

The esoteric knowledge is for the people who desire the Love, the Nearness and the Realization of God without caring for the damsels and the Paradise itself. Gohar Shahi

As all religions worship the same God, His Holiness carries a great grief and concern for the hatred, discrimination, that originate by

misunderstanding the religions. He works relentlessly toward the goal of all communities coming together by recognizing the Unity of God, and has devoted his entire life to this end.

His Holiness says:

"All religions are from one God. Religion is like the vehicle, which takes you to the destination. You can become lost if you are consumed with religion, and forget God,- the

destination."

"In order to recognize, and to be able to approach the essence of Allah (God), learn spirituality (Ruhaniyat), no matter what religion or sect you belong to"

Spirituality (Ruhaniyat) is a way to achieve the Love of God. Spirituality is to facilitate the transformation of the physical heartbeat by chanting the personal Name of God (Allah). When God (Allah) enters the heart, only then will we be able to find that Love and find peace within our hearts.

In essence, the message of His Holiness Gohar Shahi is the Love of God.

Practices

God wishes to see you also, but you are unaware, unmindful or ill fated. What people look at (face), you wash it every day with soap, apply cream (to it), and trim beard, but have you ever washed what God will look at? (The heart). Gohar Shahi

"All the souls are made from the Light of God, though their environment and their communities are separate."

Revive heartbeat with three simple way of producing light.....works miraculously.....

To be sure of the Straight Path, it is better that you are guided by the Light (of God) also.

"Where Ishq (passionate love) (The Saint Sultan Bahu)



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The method of producing Light.

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The chanting of Allah Hu is better and intensely effective. But, i anyone has an objection on Hu or a fear of chanting Hu, then instead of the deprival, synchronize Allah Allah with vibrations. But if It is beneficial for the aspirant in litany, remembrance and invocation to physically remain as clean as possible because:

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Write Allah on a paper in black ink, and exercise this as long as you wish on a daily basis. The Word 'Allah' will hover over the eyes from the paper one day. Then with concentration, attempt to transpose the Word from the eyes to the Heart.

The second method for producing light:

Write Allak on a zero watt bulb in yellow. While you are awake or just before going to bed, concentrate and try to absorb it into the eyes. When it appears or hovers on the eyes after a few days, try to transpose it to the Heart with concentration.

The third method for producing light:

This method is for those people who have *Kamil Murshid* (Universal Guides) who do help with their chain and relation.

Sitting in the seclusion, imagine that your index finger is Using your finger with your concentration, try to write Allah on your Heart. Call upon your Universal Guide that he too holding your finger, writes Allah on your Heart. Continue this exercise everyday, until you see Allah inscribed on your Heart.

In the first and second methods, the Name Allak becomes inscribed on the Heart, just as it is generally written or seen. When it begins to synchronize with the heartbeat, it slowly starts to glitter. In the synchronized method, the assistance of the Universal Guide is provided, and it is seen and well written and shining on the Heart right from the beginning.

Many Prophets and Saints come into the world. Just for the sake of testing this during *Dkikr* (meditation), if you feel it appropriate, concentrate or call upon all of them sequentially Appropriate, concentrate or can upon an of them sequentially. While concentrating on any Prophet or Saint, if your heartbeat increases or if you feel an improvement, it means that your destiny (spiritual fruitage) lies with that Prophet or Saint. Select him for your concentration because every Saint is connected to a Prophet. Indeed that Prophet is not exoterically living.

The spiritual fruitage of every believer is with anyone of the Saints. The exoteric life of the Saint is a precondition. Saints. The exoteric life of the Saint is a precondition. Sometimes a very fortunate person is gifted with Celestial Spiritual Grace by an esoteric Universal Master who is not living, but this is very rare; However, the Saints not living in the human Realm can provide worldly grace and assistance to people from their tombs. This is known as Owaisi Spiritual Grace.

The recipients of such grace often get entangled in their visions and dreams because the Universal Guide providing the assistance is transcendent, and so too is the Satan. As such, the recognition of the two becomes difficult.

Along with the spiritual grace, the knowledge is important, as such a living Saint is more appropriate. If the spiritual grace is without knowledge, that person is known as a Majzoob (Absorbed in Divine Meditation).

A person (Saint) having spiritual grace and knowledge is known as a Mehboob (the Beloved). Through his knowledge, the Beloved provides worldly assistance as well as the Spiritual Grace, whereas Majzoob provides worldly assistance with his wooden sticks.

If any Prophet or Saint appears but does not help or assist you, then put Gohar Shahi to the test.

You may belong to any religion, there is no condition in this respect as long as the individual is not eternally ill-fated.

His Holiness was born in the Indian sub-continent on 25th November 1941, in a small village of Gohar Shah in the district of Rawalpindi. His mother is "Fatimi" a descendant of the Prophet Mohammed's daughter Fatima. She is of Sa'daat lineage (descendant of the Prophet Mohammed) as she was the daughter of one of the (paternal) grandsons of Syed Gohar Ali Shah. The father of His Holiness is the descendant of one of the (maternal) grandsons of Syed Gohar Ali Shah and his grandfather was linked to the Mughal family.

His Holiness was attracted towards the tombs of the Saints from an early age. The father of His Holiness states that His Holiness used to disappear from the age of five or six years, only to be found sitting next to the tomb of the Saint Nizam-Uddin Auliya (in Delhi) on searching for him. His father further states that he felt as though His Holiness (at young age) was talking to the Saint Nizam-Uddin Auliya. This was at a time when the father of His Holiness was settled in Delhi.

He spent most of his youth searching for God. His Holiness took initiations and practiced traditional Sufi paths but his frustration grew every day. At the age of 34, His Holiness on the guidance of a divine spirit, quit world and spent three years on a spiritual retreat in the mountains of Sehwan Sharif (Holy town of the Great Saint Lal Shabaz Qalander, Sindh, Pakistan) and in Laal Bagh (nearby jungle famous for spiritual retreat). He went through intensive retreat, several life and death experiences, revelations and enlightenments. His Holiness did experienced the evil and divine spirits everyday as part of his education, especially the tricks of Nafs (ego). Sarkar Gohar Shahi often talks about his three years in the wilderness, and consider them as best part of his life.

He returned to the world on the Commandment of God. Contrary to his expectations, he had to go through humiliation and rejections. In first four years of preaching the message, only four people favorably. Then, gradually young seekers accepted his teachings. He turned the Hearts of several hundred thousands people towards the Remembrance and the Love of God. The followers of all religions invited His Holiness Gohar Shahi to the Mosques, the Temples, and the Churches to speak and to receive his grace in the form of Qalb (the Heart) meditation.

Countless individuals have turned to God benefiting from his teachings. His spiritual healing cured countless incurable patients. People, healed from drug abuses, crimes, emotional disorders and past abuses, turned to God.

Some orthodox theologians (the Mullahs) and the enemies of the Saints, disliked him. Twisting the meaning in some of his books and interpreting them in their own ways, accused him of blasphemy, thus rendering a death sentence for him. A petrol bomb was thrown in his Manchester's residence. There was an attack with hand grenade during the discourse at his home in Kotri, Pakistan. A high price tag was put on his head in Pakistan. He was the subject of entrapment through five serious but false allegations.

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after the court decisions. Why they are doing this? What is the purpose behind all this frenzy? Obviously, they wanted to defame him, a strategy that will keep people away from listening the voice of the Heart, the home of the Beloved.



A few excerpt from a open letter to Chief Executive, General Pervaiz Musharraf by Pierre Sané, Secretary General of Amnesty International

On blasphemy cases

"The fact that **death threats**, **fatwas calling for the murder of** <u>**dissidents**</u> or **non-believers** and most killings of members of minority members have not been criminally prosecuted has led some sections of the community to believe that the state sanctions such actions. "

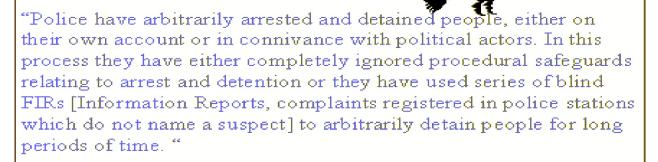
About Judicial system



"The independence of the judiciary has not only been weakened by interference from outside; it has also been undermined by the bias of individual judges."

"In more recent years, the respect for the judiciary has suffered by rulings which are widely seen in Pakistan to be politically biased."

About Police



For complete letter click <u>Pierre Sané, Secretary</u> <u>General of Amnesty International to Chief Executive.</u>

"When blasphemy and other religious cases are brought to court, extremists often pack the courtroom and make public threats about the consequences of an acquittal. As a result, low level judges and magistrates, seeking to avoid a confrontation with, or violence from, the extremists, often continue trials indefinitely, and those accused of blasphemy often are burdened with further legal costs and repeated court appearances. "

Complete report:

Annual Report on International Religious Freedom, 1999.



What You Can Do

Become better informed.

Pray for Gohar Shahi, his devotees and all others who persecuted. Pray for their physical and spiritual strength. Pray for the children. Pray as to how God would have you intercede on their behalf.

*

Tell others, do not let the deeds of darkness continue secretly.

If you are a broadcaster make sure your listeners are kept abreast of these issues.

*

Write letters to express your concern to the authorities. Three ways are described below. You can participate as you wish.

Help End The Persecution...... What You Can Do..... Get Informed _____ Get Involved _____ Time Is Of Essence.....

Suggest this site to your friends

A) Letter Writing: You may please read details of the on going persecution, and then write your Senator/Congressman expressing your concern and urge them to raise voice on this specific issue at diplomatic level with the authorities in Pakistan. Contact Your Senator Contact Your Congressman

B) Writing Letter to diplomats.

If you wish to write to foreign diplomats in US, they should be directed to those countries and leaders that have diplomatic and economic relations with Pakistan. These include the United Nations, member nations of the European Union, particular, Germany, France, Great Britain and

Italy, Muslim and Arab nations, the Russian Federation and Japan. In your letters, you should make the following points:

*

Request them for their involvement on this important moral, religious and human rights issues.

*

Ask them to raise their specific concerns over the grave situation of Pakistani government officials, diplomats, biased journalists, and business people.

*

Ask them to urge Pakistani government officials for independent judicial inquiries to investigate blasphemy charges against His Holiness Gohar Shahi, and his followers.

The trial should be fair and open to observers from the diplomatic community, non-government organizations, the media and other interested parties.

Contact Information

C) Writing letters. Letters to the authorities of Pakistan can be a very powerful tool. When someone from Western countries write to the government conditions often improve. If authorities believe that no one cares, the victims may be persecuted more severely. Contact information:

Chief Executive Foreign diplomats



Fight Against Corrupt Religious Leaders. Help Document Blaphemy Abuses

"The religious Scholar conjures to be near God, and that he is saved because he has the knowledge and the Scriptures inside him. Then why does the religious Scholar give his verdict to others that they will go to the Hell, when every Muslims possesses some knowledge and memorizes many verses of the Scriptures? Think! Who sells knowledge? Who yells? Who slanders the Saints?. Who is envious, arrogant and stingy? Certain intention in the heart and something else on the tongue, one word in the morning and a different word at night, who presents lies as Truth and Truth as lies?. If you are far from these things, then you are the vicegerent of the Prophet and it is then disrespectful to even turn one's back to you. "Gohar Shahi

Latest News

Given the extremely sensitive nature of this situation, The followers of His Holiness Gohar Shahi in London, England, are organizing a peaceful demonstration to draw attention of the authorities on this humanitarian matter.

Protest against the Abuses of SECTION 295 (PPC) - (Blasphemy Laws in Pakistan)

R.A.G.S is an international organization, consisting of membership from all religions and races. Pursuant to section 295 of the Pakistan Penal Code and based upon personal enmity and religious hatred, the authorities in Pakistan and fundamentalist religious groups have conspired, and without proper investigation, they have instigated hundreds of false cases resulting in court sentences being passed and forcing many to leave the country.

The authorities in Pakistan and the general public must be concerned with this issue of improper investigation of allegations of Blasphemy and the continuous abuse of the Blasphemy Laws (295-A/B/C). It has spared nobody as a result of the abuse of section 295. Christians, Hindus and even leaders of Muslim organizations have been sentenced by the courts and false cases are continuously being instigated.

When Ayub Masih was given the death sentence, Bishop John Joseph of Faisalabad died

committing suicide by shooting himself (in protest) outside a court in Sahiwal. Hindu leader Narain Das was remanded in custody after a case was filed against him under section 295 in a Mirpur Khas court in an attempt to make him the subject of a court sentence.

In addition to the spiritual leader His Holiness Gohar Shahi, Ahmadi leader Mirza Tahir, Shi'a scholar Ja'afar Jatoi and many other Ahmadi, Shi'a and Muslim leaders have been involved in false cases pursuant to section 295 and have either been imprisoned or have been forced to flee the country. It must be remembered that it is only one religious group is attempting to eradicate all other groups in order to gain the power and dominance.

To begin this international protest we intend to demonstrate outside the United Nations office and the Pakistan High Commission in London. Those people wishing to participate in this protest are requested to contact us immediately on the telephone numbers given below so as a date can be fixed.

We Demand:

#

Pakistani government officials for independent judicial inquiries to investigate blasphemy charges against Holiness Gohar Shahi, and his followers.

The trial should be fair and open to observers from the diplomatic community, non-government organizations, the media and other interested parties.

The sentences be upheld in the event of cases being proven and in the absence of evidence false accusers and witnesses be punished severely.

Contact Information: E-mail: zafar1es@hotmail.com, younus38@hotmail.com Telephones: 0771-408-1900, 0794-6451450,0786-762-7589, 0783-337-4251.

Help End The Persecution...... What You Can Do..... Get Informed _____ Get Involved _____ Time Is Of Essence.....

Those, who are exoterically pious but esoterically dark, are the cause of the mischief in the religion and are the successors of the Satan. It is mentioned in a Prophetic tradition, "Be fearful of and stay away from the ignorant priest (Scholar) whose tongue speaks the knowledge but whose heart is ignorant (and dark)." Gohar Shahi

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His Holiness Sarkar Gohar Shahi <mark>Divine Light in the Dar</mark>k



Persecution





Latest News



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<u>Sign Guest book</u> <u>View Guest Book</u>

Thank you for visiting home page of American Sufi Institute (dedicated site). After visiting home page should you have any questions, feel free to ask.



E-mail your questions to His Holiness Gohar Shahi.

Come back again, as this site is developing periodically

Please visit " Religion of God" and learn unique perspective of inner growth and development - how to achieve inner peace and love by discovering ourself. Last updated March 2, 2002

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The method of producing Light.

In prehistoric times, stones were rubbed together to make fire and a spark can also be prodbbing two metals together. Now, the electricit, om water. Similarly, electric energy is produced b ing hear beat and by the friction of the blood inside t dy. In every human being, there is approximate half volts of electricity to keep the body energetic. A utbeat slows in old age, this reduces the electricity in the body and also the energy level. The heartbeat has to be made vibrant. Some do this by dancing, others by sports and exercise, and yet others by meditating and yet others by meditating and chanting the Name of God (Allah) ...

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Suggest this site to your friends

"Think! Have you ever prayed and asked God that you wish nothing but only God?. " Gohar Shahi Practices



"Where Ishq (passionate love) takes over, the Faith does not know" (The Saint Sultan Bahu)







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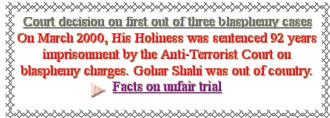
More "Who is Holiness" will be posted here soon

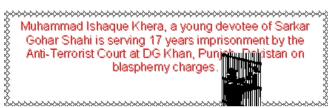


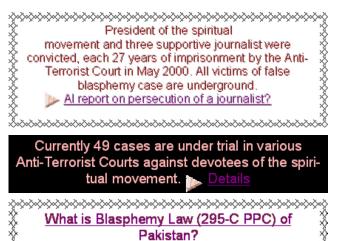
"According to the dictionary, toleranc means accepting others' views, beliefs, and practices without prejudice. It means that the views, beliefs, and practices of others don't have to change or threaten our own. It means not allowing ourselves to be affected negatively by others' choices, but recognizing that they are not our choices." Hazeldon Due to War Against Fundamentalist We Support Government of Pakistan and Hope that after the victory Government sincerely will reconsider our demand of amending Blasphemy Law to prevent abuse of the law. Help End The Persecution...... What You Can Do..... Get Informed____Get Involved____ Time Is Of Essence..... Message Practices Who is Holiness ? Persecution What You Can Do New Book !!! Latest News



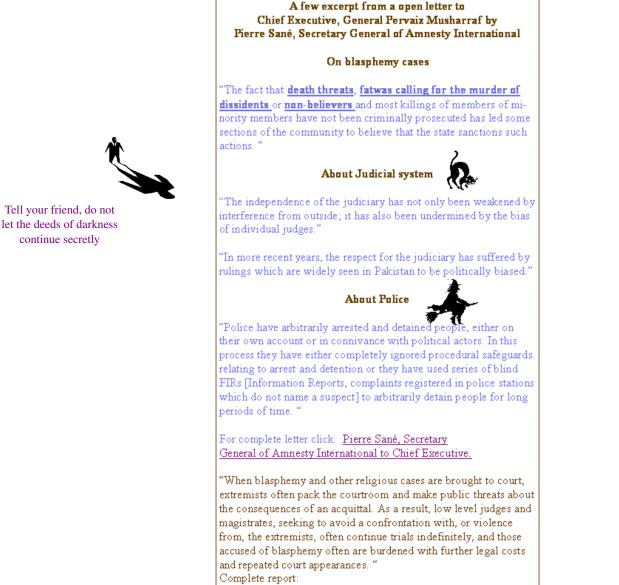
Persecution







1 of 2



Annual Report on International Religious Freedom, 1999.

