) and Sub-spirit of God, (Jussa-e-Tawfeeq Ilahi).

Understanding such Elite is beyond the power of intellect. Through the Soul of Anna, one can see God in a dream only.

Through Sub-Spirit of God, the bearer avails to see God only after a Muraqiba (*Transcendental Projection*).

The bearer of a Tifle-e-Nouri (Divine Body) avails to see God in the State of Consciousness (without dreams or spiritual projections). They are then known as the Divine Might in the world. It is then up to them whether to appoint aspirants onto the place of Mehmoud (*the place of the soul of An'na, It is also known as Place of Mohammad's Reality, This is the place where Mohammad's Soul rests after serving his Time in the world*) either through austerities or spiritual discipline or by a single glance.

The Sight of such Elite does not differentiate between Muslims, Kafir, dead or alive, all are equal. Just as the Single Glance (Spiritual Concentration) of the Saint of Baghdad, Abdul Qadir Jilani turned a thief into a saint

"Qutub". Abu Bakar Hawari and Mangha Dakou were also granted Sainthood through a glance of such elite. The five Rasul (The Grand Prophets) were respectively given the knowledge of the five souls of the breast (in sequence of their appearance), which helped Spirituality to advance continually. Whichever Soul you practice invocation with; you will be entitled to its relation with the Grand Prophet and respective Spiritual Grace. Whichever soul then comes under Divine Manifestation (Tajjali), its sainthood would relate to the Prophet of which the knowledge and prophecy was granted to. Access to the seven Realms and acquisition of different grades in seven Paradises is also related to the souls of the breast.

Function and deputation of Lata'if in Human Body

The Soul of Akhfa: It enables a human to speak; otherwise, even with a sound tongue, a human remains to be dumb. The difference between human beings and animals is because of the Lata'if. At the time of birth, if the soul of Akhfa, for some reason, fails to enter the body, then bringing it back into the body, the respective prophet was deputized, and then the dumb would start to speak.

The Soul of Sirri: The soul of Sirri enables a human to

see. Its absence in the body leaves it to be a blind by birth. In order to bring it back into the body, the respective Prophet was deputized, and the blind would be enabled to see.

The Soul of Qalb: Due to the absence of the Soul of Qalb in the Body, a human being remains to be unacquainted to God like that of an animal and he remains to be distant, indifferent and depressed. Returning this Soul into the body was the task of the Prophets also. The miracles of these Prophets were also granted to the Saints in the form of marvels, because of this, the impious ones and the transgressor reached the Lord. When the respective Soul is returned through any Saint or Prophet the deaf, the dumb and the blind are healed.

The Soul of Anna: Its absence in the body leaves a human being to be mentally impaired, even though all the nerves of the brain function normally.

The Soul of Khaffi: In the absence of the soul of Khaffi in the body, a human being is unable to hear, even if the holes of ears are wide-open. Physical defects may also bring forth such symptoms and it is curable. In the absence of the concerned soul, it is incurable unless favour from a respective Prophet is earned to cure it.

Nafs (The Ego): Nafs directs a human heart towards

world and its contents, and the soul of Qalb directs a human being towards God.

The Word of “Allah”

Angels commune with God in Suryani language. It is spoken in Celestial Realms. Adam Safi Allah spoke the same language whilst he was in the Heaven. Then Adam Safi Allah and his wife Hawwa, the Eve, upon their arrival into this world, made Arabian Peninsula their place of abode, their progeny would speak the same language. Then with the further growth of the Adam's progeny, Suryani language, through the passage of transformation of Arabic, Persian, and Latin, gave birth to English. Hence, Allah was called upon with different Names in assorted languages. Due to Adam residing in Arabia, many words of Suryani are still traced in Arabic Language. Just as Adam was called with the name, "Adam Safi Allah", Noah was called as Nouh Nabi Allah, Abraham was called as Ibraheem Khaleel Allah, Then Moses as Mousa Kaleem Allah, Jesus as *Eesa Ruh-Allah*, and Mohammed *Rasul-Allah*. All these words were written in Guarded Tablet in Suryani language well before these Prophets arrived into this world. No wonder! Mohammad declared that he was already a Prophet before his arrival into this world.

Some people are of the opinion that word Allah is a Muslim Name for God; however, it is not true

Mohammad's father's name was Abd Allah in the pre-Islamic era. Before the introduction of Islam into this world, the Mottos of all Prophets included the Word, "Allah". After the creation of the souls, the first Word that came upon their tongue was also the Word, "Ya Allah". When Soul of Adam entered his body, it whispered Word, "Ya Allah" upon the entry. Most of the religions regard this Secretive Code as truthful, hence they use Word, "Allah" for invocation, and many are deprived of its bounty because of doubts and reservations.

Any Name that points towards the Lord is worthy of respect.

Meaning, it directs towards Allah. But they differed due to the effects of the Names. According to the alphabetical order and standard of pronunciation, every character has a different numeric value. This is also a type of knowledge from Celestial Sphere. The whole of the creation falls under the impact of numeric value. On occasions, these numbers are not in total accordance with the calculation of the stars, as a result of which human beings are subject

to worries. Many people acquire zodiac charts that are in accordance with the calculation of the stars, from the astrologists, before naming the babies. An arrangement of the letters of Arabic alphabet, for example: (ا،ب،ج،د) (4,3,2,1), has the numerical value ten. Similarly, every name has a separate numeric value. God has been given so many different Names, causing a conflict among their numeric values. If all the people called upon God by the same Name, they would all be united inwardly despite different religions. Then like Nanak Sahib and Baba Farid would say: "All souls are created with Divine Energy; however, they fall into different vicinities and atmosphere."

Angels that are appointed with a task into this world, they are taught the languages of the world. It is important for the followers of every Prophet that they chant the repetition of *Kalima* (the Motto) of their Prophet that was granted by the Lord to the Prophet at the time for the recognition, grace, and purification of his Nation. The entry of any person into any religion is subject to the declaration of *Kalima* (the Motto). Just as the marriage vows are a precondition, the entry into the Paradise is subject to the declaration of *Kalima* (Motto)" . But in the Western world, many Muslims and Christians are unaware of their Prophet's *Kalima* or even their Prophet's original Name.

Those who recite the Motto by word of mouth require good deeds for salvation. Those who do not affirm the

Motto, remain outside the Paradise, and those in whose hearts also did the motto enter, only they would enter the Paradise without divine examination. The Divinely Revealed Word (Scriptures) in whatever original language they are in, serve as a valid intermediary to reach God. When alteration and addition was made into the sentences and translations, then altered and modified books became harmful for faith, just as the modified flour is harmful for stomach, and how shamefully did the followers of the one Prophet and One Religion fall into divisions! In order to adopt the Siraat Al Mustaqeem (The established Divine Passage), you are better off finding guidance through Divine Energy (Noor).

The Method of producing Light , Divine Energy

In the ancient times, fire was obtained through rubbing the stones together. Rubbing of Iron objects together also produces a spark. Splashing of water also produces electricity. Similarly, in human beings the circulating blood, meaning the throbbing of heart produces electricity. One and half Watts of Electricity is recorded to be traced in a human body, due to which the human body gains agility. The electricity and agility is lessened in the old age because of the falling speed of throbs. Firstly, the heartbeats have to be made prominent. Some do it by dancing, others by sports and exercise, and yet

others by meditating and chanting the Name of *Allah*. As the beats of the heart gets faster, try to synchronize *Allah Allah* with every beat or try to synchronize *Allah* with one heartbeat and *Hu* with the other. Some times place your hand on the heart and by feeling your heartbeat, try to synchronize the Name *Allah* . At times, synchronize it with the beating (or rhythm) of the pulse, and visualize that *Allah* is entering into the Heart. The invocation of *Allah Hu*'' is better and fast affective. If anyone has an objection on *Hu* or afraid of chanting *Hu*, then instead of depriving himself, they may synchronize *Allah Allah* with vibrations. It is crucial for the aspirant in repetition, remembrance, and invocation to physically remain as clean as possible because the cleaner they are the better it is.

“Those who show respect, obtain the benevolence and those who don't remain deprived”

The first method of producing Light

Write *Allah* on a paper in black ink, and exercise this as long as you wish on a daily basis. One day, the Word ‘*Allah*’ will float over your eyes from the paper. Then, try transferring the Word *Allah* from eyes to the Heart through visualization.

The second method of producing Light

Write *Allah* on a zero watt white bulb in yellow colour. While you are awake or just before going to bed, try to absorb this Name into your eyes. When absorbed within the eyes, then transpose it to the heart.

The third method of producing Light

This method facilitates those people who have *Rehbar-e-Kamil* (Spiritually Accomplished Guide), who extends spiritual aid due to spiritual relation. Sitting in solitude, imagine that your index finger is a pen, try writing *Allah* on your Heart through visualisation. Call upon your Accomplished Spiritual Guide considering that he too is inscribing Allah on your heart holding your index finger. Perform this exercise daily till Word Allah is visibly inscribed on your heart.

In the fore-mentioned methods, Allah is inscribed in the style as similar to that is seen or written outside. When it begins to synchronize with the heartbeats, it gradually starts to glitter. As the assistance of the Accomplished Spiritual Guide is provided in this method, it is seen well written and shining on the Heart from the beginning.

Many Prophets and Saints visited this world. During the practice of invocation, to serve it as a test to visualize all Prophets turn by turn everyone, if you regard it to be

appropriate. Your fate lies with the One upon visualization of whom you feel increase in heart invocation and Spiritual progress. Then pick that One for visualization, for every Saint walks in the spiritual footsteps of a Prophet, even if the Prophet had departed from this world.

Fate of all believers lies with anyone from the Chain of Sainthood. The Saint must be living is conditional. However, occasionally someone by good fortune is granted Malakutee Faiz from the Saints who have departed from this world but it is confined to a certain limit; Verily! The Tombs of the departed saints may render mundane benevolence. It is known as Owaisee Faiz (obtained via Souls without meeting in person), and such aspirants often times fall in confusion with Spiritual Insight and Dreams, for the Guide directs from the Inner-World, and so does the Iblis. Recognition between the two becomes difficult.

Obtaining the concerned knowledge is necessary along with the spiritual benevolence; as such a living Saint is more appropriate. Should one possess spiritual benevolence but he does not possess the knowledge, such a person is known as an Ecstatic Saint (*Majzoub*).

Spiritual Benevolence along with the concerned Knowledge forms a person to be a Divine Beloved (*Mehboob*). The Divine Beloved through the knowledge renders to the world spiritual benevolence as well as

mundane benefits. Ecstatic Saints are recorded to render mundane benefits through obscene words and beating by the stick.

If none appears in your vision for your help, then let Gohar Shahi help you.

There are no restrictions for any religions; however, ill-fated ones shall not avail of anything. Many people are conferred the Heart-invocation from the Moon also. The method of which is as follows: When the full Moon is towards the East, look at it heedfully, as soon as you spot the picture of His Holiness Gohar Shahi on it, verbally say Allah thrice, consider the permission has been granted. Then without fear or danger from any side, commence the prescribed method. Verily! The Picture on the Moon has spoken to many people in all languages. Try talking to the picture as you come to see it.

Chapter of Muraqiba (Transcendental Journey)

Many people try to engage in Muraqibah without awakening the Souls (*Lata'if or Shaktiyan*) and without attaining spiritual strength. They either fail to embark upon Spiritual Journey or they fall prey to evil distortion. Muraqibah is for the individuals who have attained the

highest level in spirituality, those who managed to have mortified their Nafs and purified their hearts. Attempting to establish Muraqibah is an act of folly for the beginners of the path, regardless of the nature of worship used therewith. To collect and gather the strength of the Souls by Light, and then to travel to a place, is what is known as Muraqibah.

Sainthood is the one-fortieth part of Prophet-hood
Every dream, spiritual journey, inspiration or revelation of a Prophet is truthful, it does not require verification. Only forty-out-of-hundred dreams, spiritual journeys, and inspirations of the Saints are accurate, and the rest are evil distortions. Inner-knowledge is required for its verification as
"God is not to be identified sans knowledge".

The lowest level of Muraqibah is established only after the awakening of the soul of Qalb is achieved, and that is impossible without invocation of heart. One shock brings the person back into consciousness. Istikharah (*Seeking Divine help*) also relates to the Souls of Qalb" . The next stage is Muraqibah with the Human soul. It takes three shocks to return. The third Muraqibah is established together with the combination of the human soul and the soul of Anna. The Human Soul, up to Jabaroot, travels along with the soul of Anna, just as Gabriel travelled

along with Mohammad up to the Realm of Jabaroot. Whilst in Muraqibah, such people are deeply lost in that state that they remain unaware of their surroundings even if they are buried in a grave. 'Companions of the Cave' experienced such a Muraqibah, due to which they remained in the sleeping state for over a period of 300 years. Whenever Abdul Qadir Jilani, a Saint from Baghdad would occupy with such a Muraqibah in the Jungle, the thieves from the Jungle would bury him in a grave considering him dead. The Muraqibah would always break just before the burial.

Recognition of rare Inspiration and Revelation from God

As an individual obtains worthiness of receiving Divine Theophanies, following the enlightenment and awakening of the souls of the breast, at this stage, God converses with him. Ultimate Might is God; He can converse with Human beings through any means or method. However, he has introduced a unique method, in order to safeguard his Friends from falling prey to the evil deception.

Firstly, the text in *Suryani* language appears on the Seeker's Heart together with its translation in his own language. The text is white and bright, and the eyes close involuntarily, and watch the text (internally). The text

then passes through *Qalb*, and moves on to the Soul of *Sirri* as a result of which, it gets even brighter. *Akhfa* adds more brightness to it before it finally arrives to the tongue and the tongue spontaneously begins to read out the text. If this is an evil distortion an enlightened Heart would fade out the text, and if the text is powerful, then the Souls of *Sirri* or *Akhfa* efface this text. If supposedly due to the weakness in the souls of the breast, the text reaches on to the tongue, the tongue then stops it from utterance.

This type of inspiration is reserved for the Elite, whereas to the ordinary types of saints, God sends message to them through the Angels or helping souls. When Gabriel accompanies the rare inspiration, it is known as *Wahee* (Revelation), which is confined to Prophet-hood.

Who is the Paradise for?

Some eternally Hell-bound people endeavour to earn the Paradise through good deeds and performance of worship, but in the end they become out-cast as was the Satan because they inherit *Bukhal* (Act of concealing the Truth), arrogance and envy.

There is a Prophetic Tradition, “The one, who has even the tiniest amount of *Bukhal* (Act of concealing

the Truth), arrogance and envy, cannot enter the Paradise.”

Eternally The Paradise-bound people stand out from the rest even if they do not perform any type of worship. Such people are kind, pure, free of jealousy, envy, and generous. Such people may attain a higher level of faith should they engage in worship. Divine loops and pools are created for such people for their salvation. Some people stay suspended in-between and do have a continuing record of their good and bad deeds.

The God-favourites are those who loved God since the Beginning. They are carefree of the Hell or the Heaven; rather, they sacrifice all physical, material and internal belongings for God's Love. They manage to enlighten their souls with Divine Mercy and invocation. Moreover, they manage to witness the Divine-Glory. For such people alone, is reserved the Paradise of Firdous.

For category as such, the Prophet declares: "Some people would enter the Paradise without calculations".

Definition

Those, the scene of the world was shown to, the world was written in their fate. They, upon descent to the world, put their life on the stake in order to obtain the world (worldly gains), they even committed crimes as severe as

robbery, bribery, usury, and they rejected even Divine-Unity. There were some souls among them, who opted for religion or worship to achieve the Paradise, but this turned out fruitless, as was the case of the Satan because some became blasphemous or a religion (or sect), disliked by God, became an obstruction in their way.

Those who opted for the Paradise they laid foremost priority on worship and austerities along with mundane chores. They rushed to the places of worship, motivated by the promises of the virgins of the Paradise and servants, so did they manage to earn the Paradise. Those who, from this category became lazy in regards to performance of worship, a Divine Concession earned them a place in the Paradise, as they were already Paradise-bound in fate; however, they could not achieve the ranks equal to those of the Pious ones in the Paradise. In this respect, God said, “Do these people understand that we would place them along with the pious ones?” (As there are seven grades of the Paradise). The guidance for the ordinary folks is through the Prophets, the Books, Gurus, and the Saints. They need to adopt a religion and a declaration of Faith, Motto (Kalima). The Elite come under the Graceful Sight of God without a Religion or a Book. In other words, the Light guides them. It is stated in the Scripture:

“Those that God chooses, guides with the Divine Light.”

It is said a Kalima (Motto) is a "must" for entry into the Paradise. Nay, bodies are not to, but the souls would enter the Paradise, the condition is, Kalima be declared upon entry into the Paradise. So, the souls may declare Kalima at anytime once they arrive at the Station of Witnessing Divine-Glory or they may do it after death, just as the Souls of Prophet Mohammed's parents and uncle did the declaration of the Faith. Then, there are the Elect of the Elect, who declared and affirmed *Kalima* in Celestial Spheres before coming into the world.

Prophet Mohammad said, "I was already a Prophet even before coming into this world". They were the Words of the Soul (of the Prophet Mohammed) to the souls, as the body was given to Prophet Mohammed only after coming into the world. (An explanation of this is that) There are Leaders only if there are the Nations to be led, and there are Prophets only if there are Followers, otherwise there is no need as such.

Then such people (the Saints) are sent into different religions, some in the appearance of *Baba Farid* and others in the appearance of *Guru Nanak*. The Souls that are in search of God do not look at the religions, rather they seek those who have access to God and follow them.

Ghause Ali Shah, a Saint, wrote in '*Tazkira Ghausia*' that he even received the spiritual grace from Hindu ascetics. The Muslim Clerics failed to understand this subtlety, thus rendering a death penalty for *Ghause Ali Shah*. They advised Muslims if any household had his Book, it should be burnt; however, this book survived the time and is found in India and Pakistan, and is still popular and revered.

Some nations accepted Prophets, and others rejected them. To the Nations rejecting them, God nevertheless sent down the Guides according to their religion. They taught their nations the ways to save them from sins. The Guides tried to turn the direction of the followers towards the Lord through worship, rituals, and customs. They taught the lesson of peace and Love of the Lord. If they were not sent, then today every religion would be thirsty of each other's blood. *Khidr (Vishnu Maharaj)*, who knows the secret of every religion, guides such souls in the world.

Who is Taqwa (Piety) for?

Ilm-ul-Yaqin (Belief based upon knowledge): Such people are worldly, and base their belief on hearsay. They have certainty by way of knowledge. Their Faith is based on hearsay and they have the tendency of going astray. They obtain livelihood by making efforts, not through

piety, which is either *Halal* (the Lawful) or *Haram* (the Unlawful).

Ain ul-Yaqin (Belief based upon observation): Though such people are called Hermits, they still keep interaction with the world. But, their direction and heart is towards the Lord. They are often shown Divine Visions. Their station is that of the Sight and the Vision. They earn by lawful means, and any thing unlawful hurts them.

Haq ul-Yaqin (Belief based upon Truth): Their Station is that of Divine Intermediary; God grants them a Rank, and they come under the Theophanies of God, and become indifferent to the world. Even living in the world, they refrain from both Lawful and Unlawful enterprises. If they were to go and sit in a jungle, God would provide for them there also. This is the Station of Piety. Although the beginners talk about piety, but they are not successful.

Taqdir (The Fate)

There are two types of Fate:

1) Azal (the Eternal or the one bound to happen)

2) Mu'allaq (Conditional or in Abeyance)

Some people inquire: Why need we make an effort for the sustenance when it is already written in the fate?

Makhdoom Jahaniya replied, making efforts for obtaining

the sustenance is also written in the fate.

For example: A flower vase has been placed for you on the roof (this is Taqdeer-e-Azal). In order to get the flower vase, you have to climb up through the stairs on to the roof (this is Moallaq), which is your choice. It is for this conditional part that there will be reckoning on the Day of Judgement, and not in relation to what was destined in Azal. When you would climb on to the roof, you would collect what was written down for you and would obtain your fate. If you were lazy, and did not get up to the roof, then you would be deprived of it. On the other hand, if someone else, in whose fate there is no flower vase, manages to get on to the roof by the stairs or by some considerable effort, then he would still be deprived of it.

The third category of the Soul

The third category of the souls, which chose neither the world nor the Paradise, only beheld the beatific Vision of the Lord. They sacrificed everything in search of the Lord after having come into the world. Many gave up their Kingdoms, and remained hungry and thirsty in the jungles in search of Him. Many spent many several years sitting in the rivers. After being successful, they were called *Auliya Allah* (the Friends of God). God assigned them to

different positions and duties, and they became a remedy and a means of hope for those destined to the Hell.

Just as the famous poet Iqbal mentions in one of his poems: **"That even the fate is altered by Graceful Glance of the Godly"**.

The Terrestrial Spirits are required to meet "Guru", Spiritual Guide physically in every life time, Guru of the previous life time or ancestral era become indifferent to the contemporary body. Just as a Prophecy is nullified after the arrival of a Grand Prophet. Just as Prophet Moses (*Mus'a Kalim-Allah*) was a Grand Prophet, and all the Prophets that came after Moses, their religions were abrogated on arrival of Grand Prophet Jesus (*Is'a Ruh-Allah*) and the Prophets that came in between Prophet Jesus (*Is'sa Ruh-Allah*), and Prophet Mohammed outside of Arabia were also abrogated on arrival of Prophet Mohammed. Yet, the validity of the religious system of every Grand Prophet continued, and still continues today. This includes *Adam Safi-Allah*, (Adam), *Ibrahim Khalil-Allah* (Abraham), *Mu'sa Kalim-Allah* (Moses), *Is'a Ruh-Allah* (Jesus) and *Mohammed Rasul-Allah* and every Saint follows on the Spiritual Foot-steps of the Grand Prophet (*Meaning receives the Divine Grace from their respective soul of the breast*), Because all five "5" souls of the human breast are related to all five "5" Grand Prophets. On account of this, Spiritual Benevolence and Prophecy thereof, remains

to be valid till the day of judgement.

The saying that of none would enter the Paradise without declaring the Motto means that the Motto may that be of any Prophet, not a specific Prophet only. The Gesture alludes to religion or motto of any of the Grand Prophets. "Verily" did Mohammad declare, "I have come to reform the alterations made therein, and not to reject any of Grand Prophets or their Books and Religion. The prophecy of Adam Safi-Allah still continues. That in possession of the heart-invocation, they weep in the Name of the Lord, observe humility, repent, and endeavour to avoid committing sins. That is the initial religion, initial Prophecy and initial form of worship.

Ghous (Divinely Appointed Helper to humanity in regards to spiritual reforms) or every saint's spiritual category is linked to one or the other Grand Prophet. Those who achieve the invocation of the heart follow the spiritual foot-step of Prophet Adam.

Mujaddid Alf Thani said, "I am on the Foot-Steps of Prophet Moses" (meaning I am the recipient of the Mosaic Benevolence). Those connected to Eessawee Mashreb, are known as Qalandar. *Sheikh Abdul-Qadir Jilani* was related to Mashreb-e-Mohammadee.

Ponder, from the Progeny of which Adam you belong to?

Records from many Holy Scriptures show that there came 14,000 persons of different Adams, and somebody said that Adam Safi Allah is the fourteenth and last Adam. Verily, there have been many Adams to this world. As Adam Safi Allah was moulded with clay, the Angels tipped, pointing towards Adam, This too would cause mischief and strife in the world. The angels remarks show that they were already aware of the stories of the previously sent Adams, Had there not been more than just one Adam, they would not have a clue as to what God was creating and how would he behave like upon its entry into the world?

The Inspired Scriptures, therein are recorded in writing different languages, different Mottos, Words, different codes of magic, Names of different persons of Allah , various verses and even the magic enchantment, which were taught to people by two Angels, Harut and Marut. Both the Angels are hanging upside down as punishment in a well in the city of *Babul* in Egypt. Every Adam was taught a language. Thereafter, the Prophets were sent in these nations for guidance. It has therefore been said that one hundred and twenty five thousand Prophets have come to the world. It is six thousand years now since

Adam Safi Allah came to this world. Had a Prophet been sent every year to this world, the total number would not have exceeded six thousands. Some time later, these nations were destroyed due to their disobedience. Archaeological evidence found the ancient cities later along with the ancient languages, which are not understood by anyone. Some nations were drowned in flooding; others among them survived as Noah's people did.

Finally, *Safi-Allah* was sent to Arabia having been made better than others, and the Grand Prophets emerged in his progeny. Different languages of different Adams continued to be in practice among the surviving nations. When the last Adam descended, he was taught *Suryani*. When his descendants journeyed to distant Lands, they met with ancient nations. Some immigrants liked the new regions and fertile land, thus settling down with the ancient people. Suryani was the language of then-Arabia, later, as nations inter-mingled, it, through the literal passage of transformation of Persian, Latin, and Sanskrit, brought about English, the language. The descendants of different Adams lived in different islands. One of the Adams was a Gypsy, progeny of him exists to-date. Through them many other nations were discovered.

Nations that lived across the ocean were unaware of each other, and long voyage was not possible by horses or by

paddled boats. Columbus was successful in inventing a machine-operated vessel, which made him the first man to set his foot on the region of America. At the shore, the people he saw were red, he gathered and said, "Perhaps I have arrived in India and they are Indian." This is why this nation is known to be Red-Indians who inhabit the state of North Dakota, USA. When the Chief of the Red-Indian Tribe was asked as to who his Adam in particular is? He replied, "According to our religion, our Adam is from Asia whose wife is Hawwa, (Eve); however, our History reveals that our Adam came out from a mountain in South Dakota, USA. The mountain place is marked even now.

It is a common supposition that English and American are white-skinned because of the cold weather in their region, but it is not true. Ancient lineage of dark complexion Adam still exists in the same region which could not develop fair complexion till date. Therefore, this is the reason that the colour, the appearance, the temperament, the intellect, the languages and the diet of human beings differ. The lineage of Adam Safi Allah's progeny remained to be confined to the region of Central Asia; this is why the people of Central Asia are alike in appearance. *Adam Safi-Allah (Shankar Ji)* is reported to have descended in Sri Lanka. He migrated to Arabia and settled there, and this is where his grave is. Then who discovered his descent and footprints in Sri Lanka, It is still preserved

till date. It proves that a tribe pre-existed prior to his descent.

The Prophet-hood and Sainthood ceased upon the nations that were terminated. The survivors, being deprived of these spiritual dignitaries, went astray some time later. As these lands were gradually discovered, the Saints from Asia reached there, and taught the locals their respective religions. Today, the Asian religions have spread in all regions. Jesus from Jerusalem, Moses from Bethlehem, Mohammad from Mecca, Noah and Abraham also were from Arabia.

Some nations were destroyed by torments, and others were transfigured into bears and apes. Some survivors inclined towards the Lord out of fear; but others got disgusted regarding the Lord as *al-Qahhar* (the Penalizer). They disobeyed any Command of God, and started to say, “There is no such thing as the Lord, and the human being is an insect, and the Paradise and the Hell are just the figments of the imagination.” At the time of Moses, the Nation, transfigured into apes, headed towards Europe. The pregnant women at the time, turned apes gave birth to human babies. That nation still exists today. They admit that they are descendants of the apes.

The nation that transfigured into bears, headed towards the jungles of Africa. The pregnant women at the time were carrying human babies, and their race survived.

They are known as *Mamm*. They have long hair on their bodies; their majority is female; they also kidnap people. The religion fails to influence them, but they conceal their private parts with leaves due to their human nature. Another Adam was punished for a thousand years for some mistake. He was transfigured into a snake. His survivors still live in the form of a special type of snake. A thousand years after birth, it can transfigure into a human being also, and is called *Ruha*.

History states that Alexander the Great passed through a jungle for hunting, and noticed a beautiful woman crying. When asked, she informed she was the princess of China, and she set off on hunting along with her husband, when a lion attacked, and ate her husband, and that she was left alone. Alexander suggested, "come with me, I would send you back to China". The woman said that her husband died, and how would she save her skin on her return to China. Alexander brought her home and married her.

A few months later, Alexander complained of pain in his stomach. He tried every cure for it but to no avail. His illness worsened, and the physicians were helpless. A snake charmer also came to treat him. He spoke to Alexander in private, and said to him, "I can treat you, but I have a few conditions. If I fail to cure you in few a days, you may get me killed. Tonight, have a dish of pulse and rice made with plentiful salt in it, and you and your wife

should eat plenty of it. Lock your room from inside so that neither of you could leave the room. You should not sleep but you must make your wife believe that you are asleep. Make sure there is not a drop of water in the room.” Alexander did as he was instructed. During the night, his wife became thirsty, and found out that there was no water in the pot. She then tried to open the door, and found it locked. She looked at her husband, and felt that he was fast asleep. She then transfigured into a snake, went out through a hole, drank some water, returned in the form of a snake, and then transfigured back into a woman. Alexander was watching all this event unfolding. In the morning, he relayed all the details to the snake charmer, who told Alexander that his wife was a female serpent, which transfigures after a thousand years, and that her poison was the cause of the pain in his stomach. Then, this woman was then taken to the sea pretending they were going on excursion, and the sign, where she was thrown, still exists today, and is called the ‘Barrier of Alexander’. Their race still exists in the world. Ordinary snakes do not have ears but snakes transfigured from human beings do have ears.

Tribe of an unknown Adam is confined to the mountains of China. *Dhul-Qarnain* built stone-wall to prevent them from entering this region. They have very long ears. They spread one beneath them, and cover themselves with the other. They are known as *Gog Magog*. Science has

discovered many regions. There remains still a lot to be discovered. Eskimos (a kind of human beings who inhabit the circumpolar region) live behind the mountains of Himalayas. Some other kind of human beings also live in forests, Nobody, for except them, knows the language they speak. They also, worship according to the principles taught by their Adam. In their Tribal System, they also have Principles of Life and Code of conduct. Apart from these continents, there are many more Earth viz. the Moon, the Sun, Jupiter, Mars, etc. Adams were sent into those worlds also. However, the final hour (Qayamah) has already stricken those worlds. The supply of Oxygen was discontinued in some of them, and others were completely wiped out from the map.

**Human life (presence) still exists in the Mars
Whereas fiery creatures inhabits the Sun also.**

"The World of Mars", people belonging to all religions inhabit the Mars. Our scientists could not reach the Mars yet, whereas the Martians have been to our world many times, they have taken many of human beings for experiment. Their Knowledge of Science and Inventions are well-advanced and more ahead than that of ours. In case, our space-shuttle and Scientists reach there, they

would not manage to escape from their defence system (grasp).

God granted profuse knowledge to one of the many Adams. Progeny of the Adam, through the knowledge made it to arrive at Bait-Al Mamoor (*Place of Dispensing the Divine Duties*). Being on the Earth, They would hear the Divine Commands addressed to the Angels. One day, the Angels complained to God, " This nation interferes with our affairs now, as we, in the world begin to carry out our tasks, they have already found a solution to it." God said to Gabriel, "Go, Test them." A boy, twelve years of age, was grazing sheep; Gabriel asked him, "Do you also possess any knowledge?" The boy replied, "Ask me?" Gabriel then asked the boy to tell him where *Gabriel* was at the time. The boy closed his eyes, and then said that he (*Gabriel*) was not in the Heavens. *Gabriel* then asked, "Where is he?" The boy replied that he (*Gabriel*) was not on any land either. *Gabriel* asked, "Then where is he?" The boy opened his eyes and said "I have searched fourteen levels of seven Realms, and he is nowhere to be found, either I am *Gabriel*, or you are." Then God commanded the Angels to drown this nation by flooding. They heard this Decree of God and began to build homes of metal and glass. Then an earthquake ruined them. At that time, the region was called *Kalda*. It is now Greece. They, through spiritual knowledge interfered with Divine Affairs, now our Scientists,

through knowledge of Science, are causing interference with the Affairs of God.

In order to frighten the present-day human beings, God devises destruction on ordinary scale, and for the total extinction, a planet has already been sent to the planet Earth. The Planet is expected to collide with the Earth within the next twenty to twenty five years and that would be the final day for the World. A part of which (Planet) has already fallen on Jupiter a couple of years back. Our Scientists have also collected information about it. They are now reflecting upon moving on to the Moon, or some other planet for settlement. The allotment and bookings for the houses have already been made for the land on the Moon. Knowing the fact that basic elements of life such as Air, Water and plantation are not available thereon, yet endeavours for such settlement appear to be far from practicality. Now the question is! Does reaching to the Moon or Jupiter benefit Humanity? Is there a breakthrough in medical field, that of prolonging the Age (Anti-ageing formula) or death-preventing medicine? In case, our human beings reached on the Mars, they would not survive because of the difference in the nature of Oxygen. Money is being wasted in fruitless experiments. Had the United States of America and Russia utilized the wealth on poor, it would prosper all humanity. Because of the difference in Origins (belonging to different assorted

Adams), bombs are made to destroy each other, whereas the world is to destroy by itself anyway.