Poorly written Blasphemy Law 295 (PPC) serving in advantage of the corrupt officials and religious leaders.

Pakistan Penal Code (PPC) Blasphemy Sections

295. Injuring or defiling place of worship, with intention o insult the religion of any class. Whoever destroys, damages or defiles any place of worship, or any object held sacred by any class of persons with the intention of thereby insulting the religion of any class of persons or with the knowledge that any class of persons is likely to consider such destruction, damage or defilement as an insult to their religion, shall be punished with imprisonment of either description for a term which may extend to two years, or with fine, or with both.

295-A. Deliberate and malicious acts intended to outrage religious feelings of any class by insulting its religion or religious beliefs.

Whoever, with deliberate and malicious intention of outraging the religious feelings, of any class of the citizens of Pakistan, by words, either spoken or written, or by visible representations insults or attempts to insult the religion or the religious beliefs of that class, shall be punished with imprisonment of either description for a term which may extend to ten years, or with fine, or with both.

295-B. Defiling etc. of copy of Holy Qur'an.

Whoever willfully defiles, damages or desecrates a copy of the Holy Qur'an or of an extract therefrom or uses it in any derogatory manner or for any unlawful purpose shall be punishable with imprisonment for life.

COMMENTARY

Act of defiling or desecrating if done consciously and deliberately with or without the intention to damage and destroy the honor, respect and greatness of a person in the eye of public in general or with the purpose to satisfy one's own feelings shall be a willful act bringing the case within the purview of S. 295-B P.P.C.

Appraisal of evidence. Defilement. Prosecution witnesses travelling in the bus were strangers to the accused having no reason to level false allegations against him. Accused had been taken into custody in the bus when he was uttering derogatory language for the Holy Qur'an and produced a copy of it from the bag with a pair of shoes placed by him in his feet in the bus. Accused had been proved to be mentally fit and was apprehended on the spot with the recovered articles. Prosecution witness were truthful and inspired confidence. Conviction and sentence of accused were upheld in circumstances.

(i) Keeping copy of Holy Qur'an in a bag with a pair of shoes and that too in the feet would be defilement of Holy Qur'an punishable u/s. 295-B. defilement would be presumed and proved when it was done voluntarily without lawful excuse. In such case, it would not be necessary for prosecution to prove that accused acted willfully.

(ii) Physical dishonor of Holy Qur'an would constitute offence u/s. 295-B. word "defile" in Section 295-B is not confined to spiritual disrespect but also includes physical disrespect like placing Holy Qur'an with pair of shoes.

Defilement. Disrespect, if willful, shall be covered by the definition of "defilement" constituting an offence under Section 295-B PPC.

Intent of Section 295-B PPC. Physical respect of the Holy Qur'an and spiritual feelings with its teachings can not be separated from each other.

"spiritual respect" and Physical respect". Distinction. Spiritual respect is a matter of understanding of an individual with reference to his knowledge and wisdom which is not common, but to show physical respect and honor to the Holy Qur'an is a legal, religious and moral duty of person. Spiritual respect and honor is a matter of an individual relating to his thinking whereas physical honor and respect is a matter of his visible action.

Word defiles" as used in section 295-B PPC. Meaning, import and extent of its application.

Words "willfully defiles" occurring in Section 295-B PPC. Meaning.

295-C. Use of derogatory remarks, etc., in respect of the Holy Prophet. Whoever by words, either spoken or written, or by visible representation, or by any imputation, innuendo, or insinuation, directly or indirectly, defiles the sacred name of the Holy Prophet Muhammad (Peace be upon him) shall be punished with death, or imprisonment for life, and shall also be liable to fine.

Invitation Cards was meant for Mirza Ghulam Ahmed not controverts by Qadiani. Held: There were reasonable grounds for believing that accused Qadiani had committed offence u/s 295-C which fell within prohibitory clause of Section 497 disentitling accused Qadianis to bail.

Help End The Persecution See What You Can Do





- Become better informed.
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- The trial should be fair and open to observers from the diplomatic community, non-government organizations, the media and other interested parties.

Contact Information

C) Writing letters. Letters to the authorities of Pakistan can be a very powerful tool. When someone from Western countries write to the government conditions often improve. If authorities believe that no one cares, the victims may be persecuted more severely.

Persecution...... What You Can Do..... Get Informed____Get Involved

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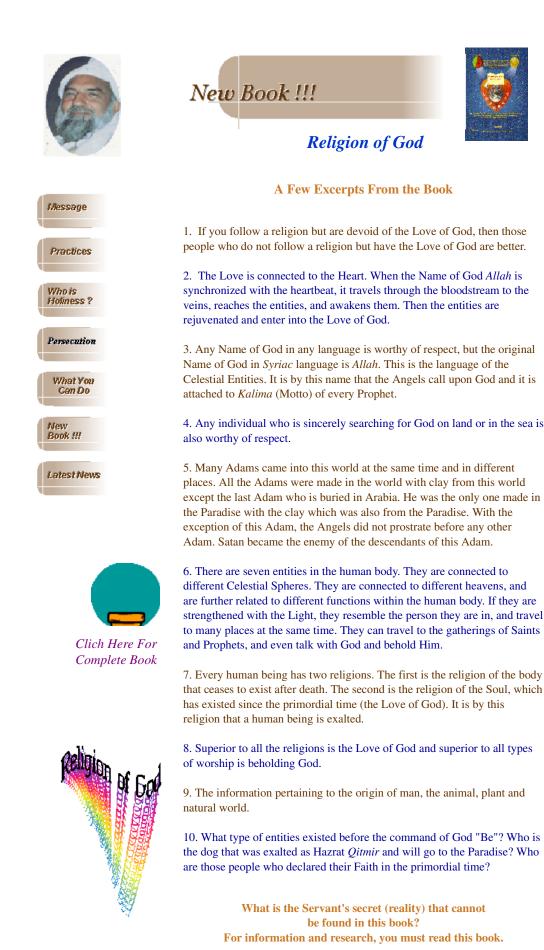
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Pakistan

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About the Book

The Book 'The Religion of God' provides guidance to both, religious as well as non-religious folks. The noble author unveils a vivid picture of the primordial event, walking us from pre-existential infinity to post-existential infinity, passing through phenomenal existence. His Holiness discourses, "Soul has no religion. The religion is with physical body. It ends when physical body dies. Soul's religion is the Divine Love; God's Religion is Love." The author recognizes religion as a vehicle to access God, discouraging the dogma (dark side of the religion), thus becoming a victim of the sectarian doctrine. The Book focuses on the objectivity (God), unfolding the spiritual discipline and meticulously showing step-by-step guidelines to enlightenment. The author stands for what he preaches, and provides spiritual help to those who seek it. His energies work miraculously. He does not initiate per say, rather blesses the seekers with the Divine energies, which guide them.

His Holiness was born in Pakistan in a home with rich spiritual heritage, and Sufism is at the core of his teachings. Though he did not receive much formal education, yet speaks of what is true, right and lasting. He openly preaches 'the Love of God', and says, **"Above the religion, is the Love of God."** Fundamentalists regarded this as a threat to

their vocation. Consequently, His Holiness has to face such challenges from religious and political corners every day.

The tone and language in the Book reflect spirituality that surrounds his path. The Book references the sayings of eminent Sufi Saints as evidence. We will add at a later date a brief introduction of each referenced Saint, and the explanation of the Sufic terminology; however, we will not add bibliography, as the author presented the Book as it was revealed to him. An addition of a few paragraphs or chapters in the Book can be anticipated in future. We encourage you to ask us questions related to the subject, which may help in understanding the Book better.

Muslims are more than one billion in the world today. A number of revolutionary movements exist in Islamic world. Unfortunately, their followers are relentlessly engaged in militant activities against other Muslim sects or Non-Muslims, thus killing others the only way to the Heaven. Waging war against every one opposing their dogma is the sole answer to such factions on the existing problems. Their leaders are polluting the present environment by spreading fear and hatred to their selfish ends. The bitterness and hatred have led to an explosive situation in South Asia today, bringing closer to nuclear holocaust. With the exception of a few Sufis, there is not a single organized movement in Asia today or even in the entire Muslim world professing love instead of hatred among human beings. The reason is obvious: a lack of wisdom on the part of leadership, and consequent ignorance of the followers. But, His Holiness and his follower are breaking the ground and writing a new chapter in history. His Holiness is indeed a ray of hope in the darkness and a ray of hope for the future. The present task, being carried on by His Holiness, is not easy, rather a dangerous one. The history on persecution of Sufis bears witness that the Saints were executed on uttering what His Holiness is openly preaching today. Then, the question is how His Holiness continues to survive? The answer is simple: Allah (God) desires so. The divine spirits are continuously at work through His Holiness. He had been seen at more than one location at the same time helping the needy and also blessing people in dreams. His facial images are appearing on sacred places, speaking to people, and miraculously healing sick, thus giving enormous inspiration and strength to his followers (the strength needed to cope with the adversaries of religious dogmatism). His followers firmly believe that he is the Promised One, the Imam Mehdi.

Fundamentalists surmise that His Holiness is evil, and he can not be the foretold Mehdi. They assert that Imam Mehdi is supposed to be an Arab, who will unite Muslims, and lead a world war for grand victory and complete domination. But, we do believe that Imam Mehdi will destroy the enemies (of God) by making them friends. 'The Religion of God' discusses about Imam Mehdi, the task of Imam Mehdi, how the believers will recognize him, and also the unfolding events in end-times.

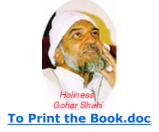
The vision of His Holiness is an everlasting friendship -a spiritual one, not political. The friendship sprouts in the heart when God comes into the heart. How God comes into the heart, that is what the Book is all about? We are making the entire Book available on Internet. The Seekers may take advantage of whatever their hearts accept from the Book. May God guide us all the way to His beatific Vision.

In the end, we would like to acknowledge and extend our gratitude to Mir Liaqat Ali, who worked extremely hard, and did an excellent job rendering the Book from Urdu to English. We extend deep appreciation to hundreds of thousands of the followers of His Holiness for the unwavering commitment to the mission, and support in publishing and distributing the Book. Lastly, our prayers go out to the victims, and their beloved families, who are under relentless persecution in Pakistan because of 'the Religion of God'.

Best wishes.

American Sufi Institute (ASI)

The Religion of God



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Hagg ul-Yagin (The Truth of Certainty)

- Some Utterances of His Holiness Gohar

- A few facts about the esoteric personality of

Introduction

The religions, which are based on the Heavenly Books, are authentic as long as the respective Scriptures have not been altered.

Religions: The Boats and the Scholars are like navigators. If either one is defective it becomes impossible to reach the destination; However, the Saints do take even the damaged "boats" (people) safely to the shore. The imperfect and the broken hearts flock around the Saints for this reason.

Superior to religion is the Love of God, which is essence of all religion and an illuminating guide in the Path.

There are four parts of knowledge. Three parts are of the exoteric teachings, and also one part is the esoteric that was spread by *Khidr* (*Vishnu Maharaj*).

The Love of God is the only way for the Nearness to God. The Dogs are better than an individual whose heart is empty of God, as dogs love their master and achieve the nearness of their master. Otherwise an 'unclean" dog and a divinely ordained human cannot be 'compared.

If you desire the Paradise and its damsels, worship abundantly so as to reach the highest of the Heavens.

But, if you are searching for God, you must learn spirituality also, so that while staying on the Straight Path, you can access the Essence of God.

Riaz AhmedGohar Shahi

Man from the Beginning to the End

When God willed to make the Souls, he said, "Be", and the Souls came into existence. In front of God and near Him were the Souls of the Prophets. Behind them in the second row, were the Souls of the Saints, and in third row the Souls of the Believers, and behind them were the Souls of ordinary human beings. Thereafter, the Souls of women came into being beyond the eye could see. Then behind them were the animal spirits, then the botanical spirits, and then such mineral spirits that did not possess any strength of movement. On the right side of God, there were the Souls of the Angels, followed by the Souls of

Damsels. They were unable to see the Face of the Lord. As the Angels were on the right side of God, they were also unable to see the Face of the Lord. Behind them were the souls of angel-like entities, which later came into the world and assisted the Prophets and the Saints in their work. On the left side of God were the souls of the other form of the invisible elf-like Satanic entities; then other evil spirits which later came into the world and aided the Satan in his work.

The Souls on the right and the left sides, and the Souls, which were very far away, could not see the Manifestation of the Lord. The Jinns, the Angels, and women could talk with the Lord, but they are unable to see Him as such.

There was a fireball in the Terrestrial Sphere. It was commanded to cool, it then fragmented and its pieces spread in space forming our solar system. The Moon, Mars, Jupiter, the Earth, and the stars are all the fragments, and the Sun is the remainder of the fireball. The Earth became coal and cinder. The mineral spirits (the spirit which bonds and solidifies atoms and particles) were sent to the Earth as a result of which the cinder solidified and turned into stone. Then the botanical spirits were sent to sprout trees and plantation in the rocks. Thereafter, animals appeared from the animal spirits coming to the Earth.

God did ask all the souls, "Am I your Lord?" All the souls acknowledged and prostrated. Also, the spirits of the rocks and the trees did prostrate, as is mentioned in a verse of the Holy Scripture.

Then God displayed an illusionary world and its pleasures to test the Souls and said if any one desires, go forth and obtain them. A multitude of souls turned their faces away from God and leapt towards the illusionary world, thus the Hell was written for them as their destiny and final abode. Then God showed a vision of the Paradise, which was better than the first sight and a place for the worshippers and the obedient. Many souls leapt towards this vision and the Paradise was written for them as their destiny . Many souls were unable to make a decision, and they were then placed between the Merciful Lord and the Satan. After coming into the world, such Souls became trapped and their destiny lay with whomever they became attached to.

Many souls remained beholding the Manifestation of God, and did not desire the world, nor the Paradise. God loved them and they loved God.

After coming into the world such Souls abandoned the material world, became ascetics and lived in the jungles for the sake of God.

To serve the Souls and for their pleasure, eighteen thousand types of creatures came in existence: six thousand in the Sea, six thousand on the Land, and six thousand in the Air and the upper Celestial Spheres.

Then God created seven grades of the Paradise and seven grades of the Hell. The seven heavens are: *Khuld, Daar-us-Salaam, Daar-ul-Qaraar, Adan, al-Mawa, Naeem, and Firdos.* speaks to the Angels.)

All religions believe that whosoever God chooses, He can send to the Hell or to the Paradise. If the Soul were sent straight to the Hell right in the Primordial time, it would have complained as to what crime it had committed? Then God would have said that you turned your face away from Me and chose the world instead. The Soul would then say, "It was only an intention, but not action."

Adam, who is also known as *Shankarji*, was made out of the clay from the Paradise. The Human Soul and other Spiritual Entities were put into it. When the body of Adam was made, Satan spat at Adam in jealousy and the saliva dropped at his navel. The bacteria in the saliva then got mixed in the body. The Satan is from the Jinns. It is mentioned in a Prophetic tradition that when a human being is born, a Satanic Jinn is also born with it at the same time. The human body was made of clay to house sixteen spiritual entities along with the Whisperer (*Khannas*) and four birds (spiritual).

From the left rib of Adam, a matter emerged resembling a woman in appearance. A Soul was then placed in it, and she then became Eve. Thereafter, Adam descended from the Heaven to Sri Lanka and Eve descended at Jeddah. This was the origin of the Asian race, thus continuing the descent of remaining souls to the Earth. For the education, training, and the elevation of the Souls, the religions were created as schools. According to their destiny, as written in the primordial time, some souls were given religions and others remained without a religion.

The Souls loving God also came into the world, some came into the homes of the Muslims, others into the homes of the Hindus, yet others into the homes of the Sikhs, the Christians or the Jews. They searched for God through their respective religions. This is the reason; the Elect in every religion adopted asceticism. Some Muslims say that asceticism is not in Islam. This tenet is not true. Prophet Mohammed did also go to the Cave of Hira.

Sheikh Abdul-Qadir Jilani, Khawaja Moin-uddin Ajmeri, Data ali Hajvayri, Bari Imam, Baba Farid, Shahbaz Qalander and many others were all eminent Saints and only after adopting asceticism did they achieve their magnificent and elevated spiritual status. Such people then became a means of religious propagation.

The origin of man in the world

After the human sperm enters the womb, the Mineral Spirit arrives enabling the blood to gather. Then the fetus grows in the womb with the Botanical Spirit. After a period of four months, the Animal Spirit enters in the womb. They are called the Terrestrial Spirits. After birth, the Human Soul arrives along with the other Spiritual Entities, which are the Celestial Spirits.

If a child dies in the womb a few moments before birth, there is no funeral for the child, as it was not a complete human. Should a child die a few moments after the birth, then its funeral service is mandatory. Due to the arrival of the Human Soul, along with the spirit of the Self (the Ego) with its companion faculties located at navel point. If the Mineral Spirit is strong, the Man prefers to live in the mountains. Similarly, due to the Botanical Spirit, the Man develops affection for flowers and trees. Further if the Animal Spirit is dominant within a person, a love for animals and the behavior similar to that of animals develops. Generally referred to as the Ego, the Self resembles a dog in appearance. When this is the dominant force, that person develops a dog-like behavior and affection for dogs. When the Spiritual Entity *Qalb* (the Heart) is awakened, the human being is angelic in nature.

After an individual's death, the Celestial spirits, which are particular to each body, return to the Celestial Spheres. The Terrestrial Spirits including the Self (the Ego) have no part in the Day of Judgement. The Terrestrial Spirits, allocated to individual bodies, are reallocated from one body to another, as they have no connection with the Hereafter.

The Purified Self, however, remains in their graves, continues worshiping, and assisting people. Just as the Prophet Mohammed on the 'Night of Ascension' passed the grave of the Prophet Moses and saw him engaged in meditation, and when Prophet Mohammed reached the Celestial Spheres, he saw that the Prophet Moses was present there also.

The ones with dominant Self (Ego) are evil and collaborate with the Satan in self-defense. They enter into other bodies and hurt people. They are evil spirits and according to the Bible, Jesus used to cast out evil spirits from those who were possessed.

The Terrestrial Spirits including the Self remain in the world whereas the human Soul is sent either to *Illiyin* (High Places) or to *Sijjin* (where the evil and wicked souls are confined till the Final Judgement). The remaining Spiritual Entities inside the human body, if they are spiritually illuminated, go to *Illiyin;* otherwise, they are wasted in the graves. Because of the Self, the Man became impure.

According to the Famous Saint *Bhulle Shah*, " the Self (Ego) made us impure, we were not impure from the beginning." It was to purify the Self (the Ego) that the Books, the Prophets, and the Saints were sent down.

Sometimes the Man was frightened by the Hell, and other times encouraged by the incentive of the Paradise. By practicing various austerities such as meditation, worship, and fasting, the efforts are made to reform and improve, and only then the individual is entitled to enter the Paradise. Many people purified and illuminated themselves through transcendental knowledge, thereby becoming the Friends of God.



The entity Nafs (The Self or the Ego)

There is a satanic bacterium, located at the navel point. All the Prophets and the Saints sought refuge from its mischief. Its diet consists of phosphorous and unpleasant odors, which is also available in bones, coal, and dung. Every religion stressed the bathing after sexual intercourse because the unpleasant odor is released from the sweat pores. Also, drinks and animals with unpleasant odors are also prohibited for human consumption.

In the primordial time all the Souls in front of God up to and including the Mineral Spirits, became acquainted and united with each other.

Due to the Mineral Spirit, the Man built homes from rocks. Also, due to the Botanical Spirit the Man made roofs for his home with wood from trees. He also benefited from the shade of the trees that provided clean oxygen. The Animal Souls, which were in the rear came into the world, became animals which were made lawful for human consumption. Birds, which were in the same category, were also made lawful.

On the left side of God, the Jinns and the Satanic elf-like creatures were made and behind them were another form of evil spirits which eventually became the Enemies of God.

The animal, botanical, and mineral spirits, which had appeared behind these evil spirits, became the enemy for the Man. The mineral spirit of this category, sent to the world, became coal and ash. Gases released by them became harmful to man. Due to the botanical spirit of this category dangerous, and thorny vegetation and man-eating trees came into existence.

Due to the animal spirit of this category, (left side of God) wild and man-eating animals came into being. Birds related to this group were declared unlawful for human consumption due to their hostility towards human being. They are recognized by the fact that they eat their food by holding it with their claws.

The Souls on the right side were to serve human beings as the message-bearers and helpers. The human being was endowed the most, and appointed as His Vicegerent. It is now man's choice, efforts and destiny either to accept Vicegerency, or to reject it.

The spirit of the Self leaves the body in dream. It takes on the appearance of the person and wanders in the satanic gatherings. The Self has a mate in the Whisperer (*Khannas*), which resembles an elephant and sits between the Self (at the navel) and '*Qalb*' (which is close to the Heart). *Khannas* helps out the Self in misguiding the Man.

In addition, four spiritual birds attach themselves to the four Spiritual Entities inside the human body to misguide the Man.

Of these four birds, the cockerel attaches itself to Qalb, dominating the Heart with lust. With the meditation of the Heart (Qalb), does the cockerel eventually become purified to distinguish between the lawful and the unlawful. Only then do the awareness and the appreciation of what is lawful and unlawful develop in a person. Qalb in this state is called Qalb-e Salim (the Sound Heart).

Attached to the Spiritual Entity *Sirri* is a crow. It brings greed. Similarly, with *Khaff*i is a peacock, which creates envy, and with *Akhfa* is a pigeon that comes with stinginess. The nature of the birds forces greediness and envy upon the Spiritual Entities until they are not spiritually illuminated. It was these four birds that were taken out of the body of Abraham.

They were purified and returned to his body. After death, the birds inside the Purified Man make their home in the trees. Many people make bird-like sounds after spending a few days in the jungles. These birds then become attached to these people and help them with some healing.

An important Anecdote:

The spirit of the Self is connected with the Satan.

The five Spiritual Entities inside the breast are respectively connected with the five *Rasul* (Messengers).

The Spiritual Entity Anna located in the head is connected with God.

Similarly the relation of the human body is connected with *Kamil Murshid* (the Universal Master). When the Man does not connect to certain Spiritual Entity, he deprives himself of the respective Spiritual Grace and Bounty.



1.The spiritual entity *Qalb* (the Heart)

Prophecy and knowledge relating to this was granted to the Prophet Adam

The lump of flesh (the Heart) is called 'dil' in Urdu and fawad in Arabic. The Spiritual Entity with the Heart is Qalb. In a Prophetic tradition, "There is a difference between the Heart." Our solar system is terrestrial. Besides, there are other Realms and Spheres such as Malakut (the Realm of Angels), Ankabut, Jabrut (the Realm of Divine Compulsion), Lahut (the Realm of Divine Nature), Wahdat (the Realm of Unity) and Ahdiat (the Realm of Divine Oneness).

The Terrestrial Realm (Nasut) existed before the explosion of the fireball and its entities were already present then. The Angels came in existence with the command 'Be" along with the souls. But the Archangels and the Spiritual Entities (which are placed inside the human body at birth) preceded the formation of our solar system. Later on, many planets were inhabited, but subsequently some of these life forms became extinct, and the others are awaiting their destruction. The Archangels and the Spiritual Entities (of the human body) were brought in existence seventy thousands years before the command "Be". Of the spiritual entities, God placed the Heart (Qalb) in " the Realm of Love". Qalb is the medium for establishing a relation between God and the Servant, and for receiving guidance and inspiration.

The worship, and done by the spiritual entities, reaches the highest realm, the Throne of God through

The meditation of Qalb is from within and its vibrating rosary is within the human skeleton (the heartbeat). The People who failed to achieve the meditation of the Qalb in this lifetime will be regretful, even though they would be in the Paradise. As God stated regarding those who will go to the Paradise whether the inhabitants of the Paradise think that they will be equal to those who are elevated (reached higher realms by practicing the spiritual disciplines and becoming illuminated) because the ones with the meditation of Qalb will enjoy its pleasures even in the Paradise when their Qalb will be vibrating with the Name of Allah.

The physical worship ceases to exist after death. The people whose Qalb and other spiritual entities are not strong with the Light of God are afflicted and distressed in their graves and their spiritual entities are wasted away. Whereas the illuminated and strong spiritual entities will go to Illiyin (High Places). On the Day of Judgement, a new body will be given, and the illuminated Spiritual Entities along with the human Soul will enter that body. The people, who taught their spiritual entities meditation, whereby the entities chanted the Name of Allah in this life time, will find them continue with this meditation even in the Hereafter. They will continue to be elevated and exalted there. The "blind of heart" (not illuminated) in this lifetime will be "blind of heart" there also, As this world is the place of action and effort, thus becoming stagnant in the Hereafter.

Besides the Christians and the Jews, the Hindu religion also does believe in these Spiritual Entities. The Hindu Faith refers to them as *Shaktian* and the Muslims knows them as *Lata'if*. Qalb is located two inches to the left of the heart. This Spiritual Entity is yellow in color. When it is illuminated, the person sees yellow color in his eyes. Many practitioners of alternative medicine use the colors of these spiritual entities to heal people.

Often people take their heart's word (inner feeling) as truthful. If the Hearts were indeed truthful, then why are all the people of the Heart not united?

Qalb of an ordinary person is in a sleeping or unconscious state and it does not possess any awareness or right understanding. Due to the dominance of the spirit of the Self (the Ego), and the Wispere (*Khannas*), or due to the individual's own simple- mindedness the Heart can err in judgements. Placing trust in a sleeping Qalb is foolish.

Only when the Name of Allah does vibrate in the Heart does a distinction of Right and Wrong and Wisdom follow. It is called *Qalb-e-Salim* (the Sound Heart). Then the increase in the meditation by Qalb of the Name of *Allah*, its direction changes towards God. It is called *Qalb-e Minib* (the Repentant Heart). This heart can prevent the person from the sins, but it can not make a right decision. When the theophany (*Tajally*) of God begins to fall on the Heart, it is called *Qalb-e-Shahid* (the Witnessing Heart).

A Prophetic tradition:

"The Mercy of God descends upon a broken heart and a dilapidated grave."

When the heart reaches this stage, one must accept whatever it indicates because due to the theophany (*Tajally*), the Self (the Ego) becomes completely purified and at peace too. God is then nearer to that individual than his jugular vein.

God then says, "I become his tongue with which he speaks and I become his hands with which he holds."

2.The Human Soul

Prophecy and knowledge relating to this was granted to the Prophet Abraham

The spiritual entity 'Soul' is on the right side of the breast. It is awakened by the meditation and contemplation on it. Once it becomes illuminated, a vibration similar to the heartbeat is felt on the right side of the breast. Then the Name of God, Ya Allah is matched with the vibrating pulse. There are now two spiritual entities meditating inside the human body, this is advancement in rank and is higher than just the meditation of Qalb. The Soul is a light red in color and when it is awakened, it is able to travel to *Jabarut* (the World of Divine Compulsion). Anger and rage are attached to it that burn away and turn into Majesty.

3. The spiritual entity Sirri (The Secret)

Prophecy and knowledge relating to this was granted to the Prophet Moses

This spiritual entity is to the left of the center of the breast. This is also awakened and illuminated by the meditation with the Name of God *Ya Hayyu, Ya Qayyum* and by contemplation. Its color is white. In the dream state or by "transcendental meditation" it journeys to Lahut (the Realm of Divine Nature). Now there are three spiritual entities meditating within a person and its status is higher than the other two.

4. The spiritual entity Khaffi (The Hidden)

Prophecy and knowledge relating to this was granted to the Prophet Jesus

This is to the right of the center of the breast. It too is taught the Name of God *Ya Wahid* by meditation. It is green in color and it can reach *Wahdat* (the Realm of Unity). Due to the meditation of four entities one's status is further increased.

5. The spiritual entity Akhfa (The Deeply Hidden)

Prophecy and knowledge relating to this was granted to the Prophet Mohammed This entity is located at the center of the breast. It is awakened by meditating on the Name of God, Ya Ahad. It is violet in color and it too is connected to that veil Wahdut (the Realm of Unity) behind which is the Throne of God. the Saints. Thus, there became ten parts of this knowledge. The Saints in turn passed this knowledge on to the Elect.

The exoteric knowledge is connected to the physical body, the spoken word, the terrestrial Realm and the Self (the Ego), and is for the ordinary man. This knowledge is contained in the exoteric Book that has thirty parts. The transcendental knowledge was also given to the Prophets by revelation brought by Gabriel, and it is known as the transcendental Holy Scripture for this reason.

Some Chapters of the Qur'an, were abrogated later. The reason for this was that the Prophet Mohammed would utter openly what was meant for the Elect only. Later this knowledge was esoterically transmitted from one saint to another, and now it is disclosed in the books.

6.The spiritual entity Anna

This Spiritual Entity is inside the head and is colorless. The meditation on the Name of God *Ya Hu* is its culmination. This spiritual entity, when illuminated, stands in the Presence of God, and communicates with Him. This is the Station of the passionate Lovers of God. Beside this, some Elect are granted other spiritual entities, for example *Tifl-e-Nuri* or *Jusse-Tofiq-e-Ilahi*. The spiritual status of them is beyond understanding.

With the spiritual entity Anna, God is seen in the dream.

With the spiritual entity of *Jusse Tofiq-e-Ilahi*, God is seen in the "physical meditating state" when the Spiritual Entity itself leaves the human body and transcends to the Essence of God.

Those possessing the spiritual entity *Tifl-e-Nuri*, see God while they are fully conscious.

They are called *Naib-Allah* (the Deputies of God) in the world. They can either occupy anyone by worship and austerities, or by their Glance raise any one to *Maqam-e Mahmood* (the Station of Praise and Glory). In their sight, the spiritual grace pours out to the Muslims, the Infidel, the Living, and the Dead without distinction. Just as a thief became a Pole (a Saint) by a glance of *Sheikh Abdul-Qadir Jilani* or Abu-*Bakr Havari* and *Manga* the thief became Peer (Saint) by the glance of such individuals.

The five Apostles were given knowledge of the five Spiritual Entities respectively and in sequence of their appearance, as such spirituality continued to grow. With whichever Spiritual Entity you practice meditation you will be connected to the corresponding Apostle and become worthy of receiving the respective Spiritual Grace.

Whichever spiritual entity receives the theophany, the Sainthood granted to that spiritual entity would be connected to the corresponding Prophet's spiritual grace.

The access to seven Realms and the elevated spiritual status in the seven Heavens is through these spiritual entities.

The functions of the spiritual entities inside the human body

The entity *Akhfa* **(The Deeply Hidden):** A person is able to speak due to the Spiritual Entity *Akhfa*. A person may have a normal tongue but will be dumb without this faculty. The difference between human beings and animals is due to this faculty. At the time of birth, if *Akhfa* was unable to enter the body for any reason, then the respective Prophet designated for the rectification would be called upon to treat the condition, and then the dumb would start to speak.

The entity *Sirri* (**The Secret**): A person is able to see due to the spiritual entity Sirri. If it does not enter the body, the person is blind from birth. The respective Prophet had the duty to return the spiritual entity into the body, and then the blind would start to see again.

The entity *Qalb* **(the Heart):** A person is like animals, unacquainted, far from God, miserable and purposeless without the spiritual entity of Qalb in the body. Returning this entity into the body was the task of the Prophets also.

The miracles of the Prophets were also granted to the Saints as marvels, as such even the impious ones and the transgressor became close to God. When the respective spiritual entity is returned by any Saint or Prophet, the deaf, the dumb and the blind are healed.

The entity *Anna***:** When the spiritual entity Anna fails to enter the body, a person is regarded as insane even though all the parts of the brain seem functioning normally.

The entity *Khaffi* **(The Hidden):** In the absence of the spiritual entity Khafi, a person is deaf, even if the canals of ears are wide open.

These conditions can be caused by other defects in the body also, and are curable. But there is no cure for inborn defect until a Prophet or a saint intervenes.

The entity Nafs (The Lower Self or the Ego): A person's heart turns towards with the material world due to Spiritual Entity Nafs, and towards God with the Spiritual Entity Qalb.

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The word 'Allah'

The Syriac language, which is spoken in the Celestial Spheres, is the language in which the Angels and God address each other. Adam Safi-Allah spoke this language in the Paradise. Adam and Eve came into the world and settled in Arabia. Their children also spoke the same language. As a result of their descendants spreading in the world, this language sprouted into Arabic, Persian, Latin and into English. Thus, God was called by different Names in different languages. As Adam lived in Arabia, there are many words of the Syriac language, which are still found in the Arabic. God addressed the Prophets, Adam as Adam Safi-Allah, Noah as Nuh Nabi-Allah, Abraham as Ibraheem Khalil-Allah, Moses as Musa Kalim-Allah, Jesus as I'sa Ruh-Allah and Mohammed Rasul-Allah. All these Kalima (Mottos) in Syriac language were written on the " Guarded Tablet" before the arrival of the Prophets in this world. This is why the Prophet Mohammed said; "I was a Prophet even before I came into this world."

Some people think that the word Allah is a name given by the Muslims, but this is not so.

The Prophet Mohammed's father's name was *Abd-Allah* at a time when Islam did not even exist. Prior to the advent of Islam, the Name *Allah* was called with Kalima of every Prophet. When the Souls were brought in existence, the first name on their tongue was Allah and when the Soul entered the body of Adam, it said *Ya-Allah*, and entered the body. Many religions understand this enigma and chant the Name Allah and others deprive themselves of the Name because of their doubts and suspicions.

"Any Name, which alludes to the Lord, is worthy of respect"

In other words it directs towards God. But, the multiplicity of the Name of God diversified them. Every letter of the alphabet has a separate numeric value. This is also a Celestial Knowledge. The numeric values are related to all of the Creation. Occasionally the numeric values do not synchronize with the astronomical calculations, as such the man is worried. Many people go to the astrologers and experts of this knowledge, and have charts prepared based on the stars. They name their children on this basis.

An arrangement of the letters of Arabic alphabet, for example (a, b, j, d,) (1, 2, 3, 4) when added has the numerical value ten. Similarly, every name has a separate numeric value. As God has been given so many different Names causing a conflict among the numeric value of different Names. If all the people called upon God by the same Name despite different religions, they would all be united inwardly. Then they too like Nanak Sahib and Baba Farid would say:

"All the souls are made by the Light of God, though their environment and their communities are separate."