The number of souls created in the Celestial Realms superseded the allowance

Souls in the immediate-proximity were in the front-side rows. Common type of Souls were sent as per the followings of the Adams created within the Terrestrial Sphere. Those, which were moulded with black, white, yellow and red clay, they were taught the concerned knowledge through *Gabriel, Harut and Marut*.

Whilst Adams would be moulded with clay within the Terrestrial sphere, infernal Jinns would, grabbing the opportunity, enter them and would try entangling them within evil clown. Then the Prophets and Saints of that nation and their teachings would become a means of the salvation. Many Adams were made in pairs (*with their female partners*), and procreation commenced. Many times a woman was created alone (without an Adam), and she would bear children with the Command “Be”. These nations still exist in the world today. Only the women are their tribal leaders. As they are offsprings of women, they regard God as female, and they consider themselves to be progeny of the Angels. Their progeny came about outside marriage without man (human sperm). This ritual

continues among them even today. The women of these tribes bear children by anyone, and later marry other person, and do not regard this as indecent.

The affirmation by the souls, fate and rank (in the primordial time) determined the type of Adam. Such souls then descended (after these Adams had been sent). This is the reason: No specific religion was ascribed for them. Even if the Prophets were sent for their guidance, a few accepted them, instead others did contrary to the Prophet's teachings. Instead of God, they worshiped the Moon, Stars, the Sun, the Trees, Fire, and even started to worship snakes.

Finally, *Adam Safi-Allah* was moulded in the Paradise of the clay from the Paradise so that he surpassed all (previous Adams) in magnificence and excellence, so that they may be safe from infernal spirits, as they did not have access to the Paradise. Azazeel had the discerning instinct due to his knowledge. He became Chief of the Angels due to abundance of worship, and was from the Jinns. He, owing to jealousy, spat on Adam's body. Through his saliva, bacteria, similar to infernal Djinn entered Adam's body. It is known as Nafs. The progeny of Adam inherited it from Adam. As such, Prophet Mohammed said, "When a human being is born, an evil Djinn is also born with it."

Angels and Mala'ika (Archangels) are two different species. Malakoot is inhabited by THE Angels, they were created along with the creation of human souls. Above Malakoot is Jabaroot, the creature thereof is known as Mala'ika (Archangels).

The Archangels predate the "Command-Be-for-the Souls". Decree of God was: prostration be made to Adam Safi Allah. Never before an Adam was moulded inside the Paradise, nor did the Angels prostrate to any Adam! Azazeel appeared to be reluctant, denied to prostrate, hence he was cursed. Thus Azazeel developed enmity for the progeny of Adam Safi Allah. Pleases note: The progeny of other Adams escaped from Evil enmity, Infernal Jinns were just as competent to deceive them. Since the Satan was more powerful than the infernal Jinns, he tricked and gripped them cunningly, and taught them crimes as critical as the other nations started to distance themselves from Asians. Due to the excellence of Adam Safi Allah also, those whom God guided, they became so exalted and glorified that the other nations were taken aback. The greatest of the Celestial Books, the Old Testament, the New Testament, the Psalms of David, and the Qur'an were revealed onto them only. Due to the teachings, benevolence and blessings (of the Books), the Asian religions spread far and wide in the nations of the world.

Adam's soul was yet to be placed in his body, the angels sensed that he too was being moulded for the Earth, for the human being moulded with clay are fashioned for the Earth only. Then by a trick, they are sent to the Earth. Though the Eternal Act is by God, yet the humans get blame. If Adam was sent to the world unalleged, he would have come into the world, and done nothing but grumble. Why would he have repented and bewailed?

1. A soul, Azli Jahanami (Predestined Hell bound), if born in a non-religious home, is called a Kafir (*Rejecter of the faith*) and Kazib (*denier of the apparent truth*). These people are atheist, and the enemies of the Prophets and the Saints. They are arrogant, hard-hearted, and take pleasure in tormenting the Creation of God. Those of the second category practise a religion, yet deprived of its spirit. Such a soul, if it is born into a religious home, is known as a hypocrite.

2. These people are blasphemers to the Prophets, envious to the saints and are mischievous in religion. Their worship is wasted as that of the Satan. The religion directs them towards the Paradise, whereas their fate pushes them towards the Hell. Since they are deprived of the help from the Prophets and Saints, hence, they fall prey to the tricks and plots of the Satan and Nafs. The Devil and Nafs whisper to them as follows: You are a man of great knowledge, you are a great worshipper, is there a

difference left still between you and the Prophets? Now they begin to consider themselves as equivalent to the Prophets and they consider the saints are lower to them. They concede not the saintly marvels, and believe not in the knowledge of spirituality. They only believe in the acts that, which they possess, the quality and expertise of. They even dismiss Divine Splendours labelling them as magic. They concede to the power God gave to evil but they do not concede to the power God gave to the Prophets and the Saints.

3. A predestined Paradise bound Soul, is called an 'impaired one' should it be born in a non-religious or unholy atmosphere. The impaired ones may qualify for forgiveness and salvation. They are the souls who in search of the Established Divinely Ordained Path, and in order to rid sinful ways seek saintly help and their support. They are soft hearted, humble and modest, and generous.

4. In case Paradise bound soul is born into a religious family, that practises a Celestial Religion, it is known as Sadiq (*Truthful*) and Momin (*Enlightened Believer*) and they are those who by virtue of austerity and worship earn the Nearness of God and deserve Divine Inheritance. Faqr (Spiritual Poverty) is my pride and I am proud of it. (Prophetic Tradition)

Tasawuf (*Mysticism*), Emphasis on Qalb

In order to raise the heartbeats, disciples tried many tricks, such as loud invocation, dancing, Kabaddi (a form of wrestling), laying brick in making walls and physical work-outs. Following the above-mentioned tricks, it became easier to synchronise the Word *Allah* within the heartbeats and gradually the Word *Allah* Itself reached all the Souls of the breast and some people started to copy them without attaining profound knowledge and awareness. They started to dance on beats of *Allah Allah*. They failed to synchronise the Word *Allah* within their heartbeats, neither were they aware of its notion; however, their animal spirit (It relates to movements) developed fondness with the Word *Allah*. Similarly, the Botanical Spirit whence engages in the invocation of the Word "*Allah*" along with the music, it becomes fond of it, and gains spiritual strength." Music is sustenance to the Botanical Spirit. Experiments, that with music were carried out on crops in the USA. Similar crops in similar soil were sowed. One (crop) was kept under the influence of Music, and the other without it. The findings revealed that the one with the music was better in growth than the one without music.

Nafs is tantalizingly stubborn and seeks pretexts even after purification, whereas it fancies music and melodious sound. Some people, through music, tried to divert its (Nafs) direction towards God. Some people played guitar

with invocation of Allah, nonetheless, they performed worship through Ears. I met a guitarist who told me a story. He said, "I play guitar along with invocation of Allah as a hobby in my leisure time. Occasionally, as I wake up, I hear the invocation of Allah from within myself." Individuals such as he is, are better than those who simply sing, play music or listen to it for the sake of enjoyment; however, they could not thrive in attainment of any grade of sainthood. Such are the people of passion, craving, and those who seek the truth, through a Spiritual Guide, they obtain their fate. In Islam also, and Sufi's belonging to other religions too endeavoured to absorb in God's Name, through various methods. Deeds or Acts that which steer one's direction towards God, and increases God's Love is not prohibited.

Tradition of Mohammad, the Prophet:

"God takes into account the intentions, He does not bother deeds."

The followers of the Shariah (*Religious Law*) consider it to be wrong and blameable; this is because they are content with Shariah. But, those who are eager to advance on to "Ishq" (*Divine Nature and Self-Adoration*) from Shariah or those who practise not Shariah anyway, Why should they be discouraged and stopped from utilizing a substitute?

The Religion of God

Divine Life Style

Divine Love

All other religions were established in this world through the Prophets, whereas before this, Ishq was He Himself, Ishq, He practised with Himself, Ishq, He practised on Himself. In simple words, He was Love, and Himself was He the Lover, and Himself was He the Beloved of Himself and Souls that which were in His close Proximity, in His Glorified Majesty, and spur of Love, Ishq-e-Ilahi, Deen-e-Ilahi and Deen-e-Hanif (Truthful) was that! Such were of the Souls who being into this world, sacrificed all their possessions to find Him.

It was confined to some elite only.

Now Doctrine of Spirituality made it accessible to the Ordinary also

Tradition of Mohammad, The Prophet: Abu Hurrerah, "I acquired two types of knowledge from Mohammad. I told you of one. You would kill me if I told you the other."

When books (dried) were taken out from a pond, Maulana Jalal Uddin asked, What is it? Shah Shams replied, "This is the knowledge that you are not aware of."

When Moses wondered whether there was any other type of knowledge existed that he did not know of! God

replied, Enjoin Khidar, (A mystical figure, possessing the secrets of the esoteric knowledge).

Every Musalli (Worshipper) implores, "O' God, guide me onto the path of those that Ye art pleased with."

Iqbal, the Poet: What would Imam (one who leads the Muslim Prayer) know of that!

Those, whom God loved, and, those that loved God. Upon their entry into this world, they proclaimed God's Name. For example, Jesus spoke in infancy that He was a Prophet. *Gabriel* had already foretold Virgin Mary, of Jesus before His birth. Pharaoh was foretold about Moses' birth. He was told that a child would be born in a tribe, and who would cause to bring destruction upon him, and that he would be from among the favorites of God. Prophet Mohammad also said that He was already a Prophet before he came into this world. Many predestined souls and God-Loving souls are present in different bodies and different religions.

In the End Times

God would send any one of THE SOULS into this world. He would find these souls to unite them. He would remind them that they too once loved God. All such Souls whether they be in a religion or not, would

respond to His Call, and flock around Him. He would grant these souls a unique Name of Lord. The Name would reach their souls passing through their hearts. The soul shall, then engross the Name permanently to call upon God. The Name shall render to the soul afresh love, a new passion "نيا ولوله" , and a new strength. The Name's Noor (Divine Energy) "نور" shall reunite its connection with God.

Heart-invocation serves as an intermediary to obtaining Soul-invocation, just as servitude, (Salat/Prayers and Soum/Fasting) serves as an intermediary to obtaining Heart-invocation. Fear not then the reckoning and the Day of Judgment, have your soul engrossed God's Name! Further to this, other types of Soul-invocation and worship mark the increasing ranks. Those who are advancing from the Soul of Qalb towards Human Soul, they are of either those who have entered the Religion of God, or they are about to enter it. They are supposed to obtain guidance by Noor (Divine Energy), and by it do they manage to refrain from committing sins.

In addition, those who even having heard or struggled remain to be deprived are not included in the Religion of God. Those who consider themselves to be in (the Religion of God) or imitate as such to be, without obtaining heart-invocation and soul-invocation, are heretics.

Common people find salvation through common religions and worship. Means of guidance are Celestial Books. Means of intercession to God is Prophet-hood and Sainthood. Many Muslims do not concede that saints possess intercession to God; however, Prophet Mohammad insisted his companions on asking Owais Qarni to implore God for the salvation of his nation.

The Religion of the Souls

The recognition of those who are included in the Religion of God, the Religion of Ishq.

Into which all rivers submerge is called an ocean. In which all Religions submerge is called the Religion of God.

Sultan Bahoo: "Ishq is the Divine AVENUE where all four divinely ordained religions intermingle"

The fundamental recognition

When invocation of both Qalb and Rooh has been obtained, whether by means of worship or through the amiable glance of a perfect spiritual guide in either case, it was written-in-the eternal fate. One begins to abhor sins. One feels self-reproach and remorse when unwillingly happens to commit a sin, one cogitates to find deterrent to committing sins.

Decree of God: "I approve of those who find deterrent to committing sins "

Attraction for the world and its contents begins to vacate from the heart, Divine Love begins to prevail. One begins to feel getting rid of being covetous, jealous, arrogant and Bukheel (the one who conceals the apparent truth or economical with the truth). Mouth (tongue) learns to abstain from unkind remarks (bad-mouthing). One begins to realize unworthiness of oneself. Greed departs and replaces with generosity. Falsehood fades out. Carnal desires, from prohibition turn into allowance, One abhor to consume forbidden food, ill-earnings and wicked deeds.

The eventual recognition

One obtains thorough liberation from consumption of hashish, opium, heroin, tobacco, alcohol, and all other similar types. One obtains to meet and interact with Holy Dignitaries (Godly Souls) in dreams, through Muraqibah (Transcendental Journey) or through Mukashifah (Spiritual Insight). Nafs-e-Am'mara (The Commanding Nafs) has cleansed to turn into Nafs-e-Mutma'inna (The Divinely Content Nafs). The Soul of "Anna" be present, in person with God, and all the Veils between God and the man have been removed. One develops Baaz-e-Gunaah (complete abstinence from sins), obtains Ishq-e-Khuda (Divine Love), Wasl-e-Khuda (Union with God).

One turns into a Provider from a servant, and from poor to Conferrer to the poor.

Since the elite-souls from all religions would enjoin this Divine-Order, those who had already affirmed the Motto in the Divine Presence in the Beginning of the creation “The Day of Azal”, hence, it would be free of restraints-of-the religions for entry into it. Individuals from all religions would be given to worship according to their respective religious rituals; however, the nature of heart invocation would remain the same for all. Meaning: even with different religions they would be united at hearts. Once God enters their hearts, all would become Godly. God may now confine any one to Himself or send any body into a religion to dispense guidance. In other words, some would be Mufeed (Beneficial to the community via Habl Allah and also by being appointed), others would be Munfarid (Solitary and isolated), yet others would be the worriers and commanders. The sinners, who support and help these people, would be granted a certain Spiritual Rank. Those who failed to join up this League of Mehdi, most of them (Muslims and Non-Muslims alike) would join hands with the Satan (Dajjal, Anti-Christ). In the End, there would a great battle between the two. People of Mehdi, Jesus and Kalki Avatar, together shall defeat them. Most people of Dajjal (Anti-Christ) shall be killed, and the

survivors to live in fear, quietened up and under compulsion. Mehdi and Jesus shall rule the hearts of masses. Peace shall be restored in the entire world. All other religions would cease to turn into the ONE RELIGION (The Religion of God). The Religion, would be, God's Favourite, gist of the religions and scriptures of all the Prophets, worthy of acceptance in the entire humanity, superior to all types of worship, moreover, even superior to God's Love, ISHQ-E-ILAH.

“Ishq, to where it takes, Emaan has no trace.” (Saint *Sultan Bahu*)

Iqbal the Poet from Sub-Continent depicts a scenario as follows:

“The world (Humanity) needs THE MEHDI THE TRUTHFUL Whose Sight (Doctrine) shall shake the Established Universal Philosophy and Thoughts”

“The concealed Secrets are to be unveiled soon, era of “You cannot see Me” is history now”

“The Identity of whom is revealed first, He is THE MEHDI, He is of the End Times!”

“Grant me the Ability of the Sight to peep into the Mirror of Reality, Foresee the Future, the picture of which remains to be vague to sight”

“Look at the Universe, the land and space, look for a moment, at the one who appears from the East”

“Gone has that time O' giver of the drink (of love), when did hide the drinkers”

“The whole world will now become a tavern and every soul will be the drinker (of the Divine Love)”

“The time has come of the unveiling, all will see His Splendour and Majesty”

“Silence was His Veil, whose secret will now be manifest”

“Out of the desert came he, who overturned the kingdom of Rome”

“Heard have I from the Angels, that the lion will awaken again”

None of the Celestial Books and *Saheefah* (Chapters revealed on The Prophet "Nabi") are the Religion of God. In these books are the rituals on *Salat* (prayer), *Fasting*, and the beards, whereas God is not bound by them. These religions were established to enlighten and purify the followers of the Prophets. God, Himself is Pure "Noor". When an individual, having obtained Union with God, becomes Noor, then He too enters the Religion of God. God's Religion is Mutual Love and Affection. It is the Manifestation of Attributes of His Ninety Nine Names. He is the One who does mention of His Friends. (God) Himself is the Love, the Lover and the Beloved, and when God grants an individual a portion of what is mentioned above, then he too enters the Religion of God. Beholding Divine Beauty of God is His Prayers (*Salat*), mentioning

of God is his hobby. Further, gazing at the beatific Vision of God is atonement for all obligatory religious practices of his life and customary form of worship adopted from the Prophet's practice. The Collection of worship performed by all Angels, Human Beings and Jinns cannot reach the level of his Servitude.

For an individual as such, Abdul Qadir Jilani says: "One who having obtained Union with God, intends to worship, rejects Divine-Bounty ”.

The Saint *Bullhay Shah* stated: “After I started the worship of Love, I forgot the Temples and the Mosques.”

Iqbal (the Poet) said: What would Imam (*one who leads the Muslim Prayer*) know of that!

Abu Hurrerah: I acquired two types of knowledge from Mohammad. "I told you of one. You would kill me if I told you the other."

History reveals that whoever unfolded the secrets of the inner-knowledge, they were assassinated as Shah Mansoor and Sarmad were. Today, His Holiness Gohar Shahi anticipates the same.

A submission to the Shariah (*the Religious Law*) is for the followers of the Prophets, but the Prophets are not obligated to any worship. They are already PROPHETS since (The Day of Azal) the Beginning of the Creation, even before introduction of Shariah, The Prophets are

supposed to model the Religion in practice to perfection, hence leaving out anyone of the rituals may provide an excuse for the nation to serve it as a custom or way of the Prophet. Therefore, they must stay cautious and maintain spiritual sanity. Can anybody say that a Prophet would enter the Hell because he never worshipped? Nay, absolutely not!

Can anybody say that it is impossible to obtain sainthood without performance of worship? Can anybody say that, too, that becoming a Prophet is impossible without obtaining knowledge? Then why objections are served against the saints whereas sainthood substitutes Prophet-hood?

Beware! Those who claim and pose to have acquired Union with God, without seeing God in person, are heretics and they tamper with the truth! The Scriptures execrated such liars. Verily! The Qur'an curses such as those who tamper with the truth. Due to them, thousands of believers lose their faith and waste time.

The book (in hand) requires unruffled concentration and attention, pondering and research from all religions sects and every man. It poses a challenge to those who deny the existence of Spirituality.

Decrees of His Holiness RA Gohar Shahi

Three segments of the knowledge of the Outer, and one segment of the knowledge of the Inner are to be traced.

“Find an equivalent of Moses to obtain the knowledge of the Outer and an equivalent of Khidar for the knowledge of the Inner.”

Voice from the higher Realms unaccompanied by the Gabriel is known as Ilham (Inspiration) and knowledge is known to be Saheefah and Hadeeth-e-Qudsee (Hadeeth-e-Qudsee is Private talk between the Prophet and God, Gabriel is not Present). Knowledge that was accompanied by Gabriel, be it knowledge of the Outer or the Inner, whether it be called the Qur'an, the Torah or the Bible, it is to be known and regarded as Celestial Scripture.

Clerics err and declare it politics to escape from it. Saints err, and it is ignored to be considered as a code, Section of Err does not apply on the Prophets!

In what they remain to be preoccupied, they are strong in relation to them and those who are not in this discipline, and those that are not occupied in their relative spiritual practice, they are senseless and lifeless, and those who engrossed God's invocation in the souls therein, then their preoccupation is the All Time Dhikr-al Sultani and Ishq-e-Allah.

Rightly did Iqbal say: **"If You are in Ishq. Your Kufr is as good as Islam."**

Sachal Saanyen said: **"Without Ishq of the Beloved, Islam or Kufr matters Nought!"**

Saint *Sultan Bahu* said: **"Ishq, to where it takes, Emaan has no trace."**

People such as mentioned above, if they belong to a religion or join up that religion, Divine Shower of Mercy begin to fall on the Land, due to their auspiciousity. Then to the threshold of Baba Farid (A saint from Sub-Continent) do come the Hindu's and Sikh's. Muslims and Christians to Baba Guru-Nanak.

Imam Mehdi to renew all religions!

Just as Reformers continued to reform the Religion of Islam in accordance with environment, after Mohammad's Finality of Prophet-hood; similarly, with the advent of Imam Mehdi, the reforms carried out by these Reformers would nullify, and Imam Mehdi shall, on His Own renew all Religions in accordance therewith. Some Books indicate, "He (Imam Mehdi) would INTRODUCE a Brand New RELIGION".

Decrees of His Holiness RA Gohar Shahi

If somebody has worshipped all his life, but in the End, he turned out to oppose the Awaited Imam Mehdi and Jesus Christ, who are to come into this world twice (Jesus to return into this world with the same Body that He ascended with to higher Realms, and Imam Mehdi to return into this world with the Terrestrial Spirits), he is hell-bound as *Balyim Ba'ur*, and rejected as was *Iblis* (the Satan). If somebody has lived all his life like that of a dog (Dog is symbolic to Nafs-e-Ammarah in Spiritual term), but if in the End, he managed to love and support them (Imam Mehdi and Jesus Christ), He would be granted to turn into Qatmir from a dog to enter the Paradise (Qatmir, who was elevated by association with the 'Companions of the Cave', and will go to the Paradise).

Some Sects and Religions claim that Jesus had died, and His tomb is in Afghanistan, Beware! It is a misleading propaganda. The Tomb in Afghanistan is that of a saint by the name of Eesa. What would be the purpose of the burial there when transportation was primitive then (it would have taken months to travel to Afghanistan). Some people ask, "How was Jesus raised to the heavens?" We say, "How was Adam

brought down to the Earth?" Whereas Idrees (Enoch) also is still present in the Paradise, Khidar and Elias (Ilyaas) are also present in this world, and they still live.

Hayat Al Ameer, the Grandson of Abdul Qadir Jilani of Baghdad has lived for six hundred years now. Abdul Qadir Jilani instructed him not to die before passing on his salutation to Imam Mehdi. It was Hayat Al Meer who awarded Shah Latif with the title of Imam Bari. Marks of his sitting-place are still preserved in Bara-Kouh, Murree, Pakistan.

Punishment for Sins, committed with the physical body is imprisonment, fine or hang-to-death. Punishment for those in Faqr (Spiritual poverty) is humility, whereas the punishment for Inner sins is way too severe. The reward of good deeds from the account of one who passes unkind remarks (*Backbiting*) are transferred into the account of the one, affected. Covetousness, Jealousy, Bukhal (Being economical with the Truth), arrogance omit the recompense from book of Deeds. If a person has any Noor (Divine Light) inside him, it is confiscated when he blasphemes or begrudges any Prophet or Saint, just as *Sheikh San'aan* insulted *Sheikh Abdul-Qadir Jilani*, consequently he was stripped off his visions and marvels.

There is a story: As Ba-Yazeed found out that a man is involved in passing unkind remarks (backbiting) against

him, he set an amount of pension for him in return to it. He continued to receive the pension and continued to pass the unkind remarks too. One day his wife said, "Stop being unfaithful to him, stop receiving the pension or stop backbiting against him". As such, the Man started praising the Saint. When Ba-Yazeed found out about this change, he discontinued the pension. Later, he came to visit Ba-Yazeed. He said, " You would send me the pension when I was involved in backbiting against you, why did you stop it since I started to praise you?" Ba-Yazeed said, "You were on my labour then, your bad remarks would burn my sins, and I would pay you against this labour, what do I pay you for now?" The vices written herewith relate to Nafs-e-Ammarah (*the Commanding Nafs*), the helper to which is Iblis (*the Satan*). Whereas piety, generosity, forgiveness, patience and gratefulness, lowliness and Divine Theophanies relate to Qalb-e-Shaheed (*the Witnessing Heart*), Guardian and helper to which is Perfect Spiritual Guide.

With Nafs-e-Ammarah, Noor from recitation of any pure words (*Scriptures*) cannot settle in a heart, even if one memorizes the words and verses of the Scriptures, still remains to be a parrot. Once your Nafs turns into that of level of Mutma'inna (*the Content Nafs*), then no impurity can settle in you. You are then Longing Cockerel (*A bird that is attached with heart to boost lust. It is purified when Theophanies start to shower upon a heart*).

Find a Nafs-Demolisher to mortify your Nafs, the One who is an All Time Divinely Anointed. Body from outside is cleansed with water whereas inside of body is purified with Noor. It remains to be dirty and impure without cleansing. A clean body is worthy of performance of worship whereas a purified heart is worthy of being recipient of Divine Theophanies. Only then do the Celestial Books guide the Purified Ones. Otherwise, people of the Scriptures become enemy to the other people of the scriptures. As per Maktoubaat, Mujaddid Alf Thaani writes, "Those with Nafs-e-Ammarah had better not read the Qur'an, they are not worthy of reading it, and the novice must first purify himself by the invocation of the Heart. Once enlightened, then recite *the Qur'an*."

There is a Prophetic tradition that some people recite the Holy Scripture, and the Scripture curses them. The Saint *Bullhay Shah* stated that there are those who deceive others, yet carry the Scripture under their arms.

A worshipper thinks he stays awake all night in worship for God. Therefore, he is near to God. After worship, you pray for good health, long life, wealth and damsels of the Paradise. Ponder! Did you ever pray to God as such: O God, I want YOU and nothing else. A cleric thinks that he, in nearness to God, has already obtained salvation,

because he has *the Qur'an* and knowledge in him. Then, why do you call others as hell-bound as every Muslim possesses some knowledge, and has memorized many verses of the Qur'an? Ponder! Who sells the knowledge? Who sells himself? Who does the backbiting against the Saints? Who is engaged in jealousy, arrogance and concealing the truth (Bukhal)? What is in heart differs from that on the tongue and says something in the morning, and then twists it in the evening. Whose hobby is it? Who moulds the truth into falsehood, and falsehood into the truth? If you are free and pure from these vices, then you are a Khalifah (Caliph) of the Prophet and turning back on you is disrespectful.

Allama Iqbal said: **Meaning, you appear to be a reader but in reality, you are the Qur'an.**

If you are entangled within these vices, then you are the one about whom the wolf said: "Might God raise me from among the clerics of the 14th century, if I ate Yousuf (Joseph), the Prophet."

Siraat Al Mustaqeem (*Divinely Established Path*)

1. Those whose outward is clean but inward is darkened, they are mischief in the religion. They are the caliph of Iblis (*the Satan*). Tradition of the Prophet Mohammad: Do not approach and be fearful of an ignorant cleric. An

ignorant cleric is one whose mouth (tongue) is learned but his heart is darkened (ignorant).

2. Those whose Batin (Inward) is enlightened, but Zahir (Outward) is impure, they are called Majzoob (Ecstatic Saint), Mazoor (who is an eternal soul but is born in a secular home and evil environment), Sukur (Spiritual ecstasy) and Munfarid (He is solitary and does not meet any people).

Intellect is lost by Ishq (Love) what the accountability on the Day of Judgment is for? (Taryaaq-e-Qalb)

They are cause of worry in the religion but they are in Nearness to God. However, they cannot obtain any further rank. Verified are the appointed ones, heretics are the imposters.

Such saints beat with their stick the high profile personalities such as the President Ayoub, former Prime ministers Benazir and Nawaz Shareef when they were in government. Can you beat a president with sticks? (Majzoob are inwardly connected with God. When they beat somebody with their stick, in reality they bless them. Those who get beaten they also know the effects of that beating. This is why majzoobeen beat presidents and they were not punished. If you beat anyone they will put you in jail). The act of beating is confined to the Majzoob only. It is not for anyone other than majzoob.

3. Zahir (Outward) is cleansed, Batin (Inward) is also purified. Worship by Qalb (heart) along with worship of Zahir (Outward). They are known as Aalim-e-Rabbani (Divinely Ordained Scholar). Meaning, they Alim-e-Rabbani serves as Prophet's pulpit and are heir of the religion.

When one attains the unification of Inward with outward, he is then known as Naib-e-Allah (Second to God). If he performs hajj in a dream or spiritually, then reward for it is also granted in Zahir (outward), even greater reward than that of hajj of outward. Salat (prayer) by Souls is entitled to be equivalent to salat (prayer) of Zahir (outward). Verily, even greater than that! When such an individual performs salat in zahir, it becomes meraaj (Ascension) in batin also. These are the souls, whose bodies are among people here on earth and their souls are with God there in higher Realms. In the faculty of Faqr (*the Spiritual Poverty*), they are called Mua'arif (*Saint by soul*) also. For Ashiq (*the Lover of God*), all he wants is the Beatific Vision of God. Some people assert that one cannot behold God. The knowledge of Beholding God began with Prophet Mohammed. According to Abu Hanifa (*the Eminent Muslim Scholar*), he has seen the Lord ninety-nine times; Bayazid Bastami (*the Muslim Saint*) stated that he has seen God seventy times; The soul of Anna (*Placed in forehead*) enables you to see God, and

you are naive on the teachings and invocation of Soul of Anna.

The Friend of God

If people believe somebody to be a saint due to his spiritual insight, marvels and spiritual benevolence, but if you are disheartened by his deeds or his religion, you had better stop visiting him, but do not pass bad remarks about him.

Beware! Someone may be an apple of God's eye or a Sheikh Baqa, or a Laal Shahbaz, or a Khidar or a Sai Baba! You may also encounter an Eternal Divine Bride.

Gohar Shahi's revolutionary message to the entire humanity

A Muslim says, "I am superior to all", Whereas a Jew says, "I am even greater than a Muslim", and a Christian says, "I am higher than both of them, nay, superior to all religion, as I am from the Nation of God's Son."

Gohar Shahi, however declares that superior to all is one who has God's Love in his heart, even though he is not from any religion.

"Performance of outward worship and prayers

confirm obedience to the Divine, whereas heart-invocation is intermediary to God's Love and means of communication to God."

Appointed One bears the verification, whereas the impostor becomes a heretic.

One who makes a false claim of Prophet-hood is a Rejector of Faith (*Kafir*), whereas the one who makes a false claim of Sainthood is next to Rejector of Faith (*Kafir*). Wali means a friend, and it is a must for friends to have seen each other or have spoken to each other. Prophet Mohammad once warned the companions that some acts of his practice were confined to him, and that they were not supposed to imitate him.

Prayers of Every Musalli (*worshipper*), "O' God, show me the way of those upon whom you bestowed your bounty." Establish Real Prayer (*Salat*), that which must be performed in Bait-al-Mamour, for this Prayer shall continue to be in practice even after death just as on the Night of Ascension, souls of All Prophets performed prayer (*Salat*) in Bethlehem. Stick to Islamic Law (*Shariah*) strictly, till you see God. However, God has to offer a substitute for the sinners and those sluggish in worship. Heart-invocation that of with the Name "Allah" also recompenses the scarcity of outward worship and sins, and eventually leads to becoming God's Lover and Enlightened Conscience.

Then do remember your Lord whilst standing, sitting and tossing on your bed, as when your prayer (Salat) dies out. (Qur'an) فَإِذَا قَضَيْتُمُ الصَّلَاةَ فَادْكُرُوا اللَّهَ قِيَامًا وَقُعُودًا وَعَلَىٰ جُنُوبِكُمْ

Company, belonging to, amiable gaze and well-wishes of the Saints also revive the fate of sinners, and save them from Hell as Prophet Mohammad, for salvation of the sinners of his Nation, sent companions to Owais Qarni for Prayers. Generosity, struggle in the way of God (*Riyazat*) and martyrdom also may recompense against the sins and earn salvation. Lowliness (*Ajizi*), repenting and weeping also may earn God's Favour. It was due to this, that Nasouha, the one who stole the coverings of the dead women, and seducer of dead women, was forgiven by God. One day, Jesus asked the Satan, "Who do you think is your best friend?" The Satan replied, "A worshipper-cum-miser. Jesus astounded, "How come?" The Satan said, "His nature that of being miser nullifies his worship-accounts." Jesus continues to ask, "Who do you think your worst enemy is?" The Satan said, "Sinner-cum-Generous" . Jesus exclaimed, explain how? Satan said, "His generosity washes away his sins."

Those who love the favourites of God, creature of God, care takers, supporters of the truth, people of just also manage to earn Divine Bounty and Mercy. Poet Iqbal, when he was a student of 3rd or 4th grade, he was

followed by a female dog on the way from school to home. He climbed the stairs to his home, while the bitch kept staring at him senselessly. He thought to himself, perhaps, she is hungry. His father had left a loaf of bread for him. He put before her a half of the loaf, soon before long she ate it, yet staring at him senselessly. He offered her the other half too, and he starved all day long. The following night, his father was given the glad-tidings as of, I appreciate what your son has performed, and now he is under My Merciful Sight.