The Angels, who are assigned the tasks in the world, are also taught the languages of the people of the world. It is important for the followers of every Prophet that they chant and declare *Kalima* (the Motto) of their Prophet, which was granted by God to the Prophet at the time for the recognition, spiritual grace and purification of his people. The declaration and recital should be in the same method and in the language of their Prophet.

The entry of any individual into any religion is subject to the condition that the individual accepts and declares *Kalima* of the Prophet of that religion. Just as the verbal vows are a condition for any marriage. Entry into the Heavens has been made subject to the declaration of *Kalima* (Motto) of the Prophets. In the western world many Muslims and Christians have no knowledge of their Prophet's Kalima. Furthermore many followers do not even know their Prophet's original name (in the original language of the Prophet).

The people, who only verbalize Kalima, require their good deeds on their part. The followers, who do not declare it, are refused entry to the Paradise. Those individuals, in whose Hearts the affirmation of Kalima is rooted in, will enter Paradise without any accountability. The Celestial Scriptures, whichever language they were revealed in, and if they are in the original form, are a means to finding God. The adulterated texts and the translations, just as adulterated flour is harmful for the stomach, have become harmful, and the followers of the one religion and the one Prophet are divided into so many sects.

To be sure of the Straight Path, it is better that you are guided by the Light (of God) also.

The method of producing Light

In prehistoric times, stones were rubbed together to make fire and a spark can also be produced by rubbing two metals together. Now, the electricity is made from water. Similarly, electric energy is produced by the vibrating heartbeat and by the friction of the blood inside the human body. In every human being, there is approximately one and a half volts of electricity to keep the body energetic. As the heartbeat slows in old age, this reduces

the electricity in the body and also the made vibrant. Some do this by dancing, ers by meditating and yet others by Allah.



heartbeat slows in old age, this reduces energy level. The heartbeat has to be others by sports and exercise, and yet oth-

others by sports and exercise, and yet othmeditating and chanting the Name of God

When the heartbeat becomes faster, then by chanting the Name Allah Allah, try to synchronize it with the Name Allah with every heartbeat. Alternatively, try to synchronize Allah with one heartbeat and Hu with the other. Some times by placing your hand on the heart and by feeling your heartbeat, try to synchronize the Name Allah. At times, synchronize it with the speed of the pulse and imagine that Allah is entering into the Heart.

The chanting of Allah Hu is better and intensely effective. But, if anyone has an objection on Hu or a fear of chanting Hu, then instead of the deprival, synchronize Allah Allah with vibrations. It is beneficial for the aspirant in litany, remembrance and invocation to physically remain as clean as possible because:

"disrespectful are unfulfilled and the respectful are fulfilled."

The first method for producing Light:

Write Allah on a paper in black ink, and exercise this as long as you wish on a daily basis. The

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About Muraqba (transcendental meditation or Vigilance) (Literally. journey. Meditation in which the soul leaves the human body)

Without awakening the spiritual entities (Lata'if/Shaktian) and without attaining spiritual strength and prowess, many people try to engage in Muraqba. They either fail to reach the meditative state, or become the object of the satanic modalities. This type of meditation is for illuminated people, whose spiritual entity of the Self has been purified and 'Qalb' has been cleansed. The practice or attempt at this type of meditation is foolish for ordinary folks no matter what type of physical worship is used to achieve this. To collect and gather the strength of the Soul and the spiritual entities and then to travel to a place is what is known as Muraqaba.

Sainthood is the one-fortieth part of Prophecy

Every dream, meditative journey, inspiration or revelation of a Prophet is authentic, and does not need affirmation. Only forty out of a hundred dreams, meditative journeys, inspirations and revelations of the Saints are accurate, the remaining sixty percent are inaccurate, requiring transcendental knowledge for affirmation.

God cannot be understood without knowledge

The lowest type of meditative journey starts only after awakening the spiritual entity Qalb. This is impossible without first achieving the meditation of Qalb (meditation with the vibrating heartbeat synchronized with the Name Allah). It takes one jerk or shake to bring the person out of this meditative state and back to consciousness. *Istikharah* (seeking to obtain the Divine Favors, looking into the Holy Scripture or judging from the omens) is also connected to Qalb.

The next stage is the meditative journey of the Soul. It takes three jerks or shakes to return a person back to normalcy from this meditative state. The third stage of the meditative journey is done by the Spiritual Entity Anna and the soul together. The soul travels along with the spiritual entity Anna to Jabarut (the World of Divine Compulsion) just as the Archangel Gabril accompanied the Prophet Mohammed to Jabrut. The people, who are in this meditative state, are sometimes even taken to be buried in their graves and they are unaware of this happening to them. Such a meditative state and journey was taken by Ashab-e-Khulfa (the Companions of the Cave) and they remained asleep in the Cave for more than three hundred years. When this meditative state and journey was undertaken by Sheikh Abdul-Qadir al-Jilani in the jungle, the occupants of the jungle would regard the Sheikh as dead, and would take him to a grave for burial. But the meditative journey would break just before the burial (the Sheikh would return to consciousness).

The recognizance of inspiration and revelation from God

When the Man has awakened and illuminated the spiritual entities in the breast and is worthy of receiving theophanies (*Tajalliat*) then God communicates with him. God has absolute power and can do as He pleases and thus communicates with any Man in any way fit, but He has set a special method for His recognition so that His friends can be saved from the deception of the Satan.

Firstly, the text in the Syriac language appears on the Seeker's heart and its translation is seen in the language of the seeker's mother-tongue. The text is white and shiny and the eyes close automatically and look at the text (internally). The text then passes Qalb and moves towards the spiritual entity *Sirri* as a result of which it shines even more. Then the text moves towards the spiritual entity, Akhfa and from here it shines more and then moves onto the tongue. The voice then spontaneously starts to repeat that text.

If this inspiration is from the Satan, then an illuminated heart will dull the text and if the text is strong and prominent then the Spiritual Entities Sirri or Akhfa destroy that text. Further if due to the weakness of the spiritual entities the text does arrive at the tongue, then the voice will prevent it from being spoken into words.

This inspiration is for special types of Saints, whereas in respect of ordinary Saints, God sends messages to them through the Angels or other Souls. When the Archangel Gabriel accompanies the special and inspired text, this is known as revelation, which is confined to the Prophets only.

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Who is the Paradise for?

Some people, who are eternally destined to go to the Hell, attempt to be worthy of the Paradise by practicing worship and good deeds, but they are rejected in the end like the Satan because stinginess, arrogance and envy are their inheritance.

There is a Prophetic tradition that one who has even the tiniest amount of stinginess, envy and arrogance cannot go to the Paradise.

People of the Paradise, even if they are not worshippers are recognizable. They are soft-hearted and sincere, free from greed and envy. They are generous. If they do engage in worship, they can attain a very exalted position. God creates opportunities and excuses for their salvation. There are others in between and have a continuing record of their good and bad deeds.

Further, there are those who are the Elect. They loved God in the Primordial time. Such souls are not concerned with the Paradise or the Hell, and they renounce everything for the Love of God. With the discipline of heart-meditation and the Mercy of God, they illuminate their Souls and achieve the Vision and the Sight of God. The highest Paradise Firdos is reserved for them.

A Prophetic tradition declares for them:

"there are some people who will go to the Paradise without any accountability".

An explanation

The Souls, which were shown the illusionary vision of the world in the Primordial time, the world was written as their destiny. They came into the world and made a valiant effort to attain the material wealth. They stole, robbed, bribed and even overlooked crimes like usury and even rejected the Uniqueness of God.

There were some souls among them, who adopted religion and worship to reach the Paradise, but this turned out to be fruitless as in the case of the Satan, as some become blasphemer or a religion (or sect) disliked by God, became an obstruction in their way.

The other souls who had chosen the Paradise in the Primordial time, they did their worldly chores but gave priority to the practice of worship and austerities. They were motivated by the damsels and the servants of the Paradise and ran back and forth to their places of worship and were successful in getting to the Paradise. But then in this category, there were some that remained lazy in their attitude towards worship. Because the Paradise had been written in their destiny, some opportunity helped them; However, they did not achieve that status in the Paradise that was achieved by the Pious ones. It was in respect of such people, God said, " Do these people understand that we will place them along with the Pious ones", as there are seven levels of the Paradise?

Ordinary people are guided by the Prophets, the Books, the Gurus and the Saints. It is essential for them to have a religion and a declaration of Faith. The Elect manages to receive the graceful Sight of God without a Religion or a Book. In other words, he is guided by the Light of God. It is stated in the Scripture that:

"Those that God chooses, God guides with the Light".

It is said that in order to enter the Paradise it is essential to have a declaration of the

Faith. It is not these bodies but the Souls that will enter the Paradise. Then these souls can declare their Faith at some stage when they reach the Realm of the Vision or they may do this after death, just as the souls of the Prophet Mohammed's parents and uncle were granted the declaration of the Faith. Furthermore there are the Elect of the Elect who declared the Truth in the Celestial Spheres before coming into the world.

The Prophet Mohammed stated that he was a Prophet even before he came into the world. These were the words of the Soul of the Prophet Mohammed and could only have been addressed to the Souls at the time as the body was given to the Prophet Mohammed only after physically coming into the world. An explanation of this is that there are leaders only if there are the nations to be led and there are Prophets only if there are followers, otherwise there is no need as such.

Then such people (the Saints) are sent into different religions, some in the appearance of Baba Farid and others in the appearance of Guru Nanak. The Souls that find God do not look at the religions, rather they seek those who have access to God and join them. Ghose Ali Shah, a (Muslim) Saint wrote in "*Tazkira Ghausia*" that he even received the Spiritual Grace from Hindu Ascetics. The Muslim theologians failed to understand this enigma, thus rendering a death penalty for Ghause Ali Shah. They further stated that if any Muslim house had his book, it should be burnt; However, this book survived, and is found in India and Pakistan and is still popular and revered.

Some nations accepted their Prophets and others rejected them. To the Nations rejecting them, God nevertheless sent the Prophets according to their religion. They taught their nations the ways to save them from sin. Further, by using their own methods of worship, rituals and customs, the Prophets tried to turn their direction of the followers towards God by teaching peace and the Love of God. If they were not sent then, today all the religions would be thirsty for each other's blood. These Souls (Guides) who are in the world, are assisted and guided by Khidr (Vishnu Maharaj) who knows the secret of every religion.

Who is Taqwa (Piety or God-Fearing) for?

Ilm-ul-Yaqin (The Lore of Certainity):

Such people are materialistic and base their belief on hear-say. They have certainty by the way of knowledge. Their Faith rests on what they hear from others. Whatever they get is not by God-fearing but by there earnings through toil and labor, which is either Halal (the Lawful), or Haram (the Prohibited).

Any ul-Yaqin (The Eye of Certainity):

Though such people have renounced the world, they continue to interact with others. Their focus in life and the Heart are inclined towards God and they are often shown Celestial Visions. Their station is that of the Sight and the Vision. They too earn by lawful means and any thing unlawful hurts them. *Haqq ul-Yaqin* (The Truth of Certainty):

Their station is that of arriving at the Truth. In other words they have been elevated to a High Status by God. They come within the Grace and Mercy of God. They are known to have abandoned the world. Even while living in the world they refrain from both lawful and unlawful enterprises. If they were to go and sit in the jungle, God would provide for them. This is the Station of God -Fearing . Although the novices talk about God-Fearing, but they are not successful.

Taqdir (the Destiny)

There are two types of destiny: 1) *Azal* (the Eternal or the One Bound to happen) 2) *Maollaq* (Conditional or in Abeyance)

Some people say that when the subtenance is already written in our destiny, why the wandering around and the effort for it?

Makhdoum Jahaniyan stated that the wandering and the effort made for the sustenance has also been written in our destiny.

For example a flowers Vase has been placed for you on the roof (This is Azal). In order to get the Flower Vase you have to go up the stairs on to the roof (This is Maollaq-Conditioned), which is within your power. It is for this conditional part that there will be accountability on the Day of Judgement and not in relation to what was written down in Azal. when you went on to the roof you would collect what was written for you in your destiny. If you were lazy and did not get to the roof then you would be deprived of it. On the other hand, if someone else, in whose destiny there is no flower Vase manages to get on to the roof by the stairs or by some considerable effort, then he would still be deprived of.

The third category of the souls

The third category of the souls, who chose neither the world, nor the Paradise, only beheld the Manifestation of the Lord in Primordial time. They came into the world and sacrificed everything in search of God. Many gave up their kingdoms and remained hungry and thirsty in the jungles in search of God. There were others who sat in the rivers for many years. After succeeding,, they were known as Wali Allah (the Friends of God). God assigned them to different positions and duties, and they became a remedy and a means

of hope for those destined to the Hell.

Just as the famous poet Iqbal mentions in one of his sonnets:

"That even the of destiny is altered by the Graceful Glance of the Godly"

It is absolutely necessary for this reason that the Terrestrial Souls, (which reappear in every lifetime), physically meet a spiritual teacher or Guru in every lifetime. As the spiritual teacher of the previous lifetime or the ancestral teacher became free of his physical body (gave up the physical body he had at the time).

This is similar to when a previous Prophecy is removed and exempted after the arrival of an Apostle. Just as the Prophet Moses (*Mus'a Kalim-Allah*) was an Apostle and all the Prophets that came after Moses, their religions were abrogated after the arrival of the Prophet Jesus (*Is'a Ruh-Allah*).

Further, the religions of the Prophets that came in between the Prophet Jesus and the Prophet Mohammed, all their religions were also abrogated upon the arrival of the Prophet Mohammed but the validity of the religious system of every Apostle continued and still continues today. This includes *Adam Safi-Allah*, (Adam), *Ibrahim Khalil-Allah* (Abraham), *Mus'a Kalim-Allah* (Moses), *Is'a Ruh-Allah* (Jesus) and *Mohammed Rasul-Allah*, and every Saint's Sainthood is from their Authority and Grace.

As the five spiritual entities inside the human body are linked respectively to the five Apostles, and their Prophecy and Spiritual Grace and Power will remain until the Day of Judgement for this reason.

When it is said that a nerson will not enter the Paradise unless that nerson has declared

the Faith of one of the Apostle. For this reason, the Prophet Mohammed stated, "I have not come to reject the Books of the Apostle or their Religion but I have come to reform," because the Books had been altered and adulterated.

The Silsilah (chain) of Adam Safi-Allah continues even today. The ones, who practice only the Heart Meditation, who praise the Name of the Lord and humble themselves, repent and try to remain free of sins, are all conforming to the original or first religion, the first Prophecy and the first type of worship.

A Ghouse (head-saint in our human sphere) and every Saint's spiritual category is attached to (and presided over) by one or the other Prophets who in turn are spiritually linked in this way to *Adam Safi-Allah*.

The reviver Mujjadid Alf-Sani stated that his spiritual category and designation was linked to Moses, whereas a chain of Qalander (a type of libertine Dervish) is linked to Jesus. Sheikh Abdul-Qadir Jilani was related to a category, which was connected to the Prophet Mohammed.

Think for a moment to which Adam do you belong?

It is mentioned in some Inspired Books that fourteen thousand Adams have come into the world. Some one said that Adam Safi-Allah was the fourteenth and the last Adam. There have indeed been many Adams in this world. When Safi-Allah was being made of clay, the Angels said (to God) that he too would go into the world and cause mischief. In other words the Angels were aware of the actions of the earlier Adams, otherwise how could they have known what God was making and what he (Adam) would do.

On the "Guarded Tablet", there are inscribed different *Kalima* (Mottas), different mantras, different Names of God, various verses and even the magic enchantment, which was taught to people by the Angels *Harut* and *Marut*. Both the Angels are hanging upside down in a well in the city of Babul in Egypt as part of their punishment.

Every Adam was taught a language. Thereafter the Prophets were sent to the nation of that Adam for its guidance. It has therefore been said that one hundred and twenty five thousand Prophets have come to the world, whereas *Adam Safi-Allah* was the last on the Earth six thousand years ago. If a Prophet were sent every year then there would have been six thousand Prophets only.

Some time later, these nations were destroyed due to their transgression. Archeological evidence found the ancient cities later and also the ancient languages, which are not understood by anyone. Some nations were drowned in flooding, others survived in the other Lands also.

Lastly, *Safi-Allah* was made- better than his predecessors, and sent to Arabia and many major Prophets emerged from his offspring. Many languages of the other Adams remained among the surviving nations. When the last Adam came he was taught Suryani (*Syriac*) language. Some of his descendants migrated to distant Lands and met with ancient peoples. Some immigrants liked the regions, the fertile land, thus they settled down with the ancient people.

The *Syriac* language was spoken in Arabia and then the intercourse with various nations evolved into Arabic, Persian, Latin, Sanskrit and the English language. On different islands, there were people living who were the descendants of different Adams. Of them, there was one Adam who was a gypsy, and his descendants survived to this day, resulting in the discovery of many nations.

The people of remote islands were unaware of each other and long distance travel by sea was not possible by the means of small boats. Columbus was successful in making an Oceon Liner and was the first man to reach America. He reached the land and saw people with red skin and thought that he arrived in India.

They were the red Indians (native Americans), and are still found in North Dakota. I asked an Indian Tribal Chief if he knew who his Adam was. He replied that according to their belief their Adam was in Asia, the wife's name was Havva (Eve).

He further stated that according to their historical records their Adam (of the great Sioux Nation) appeared from a mountain in South Dakota (Black Hill). The mountain place is marked even now.

It is said that the English and the Americans are light-skinned due to the cold climate, this is not so. There were descendants of a dark-skinned Adam, who were also present in these regions but they did not develop light skin. Therefore this is the main reason that the color, the appearance, the temperament, the intellect, the languages and diet of human beings differ. The descendents of Adam Safi-Allah remained in the Middle East, this is why the people in Middle East are alike in appearance.

It is said that *Adam Safi-Allah* (*Shankar Ji*) descended in Sri Lanka. He migrated to Arabia, settled down there and his grave is still there. If this is the case then who, discovered his foot prints in Sri Lanka, and preserved to this day? This means that (prior to his descent) there was some community living there.

The Saints and the Prophets were no longer sent to the nations that were destroyed. The survivors of these nations were deprived of the exalted ones and went astray some time later.

As foreign lands were discovered, the Saints from Asia moved there and taught the locals, their respective religions. Today we see that the Asian religions have spread all over the world. Jesus was from Jerusalem, Moses was from *Bait-ul Muqqaddas* (the seat of earlier Revelations) and the Prophet Mohammed was from Mecca, whereas Noah and Abraham were also from Arabia.

Dominator) and turned away from Him in disgust. They disobeyed any Command of God and started to say that there is no such thing as the Lord and that a human is no more than an insect, and that the Paradise and the Hell are just the figments of the imagination. At the time of Moses, there was a nation, which was transformed into apes (as punishment by God). They moved to Europe. The pregnant women, now apes, gave birth to human babies. They still exist today and say themselves that they are the descendents of the apes.

The nation that was transformed into bears, moved to the jungles of Africa. The pregnant women of the time were carrying human babies. They gave birth and the race survived. They are known as Mamm. They have long hair on their bodies, the majority of them are female and abduct people. They cannot be influenced or reformed by any religion, but they conceal their private parts by using leaves due to their human nature.

Another Adam, was punished for a thousand years for some mistake. He was transformed into a snake. His nation survived to this day in the form of a special snake. It can transform into a human being a thousand years after birth and is known as Ruha.

It is mentioned in the History that Alexander the Great passed through a jungle for hunting and saw a beautiful woman crying. He asked as to who she was. She replied that she was the princess of China and she was hunting with her husband when a lion attacked and ate her husband and that she was then alone.

Alexander asked her to return with him as he would make the arrangements for her return to China. The woman said her husband died, and how she would save face on her return to China. Alexander took her home and married her.

Some months later, Alexander developed a pain in his stomach. He tried every cure for it but to no avail. His illness worsened, and the doctors too gave up. A snake charmer also came to treat him. He called Alexander to one side and told him that he could treat him with some conditions, and that if he did not cure Alexander in a few a days, Alexander could have him executed. The snake-charmer advised Alexander to, have some pudding made for that night with plentiful salt in it. Further that both Alexander and his wife should eat plenty of pudding and that Alexander should lock their room from inside so that neither of them could leave the room. He further advised that Alexander should not sleep but pretend to be asleep so that his would believe that he was in fact sleeping and that there should not be drop of water in the room. Alexander did likewise.

During the night, his wife became thirsty and discovered that there was no water in the pot, she then tried to open the door and saw it locked. She looked at her husband and felt that he was fast asleep. She then transformed into a snake, went out through a hole, drank some water, returned in the form of a snake and then transformed back into a woman. Alexander watched all this. In the morning, he related it to the snake-charmer, who told Alexander that his wife was a snake which transformed after thousand years and that she was the cause of the pain in his stomach.

This woman was then taken to the sea on the premise of sight-seeing and she was thrown into the water. The place, where she was thrown, exists today, and is known as the barrier of Alexander.

Their race still exists in the world. Ordinary snakes do not have ears but this type of snake has ears. It is not known which Adam's descendants are locked in the mountains of China and Dhul-Qarnain (the King with Two Horns) built a stonewall to prevent them from entering this region. They have very long ears. They place one beneath them and cover themselves with the other. They are known as Gog Magog.

The science discovered many regions, but many more are yet to be discovered. Behind the Himalayas there are "snowy humans" and there are many humans in the jungles too and apart from them, no one knows their language. They too worship as taught to them by their Adam and in order to survive they have a tribal system. In addition to these Continents, there are many other Lands and Planets such as the Moon, the Sun, Jupiter, Mars and so on. Adams inhabited these planets also. Some of them have been destroyed by stopping the supply of oxygen and in others cases by a total destruction of the Land.

Still There is human life on Mars and there is a fiery life form inhabiting the Sun

Our scientists have not yet been able to reach Mars, whereas the Martians have visited the Earth on numerous occasions and have taken people back with them for experimentation. They are scientifically more advanced and their inventions are superior to ours. Even if our satellites and scientists reach Mars, they will not be able to escape once they are captured by the Martians.

God abundantly endowed one Adam with the knowledge. On the basis of their knowledge, his descendants used to reach Baithal Mamoor (the Realm where God communicates with Angels and assigns them various tasks in the form of Commandments). They were able to hear, whatever command God gave to the Angels. One day the Angels said God that This nation had become an impediment in the affairs of the Angels. Further that when the Angels came down into the world to implement their task, they would have already an antidote to the task of the Angels.

God then commanded the Archangel Gabriel to go and test them. A twelve year old boy was grazing a few sheep when Gabriel approached him and asked, "Do you possess any knowledge?" The boy replied, "ask me?" Gabriel then asked the boy to tell him where Gabriel was at that time. The boy closed his eyes and then said that he (Gabriel) is not in the Heavens. Gabriel then asked, "where is he?" The boy replied that he (Gabriel) was not on any land either. Gabriel asked, "then where is he?" The boy opened his eyes and said,

Then God commanded the Angels that this nation be drowned by the flooding. The people heard this command and homes made homes of metal and glass. Then they were destroyed by an earthquake. At that time, the region was known as Kaalda. It is now Greece.

Those people with their Spiritual Knowledge then, and our scientists with their scientific knowledge now, are interfering with God's affairs. In order to instill the fear into human beings a small disaster has been instigated and for the complete destruction, an Asteroid, sent towards the Earth, is expected to hit the Earth in about twenty to twenty five years. When it does, that will be the Last day of the Earth. A part of that Asteroid has fallen on Jupiter within the last two years. Our scientists are aware of this.

They are, therefore, wishing to move to the Moon or some other planet. As such, there have even been a plot bookings on the Moon, when they know that life cannot be supported on the Moon as there is no oxygen, water or vegetation. What is the purpose of all the frenzy? As far as research is concerned, what benefit has humanity derived by reaching the Moon or Jupiter? Has any medicine or prescription been discovered for longevity, or has a "cure" been found to prevent death?

Even if we reached the Mars, the difference in our atmosphere (Oxygen) and theirs, would make our life on the Mars impossible.

All the wealth, being squandered in this regard, is going to waste. If the United States and Russia spend it on the poor, then everybody would be better off. The differences among human beings have led to the creation of atomic bombs and weapons of mass destruction to destroy each other, when the world will be destroyed without the bombs anyway.

Too many souls were created in the Celestial Sphere

The souls of those closest to God were in the front row in the Primordial time. The ordinary souls were sent to the world among the nations of the Adams, some of whom (Adams) were made from black, some white, some yellow and others with red clay. They were taught the knowledge by the Archangel Gabriel and the Angels Harut and Marut.

When Adams were made from clay on the Earth, then the Jinns would at the right opportunity enter the bodies of those Adams and their offspring, and try to entrap them in their Satanic hold. Then the Prophets and Saints of that nation and the knowledge taught by them would become a means of alleviation. Countless Adams were made in pairs (with their female partners) and procreation commenced. Sometimes a woman was created on her own (without an Adam), and she would bear children subject to the Command of God "Be".

These people too exist in the world. Only the women are the tribal leaders. As they are the offspring of women only, they believe that God is female. They also believe that they are the progeny of the Angels as their (female) Adam procreated children without a man. This custom continues among them even today. The women of these tribes bear children by anyone and later marry any other person, and do not regard this improper.

The declarations by the Souls, their destiny and their spiritual class would determine the types of Adams that would be sent. The respective souls would then descend (after these Adams had been sent). This is the reason why no special religion was formulated for these souls. Even when the Prophets were sent among them, a few accepted them. They did the opposite of what the Prophets taught and instead of worshiping God, they worshipped the Moon, Stars, the Sun, the Trees, Fire, and even started to worship snakes.

Finally, *Adam Safi-Allah* was made in the Paradise of the clay from the Paradise so that he would surpass all (the previous Adams) in magnificence and excellence and be protected from the Satanic Entities as they did not have access to the Paradise. The Satan was from the Jinns and was distinguished because of his vast knowledge and abundant worship. The Satan became the leader of the Angels. He spat on the body of Adam out of envy. The saliva, a Satanic type of bacterium, entered Adam's body and it is known as 'Nafs' (the Lower Self, the Ego), which was inherited by the progeny of Adam. As such, the Prophet Mohammed said, "*When a human being is born, a Jinn is also born with the human being at the same time.*"

There is a difference between the Angels and the Archangels

The Angles exist in *Malakut* (the Realm of the Angels). They came in existence at the same time as the Souls did. The Spiritual Entities, which are in the next higher realm *Jabarut* (the Realm of Divine Compulsion, the World beyond form), are known as the Archangles, which existed even before the command "Be".

God commanded the Angels to prostate before Adam Safi-Allah. No Adam was made in the Paradise before, nor did the Angels prostate before. *Azazeel*, (the Satan) objected and refused to prostate, he was then cursed and became the enemy of the progeny of *Adam Safi-Allah*.

Whereas the nations (of previous Adams) did not suffer from his enmity, as the evil Jinns were enough to deceive them and lead them astray.

As the Satan was the most powerful of all the evil Jinns, he trapped the progeny of Adam Safi-Allah by teaching them such crimes as a result of which the other nations started to dislike these Asians. Due to the magnificence of this Adam, these people were guided by God. They had access to God in such a way (Godly) and became so magnificent that the other nations were amazed.

Further, the greatest of the Celestial Books, the Old Testament, the New Testament, the Psalms of David and the Qur'an were revealed to them. Due to the teachings, spiritual

The Soul of Adam had not yet been placed in his body, when the Angels understood that he was being made for the world because the human made from clay would only be for the Earth. Then by some pretense he was sent to the Earth. Though the Eternal Act is by God, yet the humans get blame for things. If Adam was sent to the world without accusation he would have come into the world and done nothing but complain. Why would he have wept and sought forgiveness?

A soul, which is destined to go to the Hell, if born in a home without religion then it is called an infidel and a liar. Such people deny God, and are the enemies of the Prophets and the Saints. They are arrogant, hard-hearted and take pleasure in hurting the Creation of God. They remains away from the religion after having come in it. Such a soul if it is born into a religious home, it is known as a hypocrite.

These people abuse and slander the Prophets and Saints and are mischief within the religion. Their worship is useless just as the worship of the Satan. Their religion attempts to take them towards the Paradise, but their destiny pulls them away towards the Hell.

As they are deprived of the spiritual assistance and help of the Prophets and the Saints, they are easily deceived by the Satan, and the spirit of the Self (which mislead them into believing) that they possess a vast amounts of knowledge. They worship abundantly and that there is no difference between them and the Prophets. They then without considering their spiritual reality feel that they consider themselves like the Prophets and believe that the Saints depend upon them. They deny spirituality and the existence of the miracles, and only accept the qualities that they possess themselves. They even reject the miracles of the Prophets, dismissing them as magic. They believe in the power of the Satan, but it is difficult for them to accept the power of the Prophets and the Saints.

The Soul that is destined to go to the Paradise, if it is sent in a non-religious home or in an unclean environment, it is regarded as disabled. It is possible for such a soul to be forgiven and saved. It is such souls who try to find the Straight (illuminated) Path, and try to get out of the "quicksand" by looking for the aid and assistance of the Saints. They are soft-hearted, humble and generous.

The soul which is destined to go to the Paradise, if it is in one of the Celestial Religions or in a religious home, then it is regarded as Sincere and Faithful. They find the Nearness of God and become entitled to His inheritance by their worship and austerities.

In Tasawuf (Mysticism) spiritual entity Qalb is important

Some people repeated a litany of the sacred words, others played sports, some others danced, yet others built and knocked down walls and others exercised, all tried to increase the vibration of their heartbeat and then tried to synchronize the name Allah with heartbeat. Then the Name of God Allah slowly reached all the Spiritual Entities (inside the body).

Others without going into the depths of this knowledge initiated such people. They started to dance to the chanting of *Allah*, *Allah*. They did not understand the concept of the Heart meditation and also failed to synchronize the Name, Allah with their heartbeat. Nevertheless their animal spirit, whose nature is to jump around, did become acquainted with the Name of God. Similarly the botanical spirit (in a person) also becomes strong and acquainted by chanting the Name Allah, accompanied with music. Music is the food for the Botanical Spirit.

In the United States an experiment was carried out, whereby the crops were exposed to the music. Two portions of the same crop were planted on a similar tract of lands. One part of the crop was exposed to the music day and night, and the other part was not. The crop exposed to the music was better in quality and appearance than the crop without the music.

Nafs, the spirit of the Self, is very dangerous. Even after it has been purified (illuminated) it is a pretender and likes music and rhythm. Some people tried to attract the spirit of the Self by singing, thus directing its direction towards God. Others chanted and synchronized the name Allah with their guitar music. If nothing else, at least their ears were engaged in worship.

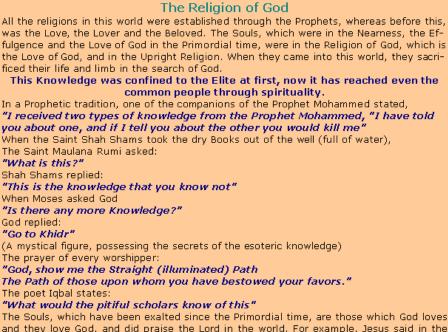
I met a guitar player who told me a story, "In my spare time, I play the guitar and chant Allah Allah with the music and sometimes when I wake up, I hear a similar melody of Allah Allah inside me." Such people became better than the other pre-occupations, in other words (better than) the people who simply jump around and sing and play but they did not achieve any Saintly status. Nevertheless, such people do possess an inclination and yearning as seekers and if they (become attached) to a Universal Master they do reach some spiritual station.

The Muslims and the Sufis in other religions attempted in many different ways to absorb the Name of God within themselves. An action that turns one towards God and increases the Love of God is not improper.

A Prophetic statement, "God does not look at the actions, but looks at the intentions."

The people who follow the orthodox theologians regard this as blamable and wrong as they become satisfied and nourished by following *Shariah* (the Laws). But those people who want to advance from following the Laws to the Love of God, or those who do not follow the written laws, why are such people prevented from adopting an alternative?

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The Souls, which have been exalted since the Primordial time, are those which God loves and they love God, and did praise the Lord in the world. For example, Jesus said in the cradle, "I am a Prophet", although Gabriel had already given the glad tidings to Mary prior to the birth of Jesus.

In respect of Moses, Pharaoh had the knowledge of the prediction that a child would be born to certain tribe, and would be the cause of his destruction, and would be very exalted in the Sight of God. The Prophet Mohammed also said, "I was a Prophet even before I came into the world."

"There are many loving and eternal souls (Godly) present in different religions and in different bodies"



In the End Times

God will send a "special soul" into the world, who will search for these loving souls and gather them and remind them that they once did love God. No matter any religious or non-religious body they are in, they will testify his call, and gather around him. He will grant these souls a very special "Name of the Lord", which will travel from the spiritual entity Qalb to the Soul. Then the Soul will meditate and chant that "Name". That "Name" will produce a new fervor, a new energy and a new love. With its light, the relation of the Soul with God will connect again.

The meditation of Qalb is the means for the meditation of the Soul. The worship meaning Salat (Prayer) and the Fasting are the means to the meditation of Qalb. Once a person's soul starts to meditate and chant the Name of God, then he is from among those people, who no longer fear the Just Balance or the Day of judgement. The more advanced meditation and worship than that of the Soul are the precursors to the Lofty Stations.

The ones, who are moving from the meditation of Qalb to the meditation of the Soul, have already entered the Religion of God, or will soon enter. They are not guided by the Books but by the Light, and are free of sin due to this. Having heard of this or inspite of putting in their efforts, if they are still deprived of this, they are not included in this *Silsi-lah* (chain). If some one thinks himself in this Silsila or imitates without the meditations of the Heart and the Soul, he is an Imposter.

- The way for the salvation of the ordinary people is worship and religion.
- The way for the guidance is the Celestial Books (Scriptures).
- The way for (obtaining) Intercession is the Prophecy and the Sainthood.

Some Muslims do not believe in the Intercession (*Shifa'ah*) of the Saints. When (it is known) that the Prophet Mohammed directed his companions to go to Owais Qarni and ask him to pray for the salvation of the Ummah (the followers of the Prophet).

The Religion of the Souls

The Love of God and the recognition of those in the Religion of God: "Into which all the rivers merge, is known as the sea". "Into which all the religions merge and become one, is the Love of God and the Religion of God". "Where the four religions meet" (the Saint Sultan Sahib)



The preliminary recognition (signs of those in this religion)

When the meditation of both, the Heart and the Soul commences, either by worship, or by the Glance of a Universal Master, in both instances the person is eternally Godly (destined to be thus from the Primordial times). The person develops a dislike for the sins and even if a sinful act is committed, regrets it deeply and thinks of the ways to prePage Title

Imam Mehdi will reform all religions

Just as after the Prophet Mohammed (the Seal of the {Prophets), the revivers came along in Islam and revived their religion according to the environment. Similarly, on the arrival of *Imam Mehdi*, the revival will end . According to (the needs of) all the religions, *Imam Mehdi* will instigate his own revival. It is mentioned in some books that he will establish a new religion. If anyone worshiped his entire life but at the end he opposed *Imam Mehdi* and Jesus, (who will come back into the world, Jesus with his physical body and the Mehdi with the "terrestrial spirits") then he is bound for the Hell like *Bilyam Bawar* and is cursed like the Satan. (Bilyam Bawar was a man at the time of Moses, opposed Moses, and will go to the Hell in the form of a dog.