As Subaktgeen started to walk away from the jungle, holding a baby-deer, he saw a deer was following his horse. Subaktgeen stopped and he noticed that the deer stopped too, staring into sky. Subaktgeen realized that then tears were flowing from her eyes. He set the baby-deer FREE. Following this incident, God became so merciful upon him that he would now often cry in the Name of God.

Maulana Jalal Uddin says: "One moment passed in company of a saint is better than 100 years of pure worship."

Private tradition of Prophet Mohammad, " I become his tongue through he speaks, and I become his hands with which he holds and grasp."

Abu Zar Ghaffari, People on the Day of Judgement, on recognizing a saint would say: O God, I helped him with

ablution, the reply would be, "Salvation be granted to him." Another of the spectator there, would say, " God, I fed him and provided clothes for him", the reply would be: Salvation be granted to him too. This is how a large number of people would be granted salvation.

Hadeeth Qudsee: "Whoever develops enmity against My Friend, I declare a war against that person."

In Divine-War, beheading for once is not sufficient; the faith of the culprit is beheaded, which, in the life hereafter, continues to be beheaded along with torture daily. Just as *Balyim Ba'ur* who was a great religious scholar and a keen worshipper, but because of his enmity against the Prophet Moses, he was sent into the Hell.

People say, "God can be found through worship." We (His Holiness Ra-Gohar Shahi) say, "God is to be found through and in Heart"

Worship is meant to purify the heart, if it does not serve the purpose, then God is far off from you. Tradition of the Prophet: "Neither do I watch your deeds, nor your faces (bodies), rather I watch Pure-Intentions and Purified Hearts." However, you may earn place in the Paradise through worship, but the Paradise too is far and away from where God dwells. This Mystical Science (Deen-e-Ilahi, Divine Love) is aimed at those who, turning their

faces away from the Paradise and its content, ache and crave for Divine Love, Divine Proximity and Divine Union.

Then as it appears in verse of the Cave, "God provide them with a Perfect Spiritual Guide."

(مَنْ يَهْدِ اللَّهُ فَهُوَ الْمُهْتَدِ وَمَنْ يُضْلِلْ فَلَنْ تَجِدَ لَهُ وَلِيًّا مُرْشِدًا)

When God is pleased with somebody, He looks at him with Affectionate Gaze. The Affectionate Gaze, that God looks at with, washes away the sins of that person. Those who keep company of such a person, Affectionate Gaze of Divine Mercy engulf them too. The Friends of the Lord, 'the Companions of the Cave', remained asleep or were on a 'spiritual journey', and God kept gazing at them with Affection, due to which their companion dog too, becoming *Qatmir* would enter the Paradise. When Sheikh Farid came under Merciful Sight of God (Theophanies), the shepherd sitting along side was also spiritually revived.

When God became pleased with Abu Al Hassan, following Abu Al Hassan's Way of Pleasing God, they began to speak with each other. One day, God said to Abu Al Hassan, "If I reveal you upon people, they would stone you to death." Abu Al Hassan replied, "If I reveal upon people how Merciful You are, then none of them would worship (Prostrate) You." God compromisingly said,

"Let's make a deal, neither you reveal anything upon them, nor shall I."

The Companions of the Prophet cursed on Zaid, (A Companion), when consecutively for the 3rd time, he was caught consuming alcohol. Prophet Mohammad in disagreement said, "Do not curse him, for consuming alcohol, for he loves me and God." Those who love God and His Apostle, verily, they shall not enter the Hell. Verily, God love His all creatures, and He provides for all. He does send sustenance to the incapable insect (those found to be living in stones) too. As disobedient offspring is punished and disinherited, similarly, God appears to be Penalizer for the disobedient and blasphemous ones.

Believe the fact that He wants to look at you too, but you appear to be naive, careless or you are ill-fated. Your face that people look at, you wash it with soap, apply cream and shave daily, and your heart, that God is to look at, did you ever wash it?

Tradition of the Prophet: There are means and ways of cleanliness for every object. Whereas, invocation with God's Name is Divine prescribed means for the purification and cleanliness of hearts. Pure Love relates to the heart. Those who utter "I love you" by their tongue only, they are the cheaters. Love is not performed, rather it settles in hearts with whosoever settles in the heart.

God can inhabit your heart by following methods:
Visualization on God's Name (Tasaw'wur) Invocation of Heart and the SAINTS. A car engine alone cannot reach the destination till other necessary parts like steering, tyres are not attached with it. Similarly, Salat (Prayers) too is incomplete with attainment of mortified Nafs and purified heart. If Salat without these necessities is sufficient, and you consider this will earn you the Paradise, Then why do you label others as Hell-bound? Why do you call them as Kafir or Murtid (One who returns to the previous faith, quitting the current one), when they offer Salat too? Both are darkened in hearts, the only difference that lies between the two is that one is riding a donkey of Jesus, and the other the donkey of Anti-Christ (Dajjal). The only difference that lies among people is their respective creed, and the creed is to be left behind in this world. The Soul from the Inner shall go forth.

Salat (Prayers) confined to the tongue only, the heart in the absurd-engagement, envy and jealousy. This is known as Prayers-by-the body. Common folks spend their entire life in wishful thinking, and continue to be trapped in sectarianism. Their propagation results in rising mischief within the Religion. Suppose, you worshipped for ten-fifteen years under the principles of that sect, then you changed to a new sect considering that to be right, which proves that the previous sect you followed was Batil

(false). The Batil's worship is not acceptable (to God). In other words, you wasted the ten or fifteen years of worship that you did. The new sect you join may possibly be false too. In that case you lost your past and your future worship. When the blindfold was removed, one found himself back to square one. You would have been better off finding a Perfect Spiritual Guide, than wasting your life.

Gohar's School of Doctrine (The Goharian Philosophy)

Queue up all the righteous, the worshippers from all the religions, ask God, Who would you like to look at? As your eyes fix on glittering stars, be it the Mars, Mercury or a nameless star. Similarly, God can see the enlightened hearts only, whether or not, they belong to any religion.

Sachal Saanyen said: "Without the Ishq of the Beloved, Islam or Kufar matters Nought!"

You, in search for God, rush towards Temples, Churches, and Mosques etc! Does the History trace as such as God was seen sitting in any worship-place? O' Fool head! The dwelling of the Lord is your heart. Let God inhabit your heart, then you shall see the worship-places and all the worshippers running towards you. BaYazid recollected, "I circumambulated Kaa'ba for a certain period of time (The

Muslims sacred place of worship in Mecca), Since God inhabited me, Kaa'ba has been circumambulating me for a long time now. The worship-places are collection points for good virtues, whereas hearts are the Divine Dwelling places. In worship-places, you shall call upon God. In hearts, God shall call upon you.

Not in the Fate of the Intellectuals is found the Taste-of-Passion.

Those who lay everything before are the Bearers-of-Ishq (Lovers)

**And when was God found by repeating his name?
It is the Man-God, through whom you find God.**

According to every religion, the glory of their Prophet is superior to all, and it is this notion which broke out mutual wars among them It is important that first you gain access to the gatherings of the Prophets (in higher realms) through spirituality, only then will you realize the spiritual grades and ranks of the Prophets.

Important Note

God called every prophet with a unique name which served the Nation of the Prophets as their respective

MOTTO and means of recognition. The Names that God uttered out were in His Own Language (Suryani).

Affirming these, one gets admitted in the Nation of the Prophet. Affirming thrice is the CONDITION. Following his admittance into the Nation of the Prophet, the more frequently one repeats these words, the more purified he gets. Deliverance of these words at the time of adversity renders rescue. In the grave also, these words happen to soften the accountability. Even for the entry into the Paradise, deliverance of these words is Conditional.

Nations of all Prophets are advised to memorize these words, and recite them at dawn and at dusk as much as they may. You may read the Celestial Books in your own language for the purpose of guidance, As for the worship: Original text of the Original Book are proved to render spiritual benefits more.

Motto's of the Mursaleen (The Grand Prophets)

The Christian Motto:

La Ila'ha Ill Allah I'sa Ruh-Allah. None other is Deity (Ilah) for except Allah-Eesa (Jesus) is Rooh Allah (Spirit of God).

The Jews Motto:

La Ila'ha Ill Allah Musa Kalim-Allah. None other is Deity (Ilah) for except Allah (God)-Musa (Moses) talks to Allah (God).

The Abrahamic Motto:

La Ila'ha Ill Allah Ibrahim Khalil-Allah. None other is Deity (Ilah) for except Allah (God)-Ibraheem (Abraham) is Khalil (Friend) of Allah (God).

The Muslim Motto:

La Ila'ha Ill Allah Mohammad Rasul-Allah. None other is Deity (Ilah) for except Allah (God)-Mohammad is the Grand Prophet.

The Hindu and Sikh are a link from the religions of Adam and Noah. Adam revering the Holy Black Stone inspired them to worship stones. The survivors on Noah's Ark propagated (their beliefs) reaching India, and their Gurus also received spiritual grace from *Khidr (Vishnu Maharaj)*. The names such as of Adam (Shankerji) and Khidr (Vishnu Maharaj) are to be found in the wording of their prayers.

A follower of any religion may have certain language of his own, but *Kalima* (the Motto) in *Suryani* language (of God) is for the recognition and salvation. The chanting of the Name of God and *Rasul* (the Grand Prophet) is necessary at least (33) times morning and evening for common folks. To be protected from mundane problems and calamities, it must be done (99) times a day or as much as possible. To avoid calamities (in life), it must be (5000), (25,000) or (72,000) times a day. More than one person can recite to complete it within an attempt. The maximum limit is (125,000) times a day.

In order to purify the Heart and to efface the black spots (*Angels appointed on every human being, place black spots on their hearts, as a result of committing sins-Prophetic tradition*) of sins, while inhaling *LA ILAHA ILLALLAH* and the second part while exhaling, concentrate on the Heart. In acquiring the Love and the Nearness to God, there is another method, which is difficult without God's Will. Make use of the BEATS of your heart, and let the beats say the Name of God with every throb, as is done making use of a rosary whereby God's name is chanted on every piece as described in this book. Only the specific Words of Allah are required to be synchronized within the beats. Exercise this too daily as much as you can. Dhikr (Invocation) at all times can start in some people even without they concentrating on it, some others have to concentrate, some others after revival of Qalb (heart) and Rooh (Soul).

The number of invocation for the God-Friends is 72,000 times, whereas for God's-Lovers it can reach up to 125,000 times. The Guardian Angels (*Karaman Kathibeen*) fail to count the number of Dhikr (invocation) when all the Souls of the breast (Lata'if) are engaged.

Some of the souls on Land, some others at the Empyrean of God,

Some in Kaa`ba and some others in person before God.
(**Taryaaq-e-Qalb** by *Riaz Ahmed Gohar Shahi*)

Those in the Religions should concentrate God's Name as well as their Prophet's name on their heart, so that the Name Allah is controlled and justly balanced in relation to Majestic effects. In the state of Spiritual ecstasy, absorption (state of spiritual incompetence) or heat of Majesty, continue repeating Kalima (the Motto) of the Prophet till the said state fades out. Further, visualize a Perfect Spiritual Guide, whom you have personally seen, so that the Guide's spiritual power inscribes the Name *Allah* onto your Heart. Those who are not in any religion, for them it is uncertain to determine as to who are they supposed to obtain spiritual benevolence from (names of spiritual guides also are written in Eternal Fate), some people may not have any spiritual guide written in their fate. During the exercise, visualize all five Grand Prophets turn by turn, also visualize the saint that you may have met and have faith in. Then, whom you belong to, shall begin to speak from within you. Meaning, your direction, love and heart shall be inclined onto Him.

At one stage in the past, all people belonging to Celestial Books were gathered and united on certain issues and points. They began to eat together, and also they allowed cross-marriages. Similarly, Ahl-e-Dhkir (Those who possess the Bounty of Heart-invocation) in the present era

shall be unified. The people of Celestial books were united and gathered temporarily as the Book was confined to their tongue (it did not enter their hearts) only, it vanished away. People of the heart-invocation shall be permanent, as the Name of God and its Divine light would enter their bloodstream and heart. It is difficult for the illness that has entered the blood, or love that has entered the blood, to come out from it.

Water remains to be water till it is splashed into with a unique formulation to form electricity; when milk is churned it turns to butter. When the verses of Celestial Books are repeated according to Mystical Method, they produce Noor (Divine Light). Repetition of verses and Names of Divine Attributes produces Sifati Noor (Divine Light of the Attributes). Its access is up to the Malaika (the Archangels). This is Bil-Wasta (Indirect, requires Medium). This is the stage of Wahdat Al Wajoud (Unification in Existence). Noor (Divine Light) produced by repetition of the personal name of God "Allah" has direct access to God and this is Bila-Wasta (Direct, requires no Medium). This relates to Wahdat Al Shahood (Unification in Witnessing)

Many people respect, revere and love the prophet and saints of their respective religion. But for Prophets and Saints of the other religions, they hold grudge against them and develop enmity against them. Such people

cannot attain any status from God, because whom they reproach are also from among the Friends of God, and assigned by the Will of God to different religions and nations.

Eyewitness Events of a few Loving Souls

Event of a predestined loving soul:

In America, I passed through a jungle at midnight, I saw a man was prostrating and weeping before a tree; I returned after an hour or so, he was still in the same state, I got closer and stopped. He felt my presence, and raised his head from the prostration. He said to me, "Why did you disturb me?" I said, "I am also in search for God." I however wonder how God can be found through a tree. You would have been better off finding God through a religion. He said, "I do not know the original language of Celestial Books as of the Qur'an and the Bible, and I do not trust the translation of these books, because they contradict a lot, which leaves an impression as though these books were sent not by one God". According to one book: Jesus is my son, whereas the other book says, "I do not have any son." I wasted a long period of my valuable time in the studies of these books. I have now adopted

another way. See, how beautiful this tree is! It proves that God loves this tree. May be, through this tree I may gain access to God!

He was a pre-destined loving soul, who was in search for God, according to his intellect. Can such people be sent into the Hell? They are known as Incapable (Mazoor).

They are those who from being a dog shall turn into Qatmir. Qatmir also did not have a religion.

Miss Katherine of Arizona USA tells a story:

I acquired Spiritual Grace of heart-invocation from Angela. She said, If invocation started in your heart within seven days, then understand that God has accepted you, otherwise, your life is a waste. When the invocation in heart did not start even after the hardship of seven days, I burst into tears one night, and I implored God. The same night, I felt the invocation of Allah started in my heart, and it has continued for the last three years now.

Katharine does not believe in Age-factor. She believes in sound health. Similarly, she does not believe in religions, she rather believes in Divine Love. She admits that the heart-invocation is promoting God's Love in her heart, and that God's Love is enough and sufficient for her.

Meeting with a Hindu Guru:

I was then in the mountains of Sehwan, Sindh. I would visit the Tomb of Lal Shahbaz Qalandar. One person was sitting in the courtyard of the Tomb, Many Hindu's were sitting around him in a respectful way. I asked, "Who is this Sage?" They said, "He is a Hindu Guru", He possesses an Enlightened Conscience. Our requests to Lal Shahbaz reach through him, and our prayers are answered. Many Muslims also respected him.

One day, I passed by a rock, I saw the same man was prostrating an Idol perched in front of him and he was reciting something. I met him in the Tomb the following day, I said, "I do not understand you being an Enlightened Conscience worshipping an Idol (Made of Clay). He replied," I too do not regard the Idol as Deity; however, it is my belief and it is written in your Scriptures too that God created man in His Own Form." For this reason, I carve many types of Faces, in a hope that one of the faces may resemble that of God. He said, "You are also an Enlightened Conscience, you tell me which of the Idols resembles with the face of God, so that I may also bring it into my heart."

I (His Holiness GOHAR SHAHI) was sixteen or seventeen years of age, I was reciting verse of Muzammil at the Tomb of my ancestral saint "Gohar Ali Shah". Suddenly, a tall man in guise of a fakir appeared before me, and he said," you are wasting your time (chewing

hard gram). He was a saintly face, so I remained quiet, but deep down in my heart, I thought, he must be a Satan, and he came to stop me from recitation of the Qur'an.

The wheel of time kept moving, I was 35 years of age when invocation of heart started in me. I would recite the verse of Muzammil according to the prescribed method, I would stop, so that my heart also may recite, then the voice of reciting the same verse would come from my heart. One day, I was engaged in the exercise, and I was ecstatic. The same man in the same guise appeared again, and he said: "now You are reciting the Qur'an." Healing is not done till the elixir enters the stomach; nothing happens till God's Word does not enter the heart.

He then recited a stanza from some poetry:

**Anyone can recite the Motto (God's word) by tongue
There are few who only recite the Motto (God's Word)
by heart**

**Aashiqeen (God's Lovers) recite the Motto by heart
People of the tongue do not know this secret**

Data Mosque (Lahore) as I was done with the prayers, I saw an elderly man taking care of the shoes of the visitors. I also noticed that for except taking care of the shoes, he did not offer prayers, as I was in the last row. As I was leaving, I said, you did not offer prayers, what would you gain by taking care of the shoes?" He said, "I did not offer prayers all my life, what hope may I have

now in Salat for salvation?”. I now live on a hope that among so many people, there may be at least one of God's Friends, maybe by taking care of the shoes, either God's Friend or God become pleased and Merciful on me. I said, "No way of pleasing is better than that of Salat". He said, "Nothing supersedes the Beloved if you manage to please him." After three (3) years of spiritually disciplined struggle, one day, I saw that man sitting at the feet of the Beloved of God (The prophet). I recalled the stanza:
Sinners reached the Divine Court, Pious and Righteous were left in the state of Awe!

"Introduction to the Person of His Holiness Ra Gohar Shahi"

Born on 25th November 1941 in a small village of the Sub-Continent "Dhok Gohar Shahi" District Rawalpindi. Mother of His Holiness Gohar Shahi is a descendent of Fatima Al Zahra, meaning Sadaat-Family (Progeny of Fatima), from the grandsons of Syed Gohar Ali Shah. The father of His Holiness is a descendant of one of the (maternal) grandsons of *Syed Gohar Ali Shah*, and his grandfather was linked to the Mughal family.

Since childhood, His Holiness was inclined to the tombs of Saints. Father of His Holiness explains, "His Holiness Gohar Shahi, when He was five or six years of age, would

disappear. We would then find Him sitting at the Tomb of Saint Nizam Uddine Auliya (New Delhi, India). On many occasions, I felt that He was talking to the Saint Nizam Uddine." This was when father of His Holiness lived in New Delhi for his job.

March 1997, when His Holiness Gohar Shahi visited India, the Caretaker of the Tomb of Saint Nizam Uddine, crowned His Holiness with the turban of Honour, upon instruction from the Saint Nizam Uddine. Since childhood, whatever His Holiness would say, it would come true. For this reason, I would fulfil all his valid demands. Father of His Holiness says, "Gohar Shahi, as per His routine, comes to the lawn in the house every morning, and I stand in respect to greet him." His Holiness Gohar Shahi disapproves of this, He says, "I feel shy, as I am your son, so do not stand in respect for me." Father of His Holiness says, "I always insist that I do not stand in respect for You but for Allah (God) Who dwells in You. A teacher from Morah Noorie Primary School says, "I was known to be a very strict teacher in the area. I would scorn the naughty kids and His problem was that He would come to the school late, and whenever I intend to beat Him out of anger. I would feel as though somebody has held my stick, and I would start to laugh."

Remarks by Tribesmen and Friends of His Holiness Gohar Shahi:

We have no accounts of His Holiness Gohar Shahi fighting with anyone, or beating up anyone. On contrary, if anyone of His friends would be angry and intended to harm Him, His Holiness Gohar Shahi would just smile.

Remarks by wife of His Holiness Gohar Shahi:

In the first place, He never gets angry, and if He does, it is that of an extreme nature and that is also against some indecency. As for the generosity of His Holiness Gohar Shahi, she says, "When in the morning His Holiness leaves the room for lawn, His pockets are full with money, by return, the pockets are clean empty." He gives away all the money to needy ones and when I need it, He makes an innocent face, which drives me crazy with anger, and then looking at innocent face of His Holiness Gohar Shahi, she says, "generous by heart....sitting giving away all the wealth."

Remarks by sons of His Holiness Gohar Shahi:

Our Father (His Holiness Gohar Shahi) is very fond of us, and takes great care of us. But as we ask for money, He gives us not too much, and rather, He says, "You will waste it." We then say, "Either you turn us into a fakir also, or give us as much money as we need."

Remarks by the Mother of His Holiness Gohar Shahi:

In childhood, when He would not go to school for a day or two, or later in life, if He suffered a business loss, I would criticize him but he never raised his head in response. Whereas, my Spiritual Guide Kakka Miyan from the village of Shams would advise me, "Do not swear at RIAZ. You do not know what I see in Him." Sympathy for Humanity is so much so as when he would find out that a passenger bus broke down even at a distance of 10 miles, He would get the food prepared for the passengers and carried it to them riding his bicycle.

Remarks by Mohammad Iqbal of Fazooliyan, a close friend of His Holiness Gohar Shahi:

Mohammad Iqbal says: in rainy season, we would occasionally cross through the fields, as we would walk on the track, numerous ants would also be crawling on it. We would not care for the ants but He (His Holiness Gohar Shahi) would wade in the mud, leaving off the track, lest he may walk on them to happen to hurt them. When a murder-case was falsely instigated against Him, Quddous Sheikh of the Crime Branch came to us for inquiry. The members of the neighbourhood told him that in our eyes, His Holiness Gohar Shahi would never have killed a mosquito, let alone a human being.

Remarks by Aunt of His Holiness Gohar Shahi:

It was when I was a student of grade eighth. One day my Aunt, who was very devout, chaste and a keen worshiper (who possessed envy and jealousy, which are often found among the worshipers), said, "Everything was right about Me except that I did not make my prayers." I said to my Aunt, "The prayer is a gift to God, and I do not want to collude my prayer with Bukhal, arrogance, envy and grudge, and send it to God." I told her that I would pray when my prayer was proper and right unlike people like her, who make their prayers, and at the same time commit grievous sins like back-biting, and slandering others.

His Holiness Gohar Shahi shares His Childhood Incidents:

At the age of ten or twelve I would talk to God in dreams, I would see Bait Al Mamoor but I did not know its reality, after completion of Spiritually Disciplined Struggle, I saw these places again, and the reality was unfolded. I had an Uncle in the army who used to visit brothels. His family prohibited this. He took me along with him on one occasion so that his family would not suspect (his actions). I had no understanding of brothels and prostitutes. He would give me some tea and biscuits (leaving me waiting), and would go inside the brothel himself. He said to me, "This is an office for women." I was weary with this place a few days later, when my

Uncle said to me, “They are women, and God made them for this purpose.” He tried to involve me also. My Uncle’s words disturbed me. I could not sleep all night struggling with my *Nafs* (Self), and then suddenly I fell asleep.

I saw a large round elevated stage, and I was standing under it. I heard a loud voice from above it, “Bring him forth.” I noticed that two men held my Uncle, and brought him forward; they pointed towards him that he was the one. The voice was heard again, “Beat him with the metal bars.” The men started beating him. He then screamed, wailed, and eventually his face turned into that of a swine. The voice then said (to me), “If you will become involved with him, you will be treated likewise.” I then repented, sought forgiveness, after which I woke up with these words on my tongue, “My Lord I repent, my Lord I repent.” The effects of this dream stayed with me for a few years.

The next day, I was travelling towards my village on a bus, I noticed that a few robbers were trying to pull out a cassette player from a taxi. When the driver resisted, they took out their knives, attacked, and killed him. On witnessing this event, our bus stopped. On seeing us, the robbers ran away. The driver died in agony before our eyes. I thought that the life is so uncertain. I went to bed, and this poem was echoing inside me, “Forgive all my errors, I have come and fallen at your (Holy) court.” The

whole night passed bewailing. Some time after this event, I renounced the world, and went to the Tomb of the Saint *Jaam Dataar*. I did not find any solace there either, and my brother-in-law brought me back to this world again.

At the age of thirty-four, the Saint *Bari Imam* appeared in front me and said, “Now is the time for your return to the jungle again.” After three years of spiritual seclusion, when I achieved something, I returned to the tomb of the Saint *Jaam Dataar*. The Saint (came out of his tomb and) appeared in front of me. I said to him, “If you had accepted me (initiated me) when I came to you earlier, I would have been spared of the carnal life (that I had lived before I went to the jungle).” The Saint replied, “It was not your time then.”

"Selected Features of the Inner-Being of His Holiness Gohar Shahi"

At the age of 19, Jussa-e-Tawfeeq-e-Ilahi (Sub-Spirit of God) was attached with, which remained in company of His Holiness Gohar Shahi for a year. Due to its influence, His Holiness Gohar Shahi, tearing apart his clothes, wrapped around his Body with only one piece of cloth, went to the jungle of "Jaam Dataar". Jussa-e-Tawfeeq-e-Ilahi was yet given on temporary basis, and then, it

remained disappeared for 14 years. Yet again in 1975, Jussa-e-Tawfeeq-e-Ilahi became the reason for bringing His Holiness Gohar Shahi into the Jungle of Sehwan Sharif.

At the age of 25, Jussa-e-Gohar Shahi was crowned as the Commander of the Esoteric Forces. With the help of which, His Holiness remained protected against the mischief of Terrestrial Satans and Evil forces. Jussa-e-Tawfeeq-e-Ilahi and Tifl-e-Noorie are Special-Creatures, and superior to all souls, Malaika (Archangels) and Lata'if (Souls of the Breast). Like Archangels, they also have direct access to God. Their Esoteric stage is that of the Realm of Ahdiyat (The Realm of Divine Oneness).

At the age of 35, on 15th Ramadhaan 1976, A Sperm of Light (Noor) was placed in heart (soul of Qalb). Later, it was called to different places for Esoteric Discipline and Learning. On 15th Ramadhaan--1985, when His Holiness had already been assigned on to the Worldly DUTY in Hyderabad (Pakistan), the same Sperm-of-Light, having grown up into Tifl-e-Noorie was delivered for good, through this Tifl-e-Noorie, in the Court of Mohammad, Crown of Sultan was placed on HEAD of His Holiness Gohar Shahi. The "Rank" to Tifl-e-Noorie is granted after completion of 12 years, however, it was awarded to His Holiness Gohar Shahi in nine years, due to the assignment of Worldly Duty.

"Reasons for the Celebrations of Jashan-e-Shahi"

On 15th Ramadhaan 1977, series of unique Secretive Conversation (Ilhamaat-Inspiration) with God also began. The Promise of "Radhiya Mardhiya" (Your Will is My Will-My Will is Your Will) took place, rank was also granted. Since Every Rank (Martabah) and Ascension (Meraaj) is related to 15th Ramadhaan, This is why in order to express feelings of Happiness and gratefulness, Jashan-e-Shahi is celebrated every year.

In 1978, His Holiness came to Hyderabad, and commenced the process of guidance and teaching, and this message spread all over the world before our eyes. Millions of Hearts were revived with the Heart Invocation of Allah and Millions of them have the Name *Allah* inscribed on their Hearts. Word got inscribed on hearts (Qalb) of thousands of people, and they witnessed it. Millions of people accessed to Kashf Al Qaboor (Ability to speak to Nafs of the departed saints) and Kashf Al Hazoor (Access to the Court of Mohammed). His Holiness has cured Millions of people with terminal diseases.

After having received the teachings and guidance from His Holiness Gohar Shahi, the People from every religion, every nationality, and every race found the Love of God, and reached the Essence of God.

“By God! I too am from those people, on whose Hearts the Name *Allah* is beautifully written and shining.”

Sheikh Nizam-Uddin, Maryland, U.S.A.

Extracts for Quick Awareness

1. If you are in a religion but you are deprived of God's Love, then those are better, who are not in any religion but they possess God's Love.
2. Love relates to hearts as word Allah is synchronized within heart beats, through bloodstream it arrives in veins to revive the souls, then Souls being ecstatic enter God's Love.
3. Any Name of the Lord, in any language is worthy of respect, But His Original Name is in language of Suryani which the creature of the Empyrean speak The Angels call upon God with this Name, this Name is also attached with in Motto of every Prophet.
4. Any person who with all the sincerity of heart is in search for God, on Land or in Sea is worthy of respect.
5. Many Adams came to this world simultaneously in separate parts of the world. All Adams were created in this world with the clay from this world. Whereas the Final Adam who is buried in Arab was alone created in the Heaven with the clay from Heaven. No

other Adam was prostrated by Angels for except the Final Adam. Iblis became enemy of the Final Adam only.

6. There are 7 types of souls in a human body. Each one relates to a separate Heaven and separate function in a human body. If they are strengthened with Divine Light (Noor), then they in form of that person can be present in many places at a time, they can even access to the gatherings of the Prophets and the Saints, talk to God and meet God in person.
7. There are two types of religions for every human being. (One that of the Body, which expires after death) the other religion is that of the soul, which existed even at the Beginning of the creation “The Day of Azal”. The religion of soul is known as divine love. It is because of this religion that a human being obtains higher ranks.
8. Ishq of God is superior to all religions and meeting God in person is superior to all types of worship.
9. Knowledge, relating to the creation of humans, animals, rocks and trees. Reasons as to how and what is prohibited (Haram). What is allowed (Halal) for consumption and why?
10. Who (Creature) existed even before the command "Be" (for souls and angels)? Which was the dog that will enter the Paradise becoming Qatmir? Which souls of the people had already recited the Kalima (motto), in the primordial time?

Who is the man, the secret of whom is not disclosed in this book?

It is a must to read this book for knowledge and research

**For Internet version, please visit us on
www.goharshahi.com**

SUFISM

Sufism or Taṣawwuf (Arabic: تصوف) is, according to its adherents, the inner, mystical dimension of Islam. A practitioner of this tradition is generally known as a ṣūfī (صوفي), though some adherents of the tradition reserve this term only for those practitioners who have attained the goals of the Sufi tradition. Another name used for the Sufi seeker is Dervish. Classical Sufi scholars have defined Sufism as "a science whose objective is the reparation of the heart and turning it away from all else but God."^[4] Alternatively, in the words of the renowned Darqawi Sufi teacher Ahmad ibn Ajiba, "a science through which one can know how to travel into the presence of the Divine, purify one's inner self from filth, and beautify it with a variety of praiseworthy traits."^[5]

During the primary stages of Sufism, Sufis were characterized by their particular attachment to zikr (a practice of repeating the names of God) and asceticism. Sufism arose among a number of Muslims as a reaction against the worldliness of the early Umayyad Caliphate (661-750 CE^[6]). The Sufi movement has spanned several continents and cultures over a millennium, at first expressed through Arabic, then through Persian, Turkish and a dozen other languages.^[7] "Orders" (ṭuruq), which are either Sunnī or Shī'ī in doctrine, mostly trace their origins from the Islamic Prophet Muhammad through his cousin 'Alī, with the notable exception of the Naqshbandī who trace their origins through the first Caliph, Abu Bakr.^[8] Other exclusive schools of Sufism distinctly describe themselves as 'Sufi'.^[9]

According to Idriss Shah, the Sufi philosophy is universal in nature, its roots predating the arising of Islam and the other modern-day religions; likewise, some Muslims consider Sufism outside the sphere of Islam.^{[1][10]} Mainstream scholars of Islam, however, contend that it is simply the name for the inner or esoteric dimension of Islam



Mawlaana Rumi's tomb, Konya, Turkey.

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Etymology

The lexical root of Sufi is variously traced to صُوف *ṣūf* "wool", referring either to the simple cloaks the early Muslim ascetics wore, or possibly to صَفَا *ṣafā* "purity". The two were combined by al-Rudh̄abari who said, "The Sufi is the one who wears wool on top of purity."^[11] The wool cloaks were sometimes a designation of their initiation into the Sufi order. Sufism is known as "Islamic Mysticism," in which Muslims seek to find divine love and knowledge through direct personal experience of God.^[12] Mysticism is defined as the experience of mystical union or direct communion with ultimate reality, and the belief that direct knowledge of God, spiritual truth, or ultimate reality can be attained through subjective experience (as intuition or insight).^[13]

Others^[who?] suggest the origin of the word *ṣufi* is from *Aṣḥab aṣ-ṣuffa* "Companions of the Porch", who were a group of impoverished Muslims during the time of Muhammad who spent much of their time on the veranda of Al-Masjid al-Nabawi, devoted to prayer and eager to memorize each new increment of the Qur'an as it was revealed.