If anyone spent life living like a dogs in this world, but in the end helped and assisted Mehdi and Jesus, then he will go to the Paradise. Just as the dog *Qitmir* (who was exalted only by sitting in the company of the "Companions of the Cave" and will go to the Paradise). Some sects and religions say that I'sa (Jesus) died and that his tomb is in Afghanistan. This is incorrect. In Afghanistan there is the tomb of an Elder by the name I'sa. What would be the purpose of the burial when transportation was primitive at the time and it would have taken months to travel (to Afghanistan)? Some ask how was Jesus was raised to the Celestial Sphere? We ask how did Adam descend from the Heavens? Further, the Prophet *Idris* (Enoch) is still physically living in the Paradise and *Khidr* and the Prophet *Elias* still live in the world and did not die yet.

The grandson of the grand *Sheikh Abdul-Qadir Jilani, Hayat al-Ameer* is six hundred years old (and is still alive). His grandfather Sheikh directed him not to die until he met *Mehdi* and give his salutations. The Saint Shah Latif was given the title Bari Imam by him (*Hayat Al-Ameer*). Close to Murri, (in Pakistan) is a place known as Bara Koh, the signs of the sitting place (the retreat of Hayat Al-Ameer) are still preserved there.

The punishment for physical crimes is the imprisonment, a fine or the death penalty once. If any person is on the path of the Spiritual Poverty then the punishment is *Malamah* (the Blame) and the punishment for esoteric sins or crimes is very severe. A person who slanders another, as punishment his spiritual rewards are transferred to the person who was the object of the slander. Further, greed, envy, stinginess and arrogance destroy any rewards written (on the person's record). If a person has any Light inside him, this is confiscated if that person insults, abuses or begrudges any Prophet or Saint, just as Sheikh San'aan insulted the grand *Sheikh Abdul-Qadir Jilani* and his visions and marvels were confiscated from him.

There is a story about Saint Bayazid Bostami. When he came to Know that a certain man was insulting him, the Saint granted a regular stipend for him. The man continued to insult the Saint and also to receive the stipend. Then one day, the man's wife scolded him that he should either stop taking the stipend, or stop insulting the Saint. As such, the man started to praise the Saint. When the Saint found out that the man started to praise him, he stopped the stipend. The man came to the Saint and asked that when he had insulted the Saint he was paid regularly and than why the payment was stopped.

The Saint replied, "At first, you were my employee and because of your slander my sins were being washed away, and I was paying you for that service in return, and for what should I pay you now? "

The above-mentioned sins are connected with Nafs-e-Ammarah (the Commanding Self or the Lower Self) which is aided by the Satan. Whereas piety, generosity, forgiveness, patience, gratitude, humbleness and Anwar-e Ilahi (the Graceful Theophany) are related to Qalb-e Shaheed (the Witnessing Heart), whose helper is Wali (the Saint), Murshid (the Master).

As long as there is still Nafs-e Ammarah (the Demanding Self or the Ego), the Light of any Holy Word will not be rooted in the Heart (Qalb), even if that person has memorized such words and verses, as he is still considered to be just a parrot. When this Self changes to Nafs-e Muthmayinna (the Tranquil Self), anything impure inside him exits, then he is illuminated.

In order to purify the spirit of the Self, you must search for a Purifiers, who are people designated by God and are on this (spiritual) duty. The cleanliness of the exterior of the physical body is done with water whereas the inner cleansing is with the Light. Without being cleansed a person is impure and dirty. A clean body is worthy of worshiping God, whereas a clean heart is worthy of receiving the Graceful Theophany (*Tajali*). Only then do the Holy Scriptures guide the People. The Quran says Hudal-lil-Muthaqin (the Guidance is for the Purified ones). Otherwise the people of the Scriptures turn against each other and become enemies. The Reviver Mujaddid Alf-Sani wrote in his letters that those people are not worthy of reciting the Holy Qur'an who are in Nafs-e Ammarah (the Lower Self) and that the novice must first purify himself by *Dhikr-e -Qalb* (the Meditation of the Heart), Once illuminated, then recite the Holy *Qur'an*.

There is a Prophetic tradition that some people read the Holy Scripture and the Scripture curses them. The Saint Bhulle Shah stated that there are those who deceive others, and yet carry the Scriptures under their arms.

The theologian conjures that he does his worship and vigilance for God, and that he is very near to God. After worship he asks God for good health, a long life, material prosperity, the damsels and the palaces in the Paradise. Think! Have you ever prayed and asked God that you wish nothing but only God?.

The religious Scholar conjures to be near God, and that he is saved because he has the knowledge and the Scriptures inside him. Then why does the religious Scholar give his verdict to others that they will do to the Hell, when every Muslims possesses some knowledge and

slanders the Saints?. Who is envious, arrogant and stingy? Certain intention in the heart and something else on the tongue, one word in the morning and a different word at night, who presents lies as Truth and Truth as lies?. If you are far from these things, then you are the vicegerent of the Prophet and it is then disrespectful to even turn one's back to you.

Allama Iqbal said:

Looks like a Reciter (of the Scripture), but is the Scripture (himself) in reality

If you are lost in the characteristics mentioned above, then you are the one described by the wolf who said that if he had indeed eaten Joseph then may he be raised as a religious Scholar of the "fourteenth century" (Islamic, our present time.)

The Straight Path

1. Those, who are exoterically pious but esoterically dark, are the cause of the mischief in the religion and are the successors of the Satan. It is mentioned in a Prophetic tradition, "Be fearful of and stay away from the ignorant priest (Scholar) whose tongue speaks the knowledge but whose heart is ignorant (and dark)."

2. When Batin (the esoteric aspect) is well but not zahir (the esoteric), they are *Majzoob* (the Enraptured), disabled, stagnant or solitary.

"Those who have lost their senses in passionate Love, then what for the

accountability on the Day of Judgement."

(Taryaak-e-Qalb, by His Holiness Gohar Shahi)

Majzoob are a problem for *Shariah* (the Law); However, they are in the Nearness with the God. The elevated ones are affirmed, but the imitators are the Imposters. They treated such dignitaries as Benazir and Nawaz Shariff during their reign with obscenities and poking them with wooden sticks. Can you treat this way to anybody in power? But then, this is restricted to Majzoob, not others.

3. Those whose outer and inner faculties are illuminated , do engage themselves in following the Law as well as practicing Qalb meditation.

They are Alim-e-Rabbani (Godly Priests) and the Inheritors of the Pulpit and the religion of the Prophet. When a person's physical and spiritual aspects unite and become as one, he is known as Naib Allah (the Vicegerent of God). If he performs a pilgrimage spiritually, he is rewarded as if he performed physically and rewarded even more. The worship (Salat) by such souls is considered as a physical worship (but superior in reward). If they worship physically, it is elevated in the spiritual Realm. It is these people whose bodies are in one place and the souls are in another place. In the faculty of Faqr (the Spiritual Poverty), they are also known as *M'aaraf* (Gnostics). Whereas for Ashiq (the passionate Lover of God), the Vision and the Sight of God are enough. Some people say that one cannot see God. The knowledge of beholding God began from the Prophet Mohammed. According to Abu Hanifa (the eminent Muslim Imam) he has seen God ninety-nine times. Bayazid Bostami (The Muslim Saint) said that he has seen God are unaware of the meditation and the teachings of Anna.

Wali (The Friend of God)

Some people regard a person to be Wali (the Friend of God) due to his revelation, marvel and graces. But, if you are disheartened with any of his acts or religion then rather than insult or abuse him, it is better to stay out of his path. Who knows? He (the Saint) may be exalted in the Sight of God. A person may be Sheikh Baqa (an Elite, who survived after annihilation in the Path) or some Laal Shahbaaz or a Khidr or Sai Baba or Guru Nanak or Bhulle Shah or a person may be an eternal Lover of God (all eminent spiritual figures).

A Revolutionary Message from Gohar Shahi to the Entire Humanity

"A Muslim says that I am the best of all, whereas the Jew says that his status is better than that of the Muslim, the Christian says that he is better than both and even better than all other religions because he is from the followers of the 'Son of God' (Jesus.)" Gohar Shahi says: "The best and most exalted person is the one, who has the Love of God in his heart, even if he has no religion."

"The verbal chanting, praise and worship is the proof of obedience and submission to God, whereas the practice of Qalb meditation is the way to the Love of God and Access to God."

"The appointed ones (for the Godly work) are endorsed and the imitators are the infidels."

"The one who claims a false Prophecy is an infidel."

One who falsely claims Sainthood is close to infidelity. Wali (the Saint) literally means a Friend (of Cod) and it is a condition of friendship that a percenthas at least met and talked to his

have to do and they are not for you."

Every worshiper prays and asks God that he be guided on the Straight Path of those who were favored by Him. When his soul reaches Baithul Mamoor (the Realm of Spiritual Appointments), it is the real worship, which continues even after death. Similar to when the souls of all the Prophets worshiped in the Dome of the Rock in "the Night of the Ascension". Further it is important to strictly follow *Shariah* (the Law) till one reaches the Vision of God. Of course, God has created a change for better for the lazy and sinful ones. The meditation of Qalb is an atonement for their sins and the lack of worship. At some point, this meditation

could take them to be the Lovers of God and enlighten the souls. When you have missed your prayers (Salat), practice the chanting of the Name of God Allah while standing, sitting and even while you are on your backs. (The Scripture)

The nearness, the allegiance, the spiritual grace and the prayers of Saints can become a means of good fortune for the sinners and can even save them from the Hell. Just as, when the Prophet Mohammed directed his companions to Owais Qarni with the instruction that he pray for the salvation of the sinners of the followers of the Prophet. Generosity, practicing austerities, and martyrdom can also become a means of penance and salvation.

God also likes humility, repentance and the weeping of a person. As a result of these measures, God forgave even a person as Nasooh who used to assault dead women and steal their shrouds (Scripture.)

One day Jesus asked Satan, "Who is your best friend?" Satan said, "A pious one who is stingy." Jesus inquired as to why and the Satan replied that such a person's stinginess destroys all his good deeds. Jesus then asked the Satan as to who was his worst enemy to which the Satan said, "A generous sinner." Jesus again inquired the reason, to which the Satan replied "that person's generosity washes away all his bad deeds."

The love of the servants and the Creation of God, the Truth and the Justice are the means for the Mercy and the Grace of God.

The famous scholar Iqbal, a young boy at the time, was returning from school one day, when he saw a bitch following him. He climbed up the stairs (of his house) and she continued looking at him in sorrow. He thought she was hungry. His father had left him a pancake. He gave her half the pancake, which she ate immediately after which she stared at him again in sorrow. He then gave the other half of the pancake to her as a result of which he remained hungry for the rest of the day. At night, his father had a dream that God liked the good deed of his son and exalted him with the Grace of God.

While hunting, Sabaktgeen took a doe (a baby deer) from the jungle and he saw that its mother was following behind his horse. He stopped and saw that the deer stopped too and turned its face towards the sky. Sabaktgeen noticed tears in her eyes. Then he freed the doe. Thereafter, Sabaktgeen was showered with so much Mercy and Grace of God that he used to often weep over the Name of God.

Maulana Rumi stated:

"A moment in the company of a Saint is better than a hundred years of sincere worship."

There is a Holy Tradition that relates:

"I become his tongue with which he speaks, I become his hands with which he holds." (In relation to the Saints.)

Abu Zarr Ghaffari states:

"The people will recognize a Saint on the Day of the Judgement, and say to God that they had provided water for his ablution. A voice will be heard, 'forgive him'. Another will say to God that he had clothed or fed the Saint and it will be said, 'Forgive him also'. Countless individuals will be forgiven because of the Saints".

Allah's wrath is not beheading for a day for the ones who wage war against Him, they are cut off from the Faith (in this world), and for the entire Afterlife in the Hell, they will be painfully be healed everyday.

Similar to Bilyam Bawar, who was a very learned theologian and a devout, as he became the enemy of Moses he was sent to the Hell.

People say that you find the Lord through Ibadah (worship) We say you find the Lord through the Heart

The worship is a way to purify the heart. If the worship did not do it, then you are far away from the Lord. A Holy tradition states, "God does not look at the actions or at the faces, but He looks at the intentions and the hearts." Certainly, the worship can take you to the Paradise, but the Paradise too is far away from the Lord.

"The esoteric knowledge is for the people who desire the Love, the Nearness and the Realization of God without caring for the damsels and the Paradise." According to the Scripture:

God makes them meet any Wali (Saint), Murshid (Master).

When God favors a servant because of his certain coquetry, He glances at him with affection. His Glance with affection effaces the sins of the servant, including the ones sitting in his company. The Friends of the Lord, 'the Companions of the Cave', were sleeping or were on a 'meditative journey', and God cast glancing at them with affection, and their companion dog will go to the Paradise becoming *Hazrat Qitmir*. When *Sheikh Farid* came in a Glance of God, a shepherd sitting by was also illuminated.

When God favored Abu al-Hassan Kharqani liking some of his coquetry, a course of mutual

people how Beneficent God is, nobody would prostrate Him again. God then said to the Sheikh, "Do this, don't you tell (about Us), We won't tell (about you) either."

When Zaid was presented (before Prophet Mohammed) for the third time charging him of consuming alcohol, the companions of the Prophet cursed him for repeating the same crime. The Prophet then said, "Do not curse Zaid, as he loves God and His Beloved. *The ones, who love God and the Prophet, can not go to the Hell.*"

Indeed God loves all His Creation, and looks after them. He even provides for the inept insect inside the stone.

Just as disobedient children are punished and severed, similarly He becomes *al-Qahhar* (the Dominator) for the disobedient and the arrogant.

Believe this: God wishes to see you also, but you are unaware, unmindful or ill fated. What people look at (face), you wash it every day with soap, apply cream (to it), and trim beard, but have you ever washed what God will look at? (The heart) There is a prophetic tradition:

"For every thing, there is a cleanser, and the cleanser of the hearts is the meditation on the Name of God."

"Pure (platonic) love is also connected with the heart. The ones, who simply utter 'I love you', are deceitful."

"Love is not done, it happens with whomever enters the heart."

"To have God into the heart, there is contemplation, meditation of Qalb, and Allah's Wali (a Saint)."

":The engine of a vehicle does not take us to our destination at its own without the relevant parts of the vehicle."

"Similarly, Salat (the Prayers) is imperfect without first mortifying the Self and purifying Qalb." "If you think that your (ritual) payer is perfect without these essentials, and that you have achieved the Paradise. Then why do you call others infidels, apostates, and hell-bound when they too pray? The only difference is that the people are riding on different wagons (religions and sects), whereas they are the same inside (dark). There is a difference of the creed only, which will remain in this world, and only the souls inside will go forth."

"There is a prayer on the tongue yet obscenity, greed, and envy in the heart; this is called a ritual Salat (a prayer in appearance only). The common folks remain (falsely) content with it, and continue to be the victims of sectarianism. They preach the religion causing mischief within. For example: you followed certain sect (a set of rituals) for ten or fifteen years practicing its worship, then you changed to a new sect considering that right. This means that the first sect you followed was false. A false worship is not acceptable (to God). In other words, you wasted the ten or fifteen years of worship that you did. It is also possible that the new sect you join is false too. In that case you lost your past and your future worship. When the blindfold was removed, one found himself at the same spot like the circling Buffalo." Instead of wasting your life, it would be better if you find a Universal Guide (a Saint).

The tenets of His Holiness Gohar Shahi

"Place the pious ones and the worshipers of all the religions in a row, ask God, "which of them would you like to see?"

Just as your eyes spot a shining star, whether it be Mars or Mercury or a nameless star, similarly God looks at shining hearts whether they be in a religion or not." "Without love of the Beloved O' Sachal, what is belief and what is disbelief?"

"In search of God, you run to the Temples, the Churches, and the Mosques, etc. Is there a proof in the History that anyone ever saw God sitting in a place of worship? O' innocent, the dwelling-place of God is your heart. Bring God into your heart, then you will see the places of worship, and the worshipers run towards you. The Saint Bayazid Bastami said, "I circumambulated Ka'aba for long time, and when God came inside me, Ka'aba is circumambulating me for long time". These places of worship are the places of recompense, whereas the Heart is home. You will call God in the places of worship, while God will call you in the Heart."

"Nowhere in the destiny of the intellectual is a delight of passion It is the lovers who squander away everything Allah Allah by doing, you will not find God

It is those of God who make you meet God."

"Every religion maintains that its Prophet is most eminent. This tenet was the cause of wars among 'the People of the Scripture'. It is better you reach the gathering of the Prophets through spirituality (illumination), only then will you find out the ones in that Realm and their ranks."

Friends!