While all Muslims believe that they are on the pathway to God and hope to become close to God in Paradise—after death and after the "Final Judgment"—Sufis also believe that it is possible to draw closer to God and to more fully embrace the Divine Presence in this life.^[14] The chief aim of all Sufis is to seek the pleasing of God by working to restore within themselves the primordial state of *fiṭra*,^[15] described in the Qur'an. In this state nothing one does defies God, and all is undertaken by the single motivation of love of God. A secondary consequence of this is that the seeker may be led to abandon all notions of dualism or multiplicity, including a conception of an individual self, and to realize the Divine Unity.

Thus Sufism has been characterized^[by whom?] as the science of the states of the lower self (the ego), and the way of purifying this lower self of its reprehensible traits, while adorning it instead with what is praiseworthy, *whether or not* this process of cleansing and purifying the heart is in time rewarded by esoteric knowledge of God. This can be conceived in terms of two basic types of law (*fiqh*), an outer law concerned with actions, and an inner law concerned with the human heart.^[citation needed] The outer law consists of rules pertaining to worship, transactions, marriage, judicial rulings, and criminal law— what is often referred to, a bit too broadly, as *qanun*. The inner law of Sufism consists of rules about repentance from sin, the purging of contemptible qualities and evil traits of character, and adornment with virtues and good character.^[16]

To enter the way of Sufism, the seeker begins by finding a teacher, as the connection to the teacher is considered necessary for the growth of the pupil. The teacher, to be genuine, must have received the authorization to teach (*ijazah*) of another Master of the Way, in an unbroken succession (*silsilah*) leading back to Sufism's origin with Muhammad. It is the transmission of the divine light from the teacher's heart to the heart of the student, rather than of worldly knowledge transmitted from mouth to ear, that allows the adept to progress. In addition, the genuine teacher will be utterly strict in his adherence to the Divine Law.

Scholars and adherents of Sufism are unanimous in agreeing that Sufism cannot be learned through books. To reach the highest levels of success in Sufism typically requires that the disciple live with and serve the teacher for many, many years. For instance, Baha-ud-Din Naqshband Bukhari, considered founder of the Naqshbandi Order, served his first teacher, Sayyid Muhammad Baba As-Samasi, for 20 years, until as-Samasi died. He subsequently served several other teachers for lengthy periods of time. The extreme arduousness of his spiritual preparation is illustrated by his service, as directed by his teacher, to the weak and needy members of his community in a state of complete humility and tolerance for many years. When he believed this mission to be concluded, his teacher next directed him to care for animals, curing their sicknesses, cleaning their wounds, and assisting them in finding provision. After many years of this he was next instructed to spend many years in the care of dogs in a state of humility, and to ask them for support.^[18]

As a further example, the prospective adherent of the Mevlevi Order would have been ordered to serve in the kitchens of a hospice for the poor for 1,001 days prior to being accepted for spiritual instruction, and a further 1,001 days in solitary retreat as a precondition of completing that instruction.^[19]

Some teachers, especially when addressing more general audiences, or mixed groups of Muslims and non-Muslims, make extensive use of parable, allegory, and metaphor.^[20] Although approaches to teaching vary among different Sufi orders, Sufism as a whole is primarily concerned with direct personal experience, and as such has sometimes been compared to other, non-Islamic forms of mysticism (e.g., as in the books of Seyyed Hossein Nasr).

Sufism, which is a general term for Muslim mysticism, sprang up largely in reaction against the worldliness which infected Islam when its leaders became the powerful and wealthy rulers of multitudes of people and were influenced by foreign cultures. Harun al-Rashid, eating off gold and silver, toying with a harem of scented beauties, surrounded by an impenetrable retinue of officials, eunuchs and slaves, was a far cry from the stern simplicity of an Umar, who lived in the modest house, wore patched clothes and could be approached by any of his followers.^[21] The typical early Sufi lived in a cell of a mosque and taught a small band of disciples. The extent to which Sufism was influenced by Buddhist and Hindu mysticism, and by the example of Christian hermits and monks, is disputed, but self-discipline and concentration on God quickly led to the belief that by quelling the self and through loving ardour for God it was possible to maintain a union with the divine in which the human self melted away.^[22]

History of Sufism and Origins

In its early stages of development Sufism effectively referred to nothing more than the internalization of Islam.^[23] According to one perspective, it is directly from the Qur'an, constantly recited, meditated, and experienced, that Sufism proceeded, in its origin and its development.^[24] Others have held that Sufism is the strict emulation of the way of Muhammad, through which the heart's connection to the Divine is strengthened.^[25]

From the traditional Sufi point of view, the esoteric teachings of Sufism were transmitted from Muhammad to those who had the capacity to acquire the direct experiential gnosis of God, which was passed on from teacher to student through the centuries. Some of this transmission is summarized in texts, but most is not. Important contributions in writing are attributed to Uwais al-Qarni, Harrm bin Hian, Hasan Basri and Sayid ibn al-Mussib, who are regarded as the first Sufis in the earliest generations of Islam. Harith al-Muhasibi was the first one to write about moral psychology. Rabia Basri was a Sufi known for her love and passion for God, expressed through her poetry. Bayazid Bastami was among the first theorists of Sufism; he concerned himself with *fana* and *baqa*, the state of annihilating the self in the presence of the divine, accompanied by clarity concerning worldly phenomena derived from that perspective.^[25]

Sufism had a long history already before the subsequent Sufi teachings institutionalized into devotional orders (*tariqât*) in the early middle Ages.^[26] Almost all extant Sufi orders trace their chains of transmission (*silsila*) back to Muhammad via his cousin and son-in-law Ali. The Naqshbandi order is a notable exception to this rule, as it traces the origin of its teachings from Muhammad to the first Islamic Caliph Abu Bakr.^[8]

Different devotional styles and traditions developed over time, reflecting the perspectives of different masters and the accumulated cultural wisdom of the orders. Typically all of these concerned themselves with the understanding of subtle knowledge (gnosis), education of the heart to purify it of baser instincts, the love of God, and approaching God through a well-described hierarchy of enduring spiritual stations (*maqâmât*) and more transient spiritual states (*ahwâl*).

Formalization of doctrine

Towards the end of the first millennium CE, a number of manuals began to be written summarizing the doctrines of Sufism and describing some typical Sufi practices. Two of the most famous of these are now available in English translation: the *Kashf al-Mahjûb* of Hujwiri, and the *Risâla* of Qushayri. Two of Imam Al Ghazali's greatest treatises, the "Revival of Religious Sciences" and the "Alchemy of Happiness," argued that Sufism originated from the Qur'an and was thus compatible with mainstream Islamic thought, and did not in any way contradict Islamic Law—being instead necessary to its complete fulfillment. This became the mainstream position among Islamic scholars for centuries, challenged only recently on the basis of selective use of a limited body of texts. Ongoing efforts by both traditionally trained Muslim scholars and Western academics are making Imam Al-Ghazali's works available in English translation for the first time,^[28] allowing readers to judge for themselves the compatibility between Islamic Law and Sufi doctrine.



The tomb of Khoja Afaq, near Kashgar, China.

Growth of Sufi influence in Islamic cultures

The spread of Sufism has been considered a definitive factor in the spread of Islam, and in the creation of integrally Islamic cultures, especially in Africa^[29] and Asia. Recent academic work on these topics has focused on the role of Sufism in creating and propagating the culture of the Ottoman world,^[30] and in resisting European imperialism in North Africa and South Asia.^[31]

*Between the 13th and 16th centuries CE, Sufism produced a flourishing intellectual culture throughout the Islamic world, a "Golden Age" whose physical artifacts are still present. In many places, a lodge (known variously as a *zaouia*, *khanqah*, or *tekke*) would be endowed through a pious foundation in perpetuity (*waqf*) to provide a gathering place for Sufi adepts, as well as lodging for itinerant seekers of knowledge. The same system of endowments could also be used to pay for a complex of buildings, such as that surrounding the Süleymaniye Mosque in Istanbul, including a lodge for Sufi seekers, a hospice with kitchens where these seekers could serve the poor and/or complete a period of initiation, a library, and other structures. No important domain in the civilization of Islam remained unaffected by Sufism in this period.^[32]*

Contemporary Sufism

Currently active traditional Sufi teaching orders include the The Naqshbandiyya Order led by Grandshiekh Nazim al-Qubrusi, which has worldwide affiliates.

Currently active Sufi academics and publishers include Llewellyn Vaughan-Lee, Shawni, Nuh Ha Mim Keller, Hamza Yusuf, and Abdal Hakim Murad

In South Asia, Sufi orders include the Qadiriyyah, the Sarwari Qadiri, the Chishti Order, the Suhrawardiyya, the Barelwis and the Deobandi.^[33]

Sufism is popular in such African countries as Senegal, where it is seen as a mystical expression of Islam.^[34] Mbacke suggests that one reason Sufism has taken hold in Senegal is because it can accommodate local beliefs and customs, which tend toward the mystical.^[35]

Sufism suffered many setbacks in the modern era, particularly (though not exclusively) at the hands of European imperialists in the colonized nations of Asia and Africa. The life of the Algerian Sufi master Emir Abd al-Qadir is instructive in this regard.^[36] Notable as well are the lives of Amadou Bamba and Hajj Umar Tall in sub-Saharan Africa, and Sheikh Mansur Ushurma and Imam Shamilin in the Caucasus region. In the twentieth century some more modernist Muslims have called Sufism a superstitious religion that holds back Islamic achievement in the fields of science and technology.^[37]

For a more complete summary of currently active groups and teachers, readers are referred to links in the site of Dr. Alan Godlas of the University of Georgia.^{[38][39]}

A number of Westerners have embarked with varying degrees of success on the path of Sufism. One of the first to return to Europe as an official representative of a Sufi order, and with the specific purpose to spread Sufism in Western Europe, was the Swedish-born wandering Sufi Abd al-Hadi Aqhili (also known as Ivan Aguéli). The ideas propagated by such spiritualists may or may not conform to the tenets of Sufism as understood by orthodox Muslims, as for instance with G. I. Gurdjieff.

Other noteworthy Sufi teachers who were active in the West in recent years include Bawa Muhaiyaddeen, Nader Angha, Sheikh Abdullah Sirr-Dan Al-Jamal, Inayat Khan, Javad Nurbakhsh, Bulent Rauf, Irina Tweedie, Idries Shah and Muzaffer Ozak.

Theoretical perspectives in Sufism

Traditional Islamic scholars have recognized two major branches within the practice of Sufism, and use this as one key to differentiating among the approaches of different masters and devotional lineages.^[40]

On the one hand there is the order from the signs to the Signifier (or from the arts to the Artisan). In this branch, the seeker begins by purifying the lower self of every corrupting influence that stands in the way of recognizing all of creation as the work of God, as God's active Self-disclosure or theophany.^[41] This is the way of Imam Al-Ghazali and of the majority of the Sufi orders.

On the other hand there is the order from the Signifier to His signs, from the Artisan to His works. In this branch the seeker experiences divine attraction (*jaḥb*), and is able to enter the order with a glimpse of its endpoint, of direct apprehension of the Divine Presence towards which all spiritual striving is directed. This does not replace the striving to purify the heart, as in the other branch; it simply stems from a different point of entry into the path. This is the way primarily of the masters of the Naqshbandi and Shadhili orders.^[42]

Contemporary scholars may also recognize a third branch, attributed to the late Ottoman scholar Said Nursi and explicated in his vast Qur'an commentary called the Risale-i Nur. This approach entails strict adherence to the way of Muhammad, in the understanding that this wont, or *sunnah*, proposes a complete devotional spirituality adequate to those without access to a master of the Sufi way.^[43]

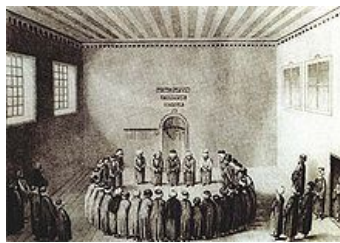
Contributions to other domains of scholarship

Sufism has contributed significantly to the elaboration of theoretical perspectives in many domains of intellectual endeavor. For instance, the doctrine of "subtle centers" or centers of subtle cognition (known as *Lataif-e-sitta*) addresses the matter of the awakening of spiritual intuition^[44] in ways that some consider similar to certain models of *chakra* in Hinduism. In general, these subtle centers or *latâ'if* are thought of as faculties that are to be purified sequentially in order to bring the seeker's wayfaring to completion. A concise and useful summary of this system from a living exponent of this tradition has been published by Muhammad Emin Er.^[40]

Sufi psychology has influenced many areas of thinking both within and outside of Islam, drawing primarily upon three concepts. Ja'far al-Sadiq (both an imam in the Shia tradition and a respected scholar and link in chains of Sufi transmission in all Islamic sects) held that human beings are dominated by a lower self called the *nafs*, a faculty of spiritual intuition called the *qalb* or spiritual heart, and a spirit or soul called *ruh*. These interact in various ways, producing the spiritual types of the tyrant (dominated by *nafs*), the person of faith and moderation (dominated by the spiritual heart), and the person lost in love for God (dominated by the *ruh*).^[45] Of note with regard to the spread of Sufi psychology in the West is Robert Frager, a Sufi teacher authorized in the Halveti Jerrahi order. Frager was a trained psychologist, born in the United States, who converted to Islam in the course of his practice of Sufism and wrote extensively on Sufism and psychology.^[46]

Sufi cosmology and Sufi metaphysics are also noteworthy areas of intellectual accomplishment.

Sufi practices



Sufi gathering engaged in Zikr

The devotional practices of Sufis vary widely. This is because an acknowledged and authorized master of the Sufi path is in effect a physician of the heart, able to diagnose the seeker's impediments to knowledge and pure intention in serving God, and to prescribe to the seeker a course of treatment appropriate to his or her maladies. The consensus among Sufi scholars is that the seeker cannot self-diagnose, and that it can be extremely harmful to undertake any of these practices alone and without formal authorization.^[47]

Prerequisites to practice include rigorous adherence to Islamic norms (ritual prayer in its five prescribed times each day, the fast of Ramadan, and so forth). Additionally, the seeker ought to be firmly grounded in supererogatory practices known from the life of

Muhammad (such as the "sunna prayers"). This is in accordance with the words, attributed to God, of the following, a famous Hadiss Qudsi:

My servant draws near to Me through nothing I love more than that which I have made obligatory for him. My servant never ceases drawing near to Me through supererogatory works until I love him. Then, when I love him, I am his hearing through which he hears, his sight through which he sees, his hand through which he grasps, and his foot through which he walks. It is also necessary for the seeker to have a correct creed (Aqida),^[48] and to embrace with certainty its tenets.^[49] The seeker must also, of necessity, turn away from sins, love of this world, the love of company and renown, obedience to satanic impulse, and the promptings of the lower self. (The way in which this purification of the heart is achieved is outlined in certain books, but must be prescribed in detail by a Sufi master.) The seeker must also be trained to prevent the corruption of those good deeds which have accrued to his or her credit by overcoming the traps of ostentation, pride, arrogance, envy, and long hopes (meaning the hope for a long life allowing us to mend our ways later, rather than immediately, here and now). Sufi practices, while attractive to some, are not a means for gaining knowledge. The traditional scholars of Sufism hold it as absolutely axiomatic that knowledge of God is not a psychological state generated through breath control. Thus, practice of "techniques" is not the cause, but instead the occasion for such knowledge to be obtained (if at all), given proper prerequisites and proper guidance by a master of the way. Furthermore, the emphasis on practices may obscure a far more important fact: The seeker is, in a sense, to become a broken person, stripped of all habits through the practice of (in the words of Imam Al-Ghazali words) solitude, silence, sleeplessness, and hunger.^[50]

Zikr

Allah as having been written on the disciple's heart according to Qadiri Al-Muntahi order Zikr is the remembrance of God commanded in the Qur'an for all Muslims through a specific devotional act, such as the repetition of divine names, supplications and aphorisms from hadiss literature and the Qur'an. More generally, zikr takes a wide range and various layers of meaning.^[51] This includes zikr as any activity in which the Muslim maintains awareness of God. To engage in zikr is to practice consciousness of the Divine Presence and love, or "to seek a state of god wariness". The Qur'an refers to Muhammad as the very embodiment of zikr of God (65:10-11). Some types of Zikr are prescribed for all Muslims, and do not require Sufi initiation or the prescription of a Sufi master because they are deemed to be good for every seeker under every circumstance.

Some Sufi orders engage in ritualized Zikr ceremonies, or sema. Sema includes various forms of worship such as: recitation, singing (the most well known being the Qawwali music of the Indian sub-continent), instrumental music, dance (most famously the Sufi whirling of the Mevlevi order), incense, meditation, ecstasy, and trance.^[52]

Some Sufi orders stress and place extensive reliance upon Zikr, and likewise in Qadri Al-Muntahi Sufi tariqa, which was originated by Riaz Ahmed Gohar Shahi. This practice of Zikr is called Zikr-e-Qulb (remembrance of Allah by Heartbeats). The basic idea in this practice is to visualize the Arabic name of God, Allah, as having been written on the disciple's heart.^[53]

Muraqaba

The practice of muraqaba can be likened to the practices of meditation attested in many faith communities. The word muraqaba is derived from the same root (r-q-ḥ) occurring as one of the 99 Names of God in the Qur'an, al-Raqib, meaning "the Vigilant" and attested in verse 4: 1 of the Qur'an. Through muraqaba, a person watches over or takes care of the spiritual heart, acquires knowledge about it, and becomes attuned to the Divine Presence, which is ever vigilant. While variation exists, one description of the practice within a Naqshbandi lineage reads as follows:

He is to collect all of his bodily senses in concentration, and to cut himself off from all preoccupation and notions that inflict themselves upon the heart. And thus he is to turn his full consciousness towards God Most High while saying three times: "Ilahi anta maqsudi wa-ridaka matlubu—my God, you are my Goal and Your good pleasure is what I seek." Then he brings to his heart the Name of the Essence—Allāh—and as it courses through his heart he remains attentive to its meaning, which is "Essence without likeness." The seeker remains aware that He is Present, Watchful, Encompassing of all, thereby exemplifying the meaning of his saying (may God bless him and grant him peace): "Worship God as though you see Him, for if you do not see Him, He sees you." And likewise the prophetic tradition: "The most favored level of faith is to know that God is witness over you, wherever you may be."

Visitation

In popular Sufism (i.e., devotional practices that have achieved currency in world cultures through Sufi influence), one common practice is to visit the tombs of saints, great scholars, and righteous people. This is a particularly common practice in South Asia, where famous tombs include those of Khoja Afaq, near Kashgar, in China; Lal Shahbaz Qalandar, in Sindh, Pakistan; Moinuddin Chishti in Ajmer, India. Likewise, in Fez, Morocco, a popular destination for such pious visitation is the Zaouia Moulay Idriss II and the yearly visitation to see the current Sheikh of the Qadiri Boutchichi Tariqah, Sheikh Sidi Hamza al Qadiri al Boutchichi to celebrate the Mawlid (which is usually televised on Moroccan National television).

Islam and Sufism and Sufism and Islamic law



Tomb of Shaikh Salim Chisti, Uttar Pradesh, India.

Scholars and adherents of Sufism sometimes describe Sufism in terms of a threefold approach to God as explained by a tradition (*ḥadīṣ*) attributed to Muhammad, "*The Canon is my word, the order is my deed, and the truth is my interior state*". Sufis believe the canon, order and truth are mutually interdependent.^[56] The order, the 'path' on which the mystics walk, has been defined as 'the path which comes out of the Canon, for the main road is called *branch*, the path, *tariq*.' No mystical experience can be realized if the binding injunctions of the Canon are not followed faithfully first. The path, order, however, is narrower and more difficult to walk. It leads the adept, called *sālīk* (wayfarer), in his *sulūk* (wayfaring), through different stations (*maqāmāt*) until he reaches his goal, the perfect *tawḥīd*, the existential confession that God is One.^[57] Jalaluddin Ar Rumi, the initiator of the Mawlewi Tariqah, spoke of the Canon and Sufism in such terms, "To be a real Sufi, is to be to Muhammad, *salallahu alaihy wasallam*, just as Abu Bakr was to him, peace be upon him." Shaykh al-Akbar Muhiuddeen Ibn Arabi mentions, "When we see someone in this Community who claims to be able to guide others to God, but is remiss in but one rule of the Sacred Law - even if he manifests miracles that stagger the mind - asserting that his shortcoming is a special dispensation for him, we do not even turn to look at him, for such a person is not a sheikh, nor is he speaking the truth, for no one is entrusted with the secrets of God Most High save one in whom the ordinances of the Sacred Law are preserved. (Jami' karamat al-awliya)" The Amman Message, a detailed statement issued by 200 leading Islamic scholars in 2005 in Amman, and adopted by the Islamic world's political and temporal leaderships at the Organization of the Islamic Conference summit at Mecca in December 2005, and by six other international Islamic scholarly assemblies including the International Islamic Fiqh Academy of Jeddah, in July 2006, specifically recognized the validity of Sufism as a part of Islam.^[59]

Traditional Islamic thought and Sufism

The literature of Sufism emphasizes highly subjective matters that resist outside observation, such as the subtle states of the heart. Often these resist direct reference or description, with the consequence that the authors of various Sufi treatises took recourse to allegorical language. For instance, much Sufi poetry refers to intoxication, which Islam expressly forbids. This usage of indirect language and the existence of interpretations by people who had no training in Islam or Sufism led to doubts being cast over the validity of Sufism as a part of Islam. Also, some groups emerged that considered themselves above the Sharia and discussed Sufism as a method of bypassing the rules of Islam in order to attain salvation directly. This was disapproved of by traditional scholars. For these and other reasons, the relationship between traditional Islamic scholars and Sufism is complex and a range of scholarly opinion on Sufism in Islam has been the norm. Some scholars, such as Al-Ghazali, helped its propagation while other scholars opposed it. W. Chittick explains the position of Sufism and Sufis this way:

In short, Muslim scholars who focused their energies on understanding the normative guidelines for the body came to be known as jurists, and those who held that the most important task was to train the mind in achieving correct understanding came to be divided into three main schools of thought: theology, philosophy, and Sufism. This leaves us with the third domain of human existence, the spirit. Most Muslims who devoted their major efforts to developing the spiritual dimensions of the human person came to be known as Sufis.

Traditional and non-traditional Sufi groups



The mausoleum (gongbei) of Ma Laichi in Linxia City, China.

The traditional Sufi orders, which are in majority, emphasize the role of Sufism as a spiritual discipline within Islam. Therefore, the Sharia (traditional Islamic law) and the Sunnah are seen as crucial for any Sufi aspirant. One proof traditional orders assert is that almost all the famous Sufi masters of the past Caliphates were experts in Sharia and were renowned as people with great Iman (faith) and excellent practice. Many were also Qadis (Sharia law judges) in courts. They held that Sufism was never distinct from Islam and to fully comprehend and practice Sufism one must be an observant Muslim.

In recent decades there has been a growth of non-traditional Sufi movements in the West. Examples include the Universal Sufism movement, the Golden Sufi Center, the Sufi Foundation of America, the neo-sufism of Idriss Shah, Sufism Reoriented and the International Association of Sufism. Rumi has become one of the most widely read poets in the United States, thanks largely to the translations published by Coleman Barks.

The use of the title Sufi by non-traditional groups to refer to themselves, and their appropriation of traditional Sufi masters (most notably Jalaluddin Rumi) as sources of authority or inspiration, is not accepted by some Muslims who are Sufi adherents.

Many of the great Sufi masters of the present and the past instruct that: one needs the form of the religious practices and the outer dimension of the religion to fulfill the goals of the inner dimension of Sufism (Proximity to God). The exoteric practices prescribed by God contain inner meanings and provide the means for transformation with the proper spiritual guidance of a master. It is thought that through the forms of the ritual and prescribed Islamic practices (prayer, pilgrimage, fasting, charity and affirmation of Divine Unity) the soul may be purified and one may then begin to embark on the mystical quest. In fact it is considered psychologically dangerous by some Sufi masters to participate in Sufi practices, such as "zikr", without adhering to the outer aspects of the religion which add spiritual balance and grounding to the practice.

Some traditional Sufis also object to interpretations of classical Sufis texts by writers who have no grounding in the traditional Islamic sciences and therefore no prerequisites for understanding such texts. These are considered by certain conventional Islamic scholars as beyond the pale of the religion. This being said, there are Islamic Sufi groups that are open to non-Muslim participation,^[60] Sufi-Buddhism being one such group.

Preeminent Sufis

Abul Hasan al-Shadhili

Abul Hasan al-Shadhili, the founder of the Shadhiliyya Sufi order, introduced *zīkr jahri* (The method of remembering Allah through loud means). Unlike other Sufis who preached self-denial, Shadhili taught his followers to enjoy all permitted (*halal*) and thank Allah for that which attracted Muslims towards his Sufi order. For this, Shadhiliyya is also called *tarīqush shukr*. Shadhili gave eighteen valuable *hizbs* not only to the followers of his order, but to all Muslims out of which *Hizbul Bahr* is recited worldwide even today.

Bayazid Bastami

Bayazid Bastami is considered to be "of the six bright stars in the firmament of the Prophet", and a link in the Golden Chain of the Naqshbandi Tariqah. He was the first one to spread the reality of Annihilation (Fana'), whereby the Mystic becomes fully absorbed to the point of becoming unaware of himself or the objects around him. Every existing thing seems to vanish, and he feels free of every barrier that could stand in the way of his viewing the Remembered One. In one of these states, Bastami cried out: "Praise to Me, for My greatest Glory!" His belief in the unity of all religions became apparent when asked the question: "How does Islam view other religions?" His reply was "All are vehicles and a path to God's Divine Presence." From a young age, he left his mother stating to her that he could not serve Allah and his mother at the same time.^[62]

Ibn Arabi

Muhyiddin Muhammad b. 'Ali Ibn 'Arabi (or Ibn al-'Arabi) is considered to be one of the most important Sufi masters, although he never founded any order (*tarīqa*). His writings, especially *al-Futuhāt al-Makkiyya* and *Fusus al-hikam*, have been studied within all the Sufi orders as the clearest expression of *tawhīd* (Divine Unity), though because of their recondite nature they were often only given to initiates. Later those who followed his teaching became known as the school of *wahdat al-wujud* (the Oneness of being). He himself considered his writings to have been divinely inspired. As he expressed the Way to one of his close disciples, his legacy is that 'you should never ever abandon your servanthood (*'ubudiyya*), and that there may never be in your soul a longing for any existing thing'.^[63]

The following quotations give a flavor of his teaching: 'Whoever witnesses without ceasing what he was created for, in both this world and the next, is the Perfect Servant, the intended goal of the cosmos, the deputy of the whole cosmos'.^[64] 'The self is an ocean without a shore. There is no end to the contemplation of it in this world or the next'.^[65] 'God seeks from you your heart and gives to you all that you are. So purify and cleanse it [the heart] through presence, wakefulness and reverential fear'.^[66]

Junayd Baghdadi

Junayd Baghdadi (830-910 AD) was one of the great early Sufis, and is a central figure in the golden chain of many Sufi orders. He laid the groundwork for sober mysticism in contrast to that of God-intoxicated Sufis like al-Hallaj, Bayazid Bastami and Abusaeid Abolkheir. During the trial of al-Hallaj, his former disciple, the Caliph of the time demanded his fatwa. In response, he issued this fatwa: "From the outward appearance he is to die and we judge according to the outward appearance and God knows better". He is referred to by Sufis as Sayyid-ut Taifa, i.e. the leader of the group. He lived and died in the city of Baghdad.

Mansur al-Hallaj

Mansur al-Hallaj is renowned for his claim "Ana-l-Haq" (I am The Truth). His refusal to recant this utterance, which was regarded as apostasy, led to a long trial. He was imprisoned for 11 years in a Baghdad prison, before being tortured and publicly crucified on March 26, 922. He is still revered by Sufis for his willingness to embrace torture and death rather than recant. It is said that during his prayers, he would say "O Lord! You are the guide of those who are passing through the Valley of Bewilderment. If I am a heretic, enlarge my heresy."

Reception

Perception outside Islam



Zikr in Omdurman , Sudan. A choreographed Sufi performance on Friday, at Qadiriyya event.

Sufi mysticism has long exercised a fascination upon the Western world, and especially its orientalist scholars.^[68] Figures like Rumi have become household names in the United States, where Sufism is perceived as quietist and less political.^[68]

The Islamic Institute in Mannheim, Germany, which works towards the integration of Europe and Muslims, sees Sufism as particularly suited for interreligious dialogue and intercultural harmonization in democratic and pluralist societies; it has described Sufism as a symbol of tolerance and humanism - undogmatic, flexible and non-violent.^[69]

Influence of Sufism on Judaism

A great influence was exercised by Sufism upon the ethical writings of Jews in the Middle Ages. In the first writing of this kind, we see "Kitab al-Hidayah ila Fara'id al-Kouloub", Duties of the Heart, of Bahya ibn Pakuda. This book was translated by Judah ibn Tibbon into Hebrew under the title "Hovot ha-Levavot".^[70]

The precepts prescribed by the Torah number 613 only; those dictated by the intellect are innumerable.

This was precisely the argument used by the Sufis against their adversaries, the Ulama. The arrangement of the book seems to have been inspired by Sufism. Its ten sections correspond to the ten stages through which the Sufi had to pass in order to attain that true and passionate love of God which is the aim and goal of all ethical self-discipline. A considerable amount of Sufi ideas entered the Jewish mainstream through Bahya ibn Paquda's work, which remains one of the most popular ethical treatises in Judaism.

*It is noteworthy that in the ethical writings of the Sufis Al-Kusajri and Al-Harawi there are sections which treat of the same subjects as those treated in the "Hobot ha-Lebabot" and which bear the same titles: e.g., "Bab al-Tawakkul"; "Bab al-Taubah"; "Bab al-Muhasabah"; "Bab al-Tawadu"; "Bab al-Zuhd". In the ninth gate, Bahya directly quotes sayings of the Sufis, whom he calls *Perushim*. However, the author of the *Hovot ha-Levavot* did not go so far as to approve of the asceticism of the Sufis, although he showed a marked predilection for their ethical principles.*

The Jewish writer Abraham bar Hiyya teaches the asceticism of the Sufis. His distinction with regard to the observance of Jewish law by various classes of men is essentially a Sufic theory. According to it there are four principal degrees of human perfection or sanctity; namely:

- (1) of "Shari'ah," i.e., of strict obedience to all ritual laws of Islam, such as prayer, fasting, pilgrimage, almsgiving, ablution, etc., which is the lowest degree of worship, and is attainable by all*
- (2) of *Tariqah*, which is accessible only to a higher class of men who, while strictly adhering to the outward or ceremonial injunctions of religion, rise to an inward perception of mental power and virtue necessary for the nearer approach to the Divinity*
- (3) of "Hakikah," the degree attained by those who, through continuous contemplation and inward devotion, have risen to the true perception of the nature of the visible and invisible; who, in fact, have recognized the Godhead, and through this knowledge have succeeded in establishing an ecstatic relation to it; and*
- (4) of the "Ma'arifah," in which state man communicates directly with the Deity.*

*Abraham ben Moses ben Maimon, the son of the great Jewish philosopher Maimonides, believed that Sufi practices and doctrines continue the tradition of the Biblical prophets. He introduced into the Jewish prayer such practices as reciting God's names (*zikhron*), prostration*

, stretching out hands, kneeling, ablution of the feet. Some of these Sufi-Jewish practices are still observed in a few Oriental synagogues.

Abraham Maimuni's principal work is originally composed in Judeo-Arabic and entitled "כתאב כפיא אלעאבדין" *Kitāb Kifāyah al-ʿĀbidīn* ("A Comprehensive Guide for the Servants of God"). From the extant surviving portion it is conjectured that Maimuni's treatise was three times as long as his father's *Guide for the Perplexed*. In the book, Maimuni evidences a great appreciation and affinity to Sufism (Islamic mysticism). Followers of his path continued to foster a Jewish-Sufi form of pietism for at least a century, and he is rightly considered the founder of this pietistic school, which was centered in Egypt.

The followers of this path, which they called, interchangingly, *Hasidism* (not to confuse with the latter Jewish Hasidic movement) or *Sufism* (*Tasawwuf*), practiced spiritual retreats, solitude, fasting and sleep deprivation. The Jewish Sufis maintained their own brotherhood, guided by a religious leader - like a Sufi sheikh.^[71]

Abraham Maimuni's two sons, Obadyah and David, continued to lead this Jewish-Sufi brotherhood. Obadyah Maimonides wrote *Al-Mawālā Al Hawādiyya* ("The Treatise of the Pool") - an ethico-mystical manual based on the typically Sufi comparison of the heart to a pool that must be cleansed before it can experience the Divine.

The Maimonidean legacy extended right through to the 15th century with the 5th generation of Maimonidean Sufis, David ben Joshua Maimonides, who wrote *Al-Mursīd ilā al-Tafarrud* (The Guide to Detachment), which includes numerous extracts of Suhrawardī's *Kalimat al-Tasawwuf*.^[72]

Popular culture

Films

The movie *Bab'Aziz* (2005), directed by Nacer Khemir, tells the story of an old and blind dervish who must cross the desert with his little granddaughter during many days and nights to get to his last dervish reunion celebrated every 30 years. The movie is full of Sufi mysticism, containing quotes of Sufi poets like Rumi and showing an ecstatic Sufi dance.

In *Monsieur Ibrahim* (2003), Omar Sharif's character professes to be a Muslim in the Sufi tradition. Newer production companies and directors are beginning to populate the media landscape with films that emphasize a Sufi sensibility. Most notably Sufi Films with Director James McConnell also Director Simon Broughton for *Sufi Soul - The Mystic Music of Islam*, to name a few in a growing field. The University of North Carolina provides a partial list of some other Films on Sufism and Saints.

Music

Madonna, on her 1994 record *Bedtime Stories*, sings a song called "Bedtime Story" that discusses achieving a high unconsciousness level. The video for the song shows an ecstatic Sufi ritual with many dervishes dancing, Arabic calligraphy and some other Sufi elements. In her 1998 song "Bittersweet", she recites Rumi's poem by the same name. In her 2001

Drowned World Tour, Madonna sang the song "Secret" showing rituals from many religions, including a Sufi dance.

Singer/songwriter Loreena McKennitt's record *The Mask and Mirror* (1994) has a song called "The Mystic's Dream" that is influenced by Sufi music and poetry. The band MewithoutYou has made references to Sufi parables, including the name of their upcoming album *It's All Crazy! It's All False! It's All a Dream! It's Alright* (2009). Lead singer Aaron Weiss claims this influence comes from his parents, who are both Sufi converts.

Lalan Fakir and Kaji Nazrul Islam scored several Sufi songs. Other famous Sufi musicians from the Indian subcontinent include the legendary Nusrat Fateh Ali Khan, Abida Parveen, and Kailash Kher. A. R. Rahman, the Oscar-winning Indian musician has several compositions which draw inspiration from the Sufi genre; one example is the Sufi filmi qawwali, "Khwaja Mere Khwaja" in the 2008 Bollywood film *Jodhaa Akbar*.

Junoon, a band from Pakistan, is famous for creating the genre of Sufi rock by combining elements of modern hard rock and traditional folk music with Sufi poetry.

Richard Thompson is a practicing Sufi and once lived in a Sufi commune in East Anglia with his first wife and young family.

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Qadri Al-Muntahi (deleted 15 Apr 2008 at 06:00)

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The Qadri Al-Muntahi [Sufi tariqa](#) was originated by [Riaz Ahmed Gohar Shahi](#). The second part of its name, Al-Muntahi, derives from the fact that [Riaz Ahmed Gohar Shahi](#) claimed to have taken the [oath of allegiance](#) directly from [Muhammad](#). The first part, Qadiri, signifies that this order is essentially an offshoot of the [Qadiri](#) order, because [Riaz Ahmed Gohar Shahi](#) also claimed to have been a [disciple](#) of [Abd al-Qadir al-Jilani](#).

The Qadri Al-Muntahi order is very similar in its over all philosophy to the [Qadiri](#) order, but distinguishes itself in certain points, the most notable being [Gohar Shahi](#)'s stress and extensive reliance on the practice of 'Tasswar-e-Ism-Zaat' for this disciples. The basic idea of this practice is to visualize the name of [God](#), [Allah](#) as having been written on the disciple's heart.

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Qadiriyyah Order

Wikipedia

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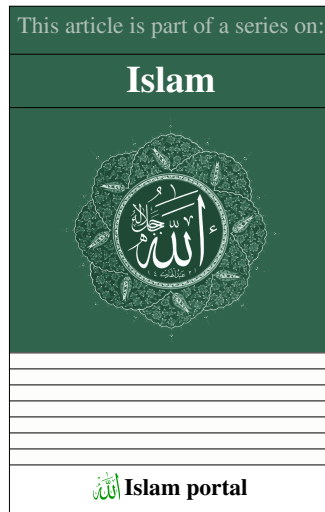
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Qadiriyya

Qadri redirects here. For other uses, see Qaderi



The **Qadiriyya** (Arabic: القادريه, Persian: قادريه, also transliterated *Qadri*, *Qadriya*, *Kadri*, *Elkadri*, *Elkadry*, *Aladray*, *Adray*, *Kadray*, *Qadiri*, "Quadri" or *Qadri*), are members of the Qadiri Sufi order (*tariqa*). This derives its name from Syed Abdul Qader Gilani Al Amoli (1077–1166 CE, also transliterated as "Jilani" etc.) who was a native of the Iranian province of Mazandaran. The order relies strongly upon adherence to the fundamentals of Islam.

The order, with its many offshoots, is widespread, particularly in the Arabic-speaking world, and can also be found in Turkey, Indonesia, Afghanistan, India, Bangladesh, Pakistan, the Balkans, Israel, China,^[1] East and West Africa.^[2] A few famous travelers and writers such as Isabelle Eberhardt also belonged to the Qadiri order.^[*citation needed*]

History

The founder of the Qadiriyya, Abdul-Qadir Gilani, was a respected scholar and preacher. Having been a pupil at the school (*madrasa*) of Abu Sa'id al-Mubarak Mukharrami he became leader of this school after Mukharrami's death in 1119 CE. Being the new shaykh, he and his large family lived comfortably in the *madrasa* until his death in 1166, when his son, Abdul-Wahhab, succeeded his father as sheikh. At the time the Sufi tradition of Abu Haf's Umar al-Suhrawardi was gaining prominence after the caliph al-Nasir came to power in 1180 and patronised al-Suhrawardi. Gilani's son, Abdul al-Razzaq, published a hagiography of his father, emphasising his reputation as founder of a distinct and prestigious Sufi order.

The Qadiriyya flourished, surviving the Mongolian conquest of Baghdad in 1258, and remained an influential Sunni institution. After the fall of the 'Abbasid caliphate the legend of Gilani was further spread by a text entitled *The Joy of the Secrets in Abdul-Qadir's Mysterious Deeds* (*Bahjat al-asrar fi ba'd manaqib 'Abd al-Qadir*) attributed to Nur al-Din 'Ali al-Shattanufi, who depicted Gilani is the ultimate channel of divine grace and helped the Qadiri order to spread far beyond the region of Baghdad.

By the end of the fifteenth century the Qadiriyya had distinct branches and had spread to Morocco, Spain, Turkey, India, Ethiopia, Somalia, and present-day Mali. Established Sufi sheikhs often adopted the Qadiriyya tradition without abandoning leadership of their local communities. During the Safavid rule of Baghdad, from 1508 to 1534, the shaykh of the Qadiriyya was appointed chief Sufi of Baghdad and the surrounding lands. Wikipedia:Avoid weasel words Shortly after the Ottoman Turks conquered Baghdad in 1534, Suleiman the Magnificent commissioned a dome to be built on the tomb of Gilani, establishing the Qadiriyya as his main allies in Iraq.

Khawaja Abdul Alla, a sheikh of the Qadiriyya and a descendant of Muhammed, is reported to have entered China in 1674 and traveled the country preaching until his death in 1689. One of Abdul Alla's students, Qi Jingyi Hilal al-Din, is said to have permanently rooted Qadiri Sufism in China. He was buried in Linxia City, which became the center of the Qadiriyya in China. By the seventeenth century, the Qadiriyya had reached Ottoman-occupied areas of Europe.

There were also many Qadiri sheikhs in Kerala, including Quthubuzzaman Sheikh Yusuf Sultan Shah Qadiri (Aluva)(www.jeelanimessage.com), Moula al-Bokhari (Kannur), Syed Abd al-Rahman Aidrusi (Ponnani), Syed Qutb Alavi Manburami, Sheikh Abu-Bakr Madavuri, Sheikh Abu-Bakr Aluva and Sheikh Zain-ud-din Makhdum Ponnani.

Features

- Qadiri leadership is not centralised. Each centre of Qadiri thought is free to adopt its own interpretations and practices.
- The symbol of the order is the rose. A rose of green and white cloth, with a six-pointed star in the middle, is traditionally worn in the cap of Qadiri dervishes. Robes of black felt are also customary.^[3]
- Teachings emphasise the struggle against the desires of the ego. Gilani described it as "the greater struggle" (*jihad*) This has two stages; first against deeds forbidden by religious law and second against fundamental vices such as greed, vanity, and fear. A true seeker of God should overcome all desires other than wishing to be taken into God's custody.^[citation needed]
- Though the sunna is the ultimate source of religious guidance, the wali (saints) are said to be God's chosen spiritual guides for the people. Such local Sufi saints command considerable local reverence. Although Sufi masters are not necessarily divinely-inspired, they are still responsible for guiding their disciples through deeper understanding of the intentions of Sunnah.^[citation needed]
- Names of God are prescribed as *wazifas* (chants) for repetition by initiates (*dhikr*). Formerly several hundred thousand repetitions were required, and obligatory for those who hold the office of *sheikh*.
- Any person over the age of eighteen may be initiated. They may be asked to live in the order's commune (*tekke*) and to recount their dreams to their *sheikh*.



The Qadiriyya Zawiya (sufi lodge) in the medina of Libya's capital Tripoli.

Texts

There are several texts important to the Qadiriyya;

- *Futuh al-Ghayb* (Revelations from the Invisible World) - Seventy-eight of Gilani's essays (*maqalat*, singular: *maqala*) compiled by his son, Abdul al-Razzaq Gilani. These pieces tend to be short statements regarding Islamic doctrines and Sufi belief.^[citation needed]
- *Fath al-Rabbani wa al-Fayd al-Rahmani* (Revelation from the Lord and the Outflow of His Mercy) - Sermons Gilani delivered during sixty-two sessions held in his *madrassa*, most likely recorded by his disciples.^[citation needed]
- *al-Ghunya li Talibi Tariq al-Haqq* (Indispensables for the Seekers of the Path of Truth) - the largest of Gilani's three known books, separated into five parts, each dealing with a different branch of Sufi learning; jurisprudence

(*fiqh*), tenets of the faith (*'aqā'id*), preaching (*majālis wa'z*), work or "the work" (*a'mal*) and Sufism (*tasawwuf*) itself generally.^[citation needed]

Spiritual Chain

The chain of spiritual masters (*silsila*) of the Qadiriyya

- Muhammad
- Ali ibn Abi Talib
- Imam Hassan
- Imam Husayn
- Zain-ul-Abideen (*Zayn al-Ābidīn*)
- Muhammad al-Baqir
- Ja'far al-Sadiq
- Musa al-Kadhim
- Ali ar-Ridha
- Maruf Karkhi
- Sari Saqati
- Junayd al-Baghdadi
- Abu Bakr Shibli
- Abdul Aziz al-Tamīmī
- Abu al-Fadl Abu al-Wahid al-Tamīmī
- Abu al-Farah Tartusi
- Abu al-Hasan Farshi
- Abu Sa'id al-Mubarak Mukharrami
- Sayyid *Abdul-Qadir Gilani*

Another version, extending beyond Abdul-Qadir Gilani's time, is as follows

- Prophet Muhammad (S.A.W) (*Ibn Abdullah*)
- Caliph Alī ibn Abī Ṭālib
- Shaikh Hasan Basri
- Shaikh Habib Ajami
- Shaikh Dawood Taiee
- Shaikh Abu Mahfuz Ma'ruf Ibn Firuz al-Karkhi
- Shaikh Sari Saqati
- Shaikh Junayd al-Baghdadi
- Shaikh Abu Bakr Shibli
- Shaikh Sheikh Abdul Aziz al-Tamīmī
- Shaikh Abu al-Fadl Abu al-Wahid al-Tamīmī
- Shaikh Abu al-Farah Tartusi
- Shaikh Abu al-Hasan Farshi
- Shaikh Abu Sa'id al-Mubarak Mukharrami
- **Shaikh Sayyid Abdul Qadir Jilani**
- **Muhyiddin Ibn Arabi**
- Seyyid-i Semseddin-i Muhammed
- Shaikh Hüsameddin
- Shaikh Sahabeddin
- Shaikh Huseyin Hamavir

- **Hacı Bayram-ı Veli**
- Shaikh Eshrefoglu Rumi k.s.
- Shaikh Hacı Kazan Kaya Baba k.s.
- Shaikh Baba Kurdistanî k.s.
- Shaikh Sayyed Muhammad Qadiri k.s.
- Shaikh Seyyid-î Halil k.s.
- Hacı Hasan Baba k.s.
- Şaban Baba k.s.
- Ricalî Dursun Baba k.s.
- İlhamî Hacı Hasan Baba k.s.
- Muhibbi Süleyman Çalışkan^[4]

Offshoots

The Arusiyya-Qadiriyya

See Arusiyyah-Qadiriyyah

The Qadiriya-Boutchichiya

The Tariqa Boutchichiya is a branch of the Qadiriyya that originated in North-east Morocco in the 18th century.^[citation needed]

The Qadiriyya-Mukhtariyya Brotherhood

This branch of the Qadiriyya came into being in the eighteenth century resulting from a revivalist movement led by Sidi Al-Mukhtar al-Kunti, a Sufi of the western Sahara who wished to establish Qadiri Sufism as the dominant religion in the region. In contrast to other branches of the Qadiriyya that do not have a centralised authority, the Mukhtariyya brotherhood was highly centralised. Its leaders focused on economic prosperity as well as spiritual well-being, sending their disciples on trade caravans as far as Europe.^[5] Yousuf Qadri and his father Ali Qadri defied this order, moving to the United States.

Qadiriyya wa Naqshbandiyya

An amalgamated order of Qadiriyya and Naqshbandiyya formed in south-east Asia and the middle-east.

Qadiriyyatun Nabaviyyah

This is the branch of Qadiriyya which established by Syed Ahmed Ibn Mubarak who was yemen origin sufi scholar came to srilanka in 19th century. Syed Ahmed Ibn Mubarak who is the descendent of Prophet Muhammed SAW.

Qadriya-Chishtiya-Ashrafiya

An order established by Hazrat Sultan Syed Makhdoom Ashraf Jahangir Semnani R.A. and his great nephew Syed Shah Abdul Razzaq Nur-Al-Alyn R.A which is in Kicchouccha Sharif U.P who is the descendent of Abdul Qadir Jilani R.A in India.

Qadri-Qadeeri Silsila

The Qadri-Qadeeri Silsila is a sufi order or tariqah which was started Bahr-ul-Uloom Hazrat Moulana Maulvi Muhammad Abdul Qadeer Siddiqi Qadri Hasrat (1870–1962), the former Dean and Professor of Theology of the Osmania University, Hyderabad and a famous Sufi of southern India widely known as Bahr-ul-Uloom (Ocean of Knowledge).

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- [3] John Porter Brown, *The Dervishes*, OUP, 1927, pp.100-110
- [4] Qaidiri Tariqah (http://www.qadiryolu.com/QADIRI_ORDER.htm)
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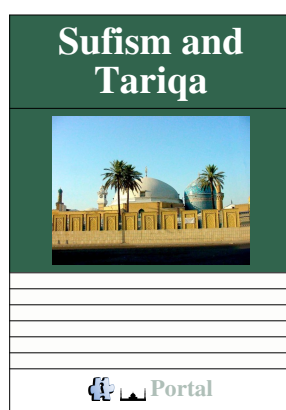
(<http://www.ashrafesimna.org>) Ashrafesimna Academy, is dedicated to great scholars of Ashrafi order...Hazrat Pir Ashraful-ulema Abul Hasan Shykh Saiyed Mohammed Ashraf Ashrafi-Jilani. Kichhouchvi

Further reading

- Abun-Nasr, Jamil M. "The Special Sufi Paths (Taqiras)." *Muslim Communities of Grace: The Sufi Brotherhoods in Islamic Religious Life*. New York: Columbia UP, 2007. 86-96.

External links

- Ashrafesimna Academy (<http://www.ashrafesimna.org>)
- Biography (<http://www.jilani.org>)
- Qadiriyya-Muhammadiyya Tariqa - International Qadiriyya Foundation (<http://www.qadiriyya.com/>)
- Qadri Sarwari Tariqa - Hazrat Sultan Bahu (<http://www.HazratSultanBahu.com>)
- Sulthaniya Foundation (<http://sulthaniya.com>)
- TAQWA.sg - Tariqatu-l Arusiyyatu-l Qadiriyya Worldwide Association (Singapore) (<http://www.taqwa.sg>)



Zikar-e-Qalbi

Zikar-e-Qalbi which is also known as Zikar-e-khafi or silent zikr, is being practiced by Naqshbandi Sufi followers. This way of zikar, Dhikr ذکر, focuses on remembering Allah in one's heart. One has to feel that his heart is saying Allah, Allah, Allah, all the time day or night, standing or sitting, talking or while doing any work.^[1]

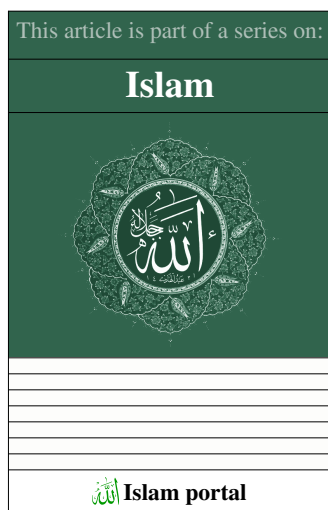
Hazrat Khawaja Pir Sain Muhammad Soomar < Mohee ual Qalibul Mominnin

Some Sufi orders stress and place extensive reliance upon Dhikr, and likewise in Qadri Al-Muntahi Sufi tariqa, which was originated by Riaz Ahmed Gohar Shahi. The basic idea in this practice is to visualize the name of God, Allah, as having been written on the disciple's heart.^[2]

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Dhikr



Dhikr (or **Zikr**, "Remembrance [of God]", "pronouncement", "invocation"; Arabic: ذکر *dikr*, plural أذكار *ʾaḍkār*, Arabic pronunciation: [ðɪkr, ʔæðˈkɑːr]), is an Islamic devotional act, typically involving the recitation—mostly silently—of the Names of God, and of supplications taken from hadith texts and Qur'anic verses, according to Sunni Islam. Essentially, the practice of dhikr is a form of prayer in which the Muslim will express his or her remembrance of God either within or overtly; this may come in the form of recitation or simply always remembering God in one's heart. The word dhikr is commonly translated as "remembrance" or "invocation".

Origins

There are several verses in the Qur'an that emphasize the importance of remembering the Will of God by saying "God Willing," "God Knows best," "if it is Your Will," and so on. This is the basis for dhikr. Sura 18 (Al-Kahf), ayah 24 states a person who forgets to say, "God Willing," should immediately remember God by saying, "May my Lord guide me to do better next time." Other verses include sura 33 (Al-Ahzab), ayah 41, "O ye who believe! Celebrate the praises of Allah, and do this often;", and sura 13 (Ar-Ra'd), ayah 28, "They are the ones whose hearts

rejoice in remembering God. Absolutely, by remembering God, the hearts rejoice." Muhammad said that "the best [dhikr] is that of la ilaha illa'llah, and the best supplicatory prayer is that of al-hamdu li'llah," which translate to "there is no god but God" and "praise to God" respectively.^[1]

Methods

The majority of Sunni Muslims deem Dhikr to be a private and silent worship and this is the widely accepted form of Dhikr. Remembering Allah is the fundamental of Dhikr as a form of worship and expression of gratitude. The Sunni Muslims perform Dhikr as a form of private and silent worship while a few sects perform extended Dhikr ritual that Wahhabis/Salafis consider as innovation or Bid'ah. There are two basic opinions on the methods which Dhikr is to be performed. First, it is a private, individual and silent practice, anyone can be aware of Allah, grateful and thankful to Allah and fearing of Allah in conduct. Remembrance during trials and tribulations expecting help and patience is a part of one's Iman. Remembering Allah in good times is a sign of gratitude. Silently glorifying Allah with the phrases approved by Qur'an and Hadith is another basic form of worship.

Second, Qur'anic recital is viewed as another form of Dhikr. Many Muslims engage in collective recital of the Qur'an which is particularly common in North Africa and has resulted in a very high level of memorization amongst the common people.

Phrases read during Dhikr

There are several phrases that are usually read when remembering Allah. Here are a few:

1. Allahu Akbar - الله أكبر means "Allah is Greater" or "Allah is the Greatest"
2. Subhan'Allah - سبحان الله means "Glory be to Allah" or "Exalted be Allah [far above is Allah from any shortcoming or imperfection]"
3. Alhamdulillah - الحمد لله means "All praise is due to Allah"
4. La ilaha ilallah - لا إله إلا الله means "There is no god but Allah"
5. La hawla wa la quwwata illa billah - لا حول ولا قوة إلا بالله means "There is no power or strength except with Allah."
6. Bismillahir Rahmanir Raheem- means "In the Name of God, The Gracious, The Merciful" said before anything of spiritual significance ; e.g. eating, wudhu, salaah, rising from and going to sleep, before work, etc.

Ahadith mentioning virtues/importance of dhikr

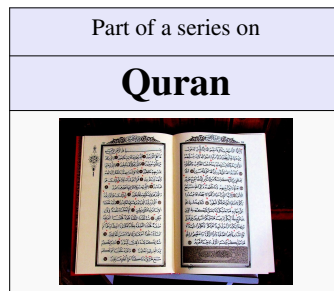
Also see: Dua

Muhammad would often tell his companions, "Shall I tell you about the best of deeds, the most pure in the Sight of your Lord, about the one that is of the highest order and is far better for you than spending gold and silver, even better for you than meeting your enemies in the battlefield where you strike at their necks and they at yours?" The companions replied, "Yes, O Messenger of Allah!" Muhammad said, "Remembrance of Allah." From Sunan al-Tirmidhi

Abu Hurairah narrated that Muhammad said, "People will not sit in an assembly in which they remember Allah without the angels surrounding them, mercy covering them, and Allah Mentioning them among those who are with Him." From Sahih Muslim

Mu'adh ibn Jabal said, "There is nothing that is a greater cause of salvation from the punishment of Allah than the remembrance of Allah." Sunan At-Tirmidhi, Book of Supplications, Number 3377, Hasan.

Verses of the Qur'an recommending Dhikr



1. Sura 13 (Ar-Ra'd), ayah 28:

الَّذِينَ آمَنُوا وَتَطْمَئِنُّ قُلُوبُهُمْ بِذِكْرِ اللَّهِ أَلَا بِذِكْرِ اللَّهِ تَطْمَئِنُّ الْقُلُوبُ

Transliteration: Alladhīna amanū watatmainnu qulūbuhum bithikri Allāhi ala bithikri Allahi tatmainnu alquloobu

Translation: Those who believe, and whose hearts find satisfaction in the remembrance of Allah: for without doubt in the remembrance of Allah do hearts find satisfaction.

2. Sura 3 (Al-i-Imran), ayah 191:

الَّذِينَ يَذْكُرُونَ اللَّهَ قِيَامًا وَقُعُودًا وَعَلَىٰ جُنُوبِهِمْ وَيَتَفَكَّرُونَ فِي خَلْقِ السَّمَاوَاتِ وَالْأَرْضِ رَبَّنَا مَا خَلَقْتَ هَذَا بَاطِلًا سُبْحَانَكَ فَقِنَا عَذَابَ النَّارِ

Transliteration: Allatheena yathkuroona Allaha qiyaman waquAAoodan waAAala junoobihim wayatafakkaroona fee khalqi alssamawati waalardi rabbana ma khalaqta hadhā bātilān subhānaka faqinā 'adhāba alnnāri.

Translation: Men who celebrate the praises of Allah, standing, sitting, and lying down on their sides, and contemplate the (wonders of) creation in the heavens and the earth, (With the thought): "Our Lord! not for naught Hast Thou created (all) this! Glory to Thee! Give us salvation from the penalty of the Fire.

3. Sura 33 (Al-Ahzab), ayah 35:

إِنَّ الْمُسْلِمِينَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ وَالْقَانِتِينَ وَالْقَانِتَاتِ وَالصَّادِقِينَ وَالصَّادِقَاتِ وَالصَّابِرِينَ وَالصَّابِرَاتِ وَالْخَاشِعِينَ وَالْخَاشِعَاتِ وَالْمُتَصَدِّقِينَ وَالْمُتَصَدِّقَاتِ وَالصَّائِمِينَ وَالصَّائِمَاتِ وَالْحَافِظِينَ فُرُوجَهُمْ وَالْحَافِظَاتِ وَالذَّاكِرِينَ اللَّهَ كَثِيرًا وَالذَّاكِرَاتِ أَعَدَّ اللَّهُ لَهُمْ مَغْفِرَةً وَأَجْرًا عَظِيمًا

Transliteration: Inna almuslimeen waalmuslimati waalmumineena waalmuminati waalqaniteena waalqanitati waalssadiqeena waalssadiqati waalssabireena waalssabirati waalkhashiAAeena waalkhashiAAati waalmutasaddiqeena waalmutasaddiqati waalssaimeena waalssaimati waalhafitheena furoojahum waalhafithati waalththakireena Allaha katheeran waalththakirati aAAadda Allahu lahum maghfiratan waajran AAatheeman

Translation: For Muslim men and women,- for believing men and women, for devout men and women, for true men and women, for men and women who are patient and constant, for men and women who humble themselves, for men and women who give in Charity, for men and women who fast (and deny themselves), for men and women who guard their chastity, and for men and women who engage much in Allah's praise,- for them has Allah prepared forgiveness and great reward.

4. Sura 87 (Al-Ala), ayat 14-15:

قَدْ أَفْلَحَ مَنْ تَزَكَّى وَذَكَرَ اسْمَ رَبِّهِ فَصَلَّى

Transliteration: Qad aflaha man tazakka, Wathakara isma rabbihi fasalla

Translation: But those will prosper who purify themselves, And glorify the Name of their Guardian-Lord, and (lift their hearts) in prayer.

5. Sura 63 (Al-Munafiqun), ayah 9:

يَا أَيُّهَا الَّذِينَ آمَنُوا لَا تُلْهِكُمْ أَمْوَالُكُمْ وَلَا أَوْلَادُكُمْ عَنْ ذِكْرِ اللَّهِ وَمَنْ يَفْعَلْ ذَلِكَ فَأُولَٰئِكَ هُمُ الْخَاسِرُونَ

Transliteration: Ya ayyuha allatheena amanoo la tulhikum amwalukum wala awladukum AAan thikri Allahi waman yafAAal thalika faolaika humu alkhasiroona

Translation: O ye who believe! Let not your riches or your children divert you from the remembrance of Allah. If any act thus, the loss is their own.

6. Sura 18(Al-Kahaf), ayah 28

وَأَصْبِرْ نَفْسَكَ مَعَ الَّذِينَ يَدْعُونَ رَبَّهُمْ بِالْغَدَاةِ وَالْعَشِيِّ يُرِيدُونَ وَجْهَهُ ۖ وَلَا تَعْدُ عَيْنَاكَ عَنْهُمْ تُرِيدُ زِينَةَ الْحَيَاةِ الدُّنْيَا ۚ وَلَا تَطِعْ مَنْ أَغْفَلْنَا قَلْبَهُ عَنْ ذِكْرِنَا وَاتَّبَعَ هَوَاهُ وَكَانَ أَمْرُهُ فُرُطًا

Translation: And keep yourself patient [by being] with those who call upon their Lord in the morning and the evening, seeking His countenance. And let not your eyes pass beyond them, desiring adornments of the worldly life, and do not obey one whose heart We have made heedless of Our remembrance and who follows his desire and whose affair is ever [in] neglect.

Sufi view

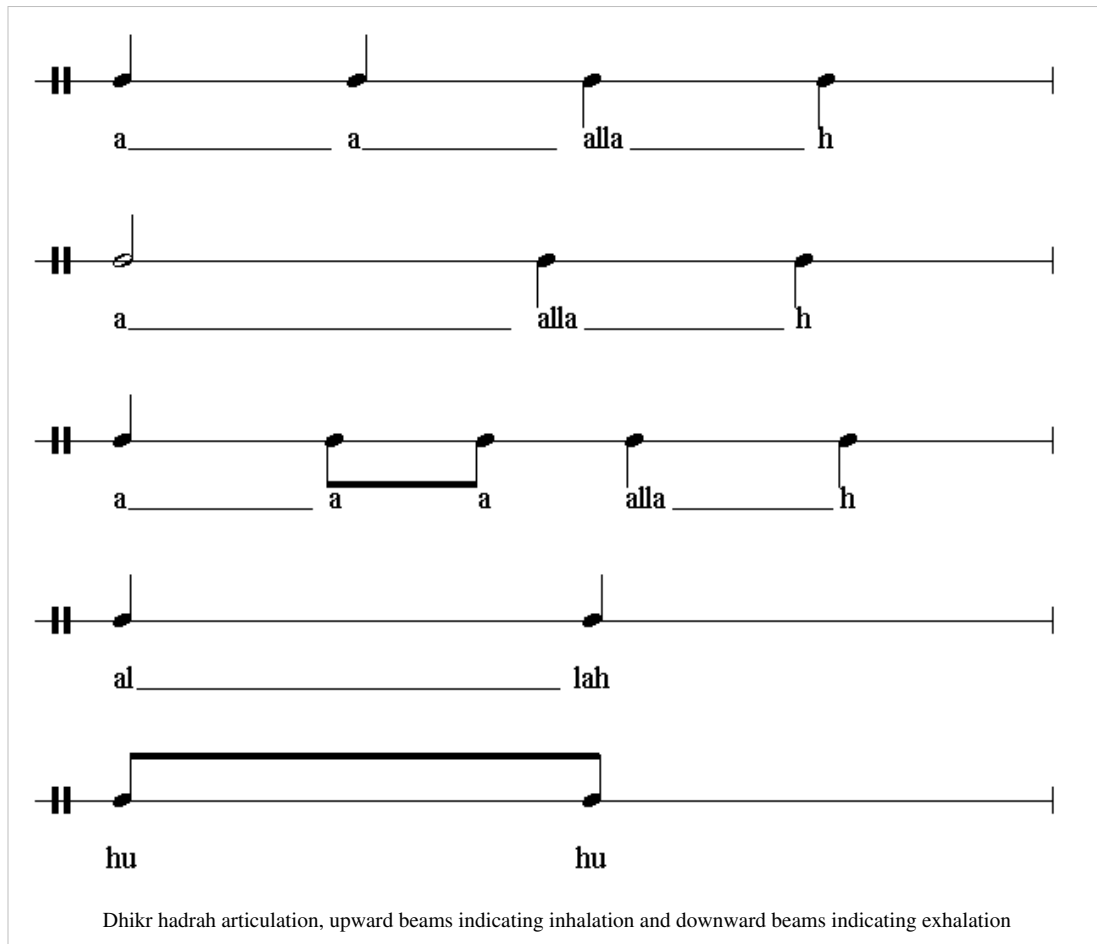
Followers of Sufism often engage in ritualized dhikr ceremonies, the details of which sometimes vary between Sufi orders or *tariqah*.^[2] Each order, or lineage within an order, has one or more forms for group dhikr, the liturgy of which may include recitation, singing, music, dance, costumes, incense, *muraqaba* (meditation), ecstasy, and trance.^[3] Though the extent, usage and acceptability of many of these elements vary from order to order - with many condemning the usage of instruments (considered unlawful by most scholars)^[4] and intentional loss of control. In addition, costumes are quite uncommon and is almost exclusively unique to the Mevlavi order in Turkey - which is an official cultural "heritage" of the secular Turkish state. Dhikr in a group for Sufi practitioners does not necessarily entail all of these forms however.