It was for this time that God mandated:

Sayings of His Holiness Gohar Shahi:

"The Terrestrial Spirits of all human beings are re-incarnated many times in other bodies. The Souls of the pure ones (illuminated) go into the bodies of the Pure. The Terrestrial Soul of Prophet Mohammed was held for Imam Mehdi. Just as any separate part of the Prophet Mohammed's body (hand or leg) can be said the jewel of Amina's eyes (the Prophet's mother), similarly it can be said about any part of Celestial Soul of Prophet Mohammed that it is the son of Abd-Allah, and the jewel of Amina. The Souls of Ahl-e Baith (the Prophet's household) are included in the Prophet's family."

An important Point:

Mahdi means the one who will guide. <u>Mehdi</u> means the <u>one of the Moon</u> (Whose face will appear in the Moon). [As in the names Mehnaz (a Beauty), and Mehtaab (Beautiful as the Moon)]. **Mohammed Younus al-Gohar**

Important note:

God addressed every Prophet by a special name, which became a means of recognition and *Kalima* (the Motto) for the followers of the Prophet. These names were in God's own *Suryani* (*Syriac*) language. By its declaration, one enters *Ummah* (community or nation) of the Prophet. A three-time declaration is obligatory. After entering the nation of a Prophet, one becomes purified to the extent of its litany. At the time of affliction (in life), it rescues. It also helps reduce the reckoning in the grave. Even the declaration of *Kalima* (the Motto) is a condition for entry into the Paradise.

Every follower should memorize *Kalima* (the Motto) of the Prophet, and chant it day and night as much as possible. You can read the Scripture in your language for guidance, but the recitation in original language brings more spiritual grace in the worship.

Kalima (the Mottos) of the Prophets

Kalima of the Christians: LA ILAHA ILLALLAH I'SA RUH-ALLAH. There is no deity but Allah; Jesus is the Soul of God. Kalima of the Jews: LA ILAHA ILLALLAH MUSA KALIM-ALLAH. There is no deity but Allah, Moses speaks with God. Kalima of the followers of Abraham: LA ILAHA ILLALLAH IBRAHIM KHALIL-ALLAH. There is no deity but Allah; Abraham is the Friend of God. Kalima of the Muslims: LA ILAHA ILLALLAH MOHAMMED RASUL-ALLAH.

There is no deity but Allah; Mohammed is the Messenger of God.

The Hindu and Sikh are a link of the religion of Adam and the religion of Noah. The custom of idol worship started in the Hindu faith due to Adam's reverence for *Hijr-e-Aswad* (the Black Stone). The survivors on Noah's ark propagated (their beliefs) after reaching India, and their Gurus also received spiritual grace from *Khidr* (*Vishnu Maharaj*). In their prayers (benediction), the Hindus call Adam as *Shankerji*, *Shivji*, *Mahadev*, and *Kidr* as *Visnu Maharaj*, *Krishanji* and *Ramji*. A sect among Hindus reveres *Fathima* invoking with expressions such as *Durga Mai*, *Laxmi Devi* and *Matha*. They also call *Eve* as *Parvathi*. Guru Nanak taught a litany to his followers, "*Ishwar*, *Allah are Your Names*, *You are Ram*, *You are Rahim too*."

A follower of any religion may have certain language of his own, but *Kalima* (the Motto) in *Syriac* language (of God) is for the recognition and salvation. The chanting of the Name of God and *Rasul* (the Messenger) is necessary at least (33) times morning and evening for the common folks. To be protected from worldly hardship, it must be done (99) times a day or as much as possible. To avoid calamities (in life), it must be (5000), (25,000) or (72,000) times a day. It can be done in one sitting. The ultimate figure is (125,000) times a day.

In order to purify the heart and to efface the dark patches of sins (on the heart), (there is a discipline of chanting) with every breath, while inhaling *LA ILAHA ILLALLAH*, and then concentrate on the Heart while exhaling. In acquiring the Love and the Friendship of God, there is another method that is difficult without a Favor of God. As described in this book, the heartbeat is regarded as a rosary, and only the Pure Word *Allah* is synchronized with every heartbeat. Practice this daily as much as possible. Some aspirants acquire this by concentration and others without concentration also, yet others do it after reviving (illuminating) their *Qalb* and the Soul, when this meditation can start automatically all the time.

The chanting of *Awliya* (the Friends of God) is (72,000) times daily, whereas the chanting of *Ashiq* (pure Lover of God) reaches up to (125,000) times. If the spiritual entities (inside

a person) also engage in chanting, then this invocation is beyond the reckoning of the Angles (*Karaman Kathibeen*).

(Taryaak-e-Qalb by Riaz Ahmed Gohar Shahi)

Besides the Name *Allah*, the followers of Religion should try to absorb the Name of their Prophet also onto the heart, so that the Name *Allah* is balanced. In the states of ecstasy, absorption or majesty, continue repeating *Kalima* (the Motto) of the Prophet until that state no longer exists. Further, visualize a spiritual guide, whom you have personally seen, so that the guide's spiritual power inscribes the Name *Allah* onto your heart. God has the knowledge of the servant as to who holds his destiny (a share of spiritual grace) or if it

exists at all. During the practice of this discipline, the aspirants should visualize the names of the five *Rasul* (the Messengers) in sequence, and visualize any Saint also they have personally seen, and trust. Then, whosoever you belong to will speak inside you. In other words, your direction, love and the Heart will incline towards him.

The people of the Scriptures (*Ahl-e Kitab*) were gathered on one platform in the past. Eating and drinking together and marriages among them were permitted. Similarly in our present time, *Ahl-e-Dhikr* (the people possessing the meditation of the Name *Allah*) will unite. The people of the Scriptures were gathered temporarily, as the Scripture was on their tongue, and lost the touch later. But the unity among *Ahl-e Dhikr* will be permanent because the Name *Allah*, and Its Light will be present in the blood and the Heart. A disease that enters the bloodstream once, or when love for someone roots in the Heart, it is difficult to let it out. Water is a common commodity, while its friction transforms into electricity; the milk is churned into butter. Similarly, a litany of the original verses of the Celestial Books generates Light. A litany of the verses and the attributive Names (of God) generate attributed Light. Its access is up to the Angels, and is by virtue of mediation. This is the station of *Wahdat al-Wujjud* (the Unity of Being). But, the access of the Light by the litany of the Name of the Essence (*Allah*) is to the Essence, which is without mediation, and is related to *Wahdat ash-Shuhud* (the Unity of Contemplation).

Many people revere, believe, and love the Prophet and Saints of their religion, but they possess malice, perverseness, and enmity towards the Prophets and Saints of other religions. Such people cannot attain any status from God, because whom they reproach are also from among the Friends of God, and assigned by the Will of God to different religions and nations.

A few Eyewitness Events of the Loving souls

An event of an eternally (favored) soul:

Once I was passed through a jungle in the United States at about midnight, I noticed a man rumbling in prostration in front of a tree; I returned there an hour later; he was still in the same position. I approached him, and stopped. He raised his head feeling my presence, and said, "Why did you disturb me?" I replied, "I am also searching for God, but how could you find God through a tree. You will be better off searching for the Lord through any religion." He said, "I do not know the original languages of the Bible, the Qur'an or other Celestial Books, and I am not satisfied with their translations either, as there are serious contradictions therein. Therefore, it cannot be believed that one God sent them. In one

book it says that *Jesus* is my Son, whereas in another Book He does not have a Son. I have wasted a lot of time and my life in their study. I have now adopted another approach: this tree is so beautiful, this means that God loves it, and may be my access to God will be through it." This (man) was some eternal loving soul, who was in search of God by his own intellect. Can such people, who are called 'disabled', go to the Hell? They are dogs, extolled as *Qitmir*, whereas *Qitmir* did not have any religion. (A dog, which was exalted by God, will go to the Paradise).

An experience of Miss Katherine of Arizona:

She said, "Angela (a friend) initiated me with *Qalb* meditation. She said that if I felt the Name of God (*Allah*) vibrates in my heart within seven days, I should consider myself accepted by God. Otherwise, my life was useless. After seven days of effort, I did not feel any vibration. I agonized over it one night, and beseeched with God humbly and earnestly. That same night the meditation of the Name *Allah* started to vibrate inside me, and continued for three years." Katherine does not concede growing old but a healthy lifestyle. Similarly, she does not acquiesce in religion but in His Love. She says that the Love of the Lord is increasing in her heart with this meditation, and that this is enough for her.

A meeting with a Hindu Guru:

I was in the mountains of *Sehwan* at the time. Sometimes I used to visit the tomb of the Saint *Laal Shabaz*. I noticed a man sitting in the corridor outside the tomb, and many people of the Hindu Faith gathered around him in affection. I asked, "who is this holy man?" They said that he was a Hindu Guru, enlightened too, and their wishes reached the Saint *Laal Sai* through him, and were fulfilled. Many Muslims also respected him.

Passing a hill one-day, I saw the same man prostrated in front of an idol, rumbling something. The next day, when I met him at the tomb; I told him that I did not understand why an enlightened person like him would worship an idol made of clay. He replied that he did not believe the statue to be any God either, but it was his belief, which was written in the book (of Muslims) also that God created man in His own image. For this reason, he

carved many images and worshiped them hoping that one might resemble God. He said to me "you are enlightened too, tell me what does God look like, which statue resembles the face of God so that I absorb that image onto my heart?"

My age was about sixteen or seventeen years. One day I was reciting a Holy chapter at the tomb of Saint *Baba Gohar Ali Shah* (one of my ancestors). When a tall man with an appearance of a dervish came in front of me and said, "you are doing the impossible?" He was saintly in appearance, so I remained silent, but I thought that he was some Satan, who was stopping me

to recite the Holy chapter vocally as I was advised; I would then be silent waiting my heart to recite it; I would then hear it coming from my heart. One day I was joyfully practicing it, when the same man came in the same appearance and said, "Now, you are 'reciting' the Holy Scripture."

"A cure is not found till the medication goes into the stomach Nothing is achieved till the Scripture of God descends into the Heart He read this poem: Verbal declaration everybody does, Heart recitation do but a few

Heart affirmation is done by lovers, what would our verbalizing friends know."

After I had completed my prayers in the Mosque of *Data Darbar*, I noticed that an elderly man was tidying the shoes of the worshipers. I felt that this man was only tidying shoes, and did not say his prayers (*Salat*). While leaving, I said to him, "As you did not say your prayers, what do you hope to gain by tidying shoes?" He said, "I have not prayed my whole life, and what hope of forgiveness can I now have in this old age for the missing prayers? I have a ray of hope that among all these people, there would be at least one Friend of God; the Friend of God or God himself would be happy with this act." I told him that there was no act greater than the prayer. He then retorted, "There is nothing greater than the Friend (God), only if one could make Him happy." Three years later, when my spiritual seclusion ended, one day I journeyed (spiritually) to a gathering of the Prophets, and saw the same man sitting at the feet of the Beloved. I then remembered this couplet:

The sinful reached the Holy Court The devout and chaste stood watching

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A Personal Introduction of His Holiness Riaz Ahmed Gohar Shahi

His Holiness was born in the Indian sub-continent on 25th November 1941, in a small village of Gohar Shah in the district of Rawalpindi. His mother is "*Fatimi*" a descendant of the Prophet Mohammed's daughter *Fatima*. She is of *Sa'daat* lineage (descendant of the Prophet Mohammed) as she was the daughter of one of the (paternal) grandsons of *Syed Gohar Ali Shah*. The father of His Holiness is the descendant of one of the (maternal) grandsons of Syed Gohar Ali Shah and his grandfather was linked to the Mughal family.

His Holiness was attracted towards the tombs of the Saints from an early age. The father of His Holiness states that His Holiness used to disappear from the age of five or six years, and used to be found sitting next to the tomb of the Saint Nizam-Uddin Auliya (in Delhi) on searching for him. His father further states that he felt as though His Holiness (at young age) was talking to the Saint Nizam-Uddin Auliya. This was at a time when the father of His Holiness was settled in Delhi.

In March of 1997, Gohar Shahi visited India and (during his visit) he went to the tomb of the Saint Nizam-Uddin Auliya. On the direction (spiritual) of the Saint *Nizam-Uddin Auliya*, the attendant of the tomb, Islam-Uddin Nizami (a descendant of the Saint Nizam-Uddin Auliya) honoured His Holiness by placing a "turban of honour" on his head, close to the headside of the resting Saint.

From an early age whatever His Holiness uttered, would happen and his father would fulfil every request and demand of His Holiness for this reason. His father says "Gohar Shahi, as is the daily routine, comes into the lawn every morning, and upon his arrival I stand up out of respect for him." He states that Gohar Shahi gets upset at this, and says that as he is my son, he is embarrassed by this and that I should not stand up in this way. I say to him on every occasion, "It is not to you, but because of what lives inside you, I stand up out of respect."

The headmaster of the primary school in the village of Nuri says, "I was known in the area as a strict teacher and I used to chastise unruly children." He (Gohar Shahi) would arrive at the school late and whenever I was angry and wanted to punish him, I felt as though someone had taken hold of my stick, and in this way I would start smiling.

Comments made by the family and friends of Gohar Shahi

"We have never seen him fighting, arguing with any person or beating up on any person and if ever a friend would be angry with him and come to fight with him he would just laugh."

The wife of His Holiness states:

"In the first instance, he is never angry, and if he is angry, it is very rare and this is usually relating to some obscene matter." In relation to the generosity of His Holiness, she says, "In the morning when he goes to the lawn his pockets are full (with money) and when he returns his pockets are empty."

He gives all the money to the needy and when I need some money he makes a face, and this upsets me. Then she looks at his innocent face and reads the couplet:

He is very generous at the Heart; he sits having given away everything.

The sons of His Holiness Gohar Shahi and their views about him

"Our father loves us dearly and takes a good care of us but whenever we ask for money he gives us a very small amount and says that we will waste it. It is then that we ask him to make us Dervish too, or give us some money."

The mother of His Holiness Gohar Shahi and her views

As a child, if he did not go to school or (later in life) if he suffered a loss in his business, I would criticize him but he never raised his head in response. A Saint, Kakka Mian from the village of Shams would say, "Don't curse Riaz, whatever I see inside him, you are unaware of it."

He is such a sympathizer for others that if he heard a bus had broken down eight or ten miles away, he would have food prepared for them and taken it himself on his bicycle.

A close friend of His Holiness Gohar Shahi, Mohammed Iqbal of Fazoliyanh

Mohammed Inhal states that they (His Holiness and Inhal) would sometimes walk across

He would walk on the path ignoring the ants when (His Holiness) would walk around and in the mud to ensure no harm came to the ants. When His Holiness was accused of murder, Qudoos Sheikh of the crime branch came to investigate. The locals told him that in their view, Gohar Shahi would never have killed a mosquito let alone the murder of a human being.

An Aunt of His Holiness Gohar Shahi

At the time I was a student in the Eight Grade. One day my Aunt who was religious and a keen worshipper (who possessed envy and greed which is commonly found among the religious and the worshippers) said that everything else was right about me except that I did not say my prayers. I said to my Aunt that the prayer was a gift sent to God and I did not want to adulterate my prayer with stinginess, arrogance, envy and grudge and send it to God. I told her that I would pray when my prayer was proper and right (unadulterated) unlike people like her who say their prayers and at the same time commit grave sins like back-biting, slander and falsely accuse others.

His Holiness Gohar Shahi talks about his childhood

"From the age of ten and twelve, I used to talk to the Lord while in the Dream State and I was able to see the Realm of Communication and Commandments, but I was unaware of its reality. After the completion of my spiritual seclusion when the same communication, visions and sights came again, their reality became clear."

I had an Uncle in the army who used to visit brothels. As his family would object to this, on one occasion he took me with him so as his family would not suspect (his intentions). I had no understanding of brothels and prostitutes, he would give me some tea and biscuits (leave me waiting) and would go inside the brothel himself. He would tell me, "this is an office for women." A few days later my heart was upset with this place, when my Uncle said to me, "they are women and God made them for this purpose," in other words, he tried to involve me also. My Uncle's words disturbed me. I was unable to sleep due to the heaviness then suddenly I fell asleep.

I then saw a large round elevated stage and I was standing under it. I heard a loud voice from above it saying, bring him forth and I noticed that two men who had a hold of my Uncle brought him forward. They pointed towards him and indicated that he was the one. The voice was heard again and said beat him with the metal bars, upon which the men started beating him. He then screamed and wailed and continued to scream, and eventually his face turned into that of a swine. The voice then said, "if you became involved with him then you would be treated in the same way." I then repented, sought forgiveness after which I woke up with these words on my tongue, "my Lord I repent, my Lord I repent" and the effects of this dream remained with me for many years.

The next day when I was travelling towards my village on a bus, I noticed that some thieves were attempting to take a cassette player from a taxi. The driver shouted at them as a result of which they took out their knives attacked and killed him. Our bus witnessed this scene and stopped. The thieves then saw us and escaped. The driver died in agony before our eyes. I thought in my mind that life could not be trusted. I slept that night and heard this poem echoing inside me: "Forgive all my errors, I have come and fallen at your (Holy) court."

The whole night passed weeping. Some time after this event, I renounced the material world and went to the tomb of the Saint *Jaam Dataar*. I did not find any solace there and my brother-in-law brought me back to the material world (home.)

At the age of thirty four the Saint Bari Imam appeared in front me and said, now was the time for my return to the jungle. After three years of spiritual seclusion, when I achieved something I returned to the tomb of the Saint *Jaam Dataar*. The Saint (came out of his tomb) and appeared in front of me. I said to him that if he had accepted me (initiated me) when I first came to him I would have been spared the material life (that I had lived before I went to the jungle.) The Saint replied, "It was not your time then."