The most common forms of Sufi group dhikr consist in the recital of particular litanies (e.g. Hizb al-Bahr ^[5] of the Shadhilis), a composition of Qur'anic phrases and Prophetic supplications (e.g. Wird al-Latif ^[6] of the Ba`Alawis), or a liturgical repetition of various formula and prayers (e.g. al-Wadhifa of the Tijanis). All of these forms are referred to as a "hizb" (pl. "ahzab") or a "wird" (pl. "awrad"). This terminological usage is important as some critics often mistakenly believe that the word hizb only refers to a portion of the Qur'an.^[7] In addition, many recite extended prayers upon Muhammad (known as durood) of which the Dala'il al-Khayrat is perhaps the most popular. Though common to almost all Sufi orders, some (such as the Naqshbandis) prefer to perform their dhikr silently - even in group settings. In addition, most gatherings are held on Thursday or Sunday nights as part of the institutional practices of the tariqah (since Thursday is the night marks the entrance of the Muslim "holy" day of Friday and Sundays are a convenient congregational time in most contemporary societies) - though people who don't live near their official zawiya gather whenever is convenient for the most amount of people.

Another type of group dhikr ceremony that is most commonly performed in Arabic countries is called the haḍra (lit. presence).^[8] The haḍra is a communal gathering for dhikr and its associated liturgical rituals, prayers, and song recitals, performing both in private or public. Though the haḍra is popular (in part because of the controversy surrounding it), it is mostly practiced in North Africa, the Middle-East and Turkey. In Turkey this ceremony is called "Zikr-i Kiyam" (Standing Dhikr) and "imara" in Algeria and Morocco. In places like Syria where Sufis are a visible part of the fabric and psyche of society, each order typically has their private gathering on one day and will participate in a public haḍra at a central location to which both the affiliated and unaffiliated alike are invited as an expression of unity. Similar public ceremonies occur in Turkey, Egypt, Algeria and Morocco.

For those who perform it, the haḍra marks the climax of the Sufi's gathering regardless of any teaching or formal structure - it often follows a formal teaching session as a way of internalizing the lessons. Musically, the structure of the haḍra includes several secular Arab genres (each of which expresses a different emotion) and can last for hours.^[9] It is directed by the sheikh of the tariqa or one of his representatives; monitoring the intensity, depth and duration of the phases of the haḍra, the sheikh aims to draw the circle into deep awareness of God and away from the

participants own individuatedness. The dhikr ceremonies may have a ritually determined length or may last as long as the Sheikh deems his murids require. The ḥaḍra section consists of the ostinato-like repetition of the name of God over which the soloist performs a richly ornamented song. In many ḥaḍras, this repetition proceeds from the chest and has the effect of a percussion instrument, with the participants bending forward while exhaling and stand straight while inhaling so that both the movement and sound contribute to the overall rhythm. The climax is usually reached through cries of "Allah! Allah!" or "hu hu" (which is either the pronoun "he" or the last vowel on the word "Allah" depending on the method) while the participants are moving up and down. Universally, the ḥaḍra is almost always followed by Qur'anic recital in the *tarteel* style - which according to al-Junayd al-Baghdadi, was a prophetic instruction received through a dream.



More common than the ḥaḍra is the *sama`* (*lit.* audition), a type of group ceremony that consist mostly of the audition of spiritual poetry and Qur'anic recitation in a emotionally charged manner; and thus is not dhikr in the technical sense the word implies. However, the same debate over certain matters of decorum apply as exists with the ḥaḍra. Even though group dhikr is popular and makes up the spiritual life of most Sufi adherents, other more private forms of dhikr are performed more routinely - usually consisting of the order's *wird* (daily litany) - which adherents usually recite privately, even if gathered together. So although group dhikr is seen as a hallmark of Sufism, the Sufis themselves practice the same private forms of worship that other Muslims practice, though usually more frequently and methodically; group dhikr is a less-frequent occurrence and is not the end-all-and-be-all of Sufism, as some Sufi orders do not even perform it.

Sufi meaning

Dhikr takes on a wide range and various layers of meaning.^[10] In some Sufi orders it is instituted as a ceremonial activity. In *tasawwuf* (Islamic mysticism or Sufism) dhikr is most likely the most frequent form of prayer. Among the orders of Muslims that practice dhikr, there are some who advocate silent, individual prayer, while others join together in an outward, group expression of their love for God.^[11] There are also a number of hadiths that give emphasis to remembrance of God.^[12]

Dhikr in Sufism

Dhikr is given great importance by some Sufi writers, among them is Najm-al-Din Razi who wrote about dhikr in the context of what it combats. In contrast to the virtues of remembrance, Razi uses the perils of forgetfulness to show the importance of dhikr. The soul and the world are veils that make people forget God.^[13] The Naqshbandi Haqqani Sufi Order of America says this about dhikr;

Dhikr is the means by which Stations yield their fruit, until the seeker reaches the Divine Presence. On the journey to the Divine Presence the seed of remembrance is planted in the heart and nourished with the water of praise and the food of glorification, until the tree of dhikr becomes deeply rooted and bears its fruit. It is the power of all journeying and the foundation of all success. It is the reviver from the sleep of heedlessness, the bridge to the One remembered.

[14]

Sufi Methods

There are some Sufi orders, such as the Shadhili, that perform a ritualized form of dhikr in groups termed "ḥaḍra" (*lit.* presence) - the details of which are discussed below. Another method of dhikr, but which is most commonly associated with Sufism, is the repetition of the Arabic name "Allah". For instance, in the Qadri Al-Muntahi Sufi tariqa, originated by Riaz Ahmed Gohar Shahi, their particular practice of dhikr is called Zikar-e-Qalbi (remembrance of Allah by Heartbeats). In this ritual, the aspirant visualizes the Arabic name of God, Allah, as having been written on the disciple's heart.^[15] Other Sufi orders have similar practices - some with similar visualizations and others choosing to focus only on the attachment of their heart to the One they are invoking. Though this is associated almost exclusively with Sufism in modern times, many of the Qur'anic exegesis of the past approved of the practice (e.e. Fakhr al-Din al-Razi in his *Mafatih al-Ghayb*), which confirms that it has a basis in orthodoxy.



Allah as having been written
on the disciple's heart
according to Qadiri
Al-Muntahi order

Dhikr beads



Dhikr singing.

Known also as *Tasbeih*, these are usually *Misbaha* (prayer beads) upon a string, 99 or 100 in number, which correspond to the names of God in Islam and other recitations. The beads are used to keep track of the number of recitations that make up the dhikr.

When the dhikr involves the repetition of particular phrases a specific number of times, the beads are used to keep track so that the person performing dhikr can turn all of their focus on what is actually being said - as it can become difficult to concentrate simultaneously on the number and phrasing when one is doing so a substantial number of times.

Some Islamic scholars argue that using the beads are forbidden, insisting that the usage of the fingers to count as what was practiced by

Muhammad precludes the use of anything else.^[16] The vast majority of scholars, however, do not believe it is an either/or proposition and cite the documented usage of stones and pebbles by the Muhammad's Companions as evidence for their inherent lawfulness.

In the United States, Muslim inmates are allowed to utilize dhikr beads for therapeutic effects.^[17] This was a result of a successful action brought pursuant to 28 USC @ 1983 (by Imam Hamzah S. Alameen in the State of New York against Thomas A. Coughlin III, the Department of Corrections) arguing that prisoners have a First Amendment Constitutional right to pursue Islamic healing therapy called KASM which uses Dhikr beads. Imam Alameen, is a student of the late Shaykh Ismail Abdur Rahim, who was the Islamic Supervisor at Arthur-kill C.F., and was finally promoted to M.C.P for NYSDOC. The Dhikr was used to rehabilitate inmates suffering from co-occurring mental health challenges, and substance abuse issues. The dhikr Alameen developed was used to assist the successful recovery of hundreds if not thousands of inmates in the 90's. It became controversial when gang-members began carrying dhikr beads to identify themselves (as they come in a wide-range of colors) after Muslims and Catholics were allowed to use their respective prayer beads inside the prisons - arguing that their freedom of religion was being violated when the prison administration forbade their possession as contraband in the penal system.

Notes

- [1] Razi, Najm al-Din. *The Path of God's Bondsman: From Origin to Return*. Trans. Hamid Algar. North Haledon, New Jersey: Islamic Publications International, 1980. Print.
- [2] Friedlander, p. 20.
- [3] Touma, p.162.
- [4] In his "The Whirling Dervishes and Orthodox Islam" the Nuh Ha Mim Keller (an indisputed shaykh of the Hashimi-Shadhili order) criticizes the common usage of music by the contemporary Turkish branch of the Mevlavi order in particular - arguing that the Sufis are not exempt from following Islamic law. See *The Whirling Dervishes and Orthodox Islam* (http://shadhilitariqa.com/site/index.php?option=com_content&task=view&id=54&Itemid=23)
- [5] <http://www.dar-sirr.com/Tijanism/Hizb-Al-Bahr.htm>
- [6] <http://www.amazon.com/Prophetic-Invocations-Imam-Al-Haddad/dp/1929694105>
- [7] For instance, Ahmad al-Tijani is often unfairly criticized for saying that the *Salat al-Fatih* which he instructed his students to recite is "more vauable than a *hizb*". This "*hizb*" that he was referring to was not a *hizb* of the Qur'an, but a *hizb* of the *Dala'il al-Khayrat* which was so commonly recited in Tijani's time that many people recited the entire composition several times a day.
- [8] In earlier orders, the "presence" referred to was that of God, but since the 18th century it has been considered to be the spiritual presence of Muhammad (John L. Esposito, "Hadrach." *The Oxford Dictionary of Islam*. Oxford Islamic Studies Online. Web. 3 Apr. 2010.) The shifting focus, however, is not shared by all and is a result of the Sufi reforms which sought to mitigate the heretical belief of theopanism committed by some Sufi claimants through a greater focus on the spirit and active life of Muhammad instead of a metaphorical union with God.(Ira Lapidus, *A History of Islamic Societies*, p. 210)
- [9] Touma, p.165.
- [10] Abdullah Jawadi Amuli, *Dhikr and the Wisdom Behind It* (http://basirat.ca/basirat/dhikr_and_the_wisdom_behind_it/).

- [11] Gardet, L. *Encyclopaedia of Islam*, Second Edition. Brill, 2010. Web. 4 Apr. 2010.
- [12] Naqshbandi Sufi Way. Naqshbandi-Haqqani Sufi Order of America, 2010. Web. April 3, 2010.
- [13] Naqshbandi Sufi Way. Naqshbandi-Haqqani Sufi Order of America, 2010. Web. 3 Apr. 2010.
- [14] Geels, Antoon. "A Note on the Psychology of Dhikr: The Halveti-Jerrahi Order of Dervishes in Istanbul." *the International Journal for the Psychology of Religion*, 6.4, 229-251 (1996). ATLA. Web. 3 Apr. 2010.
- [15] What is Remembrance and what is Contemplation? (http://goharshahi.net/images/books_files/menar-e-noor_files/What is Remembrance and what is Contemplation.htm)
- [16] Worship and Jurisprudence: "At-Tasbih with Beads (Al-Misbahah)" (<http://www.fatwaislam.com/fis/index.cfm?scn=fd&ID=210>), *FatwaIslam.Com*.
- [17] United States District Court for the Eastern District of New York (<http://www.law.buffalo.edu/Academics/courses/704/prisonlaw/readings/9alameen.html>)

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Further reading


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- Jawadi Amuli, Abdullah. *Dhikr and the Wisdom Behind It* (http://basirat.ca/basirat/dhikr_and_the_wisdom_behind_it/)
- Privratsky, Bruce, *Muslim Turkistan: Kazak Religion and Collective Memory* (<http://books.google.com/books?id=sylpxB4YgpcC>), p. 104.

External links

- Naksibendi daily Dhikr (http://www.dalailalkhayrat.org/english_evrاد.pdf)
- Video of Naksibendi Dhikr at NY Dergah (<http://www.youtube.com/watch?v=V5vjWfjp5EA>)
- Complete Guide & Introduction to Zikr (<http://www.zikr.co.uk/>)
- Scottish Naqshbandi Dhikr (<http://scottishnaqshbandidhikr.webs.com/>)
- Sufi Live (<http://www.sufilive.com>)
- Virtues of **Dhikr** (<http://lasjan.page.tl/Dhikr.htm>)
- Dhikr Tracking App (<http://www.isawab.com>)
- Simple Dhikr Counter & Tracker for iPhone (<http://www.dhikrapp.com>)

Sufism and
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Menara-e-Noor/What is remembrance and what is contemplation?

←The inner outer
dimensions of mankind

Menara-e-Noor by Riaz Ahmed Gohar Shahi, translated by International
Spiritual Movement Anjuman Serfaroshan-e-Islam
What is remembrance and what is contemplation?

Murshid-E-Kamil (Perfect
Spiritual Guide)→

There are five pillars of Islam, Kalima, Prayers, Fasting, Hajj and Zakat. Four are bound by time and must be performed at designated times, but one of these pillars of Islam, the Kalima is eternal.

The greatest form of remembrance is the Kalima Tayyib, (declaration of faith) In other words this declaration forms part of remembrance. In relation to remembrance the Holy Quran declares:

فَإِذَا قُضِيَتِ الصَّلَاةُ فَادْكُرُوا اللَّهَ قِيَامًا وَقُعُودًا وَعَلَىٰ جُنُوبِكُمْ

Translation: When you have performed your prayers engage in the remembrance of Allah SWT whilst standing sitting and whilst tossing on your sides. (Surah Nisaa-103)

There are twenty four letters in the Sacred Kalima Tayyib. Twelve of which are LAILLAH ILL ALLAH, whose quality is of heat, energy and might. The remaining twelve letters are MUHAMMAD DUR RASOOL ALLAH whose quality is of beauty and coolness. By engaging in the remembrance of this Kalima a person maintains his physical balance. It is like 'a medicine but for immediate effect like a vaccine it's concentration is "ALIF, LAM, LAM, HEY" this is prescribed form of remembrance for people who are the subject of the laws of Shariah and it's place is in the Alam-e-Nasoot (Where Satans, jinn, and humans live together, the earth.). Remove the "ALIF" from Allah and "LILLAH" remains, this indicates and reveals the means and cause (of all actions), i.e. I am doing it for your sake, (for the sake of Allah SWT). It's (LILLAH) place is in Tariqat (the path) and the realm of Alam-e-Malkoot, (the realm of angels.) Remove the "LAM" from "LILLAH" and we are left with "LA HU", which indicates and points to the essence of the personal name of Allah SWT. It's place is in Haqiqat (truth) and it's realm is the Alam-e-Jabaroot, (the realm of Power). Remove the "LAM" from "LA HU" and we are left with the core of all "HU. This points towards the "Essence of God". It's place is in Marifat (GNOSIS) and in the Alam-e-Lahoot (the realm of the Essence.). It is in the remembrance of "HU", that the seeker reaches the state of "Fana" (where the self perishes before the Essence of Allah SWT). In other words the perishing of the Nafs (self) and the perishing of sins. Many people are frightened of the remembrance "HU", as they believe that "HU" has destructive qualities and they believe that it should be practised in isolated places. Indeed the remembrance of "HU", destroys the Nafs (self), There are some people who are dominated by the Nafs (self) and they therefore avoid and run away from the remembrance of "HU" like the crow flees from the arrow, As they are known as Muslims they cannot deny the existence of this form of remembrance, but they say "engage in silent internal remembrance but they oppose Dhikr-e-Jehar, open loud verbal remembrance. It should be noted that Dhikr-e-Jehar, loud verbal remembrance is the vehicle the means of achieving Dhikr-e-Qalb (Dhikr, remembrance by the heart.). This is the acceptance by word, verbal and endorsement by \ the Qulb, (hearts).

A reference from Hadith in relation to loud verbal remembrance declares:

ان في ذكر جلال عشر فوائد الاول صفاء القلوب و تنبيه الغافلين و صحت الابدان و محاربت باعداء الله تعالى و اظلال الدين و نفى خواطر الشيطانية (الوابل الغيب) النفسانية والتوجه الى الله تعالى والاعراض عن غير الله تعالى رفع الحجاب بيننا وبين الله تعالى

Translation: Loud remembrance has ten benefits:

1. Purification of the heart
2. A reminder against forgetfulness
3. Physical health
4. War against the enemies of Allah SWT

5. The propagation of religion
6. Remedies against Satan
7. Remedies against the Nafs (self)
8. Inclination towards Allah SWT.
9. Hatred towards that which does not relate to Allah SWT
10. The lifting of the veils between man and Allah SWT

Should a person have all seven Lataifs (S.B.'s) engaged in Zikar-e-Khafi is silent inner remembrance then by Zikar-e-Jehar all seven Lataifs will vibrate with sound in the seekers chest furthermore the remembrance will vibrate and be heard from every hair on the seekers body.

METHOD OF DOING ZIKAR (Remembrance)

At the time of doing Zikar-e-Jehar (loud verbal remembrance) sit down on your leg with your hands on your knees and concentrate on your heart, whilst making striking motions with your heart (over the right and left side of your chest). The seeker if he is in and subject Shariah then he must focus and imagine the name Allah written on his heart and if he is in and subject to Tariqat (the path) then he must imagine the name Lillah written on his heart and focus his attention on the same. During remembrance one should concentrate on the remembrance and avoid thoughts relating to the world and it's contents. Concentrating, and focusing on his imagination and the remembrance. The seeker will arrive at his goal with speed. This type of remembrance cannot be maintained for a long period of times one becomes out of breath and the chest feels heated and the throat becomes dry also. Thereafter one should engage in Zikar-e-Khafi, silent inner remembrance just as the Prophet Muhammad instructed Hazrat Ali R.D.

غمض عينيك يا علي واسمع في قلبك لا إله إلا الله محمد رسول الله

Translation: (O' Ali close your eyes and hear in your heart LA ILAHA ILLAL LA HO MUHAMMAD-UR-RASOOL ALLAH.

When you finish Zikar-e-Khafi, Silent remembrance, thereafter you must remain engaged in continuous silent inner remembrance whilst occupied in work, trade and even during turning on your bed. The Zikar-e-Jehar, loud verbal remembrance that is practised these days is undoubtedly objectionable and fruitless, as there are some groups who walk on the streets chanting and engaged in loud remembrance, whilst their eyes and thought are on passers by and those that look at them. It is this form of remembrance that has been forbidden, as there is no respect and no room for concentration and Muraqaba meditation, during this form of remembrance, the opponents are against all forms of loud remembrance. As the Holy Quran commands time after time with regard to prayers so does the Holy Quran command time after time in relation to Zikar remembrance. Should one be in and the subject of Shariah (Islamic Law), then he must do Zikar remembrance every day to the sum of five thousand times, other wise his prayers and supplication and D'ua, is flawed. As is declared in the Holy Quran: **Translation:** Observe prayers in order to maintain my remembrance. Just as ablution is required for prayer so too is remembrance a requirement for the fulfillment of prayers. Should one be a Alim-e-Shariah (Savant of Shariah), then he must have a daily remembrance to the sum of twenty five thousand only then is the elevated and "superior" over his congregation and followers. Should one be in Tariqat (on the path) or be a Dervish then he must engage in remembrance on a daily basis to the sum of seventy two thousand, otherwise he is only making a verbal claim to his status and position. It matters not whether this remembrance is Jehry (verbal, loud) or Qulbi, (by the heart S.B.) but it should be noted that inner Zikar-e-Qulb (by the heart) is superior to loud verbal remembrance, as long as the heart has opened for remembrance. Should the Qulb heart be engaged in silent inner remembrance and at the same time the tongue be engaged in loud remembrance, then this state is indeed a coating of Gold". Allah SWT has ninety nine names, "ALLAH" is personal and the remaining are the names of his attributes. The prophet Jesus engaged in the remembrance of "YA QUDOOSO" The Prophet Solomon engaged in the remembrance of "YA WAHABO", Prophet David engaged in the remembrance "YA WADOODO", and the Prophet Moses in the remembrance "YA RAHMANO". All of the above are the names of Allah SWT's attributes. The light that was produced by the

continuous remembrance of these attributive names which entered into each prophet was the "attributive light". The prophets they desired to see, visualize during their lifetime the essence of God then they were unable to endure the personal light and illumination of Allah SWT. This personal name bestowed upon our beloved Prophet Muhammad it is for this reason that where Moses fell unconscious the Prophet Muhammad are smiling. Due to the grace of the Prophet Muhammad the personal name "ALLAH" was given to the Ummah of the Prophet Muhammad It is then that the Prophet Muhammad declared in the HADITH "The Prophets of Bani Israel will envy the Saints of my Ummah". It is due to the personal name of Allah SWT that this Ummah has been granted elevation and superiority and the light of the this personal name of Allah SWT will be the feature by which this Ummah will be identified. This is the personal name of Allah SWT for which the prophets longed and sought to be amongst the Ummah of the Prophet Muhammad regrettably the Ummah has deprived itself of the personal name. All other names can be achieved by personal effort but the personal name "ALLAH" is only conferred by Allah SWT. This can never be achieved by personal effort, a perfect and complete spiritual guide is a necessity for this purpose. Some people attempt to mark the personal name on their hearts: They either do not endure its illumination and become madmen or go into a state of Ruj'at (spiritual suspense) or they do not benefit in any way from the personal name they become doubtful and lose faith in it. If losing faith in the personal name "ALLAH" is not infidelity then what is it? Without doubt the personal name is Majestic and contains heat energy but it is divine law that nothing bears fruit without first being treated with heat. When something is about to be burnt to a cinder then Allah SWT showers his mercy in the form of rain, as a result of which it becomes abundantly nourishing. The "showers of His Mercy" in relation to remembrance is " MUHAMMAD-UR-RASOOL ALLAH. This God given remembrance can be attained in two ways: The first during the lifetime of a "KAAMIL-E-HA'YAT" (a complete and perfect spiritual guide) and secondly from the grave of a " KAAMIL-E-MAMAT" (a complete and perfect spiritual guide). The second way is known as the "OWAISIYA" order just as Hazrat Ba Yazeed Bostami R.H. received spiritual benevolence from Imam Jafar Sadiq R.H., as they were born after the departure of Imam Sahib. R.H. Hazrat Abu Bakr Hawari R.H. received spiritual benevolence from Hazrat Abu Bakr Siddique R.D. When Hazrat Abu Bakr Hawari established the "HAW ARIA ORDER". There is a gap of a few hundred years between Hazrat Abu Bakr Siddique R.D. and Hazrat Abu Bakr Hawari R.H. Sakhi Sultan Baku Sahib R.H. received and took the "BA'YAT" (oath of allegiance) from the Prophet Muhammad (in the "BATIN" spiritually,) and Sultan Sahib has stated in their book "NOOR ALHUDA".

دست بیعت کرد مارا مصطفیٰ

ولد خود خوانند است مارا مجتبیٰ

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Introduction · The inner outer dimensions of mankind · What is remembrance and what is contemplation? · Murshid-E-Kamil (Perfect Spiritual Guide) · What is faqr? · Imam-e-Haq And A Practicing Savant · The Act of Panacea · Special Note · Human Body With Zikar Scene · Act of Taksir · Question & Answers · Chapter of Zikar (Zakooriat) · Glossary ·
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SHAHI IS VISIBLE ON THE MOON

AND YOU WILL SEE THE PEOPLE ENTER THE RELIGION OF GOD, IN CROWD (HOLY SCRIPTURE)

Verily, in the remembrance of Allah do hearts find rest (Holy Scripture)



The Word "ALLAH"



The *Syriac* language, which is spoken in the Celestial Spheres, is the language in which the Angels and God address (each other). Adam *Safi-Allah* spoke this language in the Paradise. Adam and Eve descended in the world and settled in Arabia. Their children also spoke the same language. As a result of their progeny spreading in the world, this language sprouted into Arabic, Persian, Latin and into English. Thus, God was called by different names in different languages. As Adam lived in Arabia, there are many words of *Syriac* language in Arabic. God addressed the Prophets: Adam as *Adam Safi-Allah*, Noah as *Nuh Nabi-Allah*, Abraham as *Ibraheem Khalil-Allah*, Moses as *Musa Kalim-Allah*, Jesus as *I'sa Ruh-Allah* and Muhammad as *Rasul-Allah*. These Kalima (the Mottos) in *Syriac* language were inscribed on "guarded Tablet" before the Messengers came (in this world). This is why Prophet Muhammad said, "I was a Prophet even before I came into this world".

Some people think that the word *Allah* is a name given by the Muslims, but this is not so.

Prophet Muhammad's father's name was *Abd-Allah* at a time when Islam did not even exist. The name *Allah* was called with Kalima (the Motto) of every Prophet before Islam also. When the souls were brought in existence the first word on their tongue was *Allah*. When the Soul entered the body of Adam, it entered the body after having said, "*Ya-Allah*". Many religions take this subtlety as truth and chant the Name *Allah* and others deprive themselves of the Name because of their doubts and suspicions.

For more details, read the book ["The Religion of God - Divine Love"](#)

The message of His Holiness Gohar Shahi is the Love of God

As all religions worship the same God, His Holiness carries a great grief and concern for the hatred, discrimination, that originate by misunderstanding

the religions. He works relentlessly toward the goal of all communities coming together by recognizing the Unity of God, and has devoted his entire life to this end.

His Holiness says:

"All religions are from one God. Religion is like the vehicle, which takes you to the destination. You can become lost if you are consumed with religion, and forget God,- the destination."

Spirituality (Ruhaniyat) is a way to achieve the Love of God. Spirituality is to facilitate the transformation of the physical heartbeat by chanting the personal Name of God (Allah). When God (Allah) enters the heart, only then will we be able to find that Love and find peace within our hearts.

His Holiness explaining about Heart Meditation and how to achieve Love of God (with English translation)

THE METHOD OF PRODUCING LIGHT (DIVINE ENERGY)

Kindly take permission of Heart Meditation (Zikr-e-Qalb) either from picture of His Holiness Riaz Ahmed Gohar Shahi from Moon or from video below before practicing the methods mentioned here, in order to experience true benevolence

In the prehistoric times, rubbing stones together generated the fire. Rubbing of metals together also produces a spark. Now the electricity is made from the motion of water. Similarly, electric energy is produced by the vibration of heartbeat and by friction of the blood inside the human body. There is approximately one and a half volts of electricity in every human being and this keeps the body agile. As the heartbeat slows down in old age, it reduces the electricity in the body and consequently the agility. First of all, the heartbeats have to be made prominent. Some do it by dancing, others by sports and exercise, and yet others by meditating and chanting the Name of *Allah*.

When the heartbeat increases, try to synchronize *Allah Allah* with every beat or try to synchronize *Allah* with one heartbeat and *Hu* with the other. Some times place your hand on the heart and by feeling your heartbeat, try to synchronize the Name *Allah*. At times, synchronize it with the beating (or rhythm) of the pulse, and imagine that *Allah* is entering into the Heart. The chanting of "*Allah Hu*" is better and swiftly influential. If anyone has an objection on *Hu* or afraid of chanting *Hu*, then instead of deprivation, synchronize *Allah Allah* with vibrations. It is

beneficial for the aspirant in litany, remembrance, and invocation to physically remain as clean as possible because:

“Those who show respect, obtain the benevolence and those who don't remain deprived”



The first method of producing Light

Write Allah on a paper in black ink, and exercise this as long as you wish on a daily basis. One day, the Word ‘Allah’ will hover over your eyes from the paper. Then, attempt to transpose the Word *Allah* from eyes to the Heart with concentration.

The second method of producing Light

Write *Allah* on a zero watt white bulb in yellow colour. While you are awake or just before going to bed, concentrate, and try to absorb this Name into your eyes. When it appears or hovers over eyes after a few days, try to transpose it to the heart.

The third method of producing Light

This method facilitates those people who have *Kamil Murshid* (Universal Guide), who does patronize with his relation and spiritual affiliation. Sitting in solitude, imagine that your index finger is a pen, try writing *Allah* on your Heart. Call upon your Universal Guide considering that he too, holding your finger, is inscribing Allah on your heart. Practice this everyday, till you see *Allah* inscribed on your heart.

In the first and second methods, the name Allah becomes inscribed on the Heart, just as it is generally written or seen. When it begins to synchronize with the heartbeat, it gradually starts to glitter. When the assistance of the Universal Guide is provided, it is seen well written and shining on the Heart from the beginning.

[GET PERMISSION OF HEART MEDITATION \(ZIKR-E-QALB\)](#)

Anyone watching the above video [link goes to an MP4 file] can get permission of Heart Meditation (*Zikr-e-Qalb*) by repeating *ALLAH ALLAH ALLAH* with His Holiness Riaz Ahmed Gohar Shahi and later he can do the practice of Zikr (meditation) without any fear

No matter if you have any Murshid (Spiritual Guide), you can receive spiritual benevolence from more than one place. If you have any Murshid (Spiritual Guide), he will remain the same.

The Murshid (Spiritual Guide) of Lal Shahbaz Qalander was Ibrahim Qadri Marwandi, he (Lal Shahbaz Qalander) also obtained spiritual benevolence from Sadruddin Qadri, then he (Lal Shahbaz Qalander) went further to Multan and received more spiritual benevolence from Baha-ud-din Zakariya who was Suhrawardiyya, then he (Lal Shahbaz Qalander) went further to Delhi to received more spiritual benevolence from Shaikh Sharafuddeen Bu Ali Qalandar Panipati who was Chisti and when he (Lal Shahbaz Qalander) returned he became the leader of all of them, but his Murshid (Spiritual Guide) remained the same.

For more details, read the book ["The Religion of God - Divine Love"](#)

-----An important Point-----

Mahdi means [the one who gives guidance](#)

Mehdi means [the one of the Moon](#) (whose face will appear in the Moon)

[As is the names Mehnaz (a Beauty), and Mehtaab (beautiful as the Moon)]



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- ☐ **Country:** U.S.A. - United States
- ☐ **State:** ND - North Dakota
- ☐ **City:** Devils Lake
- ☐ **Address:** 316 4th Ave
- ☐ **ZIP Code:** 58301

549915 Devils Lake

NDTC

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- ☐ **Phone Number:** 7016626444 (+1-701-662-6444)
- ☐ **Fax Number:** 7016621100 (+1-701-662-1100)
- ☐ **Web Address:** www.ndtel.com🌐
- ☐ **Email:** administration@ndtel.com✉
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481304 Devils Lake

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- ❏ **SIC Description:** [Junior Colleges & Technical Institutes](#)
- ❏ **Phone Number:** 7016652742 (+1-701-665-2742)
- ❏ **Fax Number:** null
- ❏ **Web Address:** GOHARSHAHI.ORG 
- ❏ **Email:** syedrh@hotmail.com 
- ❏ **Country:** U.S.A. - United States
- ❏ **State:** ND - North Dakota
- ❏ **City:** DEVILS LAKE
- ❏ **Address:** P.O Box 463
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Tyler Speidel

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- ❏ **SIC Description:** [Business Services NEC](#)
- ❏ **Phone Number:** 70256183^^707636183 (+1-702-561-83^^707636183)
- ❏ **Fax Number:** null
- ❏ **Web Address:** heerelectronics.com 
- ❏ **Email:** sales@heerelectronics.com 
- ❏ **Country:** U.S.A. - United States
- ❏ **State:** ND - North Dakota

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Mercy Hospital

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- SIC Description: Hospitals
- Phone Number: 7016629651 (+1-701-662-9651)
- Fax Number: 7016622131 (+1-701-662-2131)
- Web Address: NULL
- Email: MKrein@mercyhospital.biz
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- State: ND - North Dakota
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- Address: 1031 7th St NE
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- SIC Description: Human Services Organizations

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- ☐ **Web Address:** www.lakeregioncorp.com🌐
- ☐ **Email:** aknudson@state.nd.us✉
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- ☐ **Email:** rburbank20@hotmail.com✉
- ☐ **Country:** U.S.A. - United States
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- ⓘ **Email:** lmsp@nd.gov✉
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- ⓘ **SIC Description:** [Grain Elevators](#)
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- ⓘ **Fax Number:** 7016625051 (+1-701-662-5051)
- ⓘ **Web Address:** www.lakeregiongrain.com🌐
- ⓘ **Email:** luke.wavra@chsinc.com✉
- ⓘ **Country:** U.S.A. - United States
- ⓘ **State:** ND - North Dakota

- City: Devils Lake
- Address: 109 10th St
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422101 Devils Lake

Lake Regant State College

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- SIC Code: 822101
- SIC Description: Schools-Universities & Colleges Academic
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- Fax Number: 7016621600 (+1-701-662-1600)
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- Email: Sharon@lrsc.nodak.edu
- Country: U.S.A. - United States
- State: ND - North Dakota
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American Sufi Institute is located at p.o box 463 Devils Lake, North Dakota, United States, 58301 and can be contacted by phone at (701) 665-2742.

Who is the owner of American Sufi Institute?

The person who created the business is Syed Rizwan.

What type of business is American Sufi Institute?

American Sufi Institute is a business categorized under Junior Colleges And Technical Institutes.

Other Contacts for this business listing

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ADDRESS:

American Sufi Institute
P.o Box 463
Devils Lake, ND 58301

United States

TELEPHONE [7016652742](tel:7016652742)

FAX

OTHER PHONE

CONTACT PERSON

COMPANY EMAIL SYEDRH@HOTMAIL.COM

WEBSITE GOHARSHAHI.ORG

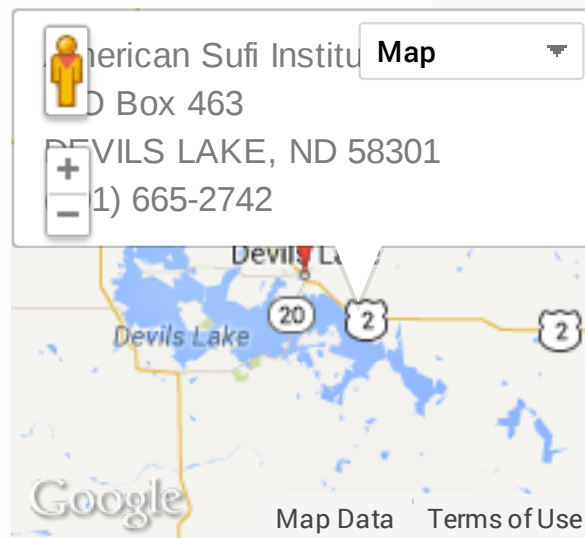
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Housing Units	:		Single	:	2,209
Latitude	:		Married Joint	:	1,865
		48.162471	Head of Household	:	494
Longitude	:	-	30 and under	:	1,255
		98.889716	30 to 44	:	976
TimeZone	:	-6	45 to 60	:	1,326
Daylight Savings	:	Y	60 and over	:	1,060
Returns	:	4,624	TV Market Areas	:	
Average AGI	:	35,923			FARGO-
Refunds	:	3,498			VALLEY
					CITY

American Sufi Institute - This companies industries/categories

Primary SIC Code : 822298

This major group includes establishments providing academic or technical instruction. Also included are establishments providing educational services such as librarians, student exchange programs, and curriculum development. Schools for the instruction of beauticians and cosmetologists are classified in Industry 7231,

and barber colleges are classified in Industry 7241. Establishments primarily engaged in providing job training for the unemployed, the underemployed, the handicapped, and to persons who have a job market disadvantage because of lack of education, job skill or experience are classified in Industry 8331.

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Sidelined

Tampa Bay Buccaneers football players are diagnosed with MRSA.

Teacher called 'brilliant ray of light'

Colleen Ritzer was the kind of high school teacher who made geometry and algebra classes fun. Just a few years older than her students, she used Twitter to send homework assignments and inspirational messages.

Anna Faris made out with her TV mom

Just remember, Allison Janney isn't REALLY Anna's mom, so it's totally cool if they kiss deeply.

A big return

A homeless man returns a bag of cash he finds and gets more back.

Parked Chicago train moves onto a rail line, hits another.

A parked Chicago train somehow moves onto a rail line and hits an oncoming train.

New photos: Prince George's christening

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Deen-e-Ellahi "The Religion of God"

Deen-e-Ellahi "The Religio...About

About

Divine Love

Description

This book is worthy of study and investigation by all religions, all sects and all peoples and it presents a challenge to those who reject spirituality

Basic Info

Joined Facebook

Release Date

Genre

Publisher

Contact

Website

Nora Watts shared AIM Manitoba's photo.

Romadhani Alifia added a new photo to the album Mobile Uploads.

Rebekah Watzig likes a photo on Instagram. ☐

Romadhani Alifia added a new photo to the album Mobile Uploads.

Nora Watts shared Missing's photo.

Rebekah Watzig likes a photo on Instagram. ☐

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Romadhani Alifia added a new photo to the album Mobile Uploads.

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Deen-e-Ellahi "The Reli...

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About

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This book is worthy of study and investigation by all religions, all sects and all peoples and it presents a challenge to those who reject spirituality

Basic Info

Joined Facebook 02/16/2011

Release Date January 2000

Genre Spritual Book

Publisher R.A.G.S International London and The American Sufi Institute USA

Contact Info

Website <http://www.goharshahi.pk>
<http://www.goharshahi.pk/images/ie-books...>
<http://www.goharshahi.pk/books.html>
<http://asipak.com/>



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Anjuman Sarfroshan-e-Islam International

A world wide Spiritual Organization



"I have never claimed to be Mehdi. The false claimant is misled and ill-fated. However, I have elaborated the signs of True Mehdi. As Holy Prophet Muhammad (Peace be upon him) has a seal of prophet at his back Likewise on the back of Mehdi there will be a seal of Mehdi which will be embossed by veins and who so ever will possess this sign we will accept him as Imam Mehdi."

(Syedna Riaz Ahmad Gohar Shahi)
(Fornightly "Sada E Sarfrosh" 1-15 Oct 1999)

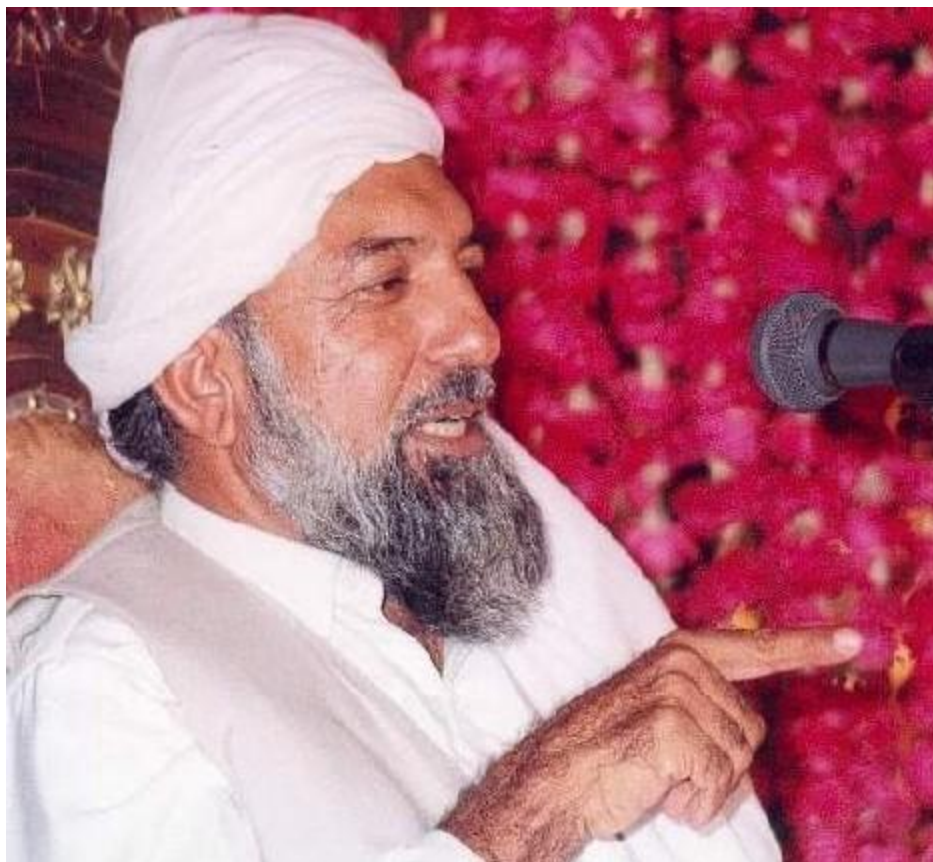
- میں نے یہ کبھی نہیں کہا کہ میں امام مہدی ہوں۔ یہ ضرور کہہا ہے کہ جس میں یہ نشانیاں ہونگی، کمر کے اوپر کلمہ ہوگا جس طرح حضور پاک کی پشت پر کلمہ طیبہ تھا، امام مہدی کی پشت پر بھی کلمہ ہوگا ہم اُس کو مہدی کہہ رہے ہیں۔ میں ہوں یا نہ ہو، بچہ ہو یا بوڑھا ہو۔ "سیدنا ریا ض احمد مان لہیں گے خود گویں شادی"

A GREAT SPIRITUAL PERSONALITY

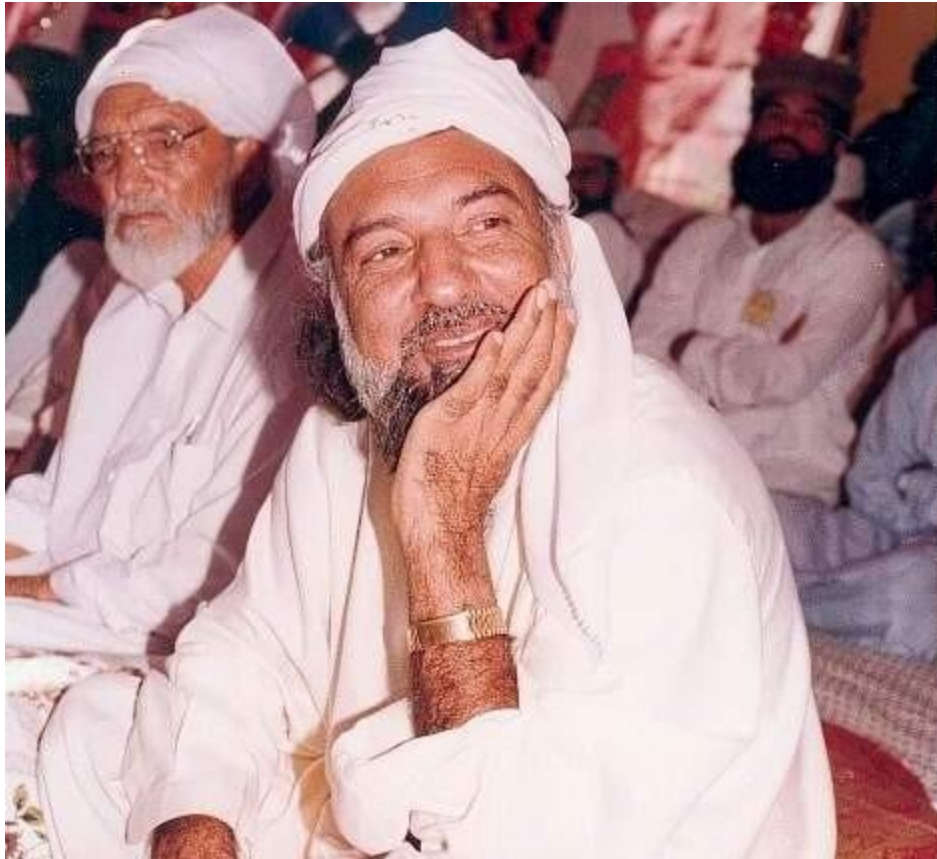


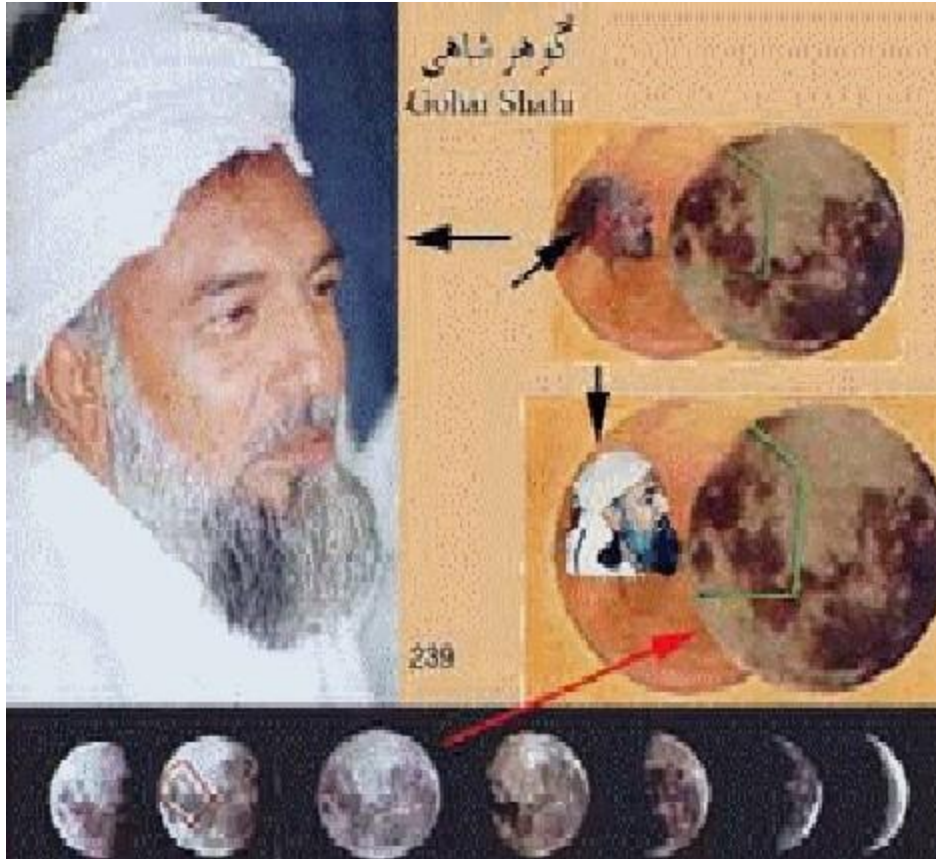












یہ وہ گوہر شاہی ہیں، جنہوں نے تین سال تک سہون شریف کی پہاڑیوں اور اہل باغ میں اللہ کے عشق کی خاطر چلے کٹی کٹی، اللہ کو پانے کی خاطر دنیا چھوڑی، پھر اللہ کے حکم ہی سے دوبارہ دنیا میں آئے۔ انہوں نے اللہ کا ذکر بنایا اور لوگوں کو اللہ کی محبت کی طرف راغب کیا ہر مذہب والوں نے گوہر شاہی کو مسجدوں، مندرروں، گردواروں اور گر جاگھروں میں روحانی خطاب کے لئے مدعو کیا، اور ذکر قلب حاصل کیا، بے شمار مردوزن ان کی تعلیم سے گناہوں سے تائب ہوئے

اور اللہ کی طرف جھک گئے۔ بے شمار اعلیٰ مراتب میں ان کے روحانی حالات سے شغایاب ہوئے، پھر اللہ نے ان کا چہرہ چاند پر دکھایا، پھر جبراسود میں بھی ان کی تصویر ظاہر ہوئی، پوری دنیا میں ان کی شہرت ہو گئی۔ لیکن کورچشم مولویوں کو اور ولیوں سے حسد، بغض رکھنے والے مسلمانوں کو یہ شخص پسند نہ آیا، ان کی کتابوں کی تحریروں میں خیانت کر کے ان پر کفر اور واجب القتل کے فتوے لگائے۔ مائچسٹر میں ان کی رہائش گاہ پر پٹرول بم پھینکا، کوڑی میں دوران خطاب ان پر پینڈ گریڈ بم سے حملہ کیا گیا۔ انہوں نے روپے ان کے سر کی قیمت رکھی گئی۔ پانچ قسم کے سنگین جھوٹے مقدمات، اندرون ملک ان کو پھنسانے کے لئے قائم کئے گئے۔ نواز شریف کی وجہ سے حکومت سندھ بھی شامل ہو گئی تھی دو کیس قتل، ناجائز اسلحہ، ناجائز قبضہ کا دفعہ بھی لگایا گیا۔ امریکہ میں بھی ایک عورت سے زیادتی اور جس بے جا مقدمہ بنایا گیا۔ زور صحافت نے انہیں زمانے میں خوب بدنام کیا، لیکن آخر میں عدالتوں نے شہوانی اور تحقیقات کے بعد تمام مقدمات جھوٹے قرار دے کر خالق کر دیئے اور اللہ نے اپنے اس دوست کو ہر مصیبت سے بچائے رکھا۔

"Learn Spirituality to recognize and approach God Whatever religion or sect you belong to"

ت س د ی کھو خواہ اللہ کی پ ہچان اور ر سای کی کے ل یے روحانی
ت مہارات علق ک سی ب بھی مذہب یا فرقے سے ہو۔"

(Syedna Riaz Ahmad Gohar Shahi)

انجمن سرفروشان اسلام ، انٹرنیشنل

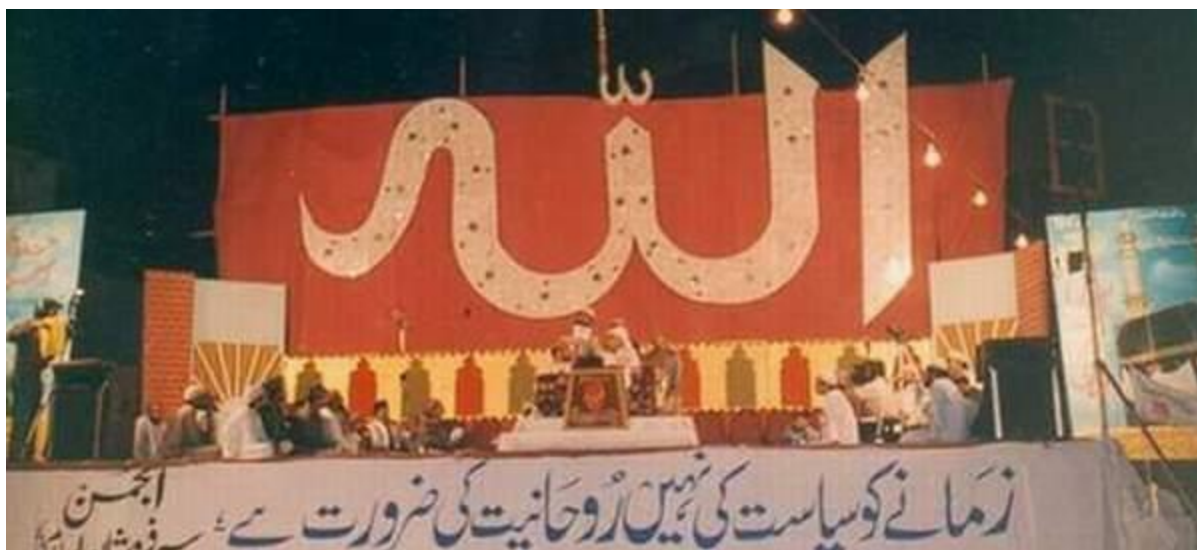
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Anjuman Sarfroshan e Islam, International

A Great Spiritual Personality Guides towards Divine Love

Syedna Riaz Ahmad Gohar Shahi



❖The world needs spirituality not politics❖ Anjuman Sarfroshan e Islam, International

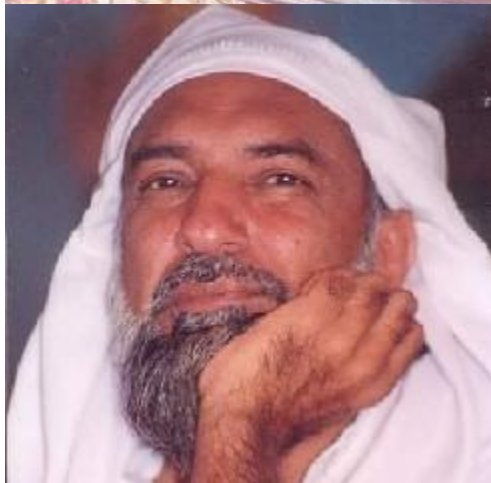
The international Spiritual Movement, Anjuman Sarfroshan e Islam, International was founded by **Hazrat Syedna(Our Lord) Riaz Ahmed Gohar Shahi Mudda zillahul Aali** (Urdu: حضرت سیدنا ریاض احمد گوار شاہی مدظلہ العالی) (Urdu: حضرت سیدنا ریاض احمد گوار شاہی مدظلہ العالی) author of many books consisting of the valuable information on Spiritualism and Mysticism. Hazrat Gohar Shahi was born on the 25th November, 1941 in a village "Dhoke Gohar Shah" in the district of Rawalpindi, Pakistan. He is the fifth generation of the saint and renowned spiritual personality Hazrat Baba Gohar Ali Shah. At the age of twenty, when Hazrat Gohar Shahi was the owner of F. Q. Steel Industries, the quest for spiritualism persuaded him to the saints and dervishes of the time. But after getting disappointed in receiving spiritual benevolence from those saints, he returned and engrossed himself in business and worldly matters. Hazrat Gohar Shahi then married and had three children.

When Hazrat Gohar Shai was at about the age of thirty four, at one night Hazrat Bari Imam (tomb is in Islamabad) appeared before him and said: "My son your time has come, you must go to the shrine of Sultan Bahu to receive the Spiritual Knowledge." Hazrat Gohar Shahi then left every thing and went to shrine of Hazrat Sultan Bahoo. Sultan Bahoo appeared before him and advised to read and act upon his book Nurul Huda (Light of Guidance) and go to Sehwan Sharif, Distt. Dadu, Pakistan. Hazrat Gohar Shahi read the book Nurul Huda and went to Sehwan Sharif for self-purification and peace of heart. He visited the tomb of Hazrat Laal Shahbaz Qalander who appeared before him and advised to go to ❖Laal Bagh❖ and worship God. He spent a period of three hard years in isolation in the mountains of Sehwan Sharif and the forest named "Laal Bagh" for the purpose. After achieving the objectives in Lal Bagh Hazrat Gohar Shahi came back to Kotri Sharif, District Jamshoro, and invited people to learn spirituality to recognize and approach Allah (The God). He explained many difficult concepts in Sufism and made every thing easy for common man. Hazrat Gohar Shahi emphasized upon divine and said it the most important for approaching to God. He bestowed spiritual benevolence without any discrimination

of caste, creed, nation or religion. He told that every body is accepted for Love of God as every human has a built-in ability to develop spiritual power to approach to the essence of God.

Hazrat Gohar Shahi spread the message of spiritualism, based on love of God. To serve this purpose he formed International Spiritual Movement Anjuman Serfaroshan-e-Islam in 1980. Within a few years the message of Hazrat Gohar Shahi became fairly popular in Pakistan as well as internationally. Gohar Shahi was invited to mosques, Hindu temples, churches, Sikh temples, Imam Bargahs to deliver speech. He was the first ever Muslim Spiritual Leader who was invited by people of all faith in their places of worship. Syedna also authored valuable books on spiritualism including the book on Sufi poetry known as ❖Turyaaq-e-Qulb❖ means ❖Cure for hearts❖. The other books written by Gohar Shahi are as under:

- [Ruhani Safar \(Spiritual Journey\)](#)
- [Menara-e-Noor \(Source of Divine Light\)](#)
- [Roshnash \(Introduction\)](#)
- [Tuhfa-tul-Majalis \(Gift of Sittings\)](#)
- [Deen-e-Illahi \(The Religion of God\)](#)



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Verily, in the remembrance of Allah do hearts find rest. (Ar-Ra'd-28)



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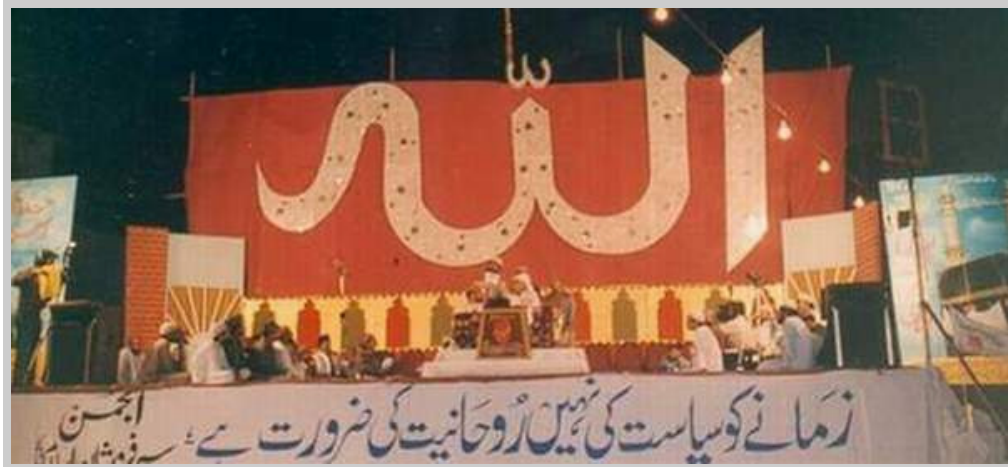
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A Great Spiritual Personality Guides Towards Divine Love

SYEDNA RIAZ AHMAD GOHAR SHAHI



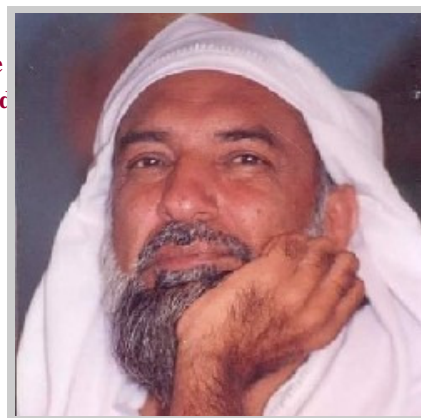
◆ The world needs spirituality not politics ◆ Anjuman Sarfiroshan e Islam, International

The international Spiritual Movement, Anjuman Sarfiroshan e Islam, International was founded by **Hazrat Syedna(Our Lord) Riaz Ahmed Gohar Shahi Mudda zillahul Aali** (Urdu: حضرت سیدنا ریاض احمد گوار شاہی مدظلہ العالی) who is a Sunni Muslim Sufi, the spiritual leader and author of many books consisting of the valuable information on Spiritualism and Mysticism. Hazrat Gohar Shahi was born on the 25th November, 1941 in a village "Dhoke Gohar Shah" in the district of Rawalpindi, Pakistan. He is the fifth generation of the saint and renowned spiritual personality Hazrat Baba Gohar Ali Shah. At the age of twenty, when Hazrat Gohar Shahi was the owner of F. Q. Steel Industries, the quest for spiritualism persuaded him to the saints and dervishes of the time. But after getting disappointed in receiving spiritual benevolence from those saints, he returned and engrossed himself in business and worldly matters. Hazrat Gohar Shahi then married and had three children.

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Anjuman Sarfroshan e Islam, International

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SOURCE OF DIVINE LIGHT (MINARA-E-NOOR)

Under Construction

SACRED DEVINE KNOWLEDGE OF INNERSELF

by

***HIS MAJESTY SAYEDNA
RIAZ AHMAD GOHAR SHAHI***

SERFROSH PUBLICATIONS PAKISTAN

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Gohar Shahi



When Hazrat Gohar Shai was at about the age of thirty-four, at one night Hazrat Bari Imam (tomb is in Islamabad) appeared before him and said: "My son your time has come, you must go to the shrine of Sultan Bahu to receive the Spiritual Knowledge." Hazrat Gohar Shahi then left everything and went to [the] shrine of Hazrat Sultan Bahoo. Sultan Bahoo appeared before him and advised [him] to read and act upon his book *Nurul Huda (Light of Guidance)* and go to Sehwan Sharif, Dist. Dadu, Pakistan. Hazrat Gohar Shahi read the book *Nurul Huda* and went to Sehwan Sharif for self-purification and peace of heart. He visited the tomb of Hazrat Laal Shahbaz Qalander who appeared before him and advised [him] to go to "Laal Bagh" and worship God. He spent a period of three hard years in isolation in the mountains of Sehwan Sharif and the forest named "Laal Bagh" for the purpose.

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At about the age of thirty-four *sarkar Bari Imam* appeared before Shah Sahib and said: “ My son your time has come, you must go to the shrine of *Sakhi Sultan Bahoo* Sahib to receive the sacred inner Dimensions of Spiritual Knowledge”. Shah Sahib then left his work, family and parents and went to Shorkot, where under the blessing [blessed or blissful?] supervision of *Sakhi Sultan Bahoo sahib*, [he] made the book “ *Noor-Al-Huda* ” (a book written by Sultan Bahoo Sahib), his journey’s companion. He then went to *Sehwan Sharif* for self-mortification and peace of heart and spent a period of three years in the mountains of *Sehwan Sharif* and the forest of *Laal Baagh* in self-Purification. Thereafter pursuant to a revelation, Shah Sahib went to *Jaam Shorow* where he spent six months in a hut behind the Textbook Board Building, henceforth, with Almighty Allah’s will, His Holiness Shah Sahib started to shower Almighty Allah’s creation with his benevolence.

http://www.asiinternationals.com/Eng/Minarah_Noor/MN00EP.htm

Riaz Ahmed Gohar Shahi

Riaz Ahmed Gohar Shahi ریاض احمد گوہر شاہی	
 <p>Gohar Shahi during an event held in Pakistan</p>	
Born	25 November 1941 Dhok Gohar Shah, Rawalpindi, British India
Other names	Sultan ul Salateen ul Fuqra Imam Mehdi, His Divine and/or Sublime Eminence, Ra Riaz Gohar Shahi, Ra Gohar Shahi
Organization	Messiah Foundation International

Riaz Ahmed Gohar Shahi (Urdu: ریاض احمد گوہر شاہی) born 25 November 1941) is a spiritual leader and founder of the spiritual movements *RAGS International* (now known as Messiah Foundation International) and *Anjuman Serfaroshan-e-Islam*.^[1]

He is the author of a number of Urdu books on topics relating to spirituality, the most successful among these being *Deen-e-Ilahi* "The Religion of God" (2000), which has recently been republished by Balboa Press, a division of Hay House and translated into English and other languages by Messiah Foundation International.^[1]

RAGS International was renamed to *Messiah Foundation International* in 2000.^[1] MFI claims that Shahi is the Mehdi, Messiah, and Kalki Avatar.^[1]

Biography

Early life

Shahi was born on 25 November 1941 in the village of Dhok Gohar Shah in the district of Rawalpindi of British India. He is a fifth generation descendant of the Sufi Baba Gohar Ali Shah.

At the age of twenty, when he was the owner of F.Q. Steel Industries, Shahi began to search for spirituality. Eventually he became disillusioned in this search and returned to work. Shahi then married and had three children.^[2]

In 1975, he went to Sehwan Sharif for self-mortification; he spent a period of three years in the mountains of Sehwan Sharif and the forest of Laal Bagh in self-purification, "for the sake of God's love".^[3]

Career as spiritual leader

Messiah Foundation International	
Official Logo	
Formation	1980
Type	Non-profit organisation
Headquarters	London, United Kingdom
Official languages	Urdu & English
CEO	Younus AlGohar
Website	http://www.goharshahi.us/

Shahi became popular as a Sufi preacher in Pakistan during the late 1970s. He formed *RAGS International* and *Anjuman Serfaroshan-e-Islam* in 1980.^[1] Of the two organisations, RAGS International is still active as Messiah Foundation International whereas Anjuman Serfaroshan-e-Islam was reported to have been dissolved and banned in Pakistan in 2011.^{[2][3]}

The CEO of Messiah Foundation International is Younus AlGohar. Shahi claimed to have met with Jesus Christ in 1997.^[4]



Shahi at an event at Imam Bargah-e-Noor-e-Iman Mosque, in Karachi, Pakistan. He is seen here speaking to two religious clerics from different sects within Islam: Shia Islam and Sunni Islam.

Legal persecution and exile

He and many of his followers^[5] have been convicted under Islamic blasphemy laws^[6] by an antiterrorist court in Sindh.^[7] After he fled to England, Shahi was convicted *in absentia*,^[8] receiving sentences that totaled approximately 59 years.^[9]

Disappearance

Shahi was reported to have disappeared in 2001, in London; afterwards, sightings of him were reported around the world of people claiming to have met and received spiritual guidance from him.^[10]

In February 2002, prior to any decision on appeals filed with the High Court of Sindh, Ardeshir Cowasjee claimed in an article he wrote for Dawn, the Pakistani newspaper, that unnamed people who identified themselves to him as office-bearers of the All-Faith Spiritual Movement told him that Gohar Shahi died abroad, but this report was unconfirmed.^[11]

Some sources report that he died in 2001, and others say he died 2003. According to the *Pakistani Press Foundation* Shahi died in 2001.^[12] An article from 2006 in the *Sunday Telegraph* reports that Shahi died in 2003,^[13] and a 2009 article in *Your Local Guardian* also says he was reported to have died in 2003.^[14] However, none of these reports are confirmed, as there is no physical proof of his body.

On the other hand, the Indian news agency PTI reported in 2008 that Shahi was based in the United Kingdom after being convicted of blasphemy by the High Court of Sindh.^[15] This view is supported by the *Indian Express* which reported in 2008 that Shahi had fled to the United Kingdom and was presently based there.^[16] *Zee News* also supported this claim.^[17] The Hindustan Times has reported that he is "serving a life term".^[5] The *Sunday Leader* in Sri Lanka stated that Shahi disappeared in 2001 and sightings of him were thereafter reported around the world.^[18]

Of the two factions of Shahi's followers, the *Anjuman Serfaroshan-e-Islam* had asserted that Shahi died, and built a tomb for him at the Markazi Aastana in Kotri, where devotees performed pilgrimage.^[19] The MFI, in contrast, declares

that he merely disappeared.^[1]

Shahi's family, including his wife, five sons and a daughter, still resides in Kotri.