A few facts about the esoteric personality of His Holiness Gohar Shahi

At the age 19, the spiritual entity *Jussa-e-Tofiq-e-Ilahi* was attached (to His Holiness.) It remained for a year and (His Holiness) he tore away his clothes wrapped a piece of clothes around his waist and went to the jungle of *Jaam Dataar* due to its effect. The said spiritual entity was given for a temporary period of time. It disappeared for fourteen years and then it was this spiritual entity that was responsible for his return to the jungle of Laal Bagh in 1975.

At the age of 25, the "spiritual entity of Gohar shahi" was exalted and made the

The spiritual entity *Jussa-Tofiq-Ilahi* and the spiritual entity *Tifl-e-Nuri* are spiritual entities which are very special and far superior to the Souls, the Angels and (ordinary) spiritual entities. The former like the Angels have a direct connection with God and their station is Ahadiat (the Realm of Divine Oneness).

At the age of 35, on the fifteenth night of the month of Fasting in 1976, a spiritual seed (entity) of light, was placed in *Qalb* of His Holiness. Some time later for education and training (His Holiness) was called to many different Realms and Spheres. On the fifteenth night of the month of Fasting in 1985, that spiritual seed of light transformed into the spiritual entity *Tifl-e-Nuri* and it was completely handed over (to His Holiness) as a result of which His Holiness was honored in the highest and most superior "gathering of the Prophets" and the crown of glory was placed on his head.

Reasons for celebrating the days of "Appointment and Ordination" of His Holiness Gohar Shahi

On the 15th of the Fasting month in 1977, the process of special inspiration (communication) from God started. The promise of *Radhia-Mardhia* was made by God (acceptance of each other's Will) and His Holiness was exalted.

In 1978, His Holiness came to Hyderabad and the process of guidance and teaching started, and before our eyes this message spread all over the world. The Hearts of thousands of individuals are meditating with the Name of God Allah and thousands of individuals had the Name Allah inscribed on their hearts and they were able to see the Name written on their Hearts.

Thousands of individuals achieved (illumination) "vision of the graves" (whereby they were able to see into graves) and "vision of the Prophets gatherings" (whereby they were able to attend the most superior Prophetic gathering.) His Holiness has cured thousands of people with terminal diseases.

After receiving teachings and guidance from His Holiness Gohar Shahi, the People from all religions, every nationality and race started to find the Love of God and started to reach the Essence of God.

"By God! I too am from amongst those people on whose Hearts

The Name Allah is beautifully written and shining."

Sheikh Nizam-Uddin, Maryland, U.S.A.

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Fight Against Corrupt Religious Leaders. Help Document Blaphemy Abuses



"The religious Scholar conjures to be near God, and that he is saved because he has the knowledge and the Scriptures inside him. Then why does the religious Scholar give his verdict to others that they will go to the Hell, when every Muslims possesses some knowledge and memorizes many verses of the Scriptures? Think! Who sells knowledge? Who yells? Who slanders the Saints?. Who is envious, arrogant and stingy? Certain intention in the heart and something else on the tongue, one word in the morning and a different word at night, who presents lies as Truth and Truth as lies?. If you are far from these things, then you are the vicegerent of the Prophet and it is then disrespectful to even turn one's back to you. " *Gohar Shahi*

Latest News

Given the extremely sensitive nature of this situation, The followers of His Holiness Gohar Shahi in London, England, are organizing a peaceful demonstration to draw attention of the authorities on this humanitarian matter.

Protest against the Abuses of SECTION 295 (PPC) - (Blasphemy Laws in Pakistan)

R.A.G.S is an international organization, consisting of membership from all religions and races.

Pursuant to section 295 of the Pakistan Penal Code and based upon personal enmity and religious hatred, the authorities in Pakistan and fundamentalist religious groups have conspired, and without proper investigation, they have instigated hundreds of false cases resulting in court sentences being passed and forcing many to leave the country. The authorities in Pakistan and the general public must be concerned with this issue of improper investigation of allegations of Blasphemy and the continuous abuse of the Blasphemy Laws (295-A/B/C). It has spared nobody as a result of the abuse of section 295. Christians, Hindus and even leaders of Muslim organizations have been sentenced by the courts and false cases are continuously being instigated.

When Ayub Masih was given the death sentence, Bishop John Joseph of Faisalabad died committing suicide by shooting himself (in protest) outside a court in Sahiwal. Hindu leader Narain Das was remanded in custody after a case was filed against him under section 295 in a Mirpur Khas court in an attempt to make him the subject of a court sentence.

In addition to the spiritual leader His Holiness Gohar Shahi, Ahmadi leader Mirza Tahir, Shi'a scholar Ja'afar Jatoi and many other Ahmadi, Shi'a and Muslim leaders have been involved in false cases pursuant to section 295 and have either been imprisoned or have been forced to flee the country. It must be remembered that it is only one religious group is attempting to eradicate all other groups in order to gain the power and dominance. To begin this international protest we intend to demonstrate outside the United Nations office and the Pakistan High Commission in London. Those people wishing to participate in this protest are requested to contact us immediately on the telephone numbers given below so as a date can be fixed.

We Demand:

- Pakistani government officials for independent judicial inquiries to investigate blasphemy charges against Holiness Gohar Shahi, and his followers.
- The trial should be fair and open to observers from the diplomatic community, non-government organizations, the media and other interested parties.
 - The sentences be upheld in the event of cases being proven and in the absence of evidence false accusers and witnesses be punished severely.

Contact Information: E-mail: zafar1es@hotmail.com, younus38@hotmail.com Telephones: 0771-408-1900, 0794-6451450,0786-762-7589, 0783-337-4251.

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Those, who are exoterically pious but esoterically dark, are the cause of the mischief in the religion and are the successors of the Satan. It is mentioned in a Prophetic tradition, "Be fearful of and stay away from the ignorant priest (Scholar) whose tongue speaks the knowledge but whose heart is ignorant (and dark)." *Gohar Shahi*



Latest News

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Poorly written Blasphemy Law 295 (PPC) serving in advantage of the corrupt officials and religious leaders.

Pakistan Penal Code (PPC) Blasphemy Sections

295. Injuring or defiling place of worship, with intention o insult the religion of any class. Whoever destroys, damages or defiles any place of worship, or any object held sacred by any class of persons with the intention of thereby insulting the religion of any class of persons or with the knowledge that any class of persons is likely to consider such destruction, damage or defilement as an insult to their religion, shall be punished with imprisonment of either description for a term which may extend to two years, or with fine, or with both.

295-A. Deliberate and malicious acts intended to outrage religious feelings of any class by insulting its religion or religious beliefs.

Whoever, with deliberate and malicious intention of outraging the religious feelings, of any class of the citizens of Pakistan, by words, either spoken or written, or by visible representations insults or attempts to insult the religion or the religious beliefs of that class, shall be punished with imprisonment of either description for a term which may extend to ten years, or with fine, or with both.

295-B. Defiling etc. of copy of Holy Qur'an.

Whoever willfully defiles, damages or desecrates a copy of the Holy Qur'an or of an extract therefrom or uses it in any derogatory manner or for any unlawful purpose shall be punishable with imprisonment for life.

COMMENTARY

Act of defiling or desecrating if done consciously and deliberately with or without the intention to damage and destroy the honor, respect and greatness of a person in the eye of public in general or with the purpose to satisfy one's own feelings shall be a willful act bringing the case within the purview of S. 295-B P.P.C.

Appraisal of evidence. Defilement. Prosecution witnesses travelling in the bus were strangers to the accused having no reason to level false allegations against him. Accused had been taken into custody in the bus when he was uttering derogatory language for the Holy Qur'an and produced a copy of it from the bag with a pair of shoes placed by him in his feet in the bus. Accused had been proved to be mentally fit and was apprehended on the spot with the recovered articles. Prosecution witness were truthful and inspired confidence. Conviction and sentence of accused were upheld in circumstances.

(i) Keeping copy of Holy Qur'an in a bag with a pair of shoes and that too in the feet would be defilement of Holy Qur'an punishable u/s. 295-B. defilement would be presumed and proved when it was done voluntarily without lawful excuse. In such case, it would not be necessary for prosecution to prove that accused acted willfully.

(ii) Physical dishonor of Holy Qur'an would constitute offence u/s. 295-B. word "defile" in Section 295-B is not confined to spiritual disrespect but also includes physical disrespect like placing Holy Qur'an with pair of shoes.

Defilement. Disrespect, if willful, shall be covered by the definition of "defilement" constituting an offence under Section 295-B PPC.

Intent of Section 295-B PPC. Physical respect of the Holy Qur'an and spiritual feelings with its teachings can not be separated from each other.

"spiritual respect" and Physical respect". Distinction. Spiritual respect is a matter of understanding of an individual with reference to his knowledge and wisdom which is not common, but to show physical respect and honor to the Holy Qur'an is a legal, religious and moral duty of person. Spiritual respect and honor is a matter of an individual relating to his thinking whereas physical honor and respect is a matter of his visible action.

Word defiles" as used in section 295-B PPC. Meaning, import and extent of its application.

Words "willfully defiles" occurring in Section 295-B PPC. Meaning.

295-C. Use of derogatory remarks, etc., in respect of the Holy Prophet. Whoever by words, either spoken or written, or by visible representation, or by any imputation, innuendo, or insinuation, directly or indirectly, defiles the sacred name of the Holy Prophet Muhammad (Peace be upon him) shall be punished with death, or imprisonment for life, and shall also be liable to fine.

COMMENTARY

Printing of Darood on Marriage Invitation Cards by Qadiani. Assertion that Darood on Marriage Invitation Cards was meant for Mirza Ghulam Ahmed not controverts by Qadiani. Held: There were reasonable grounds for believing that accused Qadiani had committed offence u/s 295-C which fell within prohibitory clause of Section 497 disentitling accused Qadianis to bail.

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God wishes to see you also, but you are unaware, unmindful or ill fated. What people look at (face), you wash it every day with soap, apply cream (to it), and trim beard, but have you ever washed what God will look at? (The heart). Gohar Shahi



All the souls are made from the Light of God, though their environment and their communities are separate."

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To be sure of the Straight Path, it is better that you are guided by the Light (of God) also.

The method of producing Light.

In prehistoric times, stones were rubbed together to make fire

and a spark can also be prod together. Now, the electricit electric energy is produced b friction of the blood inside t being, there is approximate to keep the body energetic. A

bing two metals om water. Similarly, ing hear beat and by the ody. In every human half volts of electricity a theat slows in old age,

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this reduces the electricity in the body and also the energy level. The heartbeat has to be made vibrant. Some do this by dancing, others by sports and exercise, and yet others by meditating and yet others by meditating and chanting the Name of God (Allah).

When the heartbeat becomes faster, then by chanting the Name Allah Allah, try to synchronize it with the Name Allah with every heartbeat. Alternatively, try to synchronize Allah with one heartbeat, and Hu with the other. Some times by placing your hand on the heart and by feeling your heartbeat, try to synchronize the Name Allah. At times, synchronize it with the speed of the pulse and imagine that Allah is entering into the Heart:

The chanting of Allah Hu is better and intensely effective. But, if



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anyone has an objection on Hu or a tear of chanting Hu, then instead of the deprival, synchronize Allah Allah with vibrations. It is beneficial for the aspirant in litany, remembrance and invocation to physically remain as clean as possible because:

"disrespectful are unfulfilled and the respectful are fulfilled."

The first method for producing Light

Write Allah on a paper in black ink, and exercise this as long as you wish on a daily basis. The Word 'Allah' will hover over the eyes from the paper one day. Then with concentration, attempt to transpose the Word from the eyes to the Heart.

The second method for producing light:

Write Allah on a zero watt bulb in yellow. While you are awake or just before going to bed, concentrate and try to absorb it into the eyes. When it appears or hovers on the eyes after a few days, try to transpose it to the Heart with concentration.

The third method for producing light:

This method is for those people who have *Kamil Murshid* (Universal Guides) who do help with their chain and relation.

Sitting in the seclusion, imagine that your index finger is a pen-Using your finger with your concentration, try to write Allah on your Heart. Call upon your Universal Guide that he too holding your finger, writes Allah on your Heart. Continue this exercise

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"Think! Have you ever prayed and asked God that you wish nothing but only God?. " *Gohar Shahi* everyday, untu yoʻu see Anan-mscribed on yoʻur measi

In the first and second methods, the Name Allah becomes inscribed on the Heart, just as it is generally written or seen. When it begins to synchronize with the heartbeat, it slowly starts to glitter. In the synchronized method, the assistance of the Universal Guide is provided, and it is seen and well written and shining on the Heart right from the beginning.

Many Prophets and Saints come into the world Just for the sake of testing this during *Dhikr* (meditation), if you feel it appropriate, concentrate or call upon all of them sequentially. While concentrating on any Prophet or Saint, if your heartbeat increases or if you feel an improvement, it means that your destiny (spiritual fruitage) lies with that Prophet or Saint. Select him for your concentration because every Saint is connected to a Prophet. Indeed that Prophet is not exoterically living.

The spiritual fruitage of every believer is with anyone of the Saints. The exoteric life of the Saint is a precondition. Sometimes a very fortunate person is gifted with Celestial Spiritual Grace by an esoteric Universal Master who is not living, but this is very rare; However, the Saints not living in the human Realm can provide worldly grace and assistance to people from their tombs. This is known as Owaisi Spiritual Grace.

The recipients of such grace often get entangled in their visions and dreams because the Universal Guide providing the assistance is transcendent, and so too is the Satan. As such, the recognition of the two becomes difficult.

Along with the spiritual grace, the knowledge is important, as such a living Saint is more appropriate. If the spiritual grace is without knowledge, that person is known as a Majzoob (Absorbed in Divine Meditation).

A person (Saint) having spiritual grace and knowledge is known as a Mehboob (the Beloved). Through his knowledge, the Beloved provides worldly assistance as well as the Spiritual Grace, whereas Majzoob provides worldly assistance with his unusual practices of shouting obscenities and poking people with wooden sticks

If any Prophet or Saint appears but does not help or assist you, then put Gohar Shahi to the test.

You may belong to any religion, there is no condition in this respect as long as the individual is not eternally ill-fated.



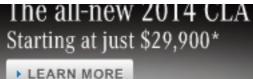
















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"Where Ishq (passionate love) takes over, the Faith does not know" (The Saint Sultan Bahu)





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	Who is Holiness ?	
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His Holiness was born in the Indian sub-continent on 25th November 1941, in a small village of Gohar Shah in the district of Rawalpindi. His mother is "*Fatim*i" a descendant of the Prophet Mohammed's daughter *Fatima*. She is of *Sa'daat* lineage (descendant of the Prophet Mohammed) as she was the daughter of one of the (paternal) grandsons of *Syed Gohar Ali Shah*. The father of His Holiness is the descendant of one of the (maternal) grandsons of Syed Gohar Ali Shah and his grandfather was linked to the Mughal family.

His Holiness was attracted towards the tombs of the Saints from an early age. The father of His Holiness states that His Holiness used to disappear from the age

New Book III

14 소문한 지수

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of five or six years, only to be found sitting next to the tomb of the Saint Nizam-Uddin Auliya (in Delhi) on searching for him. His father further states that he felt as though His Holiness (at young age) was talking to the Saint Nizam-Uddin Auliya. This was at a time when the father of His Holiness was settled in Delhi.

He spent most of his youth searching for God. His Holiness took initiations and practiced traditional Sufi paths but his frustration grew every day. At the age of 34, His Holiness on the guidance of a divine spirit, quit world and spent three years on a spiritual retreat in the mountains of Sehwan Sharif (Holy town of the Great Saint Lal Shabaz Qalander, Sindh, Pakistan) and in Laal Bagh (nearby jungle famous for spiritual retreat). He went through intensive retreat, several life and death experiences, revelations and enlightenments. His Holiness did experienced the evil and divine spirits everyday as part of his education, especially the tricks of Nafs (ego). Sarkar Gohar Shahi often talks about his three years in the wilderness, and consider them as best part of his life. He returned to the world on the Commandment of God. Contrary to his expectations, he had to go through humiliation and rejections. In first four years of preaching the message, only four people favorably. Then, gradually

young seekers accepted his teachings. He turned the Hearts of several hundred thousands people towards the Remembrance and the Love of God. The followers of all religions invited His Holiness Gohar Shahi to the Mosques, the Temples, and the Churches to speak and to receive his grace in the form of Qalb (the Heart) meditation. Countless individuals have turned to God benefiting from his teachings. His spiritual healing cured countless incurable patients. People, healed from drug abuses, crimes, emotional disorders and past abuses, turned to God.



Some orthodox theologians (the Mullahs) and the enemies of the Saints, disliked him. Twisting the meaning in some of his books and interpreting them in their own ways, accused him of blasphemy, thus rendering a death sentence for him. A petrol bomb was thrown in his Manchester's residence. There was an attack with hand grenade during the discourse at his home in Kotri, Pakistan. A high price tag was put on his head in Pakistan. He was the subject of entrapment through five serious but false allegations. Previous Government of Pakistan was fully involved conspiring against His Holiness. The biased journalism defamed him on a large scale. Eventually, after many investigations and hearings, the courts dismissed all the cases against him, declaring the allegations false. The

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well organized orthodoxy continued their evil plan. In conjunction with corrupt police they filed four more cases after the court decisions. Why they are doing this? What is the purpose behind all this frenzy? Obviously, they wanted <u>to defame him</u>, a strategy that will keep people away from listening the voice of the Heart, the home of the Beloved.

More "Who is Holiness" will be posted here soon

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