Teachings and followers

The teachings of Gohar Shahi have been a source of controversy. Some orthodox theological scholars condemn his teachings as blasphemy,^[2] while others, such as Hisham Kabbani, have sat at his feet as well as praised him.^[3]

Classical singers such as Nusrat Fateh Ali Khan and Ghulam Farid Sabri have been presented the message of Shahi, which they have praised. Nusrat Fateh Ali Khan was quoted as saying "The message of Hazrat Riaz Gohar Shahi is the greatest message I have ever heard". In *Qawwali* events in Japan and Germany, Nusrat Fateh Ali Khan personally distributed leaflets in favour of Shahi.^[4] Aziz Mian has also presented a *Qawwali* in praise of Shahi at a *Jashan-e-Shahi* event (which celebrates the day Shahi supposedly took the rank of Mehdi by Allah^[6]) event.^[5] In honor of Shahi's birthday celebrations of 1998, Rahat Fateh Ali Khan performed *Qawwalis*.^[6]



Pakistani adherents of Shahi burning their passports during a protest in India (April 2007).

Claims and criticism

Claims made by Shahi and his followers have been strongly opposed by orthodox Islamic theologians in Pakistan and abroad.^[7] Shahi has been accused of claiming the status of prophet but denied such accusations.^{[8][9]} His teachings have been condemned by Muslim religious leaders and the Pakistani government.^[10]

Shahi also predicts that the world would end in the year 2026 due to a comet heading towards earth. He claims the comet will be the cause of "total destruction" though mentions that "in order to intimidate [mankind]...God plans destruction on a small scale".^[7]

Many attempts were made on the lives of Shahi and Yunus AlGohar including a petrol bomb thrown into AlGohar's residence in Manchester (where Shahi stayed when he toured the United Kingdom).^{[8][11]} A man attempted to attack him with a hand grenade during a discourse at his home in Kotri, Pakistan.^[12] A bounty was put on his head in Pakistan.^[13]

Shahi's books have been banned by the government of Pakistan,^[14] and his followers are not allowed to meet in public.^[15]

Gohar Shahi claimed to have met with Jesus in America.^[4] Shahi's supporters claim that his face became prominent on the moon, sun, nebula star and the Black Stone in Mecca,^[16] and that these appearances are signs from God that Gohar Shahi is the awaited Imam Mehdi, Messiah, and Kalki Avatar.

The alleged images induced greater legal and religious opposition.^[17] Shahi has also supported this claim, saying that God had revealed the images of Shahi on the Moon and various locations, for which Shahi himself was not responsible, and if questions should be raised, they should be raised to God.^[18] Messiah Foundation International asserts the alleged images to be signs from God, pointing to Shahi being the awaited Mehdi; they quote religious texts^[19] as well as sayings from the likes of Nostradamus,^[20] and Ja'far al-Sadiq to support it.

Journalists in Pakistan asked Shahi,

"Many believe that you are the Mehdi, and God has revealed signs unto them which say that you are the Mehdi, but you do not officially announce that you are the Mehdi. Why?" Shahi gestured towards himself and answered, "Does Imam Mehdi not know the law of Pakistan? He knows that the law of Pakistan declares that 'whosoever claims to be the Mehdi, put him in jail'. I have given the signs of his

[Mehdi's] characteristics, which the Mehdi knows and none other. Now, it is up to people to recognise him and believe him".^[1]

On 18 November 1997, after appearing in court before Justice Rasheed A. Razvi of Sindh High Court Hyderabad Circuit, Shahi said, "The only justification to be Hazrat Imam Mehdi is the mark on [one's] back which can prove his existence".^[2]

Of the groups following Shahi, Messiah Foundation International claims that Shahi is the awaited Mehdi, Messiah, and Kalki Avatar while *Anjuman Serfaroshan-e-Islam* did not. According to MFI's website, Shahi is the Awaited Messiah, but they deny the notion that Shahi is another form of Jesus and claim that Jesus has also returned to support the Mehdi.^[9]

Bibliography

Gohar Shahi authored a number of books, including one based on Sufi poetry known as *Taryāq-e-Qalb* which translates to the "Cure of Hearts". One of his most prominent books is *Deen-e-Ilahi (The Religion of God)*, which is banned in Pakistan.^[10]

Works by Gohar Shahi include:

Title	Urdu	Translation	Date	Content
<i>Taryāq-e-Qalb</i>	ترياقِ قلب	The Cure of Hearts	1976	Sufi poetry
<i>Menāra-e-Noor</i>	مينارِ نور	The Minaret of Light	1980	mysticism, spiritualism
<i>Roshnās</i>	روشناس	The Induction	1982	mysticism, spiritualism
<i>Rouhani Safar</i>	روحانی سفر	Spiritual Journey	1986	autobiography
<i>Tohfa-tul Majālis</i>	تحفة المجالس	The Gift of Congregations	1988	mysticism, spiritualism
<i>Deen-e-Ilāhi</i>	دينِ الٰہی	The Religion of God ^[10]	2000	mysticism, spiritualism

On 17 May 2012, Messiah Foundation International republished *The Religion of God* with Balboa Press.^[11] As of June 1, 2012, it was #5 on the publisher's Best Seller's List.^[11]

Messiah Foundation International considers Shahi to be the author of the "Goharian Philosophy of Divine Love", a set of principles upon which the organisation is founded.^[12] Shahi has also authored a monthly magazine, *Hatīf-e-Mehdi*, which is banned in Pakistan for allegedly containing material offensive to the religious feelings of Muslims there.^[13]


References


[10] Page directing to e-book, version for iBooks, softcover and hardcover version of the book.

External links

- Shahi's representative site since 2000: Messiah Foundation International (<http://www.goharshahi.com>)

Sufism and
Tariqa



 Portal

Article Sources and Contributors

Riaz Ahmed Gohar Shahi *Source:* <https://en.wikipedia.org/w/index.php?oldid=567909624> *Contributors:* A8UDI, AAA765, AVand, AZ1001, Accurizer, Afghana, Against the current, Ahmadi, Alansohn, Algoharnyounus, Alig fmm, Allfaith, Amalthea, Amjadgohar75, AndreNatas, Andrew Gray, AndrewHowse, Anomie, Ashanda, Asikhi, Atama, Ave Caesar, Avicennasis, BD2412, BecauseWhy?, Ben Ben, Bhadani, Biho, Cacahuat, Camw, Canadian Paul, CanadianLinuxUser, Chzz, Closedmouth, CommonsDelinker, Crisco 1492, Dabomb87, Darth Panda, Dbachmann, Debresser, Deon, DerHexer, Drivenapart, East718, Ebraminio, Editor2020, Edward321, Eeekster, Egeymi, Eleven even, Elipongo, Emilio Juanatey, Empyrean Realms, Esowteric, Evercat, Falconkhe, Farhan Al Riaz, Fateen.a.khan, Georgewilliamherbert, Ginsengbomb, Gnoztika, Golgofrinchian, Good Olfactory, Gscshoyru, Gurchzilla, Haider 111, Heavyweight Gamer, Herald, Herostratus, Huss4in, Iamsaa, Ibne.adhi, Ichheissebob, Itaqallah, JamesBWatson, JoannaSerah, John Vandenberg, Johnson4it, Jonesey95, Kaiwhakahaere, Kamranhg, Kansas Bear, Karenroon, Keri, Kingturtle, Koavf, Kraftlos, LedgendGamer, Lightmouse, Love for all 01, Marek69, Materials scientist, MatthewVanitas, Mendaliv, Merlissimo, Mfi.media, Michael Devore, Mike Rosoft, Mike.lifeguard, Mogism, Mpatel, Mr.Z-man, Mubaraktheking, Nasiryounus, Nettellect, Nuujinn, Ny7, Off2riorob, Omirocksthisworld, Oore, Phaedriel, Pharaoh of the Wizards, Plasticspork, Plastikspork, Pmlineditor, Poppy4u, Rafu007, RaseaC, RayStar77, Resurgent insurgent, Riana, Rich Farmbrough, Rizy333, Rnb, Ronhjones, Saayit, Sada Abe, Sarrus, Scientizzle, Senator Palpatine, Shadowjams, Signalhead, SilverFalcom, Skizzik, Sonofsoil, Spiritualism, Stickee, Suicidalhamster, Sumy90, Tanbircdq, Tempodivalse, The Hybrid, Thismightbezach, Tkynerd, Tommyfenton, Truefighter, TwistOfCain, Tygrrr, Ufc87, Ujmi, UnicornTapestry, Vanished user 39948282, Vertox, Walton One, Waqbi, Wasimbargujar, Welcome03, Wikieditor06, Wirgoz, WolfgangFaber, Woohookitty, 586 anonymous edits

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Younus AlGohar

Younus AlGohar (يونس الغوار)	
	
Younus AlGohar in London, 2006	
Born	16 June 1970 Karachi, Pakistan
Other names	Sayyedi (Honourable), AlGohar, Mohammad Younus
Alma mater	Manchester University, Cambridge University
Organization	Messiah Foundation International, ملدی فاونڈیشن انٹرنیشنل, Interfaith Institute of Divine Love, Kalki Avatar Foundation
Awards	'Man of Valour', 'Universal Peace Ambassador'

Younus AlGohar (يونس الغوار, born **Mohammad Younus**; 16 June 1970) is a co-founder of Messiah Foundation International (also known as Kalki Avatar Foundation and Mehdi Foundation International), a spiritual organisation claiming that Riaz Ahmed Gohar Shahi is the Messiah (Mahdi) and which also advocates Shahi's mystical teachings.^[1] He is known for authoring the books *Mysterious Horizons – Beyond God* (2007), and *Nisāb-e-Mehdi* (2010).

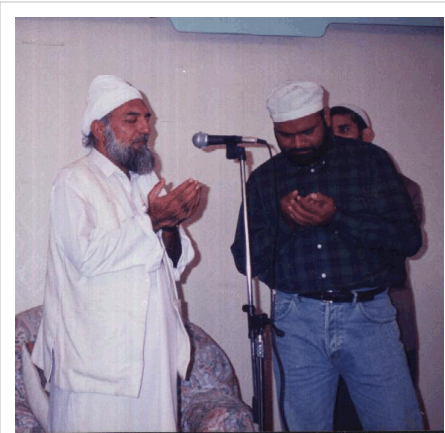
AlGohar was featured in an article by the Lakhbima newspaper and was interviewed by the Sri Lankan newspaper, The Island. He was featured by Your Local Guardian in 2009. He was also interviewed by various Sri Lankan media in 2011 and 2012, including the The Sunday Leader and the *Island*. He was covered by Tamil language newspapers and television stations. In addition, he was invited by the Brahma Kumaris to speak on 'The Call of Time' in Sri Lanka and by Good Morning Sri Lanka to discuss spirituality. AlGohar was also invited by TNL TV in Sri Lanka to explain the message of Kalki Avatar Foundation.

Biography

Born in Karachi, Pakistan, AlGohar grew up practicing Islamic Sufism. He met Gohar Shahi at the age of 15 and spent 24 years as a close disciple, until Shahi's disappearance in 2002. AlGohar was named an "Ambassador for Peace" by the Universal Peace Federation in 2005. He studied at Karachi University, Manchester University and Cambridge University.

Messiah Foundation International

RAGS International although founded by Riaz Ahmed Gohar Shahi in 1980, was renamed in 2000 as *Messiah Foundation International*. The first centre for MFI was established in London, which is also the headquarters of MFI. The organisation has grown to include centres in Canada, USA, South Korea, Sri Lanka, Japan, Australia, India, Greece, Thailand, Bangladesh, Taiwan and Pakistan and Nepal.



Riaz Ahmed Gohar Shahi and Younus AlGohar during a program in the UK

Beliefs and views



Riaz Ahmed Gohar Shahi and Younus AlGohar at an event held in USA, 1999

AlGohar considers himself a "devout servant" of Shahi who practices "The Religion of God", which AlGohar says Shahi has introduced to humanity. According to AlGohar, he believes in all the Prophets, the Messengers and the saints regardless of their religion. He asserts that he does not reject or hate any religion but believes that the spiritual system in all religions, which helped humanity find God, has diminished due to modifications in the religions. According to him, his goals include preaching spirituality irrespective of religious or cultural boundaries, revolutionising humanity by reviving spiritual insight, establishing inner and outer peace, eliminating hatred from society, enlightening hearts with divine energy, and heralding the second coming of Jesus Christ and Riaz Ahmed Gohar Shahi. He has openly challenged Islamic Scholars to have "a healthy debate on this topic should it arise a theological reservation among the minds of petty scholars." In particular, AlGohar has challenged Tahir-ul-Qadri to debates on spirituality, saints, Imam Mehdi and Islam. AlGohar

also controversially declares that the world is in the end times.

Persecution

The Pakistani government has instigated cases of blasphemy against AlGohar, though the details on how he blasphemed have not been specified. The penalty for blasphemy under the laws of Pakistan is death. According to AlGohar, if he were to return to Pakistan he would face a life sentence for blasphemy.

In 2011, AlGohar was prosecuted for allegedly having claimed housing benefits and income support for properties in Reigate and Banstead Borough Council and in Bromley Borough Council, to which he was not entitled, on the BBC programme *Saints and Scroungers* (first aired: 31 October 2013).


Bibliography

Name of Book	In Urdu	Translation	Year of Publication	Content
<i>Rukhsār-e-Riaz</i>	رخسار ریاض	The Face of Riaz	2002	Poetry
<i>Malfoozāt-e-Mehdi</i>	ملفوظات مہدی	Sayings Pertaining to the Mehdi	2002	Educational Book
<i>Dastoor-e-Riaz</i>	دستور ریاض	The Riazian Constitution	2002	Educational Book
<i>Mysterious Horizons – Beyond God</i>	—	—	2007	Educational Book
<i>Nisāb-e-Mehdi</i>	نصاب مہدی	The Chapter of the Mehdi	2010	Educational Book
<i>Imam um Mubeen</i>	امام مبین	The Elusid Imam	2012	Educational Book

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[1] UN Human Rights Council, 28 February 2008, p. 27

External links

-  Media related to Younus AlGohar at Wikimedia Commons
- Official Website (<http://younusalgothar.com/>)

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Gohar Shahi



When Hazrat Gohar Shai was at about the age of thirty-four, at one night Hazrat Bari Imam (tomb is in Islamabad) appeared before him and said: "My son your time has come, you must go to the shrine of Sultan Bahu to receive the Spiritual Knowledge." Hazrat Gohar Shahi then left everything and went to [the] shrine of Hazrat Sultan Bahoo. Sultan Bahoo appeared before him and advised [him] to read and act upon his book *Nurul Huda (Light of Guidance)* and go to Sehwan Sharif, Dist. Dadu, Pakistan. Hazrat Gohar Shahi read the book *Nurul Huda* and went to Sehwan Sharif for self-purification and peace of heart. He visited the tomb of Hazrat Laal Shahbaz Qalander who appeared before him and advised [him] to go to "Laal Bagh" and worship God. He spent a period of three hard years in isolation in the mountains of Sehwan Sharif and the forest named "Laal Bagh" for the purpose.

After achieving the objectives in Lal Bagh, Hazrat Gohar Shahi came back to Kotri Sharif , District Jamshoro, and invited people to learn spirituality to recognize and approach Allah (The God). He explained many difficult concepts in Sufism and made everything easy for [the] common man. Hazrat Gohar Shahi emphasized upon [the] divine and said it [is] the most important for approaching to God. He bestowed spiritual benevolence without any discrimination of caste, creed, nation or religion. He told [us] that everybody is accepted for [the] Love of God as every human has a built-in ability to develop spiritual power to approach to the essence of God.

http://asiinternationals.com/Eng/Eng_main.htm

or


http://asiinternationals.com/Eng_main.htm



At about the age of thirty-four *sarkar Bari Imam* appeared before Shah Sahib and said: “ My son your time has come, you must go to the shrine of *Sakhi Sultan Bahoo* Sahib to receive the sacred inner Dimensions of Spiritual Knowledge”. Shah Sahib then left his work, family and parents and went to Shorkot, where under the blessing [blessed or blissful?] supervision of *Sakhi Sultan Bahoo sahib*, [he] made the book “ *Noor-Al-Huda* ” (a book written by Sultan Bahoo Sahib), his journey’s companion. He then went to *Sehwan Sharif* for self-mortification and peace of heart and spent a period of three years in the mountains of *Sehwan Sharif* and the forest of *Laal Baagh* in self-Purification. Thereafter pursuant to a revelation, Shah Sahib went to *Jaam Shorow* where he spent six months in a hut behind the Textbook Board Building, henceforth, with Almighty Allah’s will, His Holiness Shah Sahib started to shower Almighty Allah’s creation with his benevolence.

http://www.asiinternationals.com/Eng/Minarah_Noor/MN00EP.htm

Riaz Ahmed Gohar Shahi

Riaz Ahmed Gohar Shahi ریاض احمد گوہر شاہی	
	
Gohar Shahi during an event held in Pakistan	
Born	25 November 1941 Dhok Gohar Shah, Rawalpindi, British India
Other names	Sultan ul Salateen ul Fuqra Imam Mehdi, His Divine and/or Sublime Eminence, Ra Riaz Gohar Shahi, Ra Gohar Shahi
Organization	Messiah Foundation International

Riaz Ahmed Gohar Shahi (Urdu: ریاض احمد گوہر شاہی) born 25 November 1941) is a spiritual leader and founder of the spiritual movements *RAGS International* (now known as Messiah Foundation International) and *Anjuman Serfaroshan-e-Islam*.^[1]

He is the author of a number of Urdu books on topics relating to spirituality, the most successful among these being *Deen-e-Ilahi* "The Religion of God" (2000), which has recently been republished by Balboa Press, a division of Hay House and translated into English and other languages by Messiah Foundation International.^[1]

RAGS International was renamed to *Messiah Foundation International* in 2000.^[1] MFI claims that Shahi is the Mehdi, Messiah, and Kalki Avatar.^[1]

Biography

Early life

Shahi was born on 25 November 1941 in the village of Dhok Gohar Shah in the district of Rawalpindi of British India. He is a fifth generation descendant of the Sufi Baba Gohar Ali Shah.

At the age of twenty, when he was the owner of F.Q. Steel Industries, Shahi began to search for spirituality. Eventually he became disillusioned in this search and returned to work. Shahi then married and had three children.^[2]

In 1975, he went to Sehwan Sharif for self-mortification; he spent a period of three years in the mountains of Sehwan Sharif and the forest of Laal Bagh in self-purification, "for the sake of God's love".^[3]

Career as spiritual leader

Messiah Foundation International	
Official Logo	
Formation	1980
Type	Non-profit organisation
Headquarters	London, United Kingdom
Official languages	Urdu & English
CEO	Younus AlGohar
Website	http://www.goharshahi.us/

Shahi became popular as a Sufi preacher in Pakistan during the late 1970s. He formed *RAGS International* and *Anjuman Serfaroshan-e-Islam* in 1980.^[1] Of the two organisations, RAGS International is still active as Messiah Foundation International whereas Anjuman Serfaroshan-e-Islam was reported to have been dissolved and banned in Pakistan in 2011.^{[2][3][4]}

The CEO of Messiah Foundation International is Younus AlGohar. Shahi claimed to have met with Jesus Christ in 1997.^[4]



Shahi at an event at Imam Bargah-e-Noor-e-Iman Mosque, in Karachi, Pakistan. He is seen here speaking to two religious clerics from different sects within Islam: Shia Islam and Sunni Islam.

Legal persecution and exile

He and many of his followers^[5] have been convicted under Islamic blasphemy laws^[6] by an antiterrorist court in Sindh.^[7] After he fled to England, Shahi was convicted *in absentia*,^{[8][9]} receiving sentences that totaled approximately 59 years.^[10]

Disappearance

Shahi was reported to have disappeared in 2001, in London; afterwards, sightings of him were reported around the world of people claiming to have met and received spiritual guidance from him.^[11]

In February 2002, prior to any decision on appeals filed with the High Court of Sindh, Ardeshir Cowasjee claimed in an article he wrote for Dawn, the Pakistani newspaper, that unnamed people who identified themselves to him as office-bearers of the All-Faith Spiritual Movement told him that Gohar Shahi died abroad, but this report was unconfirmed.^[12]

Some sources report that he died in 2001, and others say he died 2003. According to the *Pakistani Press Foundation* Shahi died in 2001.^[13] An article from 2006 in the *Sunday Telegraph* reports that Shahi died in 2003,^[14] and a 2009 article in *Your Local Guardian* also says he was reported to have died in 2003.^[15] However, none of these reports are confirmed, as there is no physical proof of his body.

On the other hand, the Indian news agency PTI reported in 2008 that Shahi was based in the United Kingdom after being convicted of blasphemy by the High Court of Sindh.^[16] This view is supported by the *Indian Express* which reported in 2008 that Shahi had fled to the United Kingdom and was presently based there.^[17] *Zee News* also supported this claim.^[18] The Hindustan Times has reported that he is "serving a life term".^[5] The *Sunday Leader* in Sri Lanka stated that Shahi disappeared in 2001 and sightings of him were thereafter reported around the world.^[19]

Of the two factions of Shahi's followers, the *Anjuman Serfaroshan-e-Islam* had asserted that Shahi died, and built a tomb for him at the Markazi Aastana in Kotri, where devotees performed pilgrimage.^[20] The MFI, in contrast, declares

that he merely disappeared.^[1]

Shahi's family, including his wife, five sons and a daughter, still resides in Kotri.

Teachings and followers

The teachings of Gohar Shahi have been a source of controversy. Some orthodox theological scholars condemn his teachings as blasphemy,^[2] while others, such as Hisham Kabbani, have sat at his feet as well as praised him.^[3]

Classical singers such as Nusrat Fateh Ali Khan and Ghulam Farid Sabri have been presented the message of Shahi, which they have praised. Nusrat Fateh Ali Khan was quoted as saying "The message of Hazrat Riaz Gohar Shahi is the greatest message I have ever heard". In *Qawwali* events in Japan and Germany, Nusrat Fateh Ali Khan personally distributed leaflets in favour of Shahi.^[4] Aziz Mian has also presented a *Qawwali* in praise of Shahi at a *Jashan-e-Shahi* event (which celebrates the day Shahi supposedly took the rank of Mehdi by Allah^[6]) event.^[5] In honor of Shahi's birthday celebrations of 1998, Rahat Fateh Ali Khan performed *Qawwalis*.^[6]



Pakistani adherents of Shahi burning their passports during a protest in India (April 2007).

Claims and criticism

Claims made by Shahi and his followers have been strongly opposed by orthodox Islamic theologians in Pakistan and abroad.^[7] Shahi has been accused of claiming the status of prophet but denied such accusations.^{[8][9]} His teachings have been condemned by Muslim religious leaders and the Pakistani government.^[10]

Shahi also predicts that the world would end in the year 2026 due to a comet heading towards earth. He claims the comet will be the cause of "total destruction" though mentions that "in order to intimidate [mankind]...God plans destruction on a small scale".^[7]

Many attempts were made on the lives of Shahi and Yunus AlGohar including a petrol bomb thrown into AlGohar's residence in Manchester (where Shahi stayed when he toured the United Kingdom).^{[8][11]} A man attempted to attack him with a hand grenade during a discourse at his home in Kotri, Pakistan.^[12] A bounty was put on his head in Pakistan.^[13]

Shahi's books have been banned by the government of Pakistan,^[14] and his followers are not allowed to meet in public.^[15]

Gohar Shahi claimed to have met with Jesus in America.^[4] Shahi's supporters claim that his face became prominent on the moon, sun, nebula star and the Black Stone in Mecca,^[16] and that these appearances are signs from God that Gohar Shahi is the awaited Imam Mehdi, Messiah, and Kalki Avatar.

The alleged images induced greater legal and religious opposition.^[17] Shahi has also supported this claim, saying that God had revealed the images of Shahi on the Moon and various locations, for which Shahi himself was not responsible, and if questions should be raised, they should be raised to God.^[18] Messiah Foundation International asserts the alleged images to be signs from God, pointing to Shahi being the awaited Mehdi; they quote religious texts^[19] as well as sayings from the likes of Nostradamus,^[20] and Ja'far al-Sadiq to support it.

Journalists in Pakistan asked Shahi,

"Many believe that you are the Mehdi, and God has revealed signs unto them which say that you are the Mehdi, but you do not officially announce that you are the Mehdi. Why?" Shahi gestured towards himself and answered, "Does Imam Mehdi not know the law of Pakistan? He knows that the law of Pakistan declares that 'whosoever claims to be the Mehdi, put him in jail'. I have given the signs of his

[Mehdi's] characteristics, which the Mehdi knows and none other. Now, it is up to people to recognise him and believe him".^[1]

On 18 November 1997, after appearing in court before Justice Rasheed A. Razvi of Sindh High Court Hyderabad Circuit, Shahi said, "The only justification to be Hazrat Imam Mehdi is the mark on [one's] back which can prove his existence".^[2]

Of the groups following Shahi, Messiah Foundation International claims that Shahi is the awaited Mehdi, Messiah, and Kalki Avatar while *Anjuman Serfaroshan-e-Islam* did not. According to MFI's website, Shahi is the Awaited Messiah, but they deny the notion that Shahi is another form of Jesus and claim that Jesus has also returned to support the Mehdi.^[9]

Bibliography

Gohar Shahi authored a number of books, including one based on Sufi poetry known as *Taryāq-e-Qalb* which translates to the "Cure of Hearts". One of his most prominent books is *Deen-e-Ilahi (The Religion of God)*, which is banned in Pakistan.^[10]

Works by Gohar Shahi include:

Title	Urdu	Translation	Date	Content
<i>Taryāq-e-Qalb</i>	ترياقِ قلب	The Cure of Hearts	1976	Sufi poetry
<i>Menāra-e-Noor</i>	مينارِ نور	The Minaret of Light	1980	mysticism, spiritualism
<i>Roshnās</i>	روشناس	The Induction	1982	mysticism, spiritualism
<i>Rouhani Safar</i>	روحانی سفر	Spiritual Journey	1986	autobiography
<i>Tohfa-tul Majālis</i>	تحفة المجالس	The Gift of Congregations	1988	mysticism, spiritualism
<i>Deen-e-Ilāhi</i>	دينِ الٰہی	The Religion of God ^[10]	2000	mysticism, spiritualism

On 17 May 2012, Messiah Foundation International republished *The Religion of God* with Balboa Press.^[11] As of June 1, 2012, it was #5 on the publisher's Best Seller's List.^[11]

Messiah Foundation International considers Shahi to be the author of the "Goharian Philosophy of Divine Love", a set of principles upon which the organisation is founded.^[12] Shahi has also authored a monthly magazine, *Hatīf-e-Mehdi*, which is banned in Pakistan for allegedly containing material offensive to the religious feelings of Muslims there.^[13]


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[10] Page directing to e-book, version for iBooks, softcover and hardcover version of the book.

External links

- Shahi's representative site since 2000: Messiah Foundation International (<http://www.goharshahi.com>)

Sufism and
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 Portal

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Younus AlGohar

Younus AlGohar (يونس الغوار)	
	
Younus AlGohar in London, 2006	
Born	16 June 1970 Karachi, Pakistan
Other names	Sayyedi (Honourable), AlGohar, Mohammad Younus
Alma mater	Manchester University, Cambridge University
Organization	Messiah Foundation International, ملدی فاونڈیشن انٹرنیشنل, Interfaith Institute of Divine Love, Kalki Avatar Foundation
Awards	'Man of Valour', 'Universal Peace Ambassador'

Younus AlGohar (يونس الغوار, born **Mohammad Younus**; 16 June 1970) is a co-founder of Messiah Foundation International (also known as Kalki Avatar Foundation and Mehdi Foundation International), a spiritual organisation claiming that Riaz Ahmed Gohar Shahi is the Messiah (Mahdi) and which also advocates Shahi's mystical teachings.^[1] He is known for authoring the books *Mysterious Horizons – Beyond God* (2007), and *Nisāb-e-Mehdi* (2010).

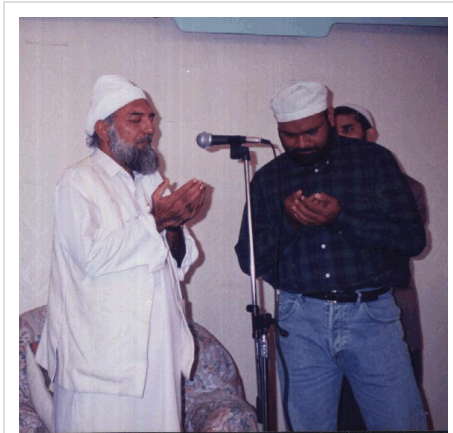
AlGohar was featured in an article by the Lakhbima newspaper and was interviewed by the Sri Lankan newspaper, The Island. He was featured by Your Local Guardian in 2009. He was also interviewed by various Sri Lankan media in 2011 and 2012, including the The Sunday Leader and the *Island*. He was covered by Tamil language newspapers and television stations. In addition, he was invited by the Brahma Kumaris to speak on 'The Call of Time' in Sri Lanka and by Good Morning Sri Lanka to discuss spirituality. AlGohar was also invited by TNL TV in Sri Lanka to explain the message of Kalki Avatar Foundation.

Biography

Born in Karachi, Pakistan, AlGohar grew up practicing Islamic Sufism. He met Gohar Shahi at the age of 15 and spent 24 years as a close disciple, until Shahi's disappearance in 2002. AlGohar was named an "Ambassador for Peace" by the Universal Peace Federation in 2005. He studied at Karachi University, Manchester University and Cambridge University.

Messiah Foundation International

RAGS International although founded by Riaz Ahmed Gohar Shahi in 1980, was renamed in 2000 as *Messiah Foundation International*. The first centre for MFI was established in London, which is also the headquarters of MFI. The organisation has grown to include centres in Canada, USA, South Korea, Sri Lanka, Japan, Australia, India, Greece, Thailand, Bangladesh, Taiwan and Pakistan and Nepal.



Riaz Ahmed Gohar Shahi and Younus AlGohar during a program in the UK

Beliefs and views



Riaz Ahmed Gohar Shahi and Younus AlGohar at an event held in USA, 1999

AlGohar considers himself a "devout servant" of Shahi who practices "The Religion of God", which AlGohar says Shahi has introduced to humanity. According to AlGohar, he believes in all the Prophets, the Messengers and the saints regardless of their religion. He asserts that he does not reject or hate any religion but believes that the spiritual system in all religions, which helped humanity find God, has diminished due to modifications in the religions. According to him, his goals include preaching spirituality irrespective of religious or cultural boundaries, revolutionising humanity by reviving spiritual insight, establishing inner and outer peace, eliminating hatred from society, enlightening hearts with divine energy, and heralding the second coming of Jesus Christ and Riaz Ahmed Gohar Shahi. He has openly challenged Islamic Scholars to have "a healthy debate on this topic should it arise a theological reservation among the minds of petty scholars." In particular, AlGohar has challenged Tahir-ul-Qadri to debates on spirituality, saints, Imam Mehdi and Islam. AlGohar

also controversially declares that the world is in the end times.

Persecution

The Pakistani government has instigated cases of blasphemy against AlGohar, though the details on how he blasphemed have not been specified. The penalty for blasphemy under the laws of Pakistan is death. According to AlGohar, if he were to return to Pakistan he would face a life sentence for blasphemy.

In 2011, AlGohar was prosecuted for allegedly having claimed housing benefits and income support for properties in Reigate and Banstead Borough Council and in Bromley Borough Council, to which he was not entitled, on the BBC programme *Saints and Scroungers* (first aired: 31 October 2013).


Bibliography

Name of Book	In Urdu	Translation	Year of Publication	Content
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<i>Malfoozāt-e-Mehdi</i>	ملفوظات مہدی	Sayings Pertaining to the Mehdi	2002	Educational Book
<i>Dastoor-e-Riaz</i>	دستور ریاض	The Riazian Constitution	2002	Educational Book
<i>Mysterious Horizons – Beyond God</i>	—	—	2007	Educational Book
<i>Nisāb-e-Mehdi</i>	نصاب مہدی	The Chapter of the Mehdi	2010	Educational Book
<i>Imam um Mubeen</i>	امام مبین	The Elusid Imam	2012	Educational Book

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